



“Running to the Next Level”

## Ted Haydon Holiday Classic

Location: Henry Crown Fieldhouse (University of Chicago)  
5600 S. University Ave.

Time: 8:00 am

Admission: \$5.00

### Note:

In this meet, they are running prelims for the 60m and 60 HH. Every other race is a final. Places are based on times.

**All runners must be at the track at 8:00 am.** This will give you time to warm up on the track. Once the meet begins you will not be able to get on the track.

Bring track spike if you have them. Bring your running flats. I am not sure if spikes are allowed on the track.

Bring something to drink and eat. Do not bring **junk food** like potato chips, flaming hot, and candy bars. Bring fruits, sandwiches, and granola bars. There is a concession stand. You can eat there when you **finished competing**.

If you need directions go to our club web site for a link to directions.

For further information about the meet click on the link <http://uctctitans.com/ted-haydon-holiday-meet/>

**If you have any question, give me a call or text me. Coach Heraldo Morrison, Jr.  
773-680-0668.**