**All players must read and acknowledge the following ALVL protocols related to Covid-19 prior to the first try-out date:**

* All players must self-monitor for symptoms before attending any ALVL activity. If you have any of the following symptoms, (regardless of whether you have tested positive for Covid-19), you **cannot participate:**
	+ fever or chills
	+ cough
	+ shortness of breath
	+ decreased or loss of taste or smell

Or **two** **or more** of the following symptoms:

* + runny nose or nasal congestion
	+ headache
	+ extreme fatigue
	+ sore throat
	+ muscle aches or joint pain
	+ gastrointestinal symptoms (such as vomiting or diarrhea)
* Players who have someone in their household for whom COVID-19 has not been ruled out, or a test is still pending should **not** attend
* If an individual becomes unwell with symptoms of COVID-19, or is a close contact of an individual that becomes unwell with symptoms of COVID-19, that individual must immediately stop participation in ALVL activities, notify their captain, and follow York Region Public Health protocols ([Symptoms, Transmission, Treatment and Testing | York Region](https://www.york.ca/health/covid-19/symptoms-transmission-treatment-and-testing))
* Social Distancing between teams is encouraged. Upon entering the gym, players will go directly to their first court of play to get ready and warm-up in that area of the gym only. Players should refrain from touching/shaking hands etc. with other teams
* ALVL is a mask-friendly environment for those who choose to wear a face covering but they will not be required
* Prior to all games, all players will wash/sanitize hands - each team will be provided with sanitizer
* ALVL will comply with any change in government directives regarding the pandemic, including the requirement of vaccination to participate in community recreational activities. Full or pro-rated refunds are not guaranteed if a player can no longer participate due to government COVID protocols
* In the event of a probable or confirmed case of COVID-19 within the league, contact tracing may be used to identify close contacts per direction from Public Health ([COVID-19 Positive | York Region](https://www.york.ca/newsroom/campaigns-projects/covid-19-positive))
* It is important to recognize that we are still in a pandemic and participating in the league comes with a degree of risk of being exposed to the illness

**On the 2022/23 ALVL Registration Form, you are required to acknowledge that you have read and agree to comply with the protocols outlined above**