

Newsome High School - Lady Wolves Volleyball's

LAST BLAST CAMP 2016

VOLLEYBALL SKILLS AND ENDURANCE

Join the Newsome High School volleyball team and staff for an end of summer opportunity to learn and improve your general volleyball skills in an environment of inclusion, sportsmanship, and fun. Participants will learn, and then apply, the basic techniques of volleyball in game-like situations while also employing methods to condition and strengthen themselves for athletics in general. All campers will receive an exclusive Newsome Volleyball Last Blast Camp t-shirt.

BOTH GIRLS & BOYS ENTERING GRADES FOUR THROUGH NINE MAY PARTICIPATE

Because of low turnout for the morning session, all campers are invited to participate in the afternoon session. Because of construction at Newsome, the camp will be conducted in the BLOOMINGDALE HS gym. The Monday through Thursday camp will **now have one session** – for players entering 4th through 9th grades.

THE COST IS \$90 PER ATHLETE

JULY 25TH-28TH

1pm-4pm

Rising 4th through 9th Graders

Please make checks payable to NEWSOME HS VOLLEYBALL with camper name on memo line, and include the registration form below when delivering in person to the Newsome main office. Alternatively, registration and payment can be mailed to the school at:

**Newsome High School
ATTN: Volleyball – Coach Shaffer
16550 Fishhawk Blvd
Lithia, FL 33547**

Be sure to include your email to receive confirmation of registration. Questions can be emailed to CoachMike@NewsomeVolleyball.com and additional information can be found on our team website at NewsomeVolleyball.com.



Camper Name:	Entering Grade:	School:
Parent Name:	Parent Email:	
Parent Cell #:	T-Shirt Size (circle):	YM YL S M L XL
Attending Session (check one):	<input checked="" type="checkbox"/> July 25-28 9am-12pm Campers Entering 4 th , 5 th or 6 th grades <input type="checkbox"/> July 25-28 1pm-4pm Campers Entering 4 th through 9 th grades	

Medical Release

The camp instructors will take every precaution necessary to prevent injuries, however, there is a possibility that campers can be injured during drills or game situations. By signing below, I understand that as the parent/guardian I will be responsible for injuries sustained during camp.

Parent Signature

Date