



Dove Tale News

Haynes House of Hope

Spring 2019



Women's 5K winner Katie Duffy

Slate Valley Brew Run a success

More than 135 runners and walkers took the challenge on Oct. 6, 2018 for the Slate Valley Brew Run to benefit the Haynes House of Hope. Participants competed in one or more of three races: a 10K, 5K and a 1-mile Kids Run. The event raised approximately \$4,000 for Haynes House.

This year's event, formerly named the Trek for Hope, joined forces with the new Slate Town Brewing Company and Slyboro Cider to provide over-21 participants with a free glass of craft beer. Each participant in the race received a free pint glass with the race logo.

In the 10k race, overall male winner was Lou Pauquette of Granville with a time of 40:48. Overall female winner was Lauren Cater of Burlington, who finished in 49:41.

For the 5K, overall male winner was Collin Figon of Rutland, whose time was 17:10. Overall first place female was Katie Duffy of Poultney, who finished in 20:22.

This was the first year for the Corporate Challenge in the 5K. Companies who won prizes were Saint-Gobain for most funds raised, and Telescope Casual Furniture, for having the first-place team in the race.

The Slate Valley Brew Run was sponsored by Slate Town Brewing Company, Slyboro Cider, the Gold Trout, Granville Lions Club, Saint-Gobain, Granville Chamber of Commerce, Positive Energy,

Glens Falls National Bank, NBT Bank, Telescope Casual Furniture, Don McPhee Attorney, North Country Bail Bonds, Granville Large Animal Hospital, The Liquor Stop, Ritchie's Excavation, Granville Rotary club, Country Horizon Realty, Zappone's Chrysler Jeep Dodge RAM, and Lakeside Realty.

Haynes House deeply appreciates the support of our sponsors, and all those who participated in the event.



Line Dance Party for Haynes House!

Get ready for some boot-scootin' fun on Saturday, April 6, when a Line Dancing Party to benefit the Haynes House of Hope will be held from 7 to 10 p.m. at the Knights of Columbus hall in Granville, New York.

Well-known area line dance instructor Jeff Reynolds will teach and lead the dances to the latest popular country songs. All levels of line dancers are welcome, from first-timers to experienced. Just wear your favorite boots and get ready for a fun night!

The dance party will also feature some delicious food available for purchase, door prizes, plus a cash bar will be open all evening. After the dancing wraps up, Jeff will treat the crowd to a spectacular trick roping show.

Tickets are \$15 in advance, and \$18 at the door. Advance tickets can be purchased at Walker's Farm, Home & Tack in Fort Ann, The Gold Trout in Granville, and at Perry's Main Street Eatery in Poultney, Vt.

Proceeds will benefit the Haynes House of Hope.

Coopers Cave Benefit Dinner

On Wednesday, May 1, Cooper's Cave Ale Company in Glens Falls will host an evening to benefit Haynes House.

It's an enjoyable way to help the house. Just go to Cooper's Cave on May 1 between 5 and 9 p.m., and tell both the hostess and your server that you are there to support Haynes House. The restaurant will donate 15 percent of the bill to the house. Please RSVP to 518-642-8155 if you plan to attend. Cooper's Cave is located at 2 Sagamore Street in Glens Falls. Hope to see you there!



Spaghetti Dinner draws a crowd

People from New York and Vermont ventured to the MWA Hall in Wells, Vermont on Sept. 2, for a spaghetti dinner to benefit the Haynes House of Hope.

The Perry family cooked up a feast in the kitchen, while Haynes House volunteers served the guests. Singer/songwriter Fritz Henry kept the crowd entertained all night a great variety of popular music.

Haynes House is most appreciative of the MWA Hall for allowing us to use their space and their kitchen, to the Perry family for donating their culinary talents and the food, and to everyone who attended to support the house.

The event raised \$3,476 for Haynes House.

"Smile" for Haynes House

Do you shop online at Amazon? If you do, there's an easy and painless way to donate to the Haynes House of Hope every time you shop.

Just go online to Amazon Smile. It's the same shopping experience and the same product availability of Amazon, but on Amazon Smile, you can designate a charity that will receive a donation every time you make a purchase.

Search for The Haynes House of Hope on the site's charity selection tool. Once you have designated Haynes House, just sign into Amazon Smile when you shop, and the house will receive a donation. Easy!



HHH receives grant for new door

The Washington County Home for Aged Women gave a grant of \$4,900 to Haynes House in September to have a wider door and a new ramp constructed at the sunroom exit.

The previous door was not wide enough to accommodate a hospital bed, and the sunroom is the only exit for bedridden residents in the event of a fire. With the new door and the ramp, residents can be quickly evacuated from their rooms via the sunroom.

Construction was done by Fred Wilson of Comstock. Haynes House is very grateful to the Washington County Home for Aged Women for their generous grant.

Upcoming Fundraisers

Haynes House does not receive any insurance reimbursement for the 24-hour care we provide to our residents, so fundraising is essential to the house's ability to continue its mission of caring for the terminally ill.

Here are some of the fundraisers in the works:

April 6 – Line Dance Party

April – Pampered Chef Party

May 1 – Dinner at Cooper's Cave in Glens Falls

Labor Day – Breakfast at Perry's in Poultney

Sept. 7 – Coin Drop in Granville

September – Comedy Night

Oct. 13 – Slate Valley Brew Run 5K & 10K races

More details about dates and times will follow – check our Facebook page for updates.



Jackie Barg



Bea Wells

Volunteer Spotlight

Haynes House volunteers come from around the area and many walks of life. It's interesting to learn about how they became involved in Haynes House, so for this newsletter, we decided to talk to a couple of our newer volunteers, Jackie Barg and Bea Wells.

Jackie Barg heard about Haynes House from her fellow garden club member, Joanna Prouty. Joanna happens to be one of our long-time volunteers, and is an avid cheerleader for the house. She invited Jackie to attend our "Game & Sip" event in July 2018.

"I had an idea of what Haynes House was," said Jackie. "I was interested because I wanted to understand more about the end of life process." She attended the Game & Sip night, and Joanna offered to mentor her if she wanted to begin training.

The next month, Jackie started "shadowing" Joanna one day a week on her shift. As of mid-January, Jackie was still working with her friend, noting "I'm getting more comfortable all the time."

Becoming a Haynes House volunteer was a bit of a natural for Jackie, who worked as a teacher aide at Argyle Central School for 20 years. Since retiring, she has done a lot of other volunteering in her community.

So far, she has found her Haynes House experience to be very rewarding. "Some people just touch your heart," she said. "I felt like I'm giving and receiving something. It's such a worthwhile gift."

Volunteer **Bea Wells'** first contact with Haynes House was in 2015, when her step-mother-in-law was a resident. "I had never been there before," she said. "I was amazed at how beautiful it was, and what a wonderful place it was."

Bea became a Haynes House volunteer in October 2018. With her background in social work, it was a perfect fit. Bea retired from the Rutland VNA and Hospice in 2017. She started with the organization 21 years ago as hospice volunteer coordinator, then became the hospice social worker.

"I always felt like when I worked in hospice it was a privilege," she said. For Bea, a resident of Fair Haven, Vermont, volunteering at Haynes House is a meaningful experience and a natural transition from her work life. "It's wonderful," she said. "I enjoy volunteering much more than I thought I would."

She also finds comfort in the way Haynes House takes the burden of care off the family. "It enables the family to be really present," she explained.

As someone who has had both a career and now a volunteer experience with caring for the terminally ill, Bea continues to be a strong supporter of this type of care.

"I think hospice is really about living, in every moment that you have," she said. Having the privilege to be with people at this time of life is amazing. It gives you perspective on your own life."

Haynes House wish list

If you would like to help out Haynes House with some of our frequently used items, here is a list. Currently, the house could really use paper towels, toilet paper and Chlorox wipes. Other suggestions:

- Bottled Water
- Ginger ale (diet and regular)
- Puddings/Jello
- Chicken/Beef/Vegetable broths
- Ensure/Boost drinks
- Sandwich bags, freezer bags
- Hand sanitizer
- Dishwasher tablets
- Swiffer dry cleaning pads
- Laundry detergent
- Computer paper
- Stamps
- Cloth incontinent pads
- Tall kitchen garbage bags
- Baby wipes
- Latex-free disposable gloves
- Ice melt for cement

Be a Haynes House volunteer

Haynes House is always in need of volunteers to help care for our residents. Our volunteers continually tell us how rewarding it is to assist the residents of the house.

Volunteers receive training and work several times with an experienced volunteer before going solo. A typical shift is 4 hours, and each volunteer can set their own schedule, working as little or as much as they wish.

To learn more about volunteering at Haynes House, call Executive Director Amanda Parker at 518-642-8155.