

# Stand by Me

**Length:** 2 Hours

## **Description:**

Research has shown that standing is vital to every facet of our health and well-being. When the clients we serve are unable to stand there is often a medical need for a stander. This course will review the wide range of benefits associated with a variety of available standers and expand therapists' knowledge regarding adjustment of standers to improve their client's alignment. Proper standing alignment reduces risk of injury, improves compliance with standing programs and maximizes benefits.

## **Objectives:**

1. Review types of standers
2. Review medical benefits associated with different types of stander
3. Mat evaluation on actual clients to determine which stander will best meet their postural needs
4. Learn how to position clients in three different types of standers
5. Learn how to adjust three different types of standers to improve alignment and reduce the risk of joint injury

**Instructional Level:** All levels

**Credits:** 2.0 CCU / 0.2 CEU

**TPTA approval pending**

**TOTA approval pending**

## **Presenter:**

### **Jackie James, OT, ATP**

Jackie James earned her degree in Occupational Therapy from the University of Texas – Health Science Center in San Antonio in 1987. She learned a lot from her UT professors, but her real teachers were the kids she served for 25 years in the classrooms of Austin ISD and Mongu, Zambia, a remote community on the Zambezi River in Sub-Saharan Africa. The children and young adults she worked with inspired her to look beyond the text books. Often without the benefit of speech, they challenged her to find solutions that would improve their comfort, function and quality of life. They schooled her on the value of well-fitted rehabilitation equipment, which led her to seek a second career as an Assistive Technology Professional who specializes in pediatric Complex Rehabilitation Equipment. Jackie James earned her RESNA ATP credentials in 2012 and currently works for Travis Medical Sales Corporation.