



June

2015

In June We continue to plant seeds or replant some of the seeds planted earlier so we have continual nurturing and pruning of the plants that have started to grow. How exciting.

With many people needing extra income to help pay the bills, due to the current economy Shaklee can be an amazing fit. As we say in this industry, 'Work your full time job to pay your bills and work part time on your fortune or future as we say. What is it you want in your life. If you keep doing what you are doing five years from now how much closer to your dreams are you. Will anything change or will things be worse? Remember that you have friends, acquaintances and family that are praying to hear about such an opportunity as this. What would \$1000 a month or more make a difference for your family? As the times are changing and we see the billions that are still being spent on the markets that we cover, there has never been a better time to get involved. **We have some very exciting things happening that can help propel you to a totally different level. Do someone a favor and Share the Shaklee Dream with them.**

Have a wonderful month. Nina

- It's not whether you get knocked down; it's whether you get back up. - *Vince Lombardi*
- Strive for excellence, not perfection. - *H. J. Brown, Jr.*
- Obstacles don't have to stop you. If you run into a wall, don't turn around and give up. Figure out how to climb it, go through it, or work around it. - *Michael Jordan*
- The secret to success is to start from scratch and keep on scratching. - *Dennis Green*
- Do what you can, with what you have, where you are. - *Theodore Roosevelt*

Alzheimer Testimony with Vivix

Our Mom had become bed-ridden, wore diapers and seldom recognized family or friends. We bathed, dressed, and fed her. She was diagnosed the beginning of the worst stage of Alzheimer. Mom was prescribed Aricept and slept for those 7 months. Next they prescribed Exelon, another 3 months of sleeping. Were Alzheimer drugs just meant to keep patients sedated? Then came Namenda, Mom became violently ill, lay in bed in pain and lost 30 pounds in less than 30 days.

We decided to stop all prescription medications and get her on a Shaklee Supplement program to give her body the benefits of health. She took Vita Lea Gold, Memory Optimizer, HerbLax, Energizing Soy Protein and Optiflora. Within a few weeks she started getting up on her own and showing improvements. Then Shaklee introduced a new product, Vivix.

Within a few weeks of adding Vivix Mom began recognizing family members, she remembers all her children again. She can brush her teeth, wash and dress herself, and no longer wear diapers. She does the dishes and sweeps the patio. When we shop she has conversations with other people. She plays with her great grandchildren, many songs & rhymes she didn't remember before she now sings and recites to them. Her long term memory returned, though not perfect, and has selective short term memory. Today Mom is only stage 1-2 Alzheimer.

A few times when we forgot to give her the supplements or when the Vivix wasn't available she became listless and confused. Not only is that stressful for Mom, but it makes it very difficult for us as her caregivers. We now see to it we have an ample supply and it always travels with us.

Thankfully, Judy, Sandy and Bill



Mom today with her son Bill

Vitalizer

Vitalizer is great for guys. I know I need vitamins but opening lots of bottles is a real nuisance.

Now, I've got everything I need in one little bubble strip. Plus, the Landmark Study proves Shaklee Vitamins REALLY WORK. Vitalizer is a Winner! -Dale P



What Fuels Your Heart?

Your heart is fueled by Coenzyme Q10. CoQ10 is a cellular energy booster and powerful antioxidant, and it is an essential part of your body's energy-producing process. CoQ10 is found throughout your body, but is most highly concentrated in heart muscles because of high energy demands there.

When your heart has the high levels of CoQ10 it needs, it works like a charm. But when levels get low, your heart strains to do its job, and ultimately your entire body suffers. Suboptimal heart function can result in "mystery" illnesses such as fatigue, pain and decreases in mental functions, just to name a few.

Loss of CoQ10 is caused by stress, illness or the use of certain medications such as statins. Statins, the very thing you take to help your heart, creates a deficiency of a very important heart health enhancer or fuel... CoQ10!



Looking Back

Joanne would never have guessed that her initial discovery of the Shaklee difference in her own health would launch a career that has made her one of the top Shaklee affiliates in the country.

Joanne Nistico's journey in Shaklee began in 1973, when she was studying to be a special education teacher. While taking a yoga class, her instructor introduced her to Shaklee products. She began using them herself and noticed an incredible improvement in her health. She became more energetic. She felt stronger. She was happier.

Later, as a yoga instructor herself, Joanne frequently shared her passion for Shaklee products with her own students. It wasn't long before she decided to distribute the products on a small-scale basis. Little did she know that this move would literally change her life and future direction.

"When you find something that you really believe in, all you want to do is tell others about it," Joanne says. *"Shaklee products brought me back to life again. I was always looking for someone interested in hearing my story. The rest just came together from that."*

Cat Allergies

Last year, Stan sent out an email about allergies. He said that Shaklee's Immunity Formula I was miraculously alleviating allergy symptoms—even cat allergies! By taking four "Immunity Formula I" in the morning, I wouldn't sneeze for the rest of the day. - J.A.

Editor's note: Take Formula I after eating to prevent stomach upset

"Where Did The Cancer Go?"

On April 4th, my husband Ron had a small cancerous tumor removed from his rectum. More tests were ordered, and during those tests an abdominal aneurysm was found. It was decided that the aneurysm should be repaired first. The aneurysm surgery was on June 18th.

In mid-August we met with the colo-rectal surgeon. We asked the doctors if more surgery could be done in the area of the tumor but the pathology report showed the tumor had invaded the rectal muscle and the margins were questionable. Their recommendation was to have the colostomy to be sure the cancer was completely removed. The colo-rectal surgeon suggested a biopsy was scheduled for September 15th. The surgeon called Ron the evening of September 16th telling Ron that there were no cancer cells in the biopsy.

Why am I going in to so much detail? Go back to April with me. Ron had not been using any Shaklee supplements. With the first pathology report, I set NutriFeron on the kitchen table and explained the product, telling Ron he should start taking six a day. I also gave him OptiFlora, CarotoMax, and Vita Lea Gold along with his prescription medications.

In August when Vivix was announced, I read the information and got very excited. We started using Vivix daily. At the time of the biopsy Ron had been taking the supplements since April, and with the delayed timing of the biopsy he had been on Vivix for six weeks.

Where did the cancer go?? The surgeons cannot explain it. It was there, but it is gone. I think back to the chain of events. If it had not been for aneurysm, the colostomy might have already been performed in June. Then while healing from that surgery, it was another three months before the next biopsy was done. I believe this gave Ron's body the time to heal. I think back to Dr. Shaklee saying "Give the body what it needs and it will heal itself." This has been my prayer since last April. Ron faithfully takes Vivix every morning as well as NutriFeron and the other supplements. We will continue to be proactive by changing our diets, supplementation, and seeing the colo-rectal surgeon. We thank God for Shaklee. Jan C



Depression and Bipolar

I have been on anti-depressant since my husband died a few years ago called Lexapro, but I weaned myself off of it for eight months and then I had to go back on it when confronting several stressful situations all at one time. After being on MindWorks for three weeks, I noticed I was feeling more uplifted and happier so I cut my anti-depressant in half and after a month and a half, I decreased it down to a quarter and I am in the process of going off the Lexapro completely by taking two MindWorks plus the Shaklee MoodLift product. So now I am on one MindWorks in the morning and one at supper and feeling like my old self again.

- Dolores Mauk



Bi-Polar ... as told by Dolores Mauk

My daughter Linda Wiley was diagnosed with Bi-Polar when she was 19 and even though she is on 20 Mg. of Sapphris a day, she is still had bouts of depression and anger every week or two and always was worse right before and during her period. She took Shaklee supplements on a somewhat regular basis all her life, so when MindWorks came out, we added that to her regimen.

It was after a month on one MindWorks a day, we noticed that she wasn't having as many outbursts of anger and we especially noticed that she was only irritable for one day before her period and not during it. We started paying more attention and decided to add another Mind Works... taking one in the morning and one after supper and saw that by her next period she sailed right through without her usual mood irritability and anger. We also noticed that after being on two MindWorks a day for a month, whenever she would have problems, she was able to calm down within 20 to 30 minutes instead of it lasting for 24 hours.

She will continue taking two MindWorks a day along with her drug Sapphris to see if she can stop having any outbursts in a whole month. That would be wonderful for her and me and our whole family.

Thank you Shaklee for your years of research and dedication to discovering some of the secrets to how our brains function!

Did You Know This ?

STAINED COFFEE & TEA CUPS

Put in the Dishwasher 1/2 Tsp. of Shaklee's Dish Wash Powder and 1/2 Tsp. of Nature Bright. This removes the coffee or tea stains on the cups. M. Shurr

ANTS

We have nasty ants and when we see a hill of them, we grab the Basic H2 and Basic G. Put 1/2 Tbl. Basic G and 2 Tbl Basic H2 in a 16 oz spray bottle, add water and spray. Ants don't like it at all. June O

NON-TOXIC WEED KILLER

Mix 1/2 gallon Vinegar, 1/4 cup table salt, 1 Tbl. Basic H2 and put in a spray bottle. Spray weeds thoroughly. Safe to use in yards around children and pets.

ROCKET FUEL RECIPE

3 Tbsp Lemon/Lime or Orange Performance, and 1-2 Shaklee 180 Pomegranate Energy Tea. Fill your container with room temperature water, stir, then add ice cubes (OPTION: use boiling water for a hot drink).

YOU ARE READY FOR "TAKE OFF"



Why is it called "Rocket Fuel"?

Lemon Lime # 20497; Orange # 20496

In 1991 Shaklee scientists were contacted by NASA because our astronauts were passing out during re-entry into the earth's atmosphere. Shaklee went to work and developed Astro-Ade which has been supplied to NASA since 1993. The shuttle astronauts drank Astro-Ade while in space and they stayed hydrated and alert coming back to earth. Shaklee markets "Performance" for the general public ... a sports drink which rehydrates you faster than water and provides energy and endurance. It's 67% more effective than Gatorade. That's why so many Olympic athletes use Shaklee's Performance. Add the Shaklee180 tea, which in itself is very energizing, and ZOOM!

It's a low caffeine, healthy, natural way to have sustained energy.

Product Highlight ~ Joint Health Complex

Advanced Joint Health Complex ~ Builds cartilage for joints. In addition to Glucosamine, Joint Health complex now has clinically proven Cat's Claw extract for faster relief in as little as one week. It is rated to be 45 percent more effective and provide long term joint comfort.

Nutrition Alert ~ Signs include osteoarthritis, joint pain or stiffness, limited range of joint motion, the aging population, sedentary lifestyle, overweight, repetitive physical labor, repetitive physical labor, repetitive exercise or sport activity

Benefits ~ Joint Health Complex is used to



treat osteoarthritis, reduces pain due to osteoarthritis, helps build and maintain cartilage, stimulates the repair of cartilage, reduces pain and stiffness in the joints, increases range of motion, anti-inflammatory effect, and can reduce use of anti-inflammatory drugs.

90% of people over 40 years old have evidence of arthritis.

30% of these people feel pain as a result of the arthritis.

Rated to be 45% more effective and long term joint comfort

#20281 Member Price \$37.95
60 Caplets Gluten Free