

Ascent Resources

10K & 5K Race and

5K Fun Run & Walk

Saturday, October 20th, 2018 at 4 pm The Great Guernsey Trail 204 Main Street - Lore City, Ohio

RACE INFO: The Ascent Resources Pumpkin Run 10K & 5K Race and Fun Run & Walk are out and back events held entirely on the Great Guernsey Trail. There will be music, food, entertainment, door prizes and more. Dress up in your favorite Halloween costume for a chance to win prizes for best costume. Categories include group costume, best adult and best child costumes. This will be a bib timed race with timing services provided by Muskingum Multi-Sports. This is the 3rd race in the Guernsey County Grand Prix Series. Participants that complete all four races will be awarded a Grand Prix medal.

Proceeds from the race will go towards the Guernsey County Community Development Corps many programs and projects. The Guernsey County CDC, a local 501(c)3 non-profit is committed to our community's quality of life. By providing recreational and educational opportunities for our area residents, the CDC is helping to make Guernsey County a great place to live and work! Visit our webpage for more details on our projects, www.guernseycountycdc.com

PLEASE FILL OUT COMPLETELY BELOW:

Race COURSE: The 10K and 5K Race & Fun Run & Walk are out and back events held entirely on the Great Guernsey Trail. The route starts at the Lore City trail head and follows the trail to each turn around and then returns to the trail head. This is a scenic, traffic free route that follows Leatherwood Creek. There will be water at the turnarounds as well as refreshments and food at the finish line.

AWARDS: Engraved plaques will be issued to the **top three overall finishers** and medals will be awarded to the top three finishers in each of the following age categories: 14-under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+ Walkers are welcome! Finishers' medals will be awarded to ALL participants!

EARLY PACKET PICK-UP & RACE DAY REGISTRATION: Race Day registration and Packet pick-up will be at the registration tent located at the trail head starting at 2 p.m.

RACE PACKETS: Your race packet will include a T-shirt with race logo, swag and more. **All participates registered by October 9th are quaranteed a Race T-shirt.** Extra t-shirts will be first serve on race day.

ENTRY FEES: (non-refundable)

Fun Run & Walk \$20.00 through October 19th – **Day of Entry \$25.00**

5k run \$25 through October 19th – **Day of Entry \$30**

10k run \$30 through October 19th - Day of Entry \$35

*Registration forms and fee made out and mailed to: <u>Guernsey County CDC P.O. Box 1175 Cambridge, Ohio 43725 memo Pumpkin Run</u>

RACE CONTACT: For any questions please contact Race Director Ron Gombeda @ 740-439-0020 or email at rgombeda@guernseycountycdc.com

More Race details or register online at www.muskingummultisports.com

Name:Tel. #	Age (Day of Race) M/F
Address	5K Race 10K Race 5K Fun Run/Walk
City/StateZip	Race T-shirts (ADULT):
E-mail	S M L XL XXL XXXL
Waiver: In consideration for the acceptance of this entry, I waive for myself and my beneficiaries, all rights and claims for damages which I might have against the Great Guernsey Trail, Pumpkin Run 10K 5K and 5K Family Fun Run, the Guernsey County Community Development Corporation its employees, board members and volunteers, sponsoring organizations, businesses, or individuals as a result of any and all injuries or illnesses I suffer in this event. I attest and verify that I have full knowledge of the risk involved in this event. I am physically fit and sufficiently trained to participate. I have read the above statement, I understand it, and my signature confirms its full acceptance. (Must be signed by a guardian if under the age of 18). Signature:	
Parent Guardian signature, if under 18:	