

Name: _____
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Registration fee: _____
ASPMN-LI Members* \$65*
Non-Members \$85

*National ASPMN ID # _____
Mail by May 25, 2022

Send registration and check to:
ASPMN-LI Att: Sandy Kuefner ANP-C
PO Box 405
East Setauket, New York 11733

OR
www.aspmn-li.org
To pay via PayPal
Under **Services** tab

The DeMatteis Center for Cardiac Research and
Education
101 Northern Blvd, Greenvale, NY 11548
Telephone: (516) 629-2000

PARKING IS FREE!

By the end of the session the participants will be able to:

Overall objective: list minimally 5 different methods for reducing pain.

1. Define and discuss the physiology and treatment of opioid detoxification
2. Define and discuss the medications currently approved by the FDA for all Substance Use Disorder (SUD)
3. Name the NIH categories for Complementary and Alternative Medicine (CAM) and describe five (5) nonpharmacologic alternatives to control pain
4. Explain how aromatherapy affects the body
5. Appreciate the history of cannabis and recognize the effects and side effects of THC
6. Comprehend recreational THC risks and understand drug interactions with THC
7. Identify the role of ketamine as a co-analgesic in the management of acute and chronic pain
8. Identify the role of lidocaine as a co-analgesic in the management of acute pain
9. Construct a multimodal pain treatment plan that incorporates clinical hypnosis as a nonpharmacologic intervention
10. Discuss how clinical hypnotherapy impacts the biopsychosocial pain experience
11. Examine current advances in interventional pain management procedures
12. Review and describe the indications and contraindications for interventional pain management procedures

The ASPMN-LI Chapter Presents the 20th Annual Pain Conference

"Coming Through the Pandemic: The Diversity of Pain Management"

Friday, June 3, 2022
8 AM to 4:30 PM

St Francis Hospital
DeMatteis Center
101 Northern Blvd, Greenvale 11548

CEU's, Breakfast, and Lunch provided
Handouts available at
www.aspmn-li.org



**Welcome to the 20th Annual Pain
Conference sponsored by
ASPMN-LI**

- 8:00-8:30**
Registration, Breakfast & Exhibitors
- 8:30 – 8:45**
Welcome:
Mary Milano Carter, MS, ANP-BC
President,
ASPMN-LI Chapter
- 8:45 – 9:45**
**Medication Assisted Recovery & A
Little Detox to Boot**
Thomas F Jan, DO, FAOCPRM
Residency Program Director for PM&R,
Director for Medical Education Mercy
Hospital
- 9:45 – 10:00**
Break & Exhibitors
- 10:00-11:00**
**Complementary and Alternative
Treatments for Pain**
Donna Sipos Cox, MSN, FNP-C
Nassau Pain Management at NYU LI
- 11:00 – 12:00**
Marijuana: Everyone's Medication
Mary Milano Carter, MS, ANP-BC
Nurse Practitioner Chronic Pain Service,
North Shore University
Hospital/Northwell Health



Long Island Chapter – 2000

12:00 – 1:00
Lunch, Exhibitors & Raffles

1:00 – 2:00
**Beyond the Basics: Ketamine and
Lidocaine as Co-Analgesics**
Maureen F. Cooney, DNP, FNP-BC
Westchester Medical Center, NP Pain Mgt

2:00 – 2:15
Break

2:15 – 3:15
**Transformation: The Power of
Hypnotic Pain Relief**
Marie O'Brien, DPN, ANP-C, RN-BC
Integrative Pain Management
Coordinator Mather Hospital/Northwell
Health

3:15-4:15
**Interventional Pain Procedures:
Exploring the Latest and Greatest
Advances**
Brian Durkin, DO
Medical Director of Pain Institute of Long
Island

4:15 – 4:30
**Questions & Answers
Evaluations & CEUs**

Contact Hours:

**Greater Kansas City Chapter of the
American Society for Pain Management
Nursing is approved as a provider of
continuing nursing education by the
Kansas State Board of Nursing. This
course offering is approved for 6.4
contact hours applicable for RN, LPN, or
LMHT relicensure and 2.5
pharmaceutical contact hours for APN.
Kansas State Board of Nursing Provider
Number: LT LT0279-0412.**

Planning Committee:
Sandra Kuefner, ANP
Margaret Fischer, ANP

Marie O'Brien, DNP, ANP-C
conflict of interest disclosure with
Imagine Well Health Care Education

Brian Durkin, DO conflict of interest
disclosure with:

Relievant Medsystems - consultant
Vertos Medical – consultant
Nevro – consultant
Avanos - consultant

Cancellation: Refund requests must be
received 1 week prior by email to
Sh7551@verizon.net