



**FROM THE PRESIDENT:** The 15th Annual ChowdaFest was a huge success. We estimate over 1500 attendees. Despite a little rain, restaurants, volunteers and elected officials served over 270 gallons of Chowda. The 2019 first place winner is Cagney's restaurant in Quincy, followed by The Fox & Hound (past winner) and Bernies in Houghs Neck. Thank you to Victory Point & The Chantey at Marina Bay, Adam's Pub at Best Western (past winner), Bernie's General Store, Common Market, JP Fugi Group, Tony's Clam Shop, Tavern at Quarry Hills, The Fours (past winner) & The Wheelhouse Diner in Quincy, True North in Weymouth, Wood Road Deli in Braintree.

The individual first place winner is Merideth Earnest, second place Tim Kelly, third place is Tim Carey. The individual Chowda Bowl trophies were made and donated by HN resident Eileen Timcoe of E&T Ceramics. Congratulations to Stacy Muir, new resident of Houghs Neck for winning the ChowdaFest t-shirt art contest. Her drawing was featured on the back of the event t-shirt & event cups. Thank you to the QPD Marine unit for giving over 300 people boat rides and a demonstration of service they provide. The HN Congregational Church bake sale raised money for McKinney-Vento Homeless Assistance Program. The Scouts of Troop 6 sold burgers, hotdogs, water and soda. They were also sold out by the end of the day. Thank you to Mike Berry Jr, Mike Berry Sr and IBEW local 103 for providing Electricity throughout our venue. Local 103 has been a valued supporter since our first event. Thank you to Joyce & Gendreau Jewelers of North Quincy for preparing the Chowda Trophy for presentation. Thank you to Mayor Tom Koch for sponsoring the band. The crowd enjoyed music by The 617 Band. Thank you to our Cup Sponsors, First Class Plumbing and Heating, Life Community Church, JF Auto Repair (aka Bibbs) and Red Door Real Estate. The Council purchased 4 new tents last year. Thank you to this year's tent sponsors for helping us support that effort Representative Tackey Chan, Councilors Dave McCarthy, Nina Liang and Noel Dibona. Councillor Margaret Laforest. Committees to elect Tracey Dorgan, Danielle Kempe, Joe Murphy, Frank Rubino and Joan Sullivan. First Class Plumbing & Heating. We also had Dave Dibona of First Class Plumbing & Heating sponsor four Kegs for the event. Thank you to Cagney's for sponsoring the Burke Distributing keg trailer. Thank you to all the Volunteers from QNQ high schools for making this event a complete success. Thank you to all that attended, it was a great reunion and opportunity to make new friends. Your Neighbor, Jim McCarthy

## Autumn of 2019 in Houghs- Neck

**Seaside Cafe inside the  
Houghs Neck Community Center ~ 1193 Sea Street**

(page 3 for community center activities)

### Mobile Food Pantry

Every other Wednesday at 3:00pm ~ Call the center for exact dates  
Open to All - No paperwork - Free Bag of Food - arrive by 3pm (page 3)

### Troop 6 - Boy & Cub Scouts (page 5)

Boy Scouts meet Monday's from 7-8:30PM Bottle Drive 2nd Sat each month

### Houghs Neck Book Club

2nd Wednesday of the month at Quincy Yacht Club (page 5)

### Houghs Neck Congregational Church

Seaside Social Club October 8, 2019, at 6:30 Program Star Gazing (page 4)

### Houghs Neck Community Fall Movie Night

### Houghs Neck Congregational Church

Oct, 25 - 26 By the Sea Hoilday Fair (page 8)

### Troop 6 - Boy & Cub Scouts

Open to All Pumpkin Chunkin is Back, Pageant Field 10~2 (page 2)

### City of Quincy Election Day

Nov 5, City Wide Elections

### Houghs Neck Garden Club

November 6th, Monthly Meeting (page 3)

### Holy Trinity Parish A Fair for All Seasons

Nov 23, 10 - 3pm All are welcome ~ see ad on back page

The Houghs Neck Community Council will hold their annual **Good Neighbor Honor Awards Night** on October 19th at 5:00pm. We are producing a Program Booklet, with advertising. The proceeds from the ads will go toward offsetting the expenses of the Awards Night and other Community Council activities. What better way to assist our community to advertise in our booklet, You will become a part of the evening, through your assistance in recognizing the best part of the Houghs Neck Community, our Good Neighbors. The award winners for 2019 include John Toler Good Neighbor, Margaret Laforest Community Service & Gay Carbonneau Distinguished Senior, If you wish to recognize any of the winners, you may do so in your ad, but please congratulate them all if you can.

The cost of the ads are as follows.  
Full Page 8" X 5" \$50.00      Half Page 4" X 5" \$35.00  
Quarter Page (Business Card) 2" X 5" \$25.00      Booster (Mr & Mrs. Name only) 1 Line \$ 2.00 (1 Name only) 1 Line \$ 1.00  
I wish to place an ad in the 2019 Honor Awards Night Program Booklet, for the Houghs Neck Community Council. The size ad I wish to place is a:

Full page       Half page       Quarter page  
 Mr. & Mrs. Name Booster       One Name Booster  
Ad Copy: Please type/print clearly or attach to this letter, A Copy Ready ad if possible. No proofs will be available prior to printing:

Booster Copy : Please type or print clearly:  
Mr. & Mrs. Name: \_\_\_\_\_ \$2.00  
Name Only: \_\_\_\_\_ \$1.00  
For further Information contact, Eileen 479-4107 or hnccbulletin@yahoo.com

Make Check Payable to: Houghs Neck Community Council.  
Hurry because the deadline for the ads to be submitted is October 12, 2019

All ads must be submitted to E & T Printing  
367 Billings Road, Wollaston, MA 02170.

## COME CELEBRATE OUR GOOD NEIGHBOR'S

Now On  
Saturday

**John Toler ~ Good Neighbor**

**Margaret Laforest ~ Civic Contributons**

**Gay Carboneau ~ Distinguished Senior**

**Saturday, October 19, 2019 ~ \$15.00**

**St. Thomas Aquinas Hall ~ Darrow St. & Manet Ave.**

**See form in next column to place an Advertisement**

**Family Style Turkey Dinner ~ by Simply Good Catering  
for Tickets or to place an ad call Eileen 617-479-4107 or  
email etimcoe@yahoo.com**

## FALL MOVIE NIGHT

October 26 at 5pm Brill Field

Movie TBD

visit [houghsneck.org](http://houghsneck.org) ~ Oct. 20 for movie title

Hot Dogs and Popcorn @5:00 pm

movie at 6:00 PM

Bring Blankets, Lawn Chairs,  
- something to keep warm

free to HNCC members and \$5 to others





# Gifts to the Houghs Neck Community Council Scholarship Fund

In Memory of  
**Christopher Smeglin**  
from  
Vic & Gayle Davidson

In Memory of  
**Craig Ruitter**  
from  
Casey Chamberlain

In Memory of  
**Fred Bythrow**  
from  
Dave & Kathy Bythrow

In Memory of  
**Ginny & Eddie Kasper**  
from  
John & Babe Duffy

In Memory of  
**Sheila Tordoff**  
from  
Eilizabeth Sack

Happy Birthday  
**Karen Walker** - Oct. 14th  
**Flo Whitney** - Oct. 14th  
from  
Guess Who

## Sympathy and Condolences are extended to the friends & families of

**John B. "Jack" Powers**, age 81, of Quincy and Falmouth, passed away on September 2nd. Husband of the late Carol Ann (Spadorcia) Powers and father of John M., Kathleen A. Powell, Debra A. Infascelli and Nancy B. Bridges. Grampie of six and brother of Edward Powers. Jack was born and raised in the Houghs Neck, the son of the late John H. and Kathleen Powers. Graduating from Quincy High School in 1957, he had a long career in advertising and marketing in the newspaper and trade magazine business retiring as Advertising Director at Fairchild Publications. Donations may be made to the American Parkinson Disease Assoc., 72 E. Concord St., Rm C3, Boston, MA 02118, apdaparkinson.org.

## CITY OF QUINCY

## CITY WIDE ELECTION

NOV. 5th ~ 7AM TO 8PM

## PUNKIN CHUNKIN IS COMING TO QUINCY!!!

On November 2<sup>nd</sup>,  
bring your left over  
Halloween  
pumpkins and  
Jack-o'-Lanterns to  
Pageant Field from  
10-2 and launch  
them with  
Troop 6's  
trebuchet\* and  
giant sling shot!



Please join us for food,  
games, and lots of  
smashed pumpkins!

\$5 Per Launch  
10lb Pumpkin Max

Bring your unwanted  
extra candy and we will  
send it to our soldiers  
overseas!

All proceeds go to support  
Boy Scout Troop 6 Quincy



\*It's like a catapult, only cooler!

[www.troop6quincy.com](http://www.troop6quincy.com) for more info

## Holy Trinity Parish A Fair For All Seasons

Saturday, November 23, 2019

10:00AM to 3:00PM

St. Thomas Aquinas Hall

Darrow St., off Sea St. ~ Hough's Neck, Quincy, MA

Quality Handmade Crafts by South Shore Artisans

Raffles - Kitchen - Baked Goods - Kids Corner

Knitted Items - Holiday Gifts

ADMISSION: A non-perishable food/toiletry item  
For more info 617-479-4107

## THE HOUGHS NECK BULLETIN

Official Publication of the Houghs Neck Community Council Inc.

NEWS -  
Published -  
Address -

From the Pumpkin to the Willows  
Twelve issues per year

**THE HOUGHS NECK BULLETIN**

1193 Sea Street Quincy MA 02169

Email [hncbulletin@yahoo.com](mailto:hncbulletin@yahoo.com)

WEB Site [www.houghsneck.org](http://www.houghsneck.org)

### VOLUNTEER STAFF

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ADVERTISING

Eileen Timcoe 617-479-4107

EDITOR

Tom Timcoe 617-481-9153

COMMUNITY AFFAIRS

Cynthia Lewis 617-376-1385

SCHOLARSHIP COMMITTEE Chairman

David DiBona 617-471-9179

COMMUNITY CENTER

Cynthia Lewis 617-376-1385

MEMBERSHIP

Helen Kelly

DISTRIBUTION

US POSTAL SERVICE

Annual Subscription -

Free to all Houghs Neck Residents

10.00 per year for each address outside Houghs Neck

## Houghs Neck Community Council

President

Jim McCarthy

Vice President

Kathy Pavidis

Treasurer

Eileen Timcoe

Recording Secretary

Alda Lyons

Corresponding Secretary

Board Members:

Kathy DiBona

Amy DiBona

Dave BiBona

Aaron Cavin

Nicole O'Hare

Helen Kelley

Tom Timcoe

David Jacobs

Jill Hockney

Annie Davis

Merideth Earnest

David DiBona

There are open seats if you are interested.

email [hncbulletin@yahoo.com](mailto:hncbulletin@yahoo.com) for additional information

## Memorial or Honorary Donations

The In Honor Of or Memorials printed in the Bulletin each month are from your neighbors who give a donation. They may recognize a loved ones birthday, anniversary, wedding, birth, passing, letting a friend know you are thinking of them or any occasion. All donations are given to the Houghs Neck Scholarship Fund. On June 16th the Scholarship committee will present \$8300.00 to 3 High School Seniors and 8 College Students continuing there education. Since June, 1964 they have presented \$231,795 to brightest students from Houghs Neck. You may honor a loved one or friend by placing a memorial or in honor of, with a donation. Please send a request to David DiBona 45 Turner Street, Quincy MA 02169.

The scholarship committee also has for sale the "Houghs Neck History" book for \$10.00. Available at E & T Ceramics or by calling 617-479-4107.

The future of Houghs Neck thank's you in Advance for your Generosity.

## Like Any Journey This one requires planning



Making advance arrangements for your own funeral may not be something you want to think about. But by prearranging your services with a Dignity Memorial® provider, you save your family undue stress during a difficult time, you ensure the service and arrangements will be to your liking, and you realize the cost-savings of planning ahead.

For a no-obligation consultation,  
call one of our locations listed below.

We can help make planning your final journey  
an easier process for you – and your family.



[DignityMemorial.com](http://DignityMemorial.com)

### Deware Funeral Home

576 Hancock Street  
Quincy, MA 02170  
(617) 472-1137

A Service Family Affiliate of AFFS and Service Corporation International,  
492 Rock Street, Fall River, MA 02720, (508) 676-2454.





## HOUGHS NECK GARDEN CLUB

Houghs Neck Garden Club met in September with Suzanne Mahler speaking about separating perennials. On October 2nd we will meet at the Nut Island Community Room at 7:00 P.M. with speaker Ila Cox. The topic will be "The History of the Tulip".

On November 6th, Cynthia Lewis will present the ins and outs of participating in the Museum of Fine Arts largest fundraiser. This program will be held at The Houghs Neck Community Center.

The WWII memorial in front of Atherton Hough School is nearing completion. The bricks with the names of the Veterans of WWII have been laid and the landscaping will be done by the end of September. If there are any omissions or corrections needed, please call Patti Williams at 617-448-6818.

The Houghs Neck Garden Club is a member of the Garden Club Federation of Massachusetts.

### 15th Annual Houghs Neck

## Chowdafest

Saturday, Sept 14, 2-6PM  
Houghs Neck  
Maritime Center

Bay View Ave @ the Public Landing

### Thank You To:

**Band Sponsor**  
Mayor Tom Koch  
The 617 Band

### Beer Cup Sponsors

First Class Plumbing & Heating  
Red Door Realty  
J.F. Atuo Care  
Life Community Church

### Tent Sponsors

Representative Tackey Chan  
City Councilors  
Dave McCarthy  
Nina Liang  
Noel Dibona

Committees to elect:

Tracey Dorgan  
Danielle Kempe  
Joe Murphy  
Frank Rubino  
Joan Sullivan

First Class Plumbing & Heating  
Margaret Laforest

### Individuals

Meridith Earnest 1st Place  
Tim Carey 2nd Place  
Tim Kelly 3rd Place  
Bonnie MacDonald  
Walter Hubley

### Restaurants

Cagney's Restaurant 1st Place, The  
Fox & Hound 2nd Place  
Bernies of Houghs Neck. 3rd Place  
Victory Point  
The Chantey  
Adam's Pub at Best Western  
Bernie's General Store  
Common Market  
JP Fugi Group  
Tony's Clam Shop,  
Tavern at Quarry Hills  
The Fours  
The Wheelhouse Diner  
True North of Weymouth  
Wood Road Deli of Braintree.

Thanks also to the many volunteers

Houghs Neck Cong Church  
Troop 6 Scouts  
Mike Berry and IBEW 103  
Burke Distributors

## HOUGHS NECK COMMUNITY CENTER

1193 Sea Street, Quincy, Ma  
Tel. 617-376-1385  
Cynthia Lewis, Director

### October 2019

## Adult Programs

*SEASIDE CAFÉ serves a really good homemade*

**Hot Lunch.** This month: fresh Stew, comfort food, great desserts. Lunch is served with coffee & dessert Monday & Wednesdays at 11am. \$3.00 Coffee and pastry. \$1.00

00000000

**Bingo** every Monday & Wednesday 12:30-3pm. 50 cents a card. Serving great refreshments

**Scrabble** Monday & Wednesdays @ noon

**Blood Pressure Clinic** Free Every 2<sup>nd</sup> & 4<sup>th</sup> Thursday, 9:30-11am. except holidays

**Book Group** 7pm, 2nd Wednesday of month All welcome. Meet at the Quincy Yacht Club

### Senior Birthday Party

#### Luncheon

October 30<sup>th</sup> at 11:30

Taco buffet, dessert & coffee

### DID YOU KNOW ?

Monday & Wednesday = Senior Lunch

Do you know a lonely senior? Maybe they lost their partner or just need some social contact.

Please invite them to the

Houghs Neck Community Center

## CHILDREN'S PINATA PARTY

October 16th @ 3pm

Just for kids ages 5-10 ! we are Back to School...this is the Best Fall weather ever.. and this maybe the last outdoor party of the year. Piñatas are great fun... we'll do a craft and snacks

Every month the HN Community Center offers a variety of drop-off programs designed for youth in a safe and supervised space. These skill building programs are free or low cost through support from CDBG funding and volunteers.

Please Support our Community Center. Thank you.

**Like us on Houghs Neck Community Center**

**FB. See details of our Adult & children's**

## Youth Programs

Ages 5+, drop-off

**Cooking** Wednesday October 2<sup>nd</sup> 3-5 pm. Tacos, pizza, or cookies. We'll Bake and enjoy. Bring a friend

**Candy Bingo** Wednesday October 7<sup>th</sup> 3-5 pm. A fun time to Learn your numbers & Everyone gets to call

**Lets go out** Wednesday October 9<sup>th</sup> 3-5pm Make it a Party, play ball, challenge games. Weather permitting.

**Outdoor Piñata Games** Wednesday October 16<sup>th</sup> 3-5pm Weather permitting ...crafts & more

**Fun board games** Monday, October 21<sup>st</sup> 3-5pm Bring your friends & ideas, refreshments served

**Paint your pet** Monday, October 23<sup>rd</sup> 3-5pm.

What is your dream, pet? Explore Cats; Dogs penguins Llamas ? We will have great fun painting a pet for you!

**Movie & Legos** Monday, October 28<sup>th</sup> 3-5pm Refreshments, movie & social time

**Almost Halloween** Wednesday October 30<sup>th</sup> Decorate your Halloween sign. Materials provided.

### Exciting new readers

#### FREE PLAYGROUP

#### Read & Play Tuesdays

**Read and Play:** In this playgroup children will explore books through play! Activities such as circle time, arts & crafts, sensory

and open-ended play will promote children's literacy and language skills. Appropriate for children ages 4 and under accompanied by an adult. **Registration not required.** For more information contact Marthane at [mjoseph@qcap.org](mailto:mjoseph@qcap.org).

Tuesdays from 10:00-11:15

**Every Tuesday through October 22<sup>nd</sup>**

### Adult Resin Workshop

Monday October 28th 7pm

Decorate a window with sea glass, china shells and other found objects. We provide a vintage multi-paned window and all the supplies you need to create your masterpiece. Please bring anything special that you would like in your piece ex.

starfish, blue sea glass, shells. fee, \$45.

All Details on Adult art on HNCC FB

## News & Advertising Deadline for the November 2019 Issue is October 25 - 2019

PLEASE SUPPORT OUR  
ADVERTISERS ~ THEY SUPPORT US

**To Advertise: call 617-479-4107**

**Or email [hncbulletin@yahoo.com](mailto:hncbulletin@yahoo.com)**

The Houghs Neck Community Center operates under the direction of the Houghs Neck Community Council, Inc. Funded with a Community Development Block Grant through the City of Quincy Planning Department

# Bernie's General Store

Milk ~ Papers ~ Greeting Cards ~ Groceries ~ Fired Foods ~ Subs ~ Deli ~ Lottery

Open 7 days ~ 6AM to 10PM

**FEATURING  
GREEN  
MOUNTAIN  
COFFEE**



**FRESH MUFFINS**

Bernie's General Store is now accepting MasterCard, Visa, Discover & American Express



Take Out Orders Call: 617-479-7441

1149 Sea Street ~ Houghs Neck

**Price  
Breaker**

CheeseBurger

On a Bulkie

Fries, Can of Soda

**\$7.49** (no substitutions)







**HOLY TRINITY PARISH**  
**Fr. Martin Dzengeleski - Pastor**  
 Fr.MartinHolyTrinityParish@gmail.com

**MASS SCHEDULE**

Sat. 4:30pm MBS & 6:00pm OLGC ~ Sun. 8:30am MBS & 10:30am OLGC  
 www.holytrinityquincy.com ~ facebook: holytrinity quincy

Office Hours; Monday-Thursday 10:00 am ~ 5:00 pm.  
 Friday office is CLOSED, Saturday and Sunday by appointment  
 Confessions; Saturdays 3:15- 4:15 pm at Most Blessed Sacrament,

**Faith Formation 2019-2020**  
**Early Registration**

Registration for the 2019-2020 school year is now open. Parents are encouraged to register by July 15th to avail of the lower fee structure. Registering early helps with planning for next year and the purchase of books and materials needed. To register, visit: [https:// www.holytrinityquincy.com/registrationform-2019- 2020](https://www.holytrinityquincy.com/registrationform-2019-2020). Fill the form and submit your payment to complete the registration for your child (ren). Any questions, please call 617 479 9200 or email:[htpreled@gmail.com](mailto:htpreled@gmail.com). ~ [htpreled@gmail.com](mailto:htpreled@gmail.com)

**HOMEBOUND MINISTRY**

Visiting the Sick and Home bound Do you know anyone who is home bound and can't get to mass? Please let us know! We would be happy to bring them monthly Holy Communion and pray with them. If you would like to be part of the visiting the sick and home bound ministry, please contact Fr. Martin at the office. 617-479-9200

**NEW CHOIR MEMBERS**

Are still needed for all our choirs at both churches. See John Falvin, Eileen Timcoe or any member of the choirs after masses. John's email is [jackpf@aol.com](mailto:jackpf@aol.com) and Eileen's is [etimcoe@yahoo.com](mailto:etimcoe@yahoo.com).

**LADY'S SODALITY**

Lady's Sodality will meet tagain in September in the Our Lady of Good Counsel church hall. Andrea Sault is the Prefect, for more information contact her at [sault46@aol.com](mailto:sault46@aol.com)

**HOLY NAME SOCIETY**

Will hold their monthly meeting on Sunday, Sept. 15th after the 8:30am Mass at St. Thomas Aquinas Hall.

**MONTHLY PANCKAE BREAKFAST**

First Sunday of the Month after the 8:30 Mass - All Weclome Free Panckaes

**Holy Trinity Parish Swag**

We now have small oval bumper stickers or window decal. Green Imprint They have a sticky back for sale \$2.00

Available at the church office or Eileen Timcoe 617-479-4107



Also taking orders for v-neck and crew Blue t-shirts with the logo above in white: sizes S~3XL \$12.00. Please contact Eileen 617-479-4107 or email [etimcoe@yahoo.com](mailto:etimcoe@yahoo.com)



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**617-479-1000**

**HOUGHS NECK CONGREGATIONAL CHURCH**



**Pastor. Steve Vandergrift**  
 Sunday Service 10:00am

Fellowship Coffee Hour following Service  
 310 Manet Avenue ~ 617-479-8778 [www.hncong.org](http://www.hncong.org)

October skies! The fall season is one of my favorite times of the year, the colors, the pleasant days and cool evenings, it's one of the reasons why this Florida transplant loves New England...and Houghs Neck.

In this letter, I want to encourage us to begin to talk to each other about the Climate crisis. You may already be talking about it around the dinner table with your spouse, your children or among your circle of friends, your church, at work.

At Houghs Neck Congregational Church our motivation for talking about is that we take seriously the prayer of Jesus, "that they shall be one, just as you, Father, are in me, and I am in you..." (John 17:21). We believe that humanity is one body, not just as neighbors to one another, as citizens of our Commonwealth, our Nation, and, yes, even our planet, but, as in the eyes of the Apostle Paul, we are more than that to each other - we are organically and spiritually connected just as our arms, legs, eyes, and ears, are connected. We need each other. "The eye cannot say to the hand, I have no need of you..." ( Paul's first letter to the church at Corinth in present- day Greece. (1 Corinthians 12:21)). He goes on to say, "If one member suffers, all suffer together; if one member is honored, all rejoice together." (1 Corinthians 12:26). We are connected. How much our relationships with each other in Houghs Neck and with others around the world would be strengthened if we saw each other in that light.

Sixteen year old Greta Thunberg from Sweden sees her relationship to each of us in that light. If you don't know who she is, google her. Based on her speeches to our Congress and the United Nations, she clearly sees many people around the world suffering. And she suffers. We too, in subtle ways, are suffering. One wonders how much suffering will have to happen before we as the human family decides to act and begin to heal this broken planet which is OUR home. What do you think? We need to be talking about this with each other, taking it seriously. Believe it or not, we really are one.

Blessings, Pastor Steve

**Seaside Social Club**

October 8, 2019

**Star Gazing**

Join us at 7:00 on October 8 as Pastor Steve Vandergrift takes us on a trip to the stars. We are not talking about seeing Katy Perry or Matt Damon, but an introduction to Cassiopeia, Hercules, or Cygnus. Pastor Steve is a former Astronomy teacher! We will meet in the conference room (on second floor) at the Nut Island Headworks (take Sea Street to Sea Avenue and the facility will be on your right at the end of Sea Ave.) Star gazing is best in the fall and winter when the cooler air is clearer than during warmer weather. Please bring telescopes or binoculars if you have them. There will be a business meeting for club members at 6:30 in the conference room. Be sure to bundle up as we will be outside for the program, weather permitting. Refreshments will be served. Membership is open to all women of the community. Programs are open to the public. Please join us for an evening with the stars.

Thanks Gayle Mackay

[g.mackay@northeastern.edu](mailto:g.mackay@northeastern.edu)

**By the Sea Holiday Fair**

**Friday, Oct. 25th 6pm-9pm**  
**Sat., Oct. 26th 9am-3pm**

**Craft Table**      **Gift Basket Table**  
**Bake Sale**      **Raffles**  
**Resale Shop**      **Bling Boutique**

**Houghs Neck Congregational Church**  
**310 Manet Avenue, Quincy**

**FREE ADMISSION**  
 Friday night - dinner available for purchase  
 Saturday - breakfast, lunch & snacks available for purchase  
**Toiletry donations will graciously be accepted for DOVE, Inc. (Domestic Violence Ended)**



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 email: [hncbulletin@yahoo.com](mailto:hncbulletin@yahoo.com)  
 includes internet exposure  
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# WREATHS across AMERICA

WREATHSACROSSAMERICA.ORG

Check-out the Wreaths Across America Page that I Support! Wreaths Across America ("WAA") coordinates wreath-laying ceremonies every December to "Remember, Honor, and Teach" about the sacrifices made by our veterans and their families. Please check out this page to learn how you can help by sponsoring Veterans Remembrance Wreaths or by joining us on December 14, 2019



Please consider purchasing a wreath to place on veterans' grave on Saturday, December 14 for National Wreaths Across America Day. Each wreath is \$15 and for every two you purchase, we get one for free. (3 wreaths for \$30) Copy the link below and sponsor a remembrance wreath to be placed on one of our 7300 veterans' buried in our great city!!

Remember Honor Teach Message me if you have any questions and to sign up to volunteer! <https://www.wreathsacrossamerica.org/pages/20817/Overview/?relatedId=159525>



## Calling all Veterans

*not just war-time Vets.*

The American Legion

Post 380 - Houghs Neck

Invites you to join us by "still serving"



The American Legion is the largest Service Connected Veterans Organization in the world.

The eligibility requirements have recently changed.

Now **all** honorable discharged veterans that served during WWI and since December, 7 1941.

Houghs Neck Post has been active for 63 years serving our community. The post's activities include maintaining the various veterans memorial squares in Merrymount, Germantown, Adams Shore and Houghs Neck. Participating in parades, dedications, memorial services, assisting veterans and their families.

If you are a veteran and would be interested in assisting the post contact Jim Fratolillo c/o Post 380 PO Box 690126 Quincy MA, 02269-0126. Members can pay your dues to the same address.

Please use the same address for information on Auxiliary Unit 380.

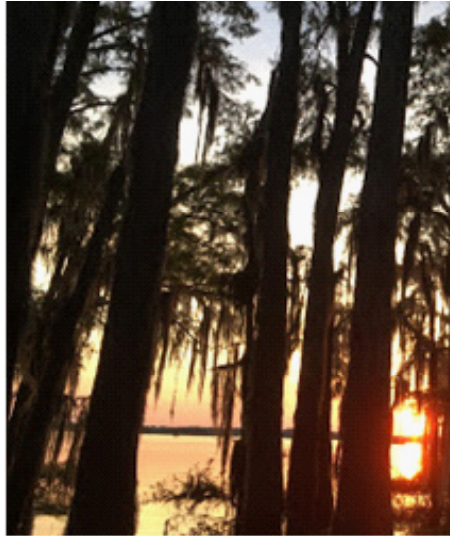
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## TROOP 6 NEWS

Sorry for the lack of articles, it hasn't been because the Troop took the summer off! We had an amazing summer and have already had our first camping trip of the new season!

On July 8th, 20 of us headed down to Lafayette, Louisiana to begin our journey through the swamp! On our first day, we paddled our canoes through nearly 20 miles of breathtaking Atchafalaya scenery. It was hot, really, really hot, but we all made it and enjoyed cooling off in the swamp (yes, there were alligators!) and spent the night on a house boat. The scouts learned how to cast fishing nets and learned a lot about alligators and even alligator hunting. The next morning, we took an airboat ride and saw the swamp in style! Then we were back in the canoes for another 15 or so miles of amazing scenery and we spent that night on primitive Rougarou Island. The scouts all participated in a blow gun competition with the two best shooters, Brendan Cavin and Jake Gordon, receiving a special award! We slept in hammocks and were up and out early in the morning and back into the canoes. Next stop was the Island Outpost, where the scouts did some fishing, swimming, played games, and took showers! Unfortunately, there was a hurricane bearing down on the Gulf, and we had to cut our trip a bit short, but we still saw over 50 alligators, paddled over 50 miles, and really had a trip of a lifetime!!



Congrats to all that made the journey and a huge thank you to John Toler and Jill and Matt Gillespie who helped me keep all the scouts from getting eaten or lost!



Separate from the group that went to Louisiana, we also had 13 scouts go to summer camp at TL Storer in Barnstead, NH. Mike Berry and Dave McDarby lead the boys in all kinds of activities from Polar Bear swims to merit badges to the camp wide games. Mike even taught them how to send their names in Semaphore using signal flags. We also had a pig roast for dinner one night. Lots of great campfires and stories and lots and lots of laughs. Even the weather was pretty good and the scouts all had a great time. We were also well represented on staff with 3 Troop 6 members working at the camp, and one, Mike Debono winning Staff Member of the Year!



The Troop officially started up again on September 9th and we have already worked at Chowder Fest and spent an afternoon at the Black Feather Horse Rescue farm working on Brody Gillespie's Eagle project. We also just spent the weekend of September 21-22 hiking and camping in the Blue Hills with Pack 6. Over 20 of us hiked nearly 6 miles taking in the views from the top of Big Blue and exploring the Trailside Museum. It was perfect weather and a great weekend of hiking and scout skills.

We are not sure where are next trip will take us but don't worry, we will be back in the woods soon! We are also very excited to get back to Punkin Chunkin on November 2nd! Save your left-over pumpkins and bring them to Pageant field on the Saturday after Halloween to splat them with our trebuchet or sling shot! Food, games, and fun for all!!!

We continue to meet every Monday night at 7PM at the Houghs Neck Congregational Church. If you have a son or daughter (YES, we now have 5 girls in the Troop!) in middle school or high school that is interested in joining us, please stop by and check out the program. We are over 35 scouts and continuing to grow!!!

Troop 6 does a fantastic job of keeping our program affordable for all scouts, and our bottle and can drives are one of our biggest fundraisers. Our next bottle drive is October 12th from 9-12 in Labrecque Field parking lot. Our bottle drives will continue to be on the second Saturday of every month, weather permitting. Please consider donating your soda and beer bottles and cans to us rather than tossing them in your recycling. As our Troop grows, the money we earn is being spread thinner and thinner and we really want to continue to run a program where all the activities can be paid for through the boys fundraising efforts. Please feel free to call if you need a pick up!

Yours in Scouting,  
Rob Gordon, Troop 6 Scoutmaster,  
617-543-1797



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The Commonwealth of Massachusetts  
**TACKEY CHAN**  
 State Representative ~ 2nd Norfolk District,  
 State House, Room 42, Boston MA 02133  
 Tel. 617-722-2014  
 Tackey.Chan@mahouse.gov

I hope you are having a good start to the fall. Through the hard work of the Houghs Neck Community Council, Quincy Police Department, Boy Scouts Troop 6, Quincy High School students and many volunteers, the annual Chowdafest was a hit once again. Congratulations to Peg O'Connor for being the 2019 Mayor of Houghs Neck. Thank you for all the wonderful work you do in our community.

As you may have seen in the news, the number of people who have contracted Eastern Equine Encephalitis is increasing. Even though summer is over, it is important to remain alert until the cold weather sets in. My office receives regular updates from the Department of Public Health (DPH) on this issue. DPH is still advising people to be cautious and use mosquito repellent while outdoors where mosquitos are present, especially during dusk-to-dawn hours.

The House and Senate overrode the Governor's veto on the "Janus bill", a piece of legislation I filed in January. The new law was in response to the United States Supreme Court decision diminishing public employee collective bargaining rights. The legislation codifies existing collective bargaining practices and allows non-union employees access to a union's legal services for representation against grievances by management for a reasonable fee. The House and Senate engrossed the legislation in June and the Governor sent it back to the legislature with amendments in July. The House and Senate rejected the Governor's amendments and continued to push for the original language. In August, the Governor vetoed the legislation while we were in recess from formal session. This September, the House overrode the veto by a 156 to 1 margin and the Senate followed with a 39 to 1 vote. I greatly appreciate my colleagues support on this

legislation to ensure public employees' rights are preserved.

The House also engrossed legislation, on a 156 to 0 vote, that would establish a Women's Rights History Trail Taskforce. The taskforce would solicit public input and establish criteria to determine who will be a part of the Women's Rights History Trail. It will work with the Office of Travel and Tourism to put together the educational materials and outreach in order to promote awareness about the notable women in our history. The taskforce would also work with the Massachusetts Department of Transportation to provide signage along state roadways.

As the House Chairman of the Joint Committee on Consumer Protection and Professional Licensure, I am happy to say that my staff and I have started up the fall hearing schedule. As you might have seen in the news, two ballot initiatives will likely appear before the committee and be on the 2020 ballot. The first ballot question would eliminate the cap on how many retail beer and wine licenses are given to stores whose products are comprised of over 50% food. This ballot question is currently being challenged in court by the Massachusetts Package Store Association on whether the it was properly drafted. The second ballot question addresses auto right to repair. The initiative questions whether the owner of a vehicle should be able to access the computer software of their car, download information and potentially make changes to the software. This is prevalent as today's vehicles are heavily computerized, collect information about your driving and the car's performance, and its ability to control the car's safety features like locks and airbags.

I wish you and your family a safe and fun Halloween! Tackey



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 Ward One Councillor ~ David F. McCarthy  
 1305 Hancock St... Quincy, MA 02169  
 617-376-1351 (office) ~ 617-845-7111 (Cell)  
 dmccarthy@quincyma.gov.

As I had said in the last HNCC Bulletin: School is back in session

October is upon us so that means Quincy Schools are back in session. Please drive a bit slower and plan accordingly as Atherton Hough is back in session. Designated Student drop off signs were posted last year on Manet Ave so parents can drop off and move on in an organized fashion. With Ward 1 Schools on the mind the council moved forward on Monday the 16th of September by passing a very important well overdue capital improvement budget.

A quick breakdown of much needed improvements included Atherton Hough flooring repairs and appropriation for replacing/updating the antiquated bathroom facilities in the school. Snug Harbor as well as Broad Meadows also received appropriations to replace bathrooms, floors and HVAC. I try to tour all the schools each year with Public buildings and custodial management to get a sense of what we can improve on. From there we try to work the funding.

The big appropriation on the 16th was the Seawall funding. Funding approved that evening was for 14.3 million to begin the first phase of Seawall replacement/drainage improvements. Additional approvals will come for 2.8 million for a stormwater pumping station and 120,000 for the Willows Culvert Hydraulic Study which is in conjunction with the Army Corp of Engineers. All positive steps forward.

Congratulations to the HNCC for the great success once again of the Chowderfest on September 14th. Once again Cagney's came out on top as the Chowder king. Nice work Mark DiBona and team.

Congratulations to Peg O'Connor who at the Chowderfest was crowned

2019 Mayor of Houghs Neck. Citations were abundant that day as Congressman Lynch and Mayor Koch were on hand for the ceremony. I myself also presented Peg with a citation from the Quincy City Council. A great day for all.

Victoria's Walk was also a great success on the 14th of September. The walk was 2.5 miles through scenic Houghs Neck. The attendance and support was wonderful again this year. Make it a point every year to support the Schuerch Family and the research towards finding a cure for Leukemia.

Congratulations to the Holy Trinity Parish for having another successful and well attended Parish Picnic on September 22nd. Thank you to all the parishioners that make this happen and all the support that the Parish receives.

I would like to take a moment to thank all the city workers that make a lot of things happen behind the scenes. We have had a very productive year getting a lot completed in the Ward. I also would like to personally thank Dave Murphy Commissioner of Natural Resources for doing an outstanding job on the parks and playgrounds in Ward 1. Thank you.

I'll end with this : As we head into the Fall season it becomes a very busy part of the year, School events and Sports are very busy, Halloween, Election Day, Veterans Day, and Thanksgiving will all be here before you realize it, go slow and be patient, remember to reflect on what you have and be safe.

Thank you and God Bless  
 Dave McCarthy



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# October is Breast Cancer Awareness Month



## National Breast Cancer Foundation

Information in this article was copied from the NBCF website

[www.nationalbreastcancer.org](http://www.nationalbreastcancer.org)

### Understanding Breast Cancer

Cancer is a broad term for a class of diseases characterized by abnormal cells that grow and invade healthy cells in the body. Breast cancer starts in the cells of the breast as a group of cancer cells that can then invade surrounding tissues or spread (metastasize) to other areas of the body.

### What Causes Cancer To Develop?

Cancer begins in the cells which are the basic building blocks that make up tissue. Tissue is found in the breast and other parts of the body. Sometimes, the process of cell growth goes wrong and new cells form when the body doesn't need them and old or damaged cells do not die as they should. When this occurs, a build up of cells often forms a mass of tissue called a lump, growth, or tumor.

Breast cancer occurs when malignant tumors develop in the breast. These cells can spread by breaking away from the original tumor and entering blood vessels or lymph vessels, which branch into tissues throughout the body. When cancer cells travel to other parts of the body and begin damaging other tissues and organs, the process is called metastasis.

## Facts About Breast Cancer In The United States

*1 in 8 women will develop Breast Cancer in their lifetime.*

In 2019, an estimated 268,600 new cases of invasive breast cancer will be diagnosed in women in the U.S. as well as 62,930 new cases of non-invasive (in situ) breast cancer.

62% of breast cancer cases are diagnosed at a localized stage, for which the 5-year survival rate is 99%.

This year, an estimated 41,760 women will die from breast cancer in the U.S.

Although rare, men get breast cancer too. The lifetime risk for U.S. men is about 1 in 1,000.

An estimated 2,670 men will be diagnosed with breast cancer this year in the United States and approximately 500 will die.

1 in 8 women in the United States will develop breast cancer in her lifetime.

Breast cancer is the most common cancer in American women, except for skin cancers.

There are over 3.5 million breast cancer survivors in the United States.

On average, every 2 minutes a woman is diagnosed with breast cancer in the United States.

Female breast cancer represents 15.2% of all new cancer cases in the U.S.

## Early Detection

When breast cancer is detected early, and is in the localized stage, the 5-year relative survival rate is 100%. Early detection includes doing monthly breast self-exams, and scheduling regular clinical breast exams and mammograms.

### Symptoms and Signs

Many breast cancer symptoms are invisible and not noticeable without a professional screening, but some symptoms can be caught early just by being proactive about your breast health. Keep your breast health in check with the Know the Symptoms guide today.

Every person should know the symptoms and signs of breast cancer, and any time an abnormality is discovered, it should be investigated by a healthcare professional.

Most people who have breast cancer symptoms and signs will initially notice only one or two, and the presence of these symptoms and signs do not automatically mean that you have breast cancer.

By performing monthly breast self-exams, you will be able to more easily identify any changes in your breast. Be sure to talk to your healthcare professional if you notice anything unusual.

### A Change In How The Breast Or Nipple Feels

Nipple tenderness or a lump or thickening in or near the breast or underarm area

A change in the skin texture or an enlargement of pores in the skin of the breast (some describe this as similar to an orange peel's texture)

A lump in the breast (It's important to remember that all lumps should be investigated by a healthcare professional, but not all lumps are cancerous.)

### A Change In The Breast Or Nipple Appearance

Any unexplained change in the size or shape of the breast

Dimpling anywhere on the breast  
Unexplained swelling of the breast (especially if on one side only)

Unexplained shrinkage of the breast

(especially if on one side only)

Recent asymmetry of the breasts (Although it is common for women to have one breast that is slightly larger than the other, if the onset of asymmetry is recent, it should be checked.)

Nipple that is turned slightly inward or inverted

Skin of the breast, areola, or nipple that becomes scaly, red, or swollen or may have ridges or pitting resembling the skin of an orange

Any Nipple Discharge—Particularly Clear Discharge Or Bloody Discharge

It is also important to note that a milky discharge that is present when a woman is not breastfeeding should be checked by her doctor, although it is not linked with breast cancer.

Let your doctor know about any nipple discharge, clear, bloody or milky.

## Questions

*If I have some symptoms, is it likely to be cancer?*

Most often, these symptoms are not due to cancer, but any breast cancer symptom you notice should be investigated as soon as it is discovered. If you have any of these symptoms, you should tell your healthcare provider so that the problem can be diagnosed and treated.

*If I have no symptoms, should I assume I do not have cancer?*

Although there's no need to worry, regular screenings are always important. Your doctor can check for breast cancer before you have any noticeable symptoms. During your office visit, your doctor will ask about your personal and family medical history and perform a physical examination. In addition, your doctor may order one or more imaging tests, such as a mammogram.

### Detecting Breast Cancer Earlier

Breast cancer can't be prevented, but you can take three important steps to help detect it earlier. The free resource, 3 Steps to Early Detection, can increase your chance of finding breast cancer before it spreads.

**Where can we send your free guide?**

<https://www.nationalbreastcancer.org/breast-cancer-symptoms-and-signs>.

## Congratulations

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## The Houghs Neck Book Club

The HN book discussion group meets at 7:00 p.m. on the second Wednesday of each month at the Quincy Yacht Club. Please ring the bell on the white door for entrance. If you have questions on the book selection, please contact Jen Liebelt @ jsliebelt@mac.com.



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Shipping for orders beyond Houghs Neck add \$3.00 per item except for stickers add \$1.00	
Donation's: Playground Fund \$ _____	Rainbow Fund \$ _____
Holiday Fund \$ _____	
Donation to the Scholarship fund: In memory of: _____ \$ _____	

**Membership Year Sept 1, 2018 ~ August 31, 2019**

<b>HNCC Membership Per Family</b>	\$ 5.00
<b>Beyond Houghs Neck Per Address</b> (Bulletin Subscription)	\$ 10.00

Name: \_\_\_\_\_  
 Address: \_\_\_\_\_ **Check total \$** \_\_\_\_\_  
 City: \_\_\_\_\_ ST: \_\_\_\_\_ Zip: \_\_\_\_\_ Email: \_\_\_\_\_  
 Gift Membership for: \_\_\_\_\_ \$ \_\_\_\_\_

**Make Checks Payable to: Houghs Neck Community Council, Inc.**  
**Mail to: Helen Kelly 16 Madeleine St Quincy MA 02169**

### Houghs Neck Merchandise



Quilt ~ \$49.95



Magnet ~ \$3.00



Journal ~ \$10.00  
7-1/4" X 5-1/2"



HN History Book ~ \$10.00  
Benefits the Scholarship fund

**I ♥ HN T-Shirt**  
 Sm, med, lg, xl  
**\$5.00**



#### Pillows & Totes \$19.95



HNC Church Tote Bag  
16" X 16"



MBS Church Tote Bag  
16" X 16"



HNCC Church Pillow  
16" X 16"




MBS Church Pillow  
16" X 16"


**HN Can Koosie's ~ \$3.00**




#### Wood Buildings 15.00




Houghs Neck Congregational Church  
7-1/4" X 4-3/4"




Atherton Hough School  
7" X 3-1/2"




Houghs Neck Fire Station  
6" X 4-1/4"




Great Hill Towers  
8" X 3"




Most Blessed Sacrament Church  
5-1/4" X 6"




Great Hill School  
8" X 3"



Louis Cafe



Harvey's Wharf  
6-1/5" X 4"



Quincy Yacht Club  
8" X 3-1/2"

#### Show your HN Pride



NECKA Sticker ~ 2.00



Small Sticker ~ 2.00



Large Bumper Sticker ~ \$1.00



Note Caddy/Pad & Pencil \$7.00  
6-3/4" X 4-1/2"



FRIEND OF A NECKA ~ 2.00



Oval HN Sticker ~ \$2.00



NECKA Baseball Hat \$10.00



Houghs Neck Embroidered Stocking Hat ~ \$10.00