WORRY CAUSES STRESS; TRUST HEALS!

(Is. 49:14-15; Ps. 62:2-3, 6-9; 1 Cor. 4:1-5; Matt. 6:24-34)

"Mount Vernon Science Teacher Arrested On Charges of Having Two Wives!" Bigamy is a crime in the United States! Therefore, it was not surprising when many of us saw this headline in many of the nation's media outlets. A Yonkers woman of twenty had dated a man, Karl, for five and a half years before getting married to him on July 10, 2010. But, what she didn't know is that he was married to another woman about four years earlier while they were still dating. When she confronted her husband about why he married her while he was legally married to another woman, he responded that he didn't want to lose her. How can you love and be faithful to two women at the same time?

In today's gospel, Jesus puts this scenario into its right perspective when He says, "No one can serve two masters. He will either hate one and love the other, or be devoted to one and despise the other." It would require much energy, if not lies and deceit for one to be able to love and serve "Alyssa" and "Terry" as wives at the same time. I bet you, Karl, like many who maintain more than one partner, know that they have to worry about how to cover their tracks in an effort to keep both partners happy. It involves a lot of thinking and worrying on how to support not just the two or more partners, but also how to keep them both happy and contented. "You cannot serve God and mammon." You have to set your priority! True happiness is not derived from how many or how much you have, but on your ability to be contented with the little that you have. "Therefore, I tell you, do not worry about your life, what you will eat or drink...what you will wear."

Stress is known to be a major contributor, either directly or indirectly, to coronary heart disease, lung ailments, cancer, accidental injuries, cirrhosis of the liver, and so on. It also does affect the quality of our relationships, diet, exercise, et cetera. Stress does sometimes contribute to our ability to make the right judgments. It can lead to depression and suicide. The American Academy of Family Physicians estimated that two-third of doctors' office visits are driven by stress-related symptoms, such as dizziness - shortness of breath - palpitations - trembling - muscle tension - sweating - numbness - feeling of choking - nausea fear of dying - thought of going crazy - sleeplessness and loss of appetite. Some or all of these symptoms are exhibited when we worry too much about life. In this tough economic climate, how can I afford to pay my child's tuition? Will I be able to put food on the table for my family? What about the mortgage, the rent, the phone bill, the utility bills? How do I overcome my bad habits? What about my relationships - how do I please my spouse or partner? Can I be faithful to the promises I have made to my spouse and to God? When this happens, there is the temptation for you and me to rely on ourselves rather than relying on the promise God has made to us.

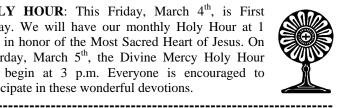
When you and I are so weighed down by worries, like the Israelites of old, we think and sometimes vocalize, "The Lord has forsaken me; my Lord has forgotten me." You are indeed far from the truth! If you truly seek and depend on the Lord, He will never abandon you - "Can a mother forget her infant, be without tenderness for the child of her womb? Even should she forget, I (Your God) will never forget you." Thus, when next you pray the "Our Father" ask Him to give you "our daily bread" and trust that He will provide for your needs if you truly trust and depend on Him and Him alone.

Rev. Anthony Ita Bassey, MSP

PARISH PARISH PARISH

SHARING COMMUNITY MEAL: This Thursday, March 3rd, we will be providing our Sharing Community Meal. Please bring your ziti or dessert to the Rectory. Doors will open at 6:45 a.m. The Sharing Community truly appreciates our efforts. Please keep up the good work! For information, please call the Rectory Office. -----

HOLY HOUR: This Friday, March 4th, is First Friday. We will have our monthly Holy Hour at 1 p.m. in honor of the Most Sacred Heart of Jesus. On Saturday, March 5th, the Divine Mercy Holy Hour will begin at 3 p.m. Everyone is encouraged to participate in these wonderful devotions.





OUR FAMILY MASS: Next Sunday, March 6th, we will celebrate our Family Mass at 10 a.m. All children and their families are encouraged to attend. Mass will be followed by "Family Breakfast" at the McManus Parish Center. All are welcome.

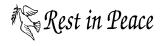
The members of the Rosary Altar Society will attend the 8:30 a.m. Mass next Sunday, March 6th.





The ALTAR BREAD & WINE, ALTAR CANDLES, and SANCTUARY LAMP for this week have been donated in loving memory of John Brusco by Louis & Angela Brusco.

Please pray for the repose of the souls of all the faithful departed, especially Josephine Somma, Lucille Santini, and Salvatore J. Guadagno.





If you have blessed palms from last Palm Sunday, please bring them next weekend only, March 5th & 6th; and place them in the waste paper basket in the back of the church on the Rectory side. These palms will be burned to provide ashes for our Ash Wednesday, March 9th, services.

OUR PARISH R.C.I.A. PROGRAM

If you or someone you know needs information on the Catholic Faith or have not been confirmed, please call the Religious Education Office listed on the cover for information on the Rite of Christian Initiation for Adults (R.C.I.A.) in our parish.



St. Bartholomew's Religious Education Program for public school children will be accepting registration applications shortly for the 2011/2012 school year. For information, please contact Cheryl Duda at the Religious Education Office (914) 476-6676.

OPENING OF THE 2012 MASS BOOK



The Mass Book for 2012 will open on **Ash Wednesday, March 9th.** Come to the Rectory Office immediately following the 9 a.m. and 12 noon Masses or to the McManus Parish Center after the 7:30 p.m. Mass to have Masses offered for yourself and for your love ones, whether living or dead.

You will have the added opportunity to book Masses in the McManus Parish Center on Saturday evening, April 2nd, and Sunday, April 3rd, following the Masses for Sunday obligation.

2ND **ANNUAL PILGRIMAGE OF NEW YORK**: A coalition of Catholic Young Adult groups in New York City invites you to join them in celebrating the great saints and holy Catholic men and women New York City has been blessed with throughout history. On April 9th, they will walk from the shrine of St. Frances Xavier Cabrini, near Manhattan's northern tip to the shrine of St. Elizabeth Ann Seton, close to Battery Park. Along the way they will visit other churches connected to New York's Catholic history. Walk at your own pace or hop on a subway. Visit www.pofny.org to learn more about the event and to register.

MARRIAGE SENCOUNTER

"Will He not much more provide for you?" Find out what God's desire is for your marriage on next Worldwide Marriage Encounter, April 9-10. For more information, call toll free (877) 697-9963, ext. 3.

Worldwide Marriage Encounter's mission of renewal in the Church and change in the world is to assist couples and priests to live fully intimate and responsible relationships by providing them with a Catholic "experience" and ongoing community support for such a lifestyle.

Couples celebrating their 50th Wedding Anniversary anytime during 2011 are invited to attend the Annual Golden Wedding Jubilee Mass with Archbishop Dolan at St. Patrick Cathedral, Sunday, May 22nd, at 2 p.m. Pre-registration is required. Please contact our Rectory Office for more information. The deadline for registrations for the Mass is Thursday, May 5th. This event is sponsored by the Family Life/Respect Life Office of the Archdiocese of New York.

PARISH BIBLE STUDY: Join Father Anthony and your fellow parishioners in discovering more about the Bible this Friday and every Friday at 7:30 p.m. in the School. Bring a friend! Come and have fun exploring both the Old and New Testaments.

MIRACULOUS MEDAL NOVENA: Held after the 9 a.m. Mass on Mondays.

RECITATION OF THE ROSARY: Join your fellow parishioners in praying the Rosary after the 9 a.m. Mass on weekdays and Saturdays.



LAST WEEK'S COLLECTIONS

- The <u>budgeted</u> Collection for last Sunday was \$6620.00.
- The actual Collection for last Sunday was \$5771.50.
- The Snow Removal Collection totaled \$1917.10

We thank everyone for their generosity to St. Bartholomew's Church. May God bless and reward all your sacrifices for the Parish!

PARISH SCHOOL SUPPORT: Next Sunday, March 6th, we will take up a second collection in support of our Parish School. Please, endeavor to donate generously.



Please pray for all the sick & the homebound members of our Parish, especially Ethel Thomas, Aldina Pereira, Rebecca Conroy, Alejandra Santander, Amadeu Amorim, Gloria Flanagan, Grace Raguso, Andy DeFabritis, Maryann Tolli, Maria Marte, Julieann Moroch, Ed Carpenter, Barbara Rup, Jule Yaskovic, Rosalie Heit, Dolores Santamorena, Florence B. Swetz, Clare Yaskovic, Neil Caruso, Raymond Fitzpatrick, Sr., Deacon James Byrnes, Andrea Objay, Carmen Torres, John Esposito, Francis Farrell, Mark Baum, Christine Bellino, Deacon Patrick Troy, Josephine Apuzzo, Mildred Moscarello, Edith Dugan, John & Gary Roth, Lena Castaldo, Joyann Allan, Anna Rita Morgante, Frank Marra, Carmela Massaroni, Lois Burton, Mary DeStefano, Carmella DelBene, Ann Ceriale, Dan Seratto, and Mark Cianfaglione.

REMEMBER YOUR LOVED ONES, LIVING AND DEAD

Consider giving a loved one the graces associated with having a Mass offered on their behalf. Also, you may consider offering the Altar flowers, Altar bread and wine, Altar candles, or lighting the Sanctuary lamp for a week for your intention. Come to the Rectory Office, **Monday – Friday, 9 a.m. – 6 p.m.** to make arrangements or to inquire about the availability of a particular date.

St. Joseph's Seminary will offer a **free, public lecture** on **Monday, March 7**th, at 7:30 p.m., in the seminary's Prayer Hall, 201 Seminary Avenue, Yonkers. Father John Moran, M.M., D. Min. will speak on *St. Edith Stein: A New Doctor of the Church? – An Introduction to Her Life and Teachings*. This event is part of an ongoing Dunwoodie Lecture Series offered at the seminary. For information call 968-6200, ext. 8292.

2011 ARCHDIOCESAN STEWARDSHIP APPEAL

If you have not done so, please make your pledge to the 2011 Stewardship Appeal. Please be as generous as your means allow, remembering that you can pledge your gift now and make payments in the coming months.

The **CATHOLIC WIDOWS & WIDOWERS OF YONKERS** will hold their monthly meeting on Monday, February 28th at 7:15 p.m. in the auditorium of Christ the King School, 740 North Broadway, Yonkers. Please call (914) 476-4436 for more information. New members are welcome.



Eighth Sunday in Ordinary Time

Saturday, February 26 (Vigil Mass)

5:00 PM Charles Sullivan +

Sunday, February 27

8:30 AM Michael Castognozzi & Mary Ann Karpinski +

10:00 AM Charles & Stefana Barba +

11:30 AM For All the People of Our Parish

5:00 PM Fred Gentile +

Monday, February 28

Weekday

7:00 AM No Intention 9:00 AM No Intention

Tuesday, March 1

Weekday

7:00 AM No Intention

9:00 AM William Mitchell +

Wednesday, March 2

Weekday

7:00 AM No Intention 9:00 AM John Brusco +

Thursday, March 3

Weekday

7:00 AM In Thanksgiving 9:00 AM No Intention

Friday, March 4

Weekday

7:00 AM No Intention 9:00 AM No Intention

Saturday, March 5

Weekday

9:00 AM Anna D'Amato +

Saturday, March 5 (Vigil Mass)

5:00 PM Marge Merlino +

Sunday, March 6 Ninth Sunday in Ordinary Time

8:30 AM Peter Klee +

10:00 AM Ted Bajek + 11:30 AM Ralph Licciardone +

5:00 PM For All the People of Our Parish

WELCOME TO OUR PARISH FAMILY!





Our warmest welcome to our visitors! We are glad you came to celebrate the Eucharist with us today. We thank God for you! Do not hesitate to let us know how we may serve you.

Every family and single adult to be considered active parishioner of St. Bartholomew's Parish must be properly registered in the Parish, receiving and regularly using the Parish Weekly Collection Envelopes. Only in this way can the Pastor issue documents attesting to Catholic practice of the faith and Parish membership, e.g. a letter to be a Godparent or Sponsor. For further information call the Parish Office at 914-965-0566.

If you have not registered or need to correct some of the information in our file, please fill out this form and check (X) the appropriate box below, or (you may also use the complete Registration Form found on the table at the rear of the Church); and drop the completed form into the collection basket or drop off/mail it to the Rectory. Thank you!

Name:Address:			
		Comment:	
			I am a visitor.
	I am interested in parish membership.		
	Change of Address / Telephone Number.		
	I am moving out of the Parish.		
	I am going to the hospital.		
	I would like to be visited by a priest / minister.		
	Please send me the Catholic New York.		
	I would like to learn more about the Catholic Faith.		
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OUT OF THE MOUTHS OF BABES

The children were lined up in the cafeteria of a Catholic elementary school for lunch. At the head of the table was a large pile of apples. A nun made a note and posted it on the apple tray: "Take only one ... God is watching."

Further along the line, at the other end of the table, was a large pile of chocolate chip cookies. A child had written a note: "Take all you want ... God is watching the apples."