



Manulife Vitality Rewards

Celebrate your healthy success with Manulife Vitality. When you live a healthy lifestyle, you can earn Vitality Points™. The more points you earn, the higher your Vitality Status™ and the greater your potential rewards and discounts. Members can easily access rewards through Manulife.ca/Vitality.



Free Garmin® wearable device

Because every step on the road to health counts, you can claim a free Garmin wearable device just for becoming a Manulife Vitality member.



GoodLife Fitness® discount

Manulife Vitality members are offered a subsidized gym discount of approximately 55% off the retail rate at GoodLife Fitness or Énergie Cardio clubs across Canada. Members can choose to pay \$399 for a 1 year membership paid in full at the time of registration, or a bi-weekly payment of \$19.19 for a \$499 annualized rate.



Free wellness screening from ExamOne®

Get personalized health results and earn Vitality Points! ExamOne's optional wellness screening is offered to members free of charge annually in your home, office, or location of choice.



Vitality Squares™*

Play our monthly Vitality Squares game and you can win!

Check Manulife.ca/Vitality or download the mobile app to stay on top of new offerings.

Rewards and discounts are subject to change and are not guaranteed to remain the same for the life of the policy.

*Not available to residents of Quebec.

THE MANUFACTURERS LIFE INSURANCE COMPANY



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