

SWVRRC 2013 Race Results

Date	Race	Runner	Time	Placement
12-14	Rosy Cheeks 5K (Mt Airy NC)	Anita Wagner	27:30	1st - Female 50-54
		Mark Wagner	21:52	1st - Male 50-54
12-14	Jingle Bell Run/Walk for Arthritis (Roanoke VA)	Kenny Bostic	20:13	2nd - Male 40-45; 21st overall
		Crisandra Honaker	32:49	14th - Female 55-59
		Randy Tephabock	25:08	6th - Male 55-59
12-7	December Marathon (NC)	Danny Keatley	5:25:33	
12-7	Jingle Bell Run for Arthritis (Charleston WV)	Tom Davis	27:27	1st - Male 60-69
11-30	Derby 50K (NC)	Danny Keatley	6:57:39	69/84
11-30	YMCA 5 Miler	Donna Akers	51:23	
		Bruce Blankenship		1st - Male 60-69
		Randy Lester	38:46	1st - Male 50-59
		Desi McClung	52:24	
		Roibert Pettrey	38:39	3rd - Male 35-39
			41:03	2nd - Male 50-59
	Lee Scruggs			
11-29	Stuffed Strut	Anita Wagner	29:25	
		Katie Wagner	26:00	1st Female
11-28	Drumstick Dash	Tom Davis	28:25	
11-23	Star City Half Marathon	Bradley Church	1:52:51	
		Kristy French	1:45	7th Female 30-34
		Anita Wagner	2:19:55	
11-20	Foot Locker South Region Cross Country Championships	Erin O'Sullivan	12:31	7/47
		Ireland O'Sullivan	13:21	16/47

11-16	Anthen Richmond Marathon	Danny Keatley	4:01:54	1618/4798; 2/29 Male 65-69
	Anthen Richmond Half Marathon	Hannah Kaylor Tom Kaylor	1:51:07 1:33:43	
	Anthem Richmond 8K	Megan Kaylor	43:36	
11-16	Canary in the Cave 25K	Nick Whited	2:15:28	3rd Overall
11-10	Marshall Half	Bradley Church Tom Gordon Tim Gray Tony Paynter Robert Pettry Brandi Wiley Dena Wiley	1:54:29 2:16:02 2:06:23 1:57:05 1:49:21 1:52:52 2:29:27	2nd - Female 20-24
	Marshall Marathon	Dany Keatley Sean O'Sullivan Paul Pennington	4:14:28 3:57:15 3:36:49	2nd - Male 65-69
11-9	Rock 'n' Roll Savannah Marathon	Nick Whited	2:45:17	5th Overall; 1st - Male 35-39
11-9	BAE Veterans Day Classic	Donna Akers Anita Wagner	2:35:17 2:25:58	3rd - Female 60-64
11-3	NY Marathon	Revonda Wills	5:46:22	
10-27	Zombie 5K	Dan Withrow	25:27	1st - Male 60+
10-26	Pumpkin Run 5K	Missy Burleson Hank Burnley Martin Breckeller Johnathon French Bryron Guy Crisandra Honaker Desi McClung Erin O'Sullivan Ireland O'Sullivan	27:01 32:36 38:46 30:01 23:27 32:47 29:35 22:42 24:13	1st - Female 35-39 2nd - Male 60-64 1st - Male 70+ 3rd - Male 14 under 1st - Male 60-64 2nd - Female 55-59 1st - Male 55-59 1st Overall Female 2nd Overall Female

	Pumpkin Run 10K	Jennifer Alvarez	67:47	2nd - Female 35-39
		Doc Craddock	51:45	2nd - Male 65-69
		Kristy French	48:25	1st Overall Female
		Tom Gordon	63:23	2nd - Male 60-64
		Sally Howard	59:16	1st - Female 50-54
		Steven Hunt	62:48	2nd - Male 50-54
		Danny Kealtes	51:14	1st - Male 65-69
		Randy Lester	51:12	1st - Male 55-59
		Todd Matson	45:07	1st - Male 50-54
		Sean O'Sullivan	47:03	1st - Male 35-39
		Robert Pettry	49:40	2nd - Male 35-39
		Lee Scruggs	51:13	2nd - Male 55-59
		Rick Shannon	52:40	1st - Male 45-49
		Ronnie Shuck	50:54	1st - Male 60-64
		Anita Wagner	59:21	2nd - Female 50-54
		Brandi Wiley	49:47	2nd Overall Female
		Dena Wiley	64:53	2nd - Female 40-44
	5K Walk	Lenora Hagerman	60:00	4th Female
		Randy Tephabock	36:17	1st Overall Male
	Kids Run 800 Meter	Xander Alvarez	3:53	5th
	Costume Contest	Jennifer Alvarez	2nd Place	Tooth Fairy
		Lenora Hagerman	3rd Place	Curella Deville & dalmation
		Randy Tephabock	1st Place	Steven Tyler/rock star
10-26	Haunted Half Marathon	Donna Akers	2:27:52	
		Tony Paynter	2:01:43	
		Steve Pruitt	1:31:50	2nd - Male 40-44
10-20	Bear Trek 5K	Anita Wagner	27:50	1st - Female Overall
10-19	October Marathon (NC)	Danny Keatley	5:26:19	
10-19	Myrtle Beach Mini Marathon	Hank Burnley	2:25:08	
		Tom Gordon	2:19:24	
10-19	Princeton City Park & Princeton Rec Dept 5K	Desi McClung	27:38	3rd - Male 50-59

10-19	6th Into the Darkness Night Trail Run	Ronnie Shuck Nick Whited	40:43:87 27:03:17	Overall Winner
10-19	Galax Autumn Days 5K	Donna Akers Tom Davis Tom Kaylor	30:19 27:30 20:52	Super Masters Award 60+ 3rd - Male 65-69 1st - Male 55-59
10-12	Mercer County 4-H Clover Run	Randy Lester Desi McClung	26:09 33:36	1st - Male 55-59 1st - Male 50-54
10-12	Freedom Marathon (WV)	Danny Keatley	4:09:34	111/358; 1/19 60+
10-06	Johnstown Marathon (PA)	Danny Keatley	4:36:03	23/55; 1st - Male 65-69
10-5	Beckley Half Marathon	Missy Burleson Todd Matson Tony Paynter Lee Scruggs Rick Shannon Ronnie Shuck Nick Whited Revonda Wills	1:59:23 1:37:20 2:03:37 1:55:23 2:00:19 1:51:02 1:19:51 2:20:44	3rd - Female 35-39 1st - Male 50-54 3rd - Male 50-54 2nd - Male 60-64 Overall Winner
	Beckley 5K	Crisandra Honaker	32:36	2nd - Female 55-59
9-29	Pittsburgh Great Race 5K	Tom Davis	26:37	3rd - Male 65-69
9-27	Possum Trot 5K	Tony Paynter	25:08	2nd - Male 40-49
9-24	Brian Delp 5K	Cassidy Adams Bruce Blankenship Doc Craddock Tom Davis Jonathan French Kristy French Byron Guy Steven Hunt Tom Kaylor Danny Keatley Randy Lester	32:20 25:00 24:34 27:53 34:01 21:44 22:05 28:23 21:32 24:27 23:56	1st - Female 15-19 2nd - Male 60-64 2nd - Male 65-69 3rd - Male 65-69 1st - Male Under 14 Overall Female Winner 1st - Male 60-64 3rd - Male 50-54 1st - Male 55-59 1st - Male 65-69 2nd - Male 55-59

		Desi McClung	29:48	4th - Male 50-54
		Erin O'Sullivan	22:03	2nd Female Overall
		Ireland O'Sullivan	24:07	3rd Female Overall
		Paul Pennington	20:36	1st - Male 40-44
		Lee Scruggs	24:15	1st - Male 50-54
		Nick Whited	17:19	Overall Winner
		Revonda Wills	29:13	1st - Female 35-39
9-22	Bluegrass Half Marathon	Donna Akers	2:32:59	
9-21	Mercer Elementary Schools Second Annual 5K Run/Walk	Desi McClung	29:43	3rd - Male 50-59
9-14	Hokie Half Marathon	Donna Akers	2:29:05	
		Bradley Church	2:00:34	
		Sean O'Sullivan	1:48:24	177/1075; 16/51 Age Group
		Revonda Wills	2:24:04	
		Vonda Wilson	1:51:12	3rd - Female 40-44
9-14	Capital City Challenge	Ronnie Shuck	2:18:38	27/143
9-07	Odyssey Trail Marathon (VA)	Larry Keatley	6:51:26	45/58, 1st Male 60+
9-07	The Chuck Smith 10K	Missy Burlison	53:19	1st Overall Female
9-07	1st Annual Princeton Tigers 5K	Tom Davis	27:58	1st - Male 65+
8-31	Charleston Distance Run (15 Miler)	Bruce Blankenship	2:26:17	
		Doc Craddock	2:11:15	
		Danny Keatley	2:09:20	
		Sean O'Sullivan	2:17:37	
		Paul Pennington	2:05:29	
		Lee Scruggs	2:34:25	
		Rick Shannon	2:17:44	
		Ronnie Shuck	2:15:20	
		Revonda Wills	3:07:18	
	Charleston 5K	Tom Davis	27:25	
		Steven Hunt	29:14	
		Erin O'Sullivan	23:17	

		Ireland O'Sullivan	25:31	
		Tony Paynter	24:40	
8-24	Tropical Season Marathon (NC)	Danny Keatley	6:22:50	
8-24	ACE Trail Half Marathon	Ronnie Shuck	2:03:38	1st - Male 60+
8-17	News & Sentinel Half Marathon (Parkersburg)	Danny Keatley	1:45:58	3/14 Male 65-69; 178/839 overall
		Tony Paynter	2:08:04	
8-17	Hokie Half	Donna Akers	2:29:05	
		Vonda Wilson	1:51:12	3rd - Female 40-44
8-17	17th Annual Fab 5K	Kristy French	21:58	3rd - Female 30-34; 81/355 overall; PR
8-10	GCWC 5K (Narrows)	Donna Akers	30:04	1st - Female 60-64
		Gary Akers	29:15	2nd - Male 45-49
		Jennifer Alvarez	27:51	3rd - Female 35-39
		Jason Artrip	26:30	3rd - Male 30-34
		Lindsey Artrip	30:21	2nd - Female 30-34
		Bruce Blankenship	24:58	
		Kenny Bostic	19:37	1st - Male 40-44
		Missy Burleson	25:58	1st - Female 35-39
		Hank Burnley	32:29	3rd - Male 60-64
		Tom Davis	26:54	2nd - Male 65+
		Larry Fitzwater	24:08	3rd - Male 55-59
		Johnathan French	29:59	1st - Male 19 and under
		Kristi French	22:07	Overall Female Winner
		Tom Gordon	28:14	2nd - Male 60-64
		Nancy Hodges	34:56	1st - Female 65+
		Paul Hodges	36:31	5th - Male 65+
		Crissandra	30:23	1st - Female 55-59
		Honaker	21:07	1st - Male 55-59
		Tom Kaylor	22:48	1st - Male 65+
		Danny Keatley	22:45	2nd - Male 55-59
		Randy Lester	28:14	2nd - Male 50-54
		Desi McClung	29:55	2nd - Female 40-44
		Sarah Newberry	24:22	5th - Male 40-44
		Tony Paynter	20:04	2nd - Male 40-44
		Paul Pennington	24:04	1st - Female 19 and under
		Erin O'Sullivan	28:08	4th - Female 19 and under

Ireland O'Sullivan	21:56	2nd - Male 30-34
Sean O'Sullivan	23:18	1st - Male 50-54
Lee Scruggs	17:40	1st - Male 20-24; 4th overall
Jordan Weitzel	22:40	1st - Female 20-24
Brandi Wiley	30:56	3rd - Female 40-44
Dena Wiley		

8-10	Charlie Williamson 10K	Bradley Church Robert Pettry	53:40 49:59	
8-09	Summersville's Midnight Blask 5K	Ronnie Shuck	23:02	1st - Male 60-64
8-3	Cherry River 10K	Danny Keatley	49:05	4/9; 1/2 50+
8-2	Midnight Madness 5K	Missy Burleson	25:23	2nd - Female 35-39; 5th Female Overall
7-28	West Virgiia Water Festival Charity 5K Run	Amy Carter Tom Davis Larry Fitzwater Crisandra Honaker Desi McClung Sean O'Sullivan Dena Wiley Vonda Wilson	29:10 23:34 24:55	1st - Male 65-69 1st - Male 30-34; 6th overall Overall Female Winner; 7th Overall
7-28	Parkersburg 5K	Tony Paynter	24:51	PR

7-27	Landsford Canal 50K (SC)	Danny Keatley	6:04:55	14/33
7-21	Athens Mile	Tom Davis	8:11	1st - Male 60+
		Crisandra Honaker	8:59	1st - Female 55-59
		Tom Kaylor	6:09	1st - Male 50-59
		Erin O'Sullivan	6:37	3rd Overall Female
		Sean O'Sullivan	6:02	1st - Male 30-39
		Paul Pennington	5:53	1st - Male 40-49
		Brandi Wiley	6:29	2nd Overall Female
		Dena Wiley	8:32	1st - Female 40-49
July 20	Durbin Days 5K	Danny Keatley	21:47	1st - Male 66+; 7/61
7-14	Highland Marathon (NC)	Danny Keatley	5:34:28	
7-13	Grandfather Mountain Marathon	Danny Keatley	4:43:00	228/381
		Nick Whited	2:59:04	1st - Male 35-39; 5/381
7-13	Crazy 8s	Donna Akers	50:11	2nd - Female 60-64
		Jennifer Alvarez	47:46	
		Sarah Newberry	51:38	
		Ronnie Shuck	40:06	5/38 Male 60-64; 509/2779
		Vonda Wilson	43:19	8/168 Age group
7-13	John Henry 4 Miler	Tom Davis	36:38	
		Crisandra Hoanker	39:38	1st - Female 50-59; PR
		Randy Tephabock	30:28	2nd - Male 50-59; PR
7-13	Bear Hole 10K	Bruce Blankenship	54:20	3rd - Male 60+
		Missy Burleson	58:00	1st - Female 30-39
		Doc Craddock	51:31	2nd - Male 60+
		Sean O'Sullivan	48:00	1st - Male 30-39
		Tony Paynter	54:31	2nd - Male 40-49
		Robert Pettry	49:47	3rd - Male 30-39
		Lee Scruggs	51:57	1st - Male 50-59
		Doc Weiss	45:48	1st - Male 60+
	Bear Hole 5K	Gary Akers	28:19	1st - Male 40-49
		Desi McClung	28:40	
		Erin O'Sullivan	24:10	Overall Female Winner
		Ireland O'Sullivan	24:11	2nd Overall Female

7-6	Mid-Summer Marathon (NC)	Danny Keatley	5:23:36	
7-6	Run for Snacks 5K	Crisandra Honaker	30:58	
		Randy Tephabock	30:58	
7-6	Tazewell Young Life Heritage 5K	Gary Akers	33:06	3rd - Male - 45-49
		Linsey Artrip	33:29	3rd - Female 30-34
		Hank Burnley	32:26	4th - Male 60+
		Kristy French	23:38	2nd Overall Female
		Steve Hunt	30:13	1st - Male 50-54
		Hannah Kaylor	24:49	1st - Female 20-24
		Tom Kaylor	22:58	1st - Male 55-59
		Desi McClung	31:16	2nd - Male 50-54
		Sarah Newberry	31:31	2nd - Female 40-44
		Rick Shannon	24:16	1st - Male 45-49
	Tazewell YL Heritage 10K	Donna Akers	1:07	1st- Female 60+
		Jennifer Alvarez	1:01	2nd - Female 35-39
		Jason Artrip	59:05	2nd - Male 30-34
		Bruce Blankenship	54:23	2nd - Male 60+
		Doc Craddock	51:25	1st - Male 60+
		Tom Gordon	1:01	3rd - Male 60+
		Randy Lester	50:39	1st - Male 55-59
		Paul Pennington	44:19	2nd Overall
		Steve Pruitt	43:53	Overall Winner
		Jeannie Weitzel	1:05	2nd - Female 40-44
		Vonda Wilson	49:51	1st Female Overall
7-4	Big Butt 50K (SC)	Danny Keatley	6:41:12	
7-4	Outer Banks Firecracker & Freedom 5K	Missy Burleson	28:19	
7-4	In God We Trust Rally 5K	Desi McClung	32:08	2nd - Male 50-59
	In God We Trust Rally 10K	Kristy French	50:03	1st - Female 30-39
		Randy Lester	52:26	2nd - Male 50-59
		Tony Paynter	57:11	2nd - Male 40-49
		Robert Petty	51:42	3rd - Male 30-39

		Sarah Newberry	1:05:24	4th - Female 40-49
		Anita Wagner	1:01:45	1st - Male 50-59
6-29	Jackson River Scenic Half Marathon	Danny Keatley	1:49:33	1st - Male 60+; 7th overall
		Ronnie Shuck	1:56:24	2nd - Male 60+; 11th overall
6-29	Biggest Loser 5K	Crisandra Hoanker	31:23:5	1st - Female 55-59
		Randy Tephabock	23:14:3	1st - Male 55-59
6-22	Early Summer Marathon (NC)	Danny Keatley	5:18:53	
6-20,21,22	WV Senior Sports Clasic	Martin Brekeller		3 Golds, 1 Silver
6-21	Chautauqua 5K	Donna Akers	30:16	1st - Female 60-64
		Jason Artrip	26:49	
		Lynsey Artrip	31:05	
		Hank Burnley	32:43	
		Tom Davis	27:50	2nd - Male 65+
		Kristy French	21:52	1st - Female 30-34
		Tom Gordon	27:40	
		Steve Hunt	27:42	
		Hannah Kaylor	22:45	2nd - Female 20-24
		Megan Kaylor	24:46	
		Tom Kaylor	21:27	2nd - Male 55-59
		Randy Lester	23:04	3rd - Male 55-59
		Desi McClung	28:39	
		Sarah Newberry	29:10	
		Keisha Riley	41:49	
		Rick Shannon	22:27	
		Anita Wagner	26:43	1st - Female 50-54
		Mark Wagner	20:57	3rd - Male 50-54
		Doc Weiss	20:44	1st - Male 65+
6-21	Fast & Furriest 5K	Missy Burleson	27:56	1st - Female 35-39; 6th Overall Female
		Crisandra Honaker	32:07	
		Ronnie Shuck	25:08	2nd - Female 50-59
		Randy Tephabock	23:57	1st - Male 60+ 1st - Male 50-59
6-19	Sunrise on the Beach 5K	Nick Whited	18:52	1st Overall - Course Record

6-15	Run With the Law	Anita Wagner Mark Wagner	27:55 21:45	1st - Female 50-54 1st - Male 50-54
6-8	Varmint Half Marathon	Donna Akers Bruce Blankenship Kristy French Steve Hunt Randy Lester Paul Pennington Robert Pettry Stephen Pruitt Rick Shannon Ronnie Shuck Anita Wagner Doc Weiss Nick Whited	2:36:32 2:03:45 1:56:06 2:30:50 2:10:56 1:39:23 1:55:36 1:36:51 1:54:24 1:55:24 2:09:22 1:47:28 1:19:47	3rd - Female 60-64 3rd - Male 55-59 1st - Male 40-44 2nd - Female 50-54 2nd - Male 60-64 Overall Winner
	Varmint 5k	Desi McClung Ireland O'Sullivan Sean O'Sullivan Dena Wiley Holly Wiley Vonda Willson	31:23 24:47 25:19 32:51 31:23 25:10	1st - Male 50-54 2nd - Female 14 & under 1st - Female 15-19 1st - Female 40-44
6-8	Hatfield & McCoy Half Marathon	Hank Burnley Tom Gordon Tony Paynter	2:32:00 2:16:30 2:15:25	4th - Male 60-64 3rd - Male 60-64 3rd - Male 40-44
6-2	Run for the Dream Half Marathon	Anita Wagner Katie Wagner Mark Wagner	2:14:10 2:14:10 2:14:10	
6-1	Fruity 5K	Crisandra Honaker Randy Tephabock	32:41 24:31	
5-27	Run to Remember Never Forget 5k Run & Walk	Missy Burleson	26:12	2nd - Female 35-39
5-25	Appalachian Power Festival 5K	Tom Davis	27:32	2nd - Male 65-69

5-26	Bob Potts Marathon (PA)	Danny Keatley	4:07:50	235/406
5-25	CASA 5K	Crisandra Honaker	30:01	1st - Female 40+
		Randy Tephabock	30:00	3rd - Male 50+
5-25	Beaver 8K	Gary Akers	47:39:54	
		Dewayne Belcher	34:12:70	
		Hank Burnley	51:28:43	
		Mike Collins	35:53:76	
		Tom Gordon	45:07:30	
		Tom Kaylor	36:08:47	
		Randy Lester	40:05:05	
		Jimmy Miller	53:09:45	
		Paul Pennington	33:37:25	
		Stephen Pruitt	32:31:44	3rd Place
		Rick Shannon	38:03:29	
		Jeannie Weitzel	45:08:21	
		Jason Weitzel	28:50:35	2nd Place
		Nick Whited	27:33:63	Overall Winner
		Dena Wiley	49:44:87	
5-18	Running the Vines 10K	Donna Akers	64:26	1st - Female 60-64
5-18	Alleghany Highlands Triathlon 18.1	Ronnie Shuck	1:32:21	1st - Male Masters, 7th overall
5-18	Bluestone River Wild 5K	Cassidy Adams	36:25	1st - 14 and under
		Bruce Blankenship	26:49	2nd - Male 55-59
		Crisandra Honaker	32:51	1st - Female 55-59
		Randy Lester	25:32	1st - Male 55-59
		Desi McClung	29:53	1st - Male 50-54
		Paul Pennington	21:31	1st - Male 40-44
		Rick Shannon	24:43	3rd - Male 45-49
		Dena Wiley	32:18	1st - Female 40-44
		Revonda Wills	31:27	
516	Run for Your Life 5K	Cassidy Adams	34:28	
		Damien Adams	29:37	
		Gary Akers	29:17	
		Jennifer Alvarez	28:19	
		Hank Burnley	29:45	
		Tom Davis	29:01	
		Johnathon French	32:01	
		Kristy French	22:45	1st Female Overall

		Tom Gordon	29:28	
		Crissandra	32:16	1st - Female 55-59
		Honaker	28:57	
		Steven Hunt	23:45	
		Danny Keatley	26:11	
		Randy Leser	28:29	
		Desi McClung	24:35	
		Sean O'Sullivan	24:36	
		Erin O'Sullivan	24:48	
		Rick Shannon	23:16	1st - Male 50-59 (PR)
		Randy Tephabock	29:01	
		Jeanie Weitzel	29:25	
		Jordan Weitzel	32:02	
		Revonda Wills	17:43	Overall Winner
		Nick Whited		
5-11	Poca River 15K	Tony Paynter	1:25	
5-7	23rd Annual David S. Roth Memorial 5K Run	Jennifer Alvarez	27:50	1st - Female 30-39
		Jackson Ball	25:51	1st - Male 14 and under
		Martha Ball	32:02	
		Bruce Blankenship	26:18	2nd - Male 50-59
		Tom Gordon	28:52	2nd - Male 60-69
		Byron Guy	24:14	1st - Male 60-69
		Nancy Hodges	37:48	1st - Female 60+; 3rd female
		Paul Hodges	38:41	CU alumni
		Desi McClung	29:17	1st - Male 70+
		Jimmy Miller	31:50	3rd - Male 50-59
		Erin O'Sullivan	25:09	3rd - Male 60-69
		Ireland O'Sullivan	24:16	2nd - Female 14 and under
		Sean O'Sullivan	23:48	1st - Female 14 and under
		Jessica Pennington	38:42	2nd - Male 30-34; 3rd Male
		Paul Pennington	20:54	CU Alumni
		Lee Scruggs	23:20	
		Jeannie Weitzel	28:23	1st - Male 40-44
		Nick Whited	17:19	1st - Male 50-59
		Dena Wiley	33:37	1st - Female 40-49; 1st Female
		Revonda Wills	30:19	CU Alumni
				2nd Overall; 1st - Male 30-34
				3rd - Female 40-49
				2nd - Female 30-39
	23rd Annual David S. Roth Memorial 5k Walk	Xander Alvarez	51:42	

5-5	Winchester Apple Blossom 10K	Randy Tephabock	51:51	9/30 Male 50-59; 416/1458
5-5	Monticelloman Triathlon <i>(swim 1.2 miles, bike 56 miles, run half marathon)</i>	Mark Wagner	6:20	
5-5	Mullens Dogwood 5K	Tony Paynter	25:02	PR
5-4	New River Marathon	Danny Keatley	4:43:04	158/22 (600th race)
5-4	Charleston Race for the Cure	Bruce Blankenship Tom Davis	26:20 28:06	2nd - Male 65 and up
5-4	Sam White 5K Run	Jennifer Alvarez Jason Artrip Lynsey Artrip Michael Canterbury Helen Chaffins Kristy French Tom Gordon Nancy Hodges Crisandra Honaker Randy Lester Desi McClung Paul Pennington Robert Pettrey Rick Shannon Nick Whited Revonda Wills	27:28 27:07 32:24 19:59 33:43 22:03 28:09 39:22 32:00 24:42 27:53 20:13 23:21 23:49 17:30 29:37	2nd - Male 30-39 1s - Female 30-39 3rd - Male 50-99 1st - Male 40-49 2nd - Male 40-49 1st - Male 30-39
	Sam White 5K Walk	Paul Hodges Mark Wills	41:11 54:07	1st Overall
4-28	UC Half Marathon	Tim Gray	2:29:10	
4-27	Kentucky Derby Half Marathon	Lee Scruggs	1:48	
4-27	Great Greenbrier River Race	Ronnie Shuck Dan Withrow	1:50 1:49:02	39/219 33/219

4-27	Colors of Cancer 10K	Vonda Wilson	NA	Overall Winner
	Colors of Cancer 5K	Lynsey Dooley	NA	
		Artrip	NA	
		Johnathon French	NA	
		Lacie French	NA	
		Kristy French		
4-27	Mother Goose 5K	Michael	21:38	Overall Winner
		Canterbury	41:15	
		Angela Cline	23:31	3rd Overall
		Robert Pettry		
4-27	30th Annual Pocahontas Indian Run (5 miles)	Bruce Blankenship	42:31	2nd - Male 55-59
		Hank Burnley	51:51	3rd - Male 60-64
		Doc Craddock	42:15	1st - Male 65+
		Tom Gordon	47:49	2nd - Male 60-64
		Steven Hunt	48:30	1st - Male 50-54
		Randy Lester	40:49	1st - Male 55-59
		Jimmy Miller	52:38	2nd - Male 65+
		Adem Ozyaras	NA	
		Tony Paynter	42:18	3rd - Male 40-44
		Stephen Pruitt	33:32	2nd Overall
		Rick Shannon	41:12	1st - Male 45-49
		Nick Whited	28:52	Overall Winner (Course Record)
		Revonda Wills	51:38	2nd- Female 35-39
4-21	Earth Day 5K	Missy Burleson	28:45	1st - Female 30-34
		Ronnie Shuck	24:20	1st - Male 60-64
4-20	Glow Green 5K	Jennifer Alvarez	44:04	
		Tanner Alvarez	23:34	2nd Overall
		Xander Alvarez	43:54	
		Brandi Wiley	26:24	1st Female Overall
		Dena Wiley	32:48	
4-20	Jerolee White 5K	Dewayne Belcher	21:42	
		Doc Craddock	25:42	1st - Male 65-69
		Tom Davis	29:26	2nd - Male 65-69
		Kristy French	22:15	2nd Female
		Steven Hunt	28:34	
		Randy Lester	25:42	1st - Male 55-59
		Desi McClung	29:01	

		Adem Ozyavas	29:33	
		Paul Pennington	20:57	3rd Overall
		Dena Wiley	29:59	
4-20	Blue Ridge Marathon	Danny Keatley	4:28:25	
		Nick Whited	2:57:52	7th Overall
	Blue Ridge Half	Anita Wagner	2:24:12	
		Mark Wagner	1:55:48	
4-14	Athens Marathon (OH)	Danny Keatley	3:59:45	90/193, 1/8 Male 65-69
4-13	Gristmill	Ronnie Shuck	2:15:06	3rd - Male 60-69; 77/210
4-13	Bristol Half Marathon	Donna Akers	2:35:40	2nd - Female 60-64
4-13	HospiceCare 10K Chocolate Chase	Bruce Blankenship	53:08	
		Martin Brekeller	74:01	1st - Male 75+
		Missy Burleson	57:40	
		Crisandra Honaker	1:07:36	
		Danny Keatley	53:23	
		Robert Petry	48:43	PR
		Randy Tephabock	52:54	1st - Male 55-60; PR
		Brandi Wiley	50:56	
		Dena Wiley	62:31	
		Revonda Wills	1:02	
4-7	Cherry Blossom 10 Miler	Lee Scruggs	1:21	3225/17530
4-7	Hungry Mothers Trail Run	Kristy French	1:27	2nd Overall Female
		Sarah Newberry	1:59	1st - Female 40-44
4-6	Charlottesville Marathon	Danny Keatley	4:28:03	1st - Male 65-69; 188/353
3-31	Fun Run at Pipestem	Doc Craddock	29:32	
		Martin Brekeller	36:36	
3-25	Joker Run 8 Miler	Ronnie Shuck	1:03:45	1st Male 60-69; 14/30

3-23	Charlotte Motorspeedway Twilight 5K	Crisandra Honaker	31:47	3rd/12 - Female 54-59
	Charlotte Motorspeedway Half Marathon	Donna Akers	2:40:57	4th/12 - Female 60-64
3-23	Ellerbe Marathon (NC)	Danny Keatley	4:41:02	40/73, 1st Male 65-69
3-23	Wolf Creek 5K	Kristy French	22:59	Overall winner
		Johnathan French	32:54	2nd - Male 14 and under (His 1st race)
		Sarah Newberry	29:37	2nd - Female 40-44
		Anita Wagner	28:28	3rd female overall; 1st - Female 50-54
3-23	Martinsville Half Marathon	Stephen Pruitt	1:33:29	1st - Male 40-44; 7th Overall
		Nick Whited	1:18	Overall winner - PR
3-16	Instant Classic Trail Marathon	Danny Keatley	4:57:37	61/108; 3rd - Male 60-69
3-16	Running Wild for West Virginia Children	Tanner Alvarez	23:10	1st - Male 15-19
		Missy Burleson	28:16	2nd - Female 30-34
		Nancy Hodges	35:40	1st - Female 65-69
		Paul Hodges	38:90	1st - Male over 70
		Desi McClung	28:25	1st - Male 50-54
		Erin O'Sullivan	26:51	1st - 14 and under
		Ireland O'Sullivan	26:52	2nd -14 and under
		Sean O'Sullivan	23:04	
		Paul Pennington	20:49	3rd Overall
		Brandi Wiley	24:35	1st - Female 20-24
		Dena Wiley	29:54	1st - Female 40-44
3-16	High Rocks Celtic Knots 5K	Randy Tephabock	24:50	1st - Male 55-60; 10/98
3-15	Shamrock 4 Miler	Donna Akers	41:15	4th - Female 60-64
		Kristy French	30:02	
		Anita Wagner	38:34	
3-2	Explore Your Limits 5K	Randy Tephabock	27:46:31	32/192; 2nd - Male 55-60

2-24	Last Chance for Boston Marathon (OH)	Danny Keatley	4:34:10	47/57
2-24	Fun Run at Concord University	Josh Goodman	19:37	1
		Jacob Cross	23:26	2
		Paul Pennington	23:50	3
		Robert Pettry	24:42	4
		Doc Craddock	25:41	5
		Brandi Wiley	25:55	6
		Darrin Blevins	27:21	7
		John Begley	27:24	8
		Ireland O'Sullivan	27:26	9
		Erin O'Sullivan	27:52	10
		Colin Cline	28:12	11
		Sean O'Sullivan	28:14	12
		Tony Paynter	28:40	13
		Jennifer Alvarez	29:23	14
		Jeannie Weitzel	29:43	15
		Desi McClung	30:12	16
		Dena Wiley	31:20	17
		Eva Lyon	32:38	18
		Nancy Hodges	36:11	19
		Paul Hodges	39:56	20
		Sara Begley	40:05	21
		Katie Begley	40:05	22
2-17	Blacksburg Classic 10 Miler	Donna Akers	1:52:39	1st - Female 60-64
		Jennifer Alvarez	1:37:51	
		Kristy French	1:19:04	2nd - Female 30-34
		Stephen Pruitt	1:13:06	1st - Male 40-44
		Lee Scruggs	1:28:58	
		Anita Wagner	1:40:01	
		Mark Wagner	1:19:57	3rd - Male 50-54
		Jeannie Weitzel	1:43:25	
	Blacksburg Classic 5K	Desi McClung	28:37	
		Randy Tephabock	25:21	1st - Male 55-60
2-16	Myrtle Beach Marathon	Paul Pennington	3:36:58	
		Nick Whited	2:42:47	3rd - Overall

	Myrtle Beach Half Marathon	Hank Burnley Tom Gordon Tim Gray Ronnie Shuck	2:32:16 2:16:45 2:36:27 1:50:49	
2-16	Pilot Mt Marathon (NC)	Danny Keatley	5:41:55	73/80; 3/3 60+ Male
2-9	St. Luke Sweetheart 5K	Donna Akers Desi McClung Ronnie Shuck	NA NA NA	1st - Female 60-64 1st - Male 50-54 1st - Male 60-64
	Time not available	Randy Tephabock Jeannie Weitzel Vonda Wilson	NA NA NA	1st - Male 55-59 1st - Female 40-44
1-5	Frosty 50K (NC)	Danny Keatley	6:22:02	133/156
1-5	Frozen Toe 10K (VA)	Tom Gordon Nick Whited	1:10:13 38:48.7	Overall Winner