

Sermon Themes and Scriptures

Date: October 2, 2016 Title: Be Our Guest Theme: Radical Hospitality Purpose: The congregation will see the importance of Radical Hospitality and will evaluate their specific gifts and talents in order that they may be a part of this particular ministry at Burton Memorial UMC. Old Testament: Hosea 11:1-11 Gospel: Luke 15:1-2	Date: October 9, 2016 Title: Imago Dei Theme: Passionate Worship Purpose: The congregation will see the importance of Passionate Worship and will evaluate their specific gifts and talents in order that they may be a part of this particular ministry at Burton Memorial UMC Old Testament: Psalm 111:1-5 Gospel: Ephesians 4:21-24
Date: October 16, 2016 Title: Knowing God vs. Believing in God Theme: Intentional Discipling Purpose: The congregation will see the importance of Intentional Discipling and will evaluate their specific gifts and talents in order that they may be a part of this particular ministry at Burton Memorial UMC. Old Testament: Jeremiah 29:11-13 Gospel: Ephesians 3:14-21	Date: October 23, 2016 Title: Are You a Sheep or a Goat? Theme: Salty Service Purpose: The congregation will see the importance of Salty Service and will evaluate their specific gifts and talents in order that they may be a part of this particular ministry at Burton Memorial UMC. Old Testament: Psalm 8 Gospel: Revelation 21:1-6
Date: October 30, 2016 Title: Where Are You Investing? Theme: Extravagant Generosity Purpose: The congregation will see the importance of Extravagant Generosity and will evaluate their specific gifts and talents in order that they may be a part of this particular ministry at Burton Memorial UMC. Old Testament: Leviticus 27:30-33 Gospel: Luke 12:13-21	<u>Sunday's Service Information</u> Traditional Service – For those that love that “Old Time Religion”, we have a traditional worship service that meets every Sunday at 8:30 am. Blended Service – Not too bold, not too mild...just right. Our Blended service combines the best of our traditional and contemporary worship services. The Blended service is every Sunday at 10:30 am.

Church Contact

Phone: 305-852-2581, Fax: 305-852-4917

Email: burtonmemorial@bellsouth.net, Pastor: kmf_bmumc@bellsouth.net

Web Site: www.BMUMC.net

Office Hours: Monday – Thursday: 9:00 am to 4:00 pm. Friday – Office Closed.

Newsletter and Bulletin Deadlines

We have a lot of ministries and events going on at Burton and it is important to get the word out regarding them. So, please remember the *deadline for getting information into the weekly bulletin is on Wednesdays. The deadline for monthly Beacon articles is the 20 of each month.* Please send all information that you want placed in the bulletin or in the Beacon to the office at bae_bmumc@att.net.

*DON'T MISS
THE DEADLINE!*

October Birthdays:

October Anniversaries:

<u>DAY</u>		<u>DAY</u>		<u>DAY</u>	
Aiggle Gallichan	2	RaeLeigh Gonsalves	18	Neal & Sarah Hoover	8
Dave Grove	5	Marcia Boswell	19	Normand & RaeLeigh Gonsalves	16
Billy Holly	7	Jim Miller	20	Larry & Mabel Jacobsen	22
Bob Mayhew	8	Sierra Frier	21	Tyler & Wendy Coffman	29
Phil Locklear	9	Jack Grove	29		
Abigail Sebben	11				
PJ Cummings	15				

The Beacon

a monthly newsletter publication of Burton Memorial UMC
October 2016



WHAT IF CHURCH WAS A VERB, INSTEAD OF A NOUN? WOULD YOU COME?

There once was a group of people who looked around their world and looked within themselves and came to a dramatic conclusion. "We can do better." They wondered what would happen if they began to **"rethink church"** and everything surrounding it? What if church is less about Sunday and more about the other days of the week? What if we abandoned all that drags us down, took a fresh look at the Way of Jesus and then began a new dance?

How can we **rethink church** as more of an out-of-building 365-days-a-year experience, where anyone seeking may find a spiritual journey they can call their own? And, what if we invited the world to come? What if we **rethink church**, not in terms of what it is, but rather what it could be?

For the month of October, we will ask you to rethink church by going through a sermon series called the 5 Pillars of the Methodist Church. These pillars are the foundation of ministry here at Burton and following each pillar, individuals will be given opportunities to serve the church and community in innovative and uplifting ways. These 5 Pillars are:



Radical Hospitality – Christian hospitality refers to the active desire to invite, welcome, receive and care for those who are strangers, so that they find a spiritual home and discover for themselves the unending richness of life in Christ. It describes a genuine love for others who are not yet a part of the faith community, an outward focus, a reaching out to those whom we do not yet know, a love that motivates us to openness and adaptability, a willingness to change behaviors in order to accommodate to the needs and receive the talents of newcomers.

Passionate Worship – What is passionate about our worship is not that it is done in a particular order or technique or style. What is passionate about our worship is the relationship of faith we have toward Christ as we gather to worship. Having said this, what we do in worship at the functional level – the particular acts of worship, how we attend to God's Word, how we celebrate the sacred acts of baptism and Eucharist, the music we use, the space in which we gather, the media we employ, how we are led – can either encourage or be a distraction from our passionate worship.





Intentional Discipling – A consistent hallmark of the Wesleyan tradition has been the conviction that true religion consists not just of right beliefs and right actions, but also involves a heart that is purified by genuine repentance and by true love of God and of one's neighbor.

The Methodists believed that God had raised them up to promote holiness in every sphere of life. In order to help people grow in holiness of life, the Wesleys placed persons in classes and societies where they received encouragement and were held accountable as they learned to walk in Christ.

Salty Service – Eugene Peterson's *The Message* renders **Matthew 5:13** exceptionally well: "Let me tell you why you are here," says Jesus. "You're here to be salt-seasoning that brings out the God-flavors of this earth. If you lose your saltiness, how will people taste godliness? You've lost your usefulness and will end up in the garbage." Salty Service makes a difference in people's lives – both those being served and those serving. Salty Service makes us "doers and not hearers only" (**James 1:27**). Salty Service connects the lives of disciples with the ongoing work of Christ in the world. Salty Service restores credibility to those who would share a Gospel of love to a doubting world.



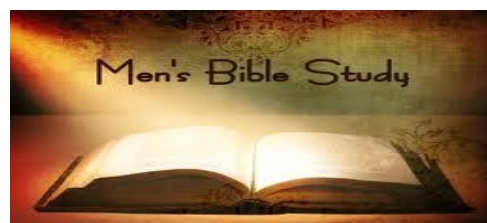
Extravagant Generosity – A retired minister once remarked, "The last part of a person's life that Christ seems to gain Lordship over is their checkbook." Bishop Schnase evidently agreed when he decided to add this fifth practice to "The Methodist way."

In the last forty years, financial support in mainline denominations, including United Methodism, has dropped from 3.1% of income to 2.3% while America has become even more affluent. Within the United Methodist denomination alone, the donation is 1%. George Barna states: "Believers frequently donate money to their church – but they don't donate very much." He goes on to add that about 8% of attendees actually tithe 10% and twice that number (16%) actually give nothing.

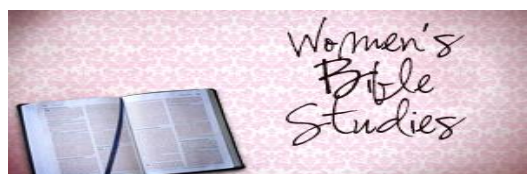
Men's Fellowship Breakfast

All men are invited to meet in the Burton Fellowship Hall every Wednesday for fellowship and breakfast from 8:00 am to 9:00 am.

Pastor Kerry is the facilitator and selects pertinent topics, videos, and scriptures for discussion. Opportunities are provided for prayer requests and events of interest (football, etc.). Breakfast favorites are provided by the men and/or their wives.



Women's Bible Study



The Women's Bible Study Group is still on vacation for the Summer/Fall. Please watch for an announcement of the starting date for the next meeting.

Prayer Shawl Ministry

Join us for knitting or crocheting (learning how to) or just talking in fellowship every Thursday evening at 7:00 pm in the Joy classroom. After you have completed a shawl, it will be prayed over by the congregation and given to those that could use a reminder that God is with them and there is a church praying for them. For more information, call Virginia Spear at 305-852-7757.



United Methodist Women

By Edith Bricker

Greetings Sisters in Christ Jesus!

President Edna Waldorf and our members of Burton United Methodist Women would like to invite you to our October meeting. ***The meeting will be held at Virginia Spear's lovely home in Tavernier on Monday, October 24, at 7:00 pm.*** You needn't be a member of Burton or a full time resident to come. And, if we can give you a ride or directions, please call the church office, or call 305-852-9259 and leave a message.

Your United Methodist Women South East District Team is so very excited to invite you to ***our District Annual Meeting which this year will be held at North Hialeah Hispanic UMC. Save the date: Saturday, October 15 from 9:00 am to 2:00 pm. Our speaker will be the District Superintendent, Rev. Dr. Cynthia Weems.***

We hope to see you in October for the Prayer Shawl Ministry, crocheting and knitting on Thursday evenings at the church at 7:00 pm, for the District Annual Meeting, and for our unit meeting on October 24. For transportation or more information on any of the above, call Edith Bricker at 305-852-9259.



Prayer Bead Ministry



The United Methodist Women have established an on-going fundraiser. We are expanding our ***Tea Prayer Bead ministry by offering our handmade prayer beads for sale at a cost of \$15.00 each.*** In addition to selling the beads ***we are willing to teach anyone interested*** in learning how to make Prayer Beads. All materials will be provided and the maker may purchase the completed set or donate them to the UMW to place into inventory for sale. We also encourage the congregation to purchase the book that inspired us all ***A Bead and a Prayer by Kristen E. Vincent.*** If you are interested in purchasing or learning to string your own prayer beads please call or text Kim Youngblood at 443-207-4000 or email her at kyoungblood528@yahoo.com to make arrangements.

Membership and Information Class

On October 9 we will have a membership and information class in the Pastor's Office at 1:30 pm. If you would like to discover more about Burton Memorial United Methodist Church and what it means to be a member of the United Methodist Church, please just show up. If after the class, you would like to become a member of Burton Memorial United Methodist Church, we can make that happen.

Choir News



The choir is in need of some more dedicated singers. We rehearse on Wednesdays at 7:15 pm. We practice for an hour. If you are interested in making a joyful noise, please join us. ***We sing once a month on the fourth Sunday of the month at both services.*** Singing is good for the lungs and good for the soul and we have a good time doing it. We could also use a keyboard player to give us more flexibility with songs. If you know of anyone interested in volunteering to help out, please let me know.

Thanks to all the choir members who have committed their time and effort. Welcome back. We are a small but mighty group now, but God always provides. ***Our next performance will be October 23.*** See you in church. If you have any questions about the choir, please call Carlene Jarboe at 301-655-0522.

Passionate Worship Committee Meeting

Our meeting of the Passionate Worship Committee on Monday, September 12, was very productive. We have a group of dedicated individuals who strive to make worship a meaningful experience. ***If you are interested in participating in any of these areas, please let me know.*** The areas of Passionate Worship Committee are:

Greeters & Ushers / Acolytes / Liturgists / Music / Altar Guild / Children's Church / Drama.

Maybe you have some suggestions you would like to see implemented. We welcome any new ideas you have that would improve the worship experience. If you have any questions or concerns, feel free to call me at 301-655-0522 or email Carlene Jarboe at dcjarboe@gmail.com.

Burton Ringers



It's ringing time! We have begun our regularly scheduled practices on Wednesdays at 5:30 pm in the Sanctuary. New to ringing? Want to learn? ***Stop by on Wednesday night from 5:00 pm to 5:30 pm for a lesson,*** or please contact RaeLeigh at 305-522-9361 or rgonsa2910@yahoo.com to find out more.

Altar Guild

On Sunday, October 9, following the 10:30 am service, please join the altar guild for a time of fellowship and fun as we get organized. We will be working on organizing our storage space and we need you. Come and bring a friend. Lunch will be provided. We also want to invite you to our advent fellowship and planning session.

We will be meeting on Saturday, October 22 at 9:00 am to get out the advent decorations and plan for the November 20 Hanging of the Greens. A lovely Christmas themed breakfast, Christmas music, and wonderful fellowship is planned. Wear your favorite Christmas shirt or pin to help celebrate. If you have any questions please call RaeLeigh Gonsalves at 305-522-9361, or email her at rgonsa2910@yahoo.com or contact the church office.

Flower Calendar



Would you like to sponsor the altar flowers? And enjoy them after the second service? ***Please sign up to honor, remember, or simply Praise the Glory of God. The Sign-Up Book is located on the podium in the narthex (lobby).*** Each orchid is \$20.00 to be paid in advance. It is important for the altar to be adorned each and every week so please help us by selecting a Sunday that has not been filled with two spaces. ***A maximum of two flowers*** (no exceptions please) will be purchased each Sunday, so sign up early.

God's Kitchen

As we all know, the tradition of Thursday night's God's Kitchen meals are an important service to our community that Burton performs. Many thanks to the individuals and groups that have volunteered over the last few months. ***If you would like to help out, please call the office at 305-852-2581.***



Status of Offerings

It is important to understand that the weekly offerings through the collection plate and website are what pay the expenses of our worship services, as well as contributing to the various church ministries. Below are the offering and website collections for the past four services.

Last Four Weeks					Year to Date		
Week	Date	Offering	Plan	+ / -	Offering	Plan	+ / -
35	28-Aug	\$1,419	\$2,381	-962	\$94,144	\$95,708	-1,564
36	4-Sep	\$4,322	\$2,381	1,941	\$98,466	\$98,088	378
37	11-Sep	\$1,642	\$2,381	-739	\$100,108	\$100,469	-361
38	18-Sep	\$1,987	\$2,381	-394	\$102,095	\$102,849	-754

Operation Christmas Child - The Power of a Simple Gift

Operation Christmas Child brings joy and hope to children in desperate situations worldwide through gift-filled shoe boxes and the Good News of God's love. Since 1993, more than 135 million shoe box gifts have been delivered to boys and girls in some 130 nations. Through evangelistic materials and follow-up discipleship programs, millions of children and family members have heard the Gospel for the first time and many have made life-changing decisions for Jesus Christ.



This is the seventeenth year that our church family here at Burton has participated in this wonderful ministry, which is a project of Samaritan's Purse (Samaritan's Purse is a worldwide Christian relief organization headed by Rev. Franklin Graham.) Last Year, we gave 154 gift-filled and love-filled shoe boxes. Here is how you can make a difference in the lives of these children.

Pray. Please pray that God will touch the heart of every child who receives a shoe box gift and that He will bring many Children and families to faith in Christ.

Pack a gift. Pack a gift-filled shoe box and bring it to the church by the deadline, Sunday, November 13.

Give. Please remember to give \$7.00 per box to cover shipping costs.

If you need a brochure, shoe box or more information, please see Julie Ratliff at church on Sundays, or call her at 305-747-6870.

The Pumpkins Are Coming



On Saturday, October 8, the pumpkins will be here. We need people to help unload the pumpkins starting at 9:00 am. This is a great tradition and family event at Burton, but you will get dirty and it is pretty hot. So, wear comfortable clothing that you can unload pumpkins with. Remember we will also ***need volunteers to sell the pumpkins*** throughout the month. From October 9 through October 30, those volunteering to work the pumpkin patch can choose between two shifts; 12:00 to 3:30 pm or 3:30 to 7:00 pm. If you are interested in working a few shifts, ***look for the sign up board in the narthex and church office.***

Fall Festival

This year's Fall Festival will be held on Saturday, October 29, 2016 from 1:00 pm to 5:00 pm. The Fall Festival is a family friendly carnival event that is open to the Upper Keys community. There will be inflatable games, a mini conch train, dunk tank, a pumpkin carving contest, a costume contest, and a petting zoo. ***We need a lot of volunteers to make this event happen.*** If you are interested in helping, please contact the church office at 305-852-2581, or sign-up at the Fall Festival Table outside at the front of the church on Sundays.



Schedule of Events:

- 1:00 pm: Inflatables Rides (unlimited rides with \$5.00 wristband).
- 2:00 pm: Petting Zoo Opens (unlimited with same wrist band).
- 3:00 pm: Pumpkin Carving Contest (1/2 off pumpkins)
Participants are asked to bring their own carving utensils.
- 4:00 pm: Costume Contest (Free)
- 5:00 pm: Fall Festival Ends

Food and refreshments will be provided at a reasonable price by "BBQ Bob".

This year our Fall Festival will be teaming up with the Keys to Peace for their second annual Kindness Giveaway. There will be various booths and tables that will be providing "free" things for the community.

dV8 Youth Group

Romans 12:1 Therefore, I urge you, brothers, in view of God's mercy, to offer your bodies as living sacrifices, holy and pleasing to God – this is your spiritual act of worship. Do not conform any longer to the pattern of this world, but be transformed (dV8) by the renewing of your mind. Then you will be able to test and approve what God's will is – his good, pleasing, and perfect will.

Our youth group is open to all adolescents in grades 6 through 12. You do not have to be a member of Burton to attend and friends are always welcome. As a matter of fact, we encourage our youth to BARF at every event. (Bring a Real Friend). *Our normal dV8 events are Sundays from 5:00 pm to 7:00 pm.*

For the month of October, we will be trying a new location for our dV8 meetings. It will be at the pastor's house (*with the exception of October 2nd...that will still be at the church.*)

Kerry Foote
123 High Street
Tavernier, Florida 33070



October 2nd: Pumpkin Patch Preparation – This will be a church project in which the youth will be preparing the church grounds for our pumpkin patch. We will be laying down pallets and decorating the outside grounds for a festive Fall season. Please bring gloves.



October 9th: Movie Night – The youth will be watching the movie, “God’s Not Dead 2” at the home of Pastor Kerry. We will have drinks and popcorn and a lively discussion after the movie.

October 16th: Watch Ya Mouth – This is a new game that is hilarious to play. We will be meeting at the Pastor's house for a game like no other. We will also have a discussion over the gifts of the spirit, specifically...speaking in tongues.



October 23rd: Pumpkin Carving Contest – The youth will be meeting at the Pastor's House for a little “Pumpkin Carving”. We will provide the tools and pumpkins; you just have to bring your skills.

October 30th: Reverse Trick or Treating – We will be going out to spread a little Halloween cheer for this dV8. Youth will show up “dressed in their Halloween costumes” at the Pastor's House and then go out into the community to give out candy to people in their homes as a way of saying thank you to all those individuals that will be bombarded by treat or treaters the next day.



Airsoft Games

I know that it has been a while since we have played airsoft, but don't fret. It is not gone for good. We will start our airsoft games back up for the month of November.

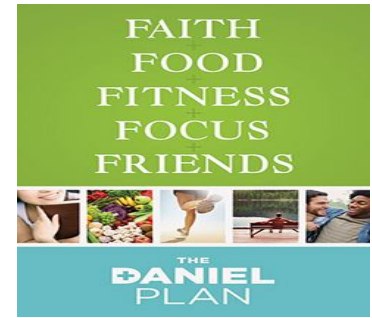
CONGREGATIONAL HEALTH “THE DANIEL PLAN” BRAIN BOOSTERS

By Daniel G. Amen, MD



One of the greatest challenges in achieving our long term health goals like stress reduction, losing weight, and increasing exercise begin with whether or not we are able to make conscientious decisions. Whether or not we are able to win the battle between the thoughtful side of our brain that *knows* the wise choices we should make, and the pleasure centers part of our brain that wants what it wants, and wants it *now*.

So how do you become more conscientious? How do you live a happier, physically healthy life? Boost your brain.



Avoid foods and activities that damage your brain.

Add foods and activities that enhance your brain.

When you boost your brain power you will see energy levels increase, memory strengthen, attention span increase, impulsiveness decrease, and weight loss that sticks.

Here are simple things you can do on a daily basis to boost your brain function:

Practice using your brain. The brain is like a muscle. The more you use it, the more you can continue to use it. New learning makes new connections in the brain, making you sharper and more efficient.

Eat a good diet. Getting good nutrition is essential to good brain function and to a better body. A healthy diet includes lean protein, fruits, vegetables, nuts, and healthy fats like olive oil. Studies show that your brain works better if you eat nine servings of fruits and vegetables a day.

Omega 3's. A daily fish oil supplement can decrease inflammation and boost blood flow to the brain. Low levels of omega 3 fats have been connected to ADHD, depression, and Alzheimer's disease. Additionally, most of us do not get all the nutrients we need from the foods we eat. Taking a daily multivitamin and mineral supplement is highly recommended.

Exercise. When it comes to the brain, exercise acts like the fountain of youth. It boosts blood flow, increases the brain's use of oxygen, and improves your brain's response to stress. It is the single most important thing you can do to keep your brain healthy and is one of the best ways to change your shape and improve your mood, energy level, sexual performance, and overall health.

Get enough sleep. Getting at least eight hours of sleep at night has been shown to help keep your brain functioning at optimal levels, keeps your appetite in check, and helps your skin look younger.

Then what? These two little words are very powerful. Learning to ask yourself, “then what” questions will help you make conscientious choices and think about the consequences of your behavior before you act.

Challenge negative thoughts. You do not have to believe every stupid thought you have. Thinking positive thoughts leads to positive changes in your brain, decision-making, and lifestyle. Positive thoughts can help with weight loss, anxiety, and depression.

Practice gratitude. Focus your attention on the things in your life that you are grateful for. Write down 5 things you are grateful for every day. In just three weeks you will have a notice a significant positive difference in your level of happiness. Gratefulness helps your brain work better.

Balance your blood sugar. Low blood sugar means lower overall blood flow to the brain. Keep your blood sugar balanced and keep your impulses, irritability, and bad decision making under control.

Balance your brain chemistry. A strong link between mental disorders and physical illnesses and conditions has been well established. You can maintain control of your life by getting help for problems such as ADHD, anxiety, and depression. Treating mental conditions improves brain function and general health and well-being.

To learn more and exercise weekly, join us at Burton Fellowship Center on Mondays from 5:30 pm to 6:30 pm. Call Debbie Premaza at 305-546-6682 for further information.

Free Blood Pressure Checks

Monroe County Fire Rescue Department will be providing ***free blood pressure checks in the Fellowship Center after the 10:30 am services.***

