



January 2018

1423 South Hastings Way
 Eau Claire, WI
 Purefitness4you.com
EAU CLAIRE LOCATION

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 New Years Burn 8am & 3pm	2 Iron Flow 5:45am PiYo Express 12:30pm PiYo 4:30pm P.I.I.T 5:25pm	3 PiYo 9am Barre Express 5:30pm PiYo 6:15pm	4 PiYo Express 12:30pm Pound 5:30pm WERQ 6:30pm	5 Kettles 5:45am Piloxing 5:30pm	6 PiYo -8am PiYo Beginners 9am
7 PiYo Flow 8am POUND 10AM	8 PiYo 9am AMPD Kettlebells 3:15pm PiYo 6:15pm	9 Bands 5:45am <u>NO PiYo Express</u> PiYo 4:30pm Iron Flow 5:25pm	10 PiYo 9am Barre Express -5:30pm PiYo 6:15pm	11 PiYo Express – 12:30pm POUND – 5:30PM WERQ - 6:30pm	12 Sculpt 5:45am Piloxing 5:30pm	13 PiYo- 8am PiYo Beginners 9am
14 PiYo Flow 8am POUND 10am	15 PiYo – 9am AMPD Kettlebells 3:15pm PiYo 6:15pm	16 Circuits 5:45am PiYo Express – 12:30 PiYo 4:30pm Band Bustle 5:25pm	17 PiYo 9am AMPD Kettlebell 3:15pm Barre Express 5:30pm PiYo 6:15pm	18 PiYo Express- 12:30pm POUND – 5:30pm WERQ – 6:30pm	19 Bands 5:45am Piloxing 5:30pm	20 PiYo – 8am PiYo Beginners 9am Glow POUND 7pm
21 PiYo Flow 8am POUND 10am	22 PiYo 9am AMPD Kettlebell 3:15pm PiYo 6:15pm	23 <u>No 5:45am</u> PiYo Express – 12:30 PiYo 4:30pm P.I.I.T– 5:25pm	24 PiYo – 9am AMPDKettlebell 3:15pm Barre Express 5:30pm PiYo 6:15pm	25 PiYo Express 12:30pm Pound 5:30pm <u>NO WERQ</u>	26 Iron Flow 5:45am Piloxing 5:30pm	27 PiYo 8am PiYo Beginners 9am
28 PiYo Flow 8am Pound 10am	29 PiYo 9am Kettlebells 3pm PiYo 6:15pm	30 Kettles 5:45am PiYo Express 12:30pm PiYo 4:30pm Sculpt– 5:25pm	31 PiYo – 9am AMPD Kettlebell 3:15pm Barre Express 5:30pm PiYo 6:15pm		Look for POP UP CLASSES IN JANUARY!!!!!!!!!!!!	

