

Our Services

EAP

(Equine Assisted
Psychotherapy)

EAL

(Equine Assisted
Learning)



Hours of Operation

By Appointment Only

3390 Avera Road

Roberta, GA 31078

Contact us today to
arrange a demo or
schedule a session.

Like us on Facebook
and Instagram
@spiritsquesteap.



Phone: 478-960-4977

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Our Equine Staff



About Us

We offer individual, family and group services. These are experiential approaches designed to help clients identify, face and work through life issues.

Partnering with horses allows clients to receive immediate response to their behaviors, thoughts and actions with minimal talking. Because this is experiential, clients are able to process their experiences and try out new behavioral interactions in a safe space. The horses respond immediately and honestly to the energy and actions shown to them so clients are able to learn about themselves openly with no judgment.

EAL programs often focus on social skills, team building and leadership development. These types of programs are useful when working with groups from schools or the corporate world, for example.

Our Programs

Psychotherapy for individuals, couples and families

Horse Powered Reading

Horse Powered Math

Power Tools for Living

The Leader in Me

Empowerment groups for teens

Field Trips

Contact us at 478-960-4977 for more information or to schedule a session.

All activities take place on the ground, no riding involved and no horse experience is needed.