

I. Am. Crystal.

As a child I was given many labels. I began to allow those negative labels to become me...stitched in my soul...no room to grow. I was...ever so dead from the inside out. Hurdles in my life, sorrow, grief, nobody for me...the thoughts...began to crowd me....Whoever I am...

Until...one day...I was forced out of misery and welcomed into love. The love from me...the love of family...the love as I now see, even in me.

I now appreciate the strife I've overcome and that I am still enduring. I appreciate God 1st and the efforts W.I.S.E. and everything that it stands for.

I am Proud to say that I am LABEL FREE and doing ME!!!!

...this is Why.I.Smile.