# GREEN TREE TIMES

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**FREE** 

#### serving the metropolitan communities of

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# Whatever the Weather, There's Plenty to do this Month



Get the most out of the season and do some tubing and have fun at Nemacolin Winterfest.

All eyes will be on Pennsylvania's Punxsutawney Phil this Sunday. I am holding my breath to see what he has to say about the rest of this winter! So far, it's been very mild but who knows what could be coming our way, other than Phil, that is.

Either way, there is plenty to do, rain, snow or shine in the Pittsburgh area this month.

If you love Broadway musicals you can celebrate multiple hit Broadway shows all in one evening at Blockbuster Broadway on Feb. 7 - 9 at Heinz Hall. Info at pittsburghsymphony.org.

There are so many different things going on in February from dance performances, plays, ballet, poetry readings, concerts, opera and more. You can find information on some of the larger downtown venues at trustarts.org.

We also have other theaters in the area that offer a variety of performances. Some are The Pittsburgh Playhouse, Andrew Carnegie Free Library and Music Hall, Carnegie Mellon University's School of Drama performances, City Theater, Gemini Theater, New Hazlett Theater and many more. To find a play that might

be of interest to you, try searching on the internet for a theater in your area.

This month seems to be filled with beer, wine and chocolate. Oh, and whiskey, too.

The Craft Beer School: Chocolate and Beer will be held at Greer Cabaret Theater on Feb. 18 at 6 p.m. Enjoy appetizers and explore the qualities that lead to an elevated tasting experience. Info at trustarts.org.

Another fun event is the Pittsburgh Chocolate, Wine & Whiskey Festival on Feb. 15 at Rivers Casino. It's all in the name...decadent chocolate of all kinds along with wine, champagne and different whiskies to sample. Info at chocolatewine whiskey.com.

Another festival is the Pittsburgh Winter Beerfest presented by Fat Head's Brewery. This craft beer festival is located at the David L. Lawrence Convention Center on Feb. 28 & 29. There will be two nights of tasting from over 130 breweries. You can also enjoy food from local food trucks and live music all inside so you are out from the cold! Proceeds benefit Animal Rescue Partners and Biggies Bullies.

Hop Culture presents Juicy Brews Valentine's Day, a craft beer festival on Feb. 15, 1 p.m. at the Ace Hotel Pittsburgh. This event will feature food from local vendors, unlimited pours of over 40 beers, music, merchandise and glassware from designer Sam Taylor. Info at hopculturemag.

Another Valentine's Day event is Make it Now projects on Feb. 14 that include a 3D glass flower, a glass love letter or a heart shaped pendant. This is a 15 minute experience that you'll never forget. Preregister or walk in on Feb. 14, 4:30-9:30 p.m. Info at pittsburghglasscenter.org.

MAKEnight (21+): Snarky Valentine is back this year on Feb. 6, 6:30-9:30 p.m. This year it's being held at the MuseumLab, the newly renovated building across from the Children's Museum. A fun night of food, drinks and valentine making extraordinaire! Make a Tinder profile pic, make a shrinky dink, woodburn a design in a keychain, explore embroidery, and much more! Information at pittsburghkids.org.

For something a little different, attend the Science After Hours: True Crime party on Fri., Feb. 28 at Carnegie Science Center for ages 21+. This adults only event will be all about sleuthing and solving the crime as well as good food and drink. Info at carnegiesciencecenter.org.

Another unique night is Liberty Magic: Anniversary Spotlight on Feb. 6, 7:30 p.m. Liberty Magic has completed 52 weeks (one for every card in a deck) of amazing magic and is celebrating by dedicating a night to Pittsburgh's local talent. Arrive early for champagne toast and hors d'oeuvres. Info at trustarts.org.

History Uncorked at the Heinz History Center is back this year on Feb. 21. The theme is "80's Night," which will transport you back to the big haired, spandex filled, fingerless glove wearing 1980s! Enjoy a night of good food, drinks, dancing, live local bands, auction-bidding and ac-

tivities on all 6 floors including pinball and arcade games from the 80s. Info at heinzhistorycenter.org.

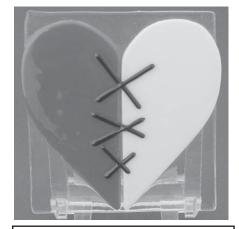
If you want to smell the fresh air, be it cold or not, plan on attending the Annual South Side Soup Contest on Sat., Feb. 22, 12-3 p.m.. Walk around and enjoy tasting some of the best soups from chefs around the area. Proceeds benefit the Brashear Association food pantry. Information at southsidesoup.com.

If you are up for a drive you can either head north or south and have some winter fun.

The Nemacolin Winterfest to the south of Pittsburgh can only be enjoyed during these cold months and snow is considered a good thing. This year it is being held on Sat., Feb. 8 and will include a full day of family fun activities, Polar Bear Plunge, sled riding, Torchlight Parade, live entertainment and more. Info at nemacolin.com.

Another cold weather event is to the north of Pittsburgh at Franklin On Ice on Sat., Feb. 8, 10 a.m.-4 p.m. This day includes professional ice carving demonstrations and contests, indoor sidewalk sales, a chili cook-off and so much more. Info at franklinpa.gov.

This is a month of love for friends, family, significant others and even our pets! Take a moment to let those special ones in your life know what they mean to you with a card, a text, a spoken word, or a nice gesture. A little goes a long way!



One of the Valentine's projects at Pittsburgh Glass Center.

# TechTalk 2.0: Fix this Mistake to Secure Your Streaming Services

by David Domalik.



In May of last year, I wrote an article discussing how major tech companies' main source of profit is shifting away from hardware products to more profitable subscription-based services. This trend was highlighted by Apple's announcement to release four premium services including Apple TV+, their video streaming service launched in November. Apple TV+ only costs \$4.99 per month and

their original content can be accessed on all popular streaming devices.

Two weeks later, Disney took the streaming industry by storm with the release of Disney+. Over 10 million subscribers joined the service in its first 24 hours (it's estimated that there are well over 20 million users today). This still pales in comparison to Netflix's 160 million subscribers, but everything is in place for Disney+ to continue its growth. With access to all the Disney, Pixar, Marvel, Star Wars, and Fox content libraries for \$6.99 a month and additional content from Hulu and ESPN+ for another \$6, the Disney+ looks hard to beat.

But that wasn't all that happened to the service in its first 24 hours after launch. Before a week had passed, thousands of users reported their brand-new Disney+ accounts had been hacked and were locked out of the service. These accounts soon reappeared on the Dark Web, where hackers would sell the subscriber's login information at a discount. Disney swiftly replied to the media,

noting no part of the Disney+ service itself had been breached. How was this possible?

The hacked Disney+ accounts were victims of a standard credential-stuffing attack. To obtain access to the accounts, hackers simply obtained a list of email addresses and a list of the most-common passwords and tried to log in using every email/password combination possible. Most would fail, but a few would successfully log in. Therefore, Disney+ subscribers who had chosen a popular password were vulnerable to attack and lost their accounts.

A second approach some hackers used was to take emails and passwords from past data breaches on other websites and retry those email/password combinations. This exposed Disney+ users who had a strong password but reused that password across multiple websites. These two hacking strategies are not exclusive to Disney+ accounts; they are some of the most common causes of account theft among all websites.

Protecting yourself from credential-stuffing attacks and keeping your accounts secure is quite simple. Use a unique, randomly generated password for every account you own. Randomly generated passwords won't be found on lists of most-common passwords and unique codes ensure a data breach into one account won't impact all accounts.

One of the best ways to accomplish this is with a password manager. My favorite is LastPass, which I mentioned briefly in my July article on essential productivity apps. LastPass requires you to only remember one master password to access your

"vault" of account passwords. The software will then automatically generate new, secure passwords for every account you make and will autofill login information whenever you try to use your account on any of your devices. A handy "Security Challenge" feature gives you tips on how to improve the security of your online accounts. With a free web browser extension, desktop software, and smartphone app, you'll always have access to your accounts and will never have to look up a password again.

As the tech industry creates more services and we make more accounts, it's essential that every Internet user does their part to minimize security vulnerabilities. Paid subscriptions such as Netflix, Apple TV+, and Disney+ are some of the most valuable to hackers and will remain a target for years. Don't hesitate to learn more about the ways you can protect yourself with LastPass and other security technologies.

\*All information accurate as of 1/7/20.

### **GREEN TREE TIMES**

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### Thanks David!

This is David's last article for the Green Tree Times because he is moving forward in his college career as well as his writing career.

I want to thank you for all that you have contributed to both the Pittsburgh Junior Times in your younger years and then the Green Tree Times in the last few years! Your column will be missed!

Good luck in all you do!

Shelly Davis



# MUSINGS...THE POWER OF ATTENTION



Editor's Note: Sharon Eakes is a personal and executive coach, who is a regular columnist for our paper as well as for the Huffington Post. She is the author of Fresh Views on Resilient Living. She may be reached by calling 412-741-1709 or email Sharon @hopellc.com.

Sharon and Nancy Smyth, her business partner in Two Wise Women, together published, "Chocolate or Lunch, How Choices Impact Relationships." If you have tense relationships, this book is for you. Both books are available through Amazon.

Perhaps the most important thing we can ever give each other is our attention. David B. Drake, Ph.D.

### What We Want

I was a teenager at a loud party. My friend Paul climbed onto a chair to make an announcement. His friends tried, but failed, to hold him back. Paul stood tall on the chair and, in a loud voice, got everyone's attention. Then he asked, "Do you know what people want more than anything else in the world?" Silence by Sharon Eakes

from the crowd and Dramatic pause from Paul. "Attention." Paul said. He said it again. "Attention." Relieved, because we all thought he was going to say, SEX, which we didn't say outloud in those days, we let out a collective breath as his message sank in. We laughed about Paul's way of getting our attention to bring our attention to how much we all want attention!

Being on the receiving end of someone's undivided attention is glorious. I just had breakfast with my friend Mary Beth. Receiving her full attention as I shared ideas and experiences refreshed my spirit. I felt seen and heard. We laughed. We told stories. We philosophized. What a gift! I remember having deep and meaningful conversations with both my mom and my dad. They played a big role in shaping who I am. I agree with Paul; this is what we all want.

I love that Albert Einstein addressed this question of attention with his sharp sense of humor:

Any man who can drive safely while kissing a pretty girl is simply not giving the kiss the attention it deserves.

### When We Don't Get It

My dad was a business man. He had a lot on his mind. And since my mother didn't drive, I had to make arrangements with him to take me places. I remember literally doing jumping jacks in front of him to get his attention. And then asking him

to write down what he promised, so he wouldn't forget. It was frustrating.

When I see children trying to get their parents' attention, as the parents talk or text on their phones, I ache a little, feeling the disappointment. One of the things children (and adults) do when they are not getting attention is act out. We do something mischievous or bad – because, here's the amazing thing, we crave attention so much that we'd rather get negative attention than none at all.

### When Attention Pays **Attention To Attention**

The beauty is that we can learn to give and receive attention more fully. It takes practice, and when we experience giving our full attention to someone, it satisfies both of us. We like ourselves.

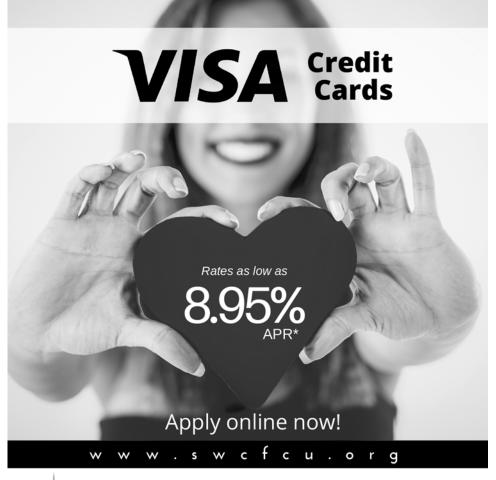
The way to start is to notice. Am I fully present to someone? Am I trying to do a bunch of other things while talking with them? Do I really hear what they're saying? Not just with my mind, but with my heart, and my whole self? As Mooji says:

When attention pays attention to attention, then there is a stillness, and that stillness introduces you to your self.

When we practice noticing, we pay attention to ourselves. It requires slowing down. It is a gift to ourselves. It can be just what's needed to become more the person we want to be.

### COACHING TIPS/QUESTIONS:

- 1. Notice attention:
- a. How does it feel when you get quality attention from someone?
- b. How does it feel when you get someone's half attention?
- c. How fully do you give attention to others?
- 2. Do what you need to do to be the person you want to be.



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### Valentine's Day Specials

Feb. 14 & 15 (by appointment only) See Facebook for Details

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# The Fishin' Hole



by Sam Hall

By the time you are reading this we will be less than 80 days from the Pennsylvania statewide opening day for trout season 2020 which is Saturday April 18<sup>th</sup> this year. Not bad! I cling to this shrinking number knowing it will mean the end of another Pittsburgh winter. If I am honest though, this has been a pretty mild winter in terms of the weather. There has really been hardly any snowfall to speak of and the temperatures have been pretty

reasonable. It's just now February though and, if you have been around here long, you know the potential certainly exists in the next two months for the weather to give you reason to cling to the shrinking number of days remaining in the winter season.

So if and more likely when, the snow and bitter cold comes in this next 6-8 weeks, I have a secret to share with you that I have never revealed to anyone. It helps me get past February almost every year with my emotional health in a good place. It is my version of aroma therapy. No vanilla candles, no berry potpourri, none of those - I am talking about "Sam Aroma-Therapy", sun-block, walnuts, the lawn mower, grass clippings, and garlic infused plastic night crawlers.

No lie, I have a big cardboard box of grass clipping I keep in the garage, just for the smell. When it gets bad, like shoveling the walk for the second time in a week, haven't seen the sunlight in a week (because I go to work when it is dark and come home

from work when it's dark) bad. I sometimes stick my head in that box for a couple minutes and sniff up the spring/summer reminder that gets me just where I need to be. Don't use a plastic bag for this or the clippings will start to stink really bad very quickly. The clippings need to breath and they will need occasional stirring around, but the smell stays good all winter.

On the shelf in my garage I also have a bottle of SPF 25 sun-block, it is supposed to be unscented but it smells just like sun-block. A good whiff of that is a huge pick-me-up for me. Raw green walnuts abound in our area in the fall. They abound in my garage as well, and their smell is simply the best smell you have ever smelled, and a huge part of my occasional aroma-therapy. When I see them fishing or hiking I always put a few in my pocket and there are at least 30 in my garage right now. Be very careful handling them because they will stain your hands brown, but a big nose-full of walnut will make you forget that it ever snows in Pittsburgh for a few minutes.

Sometimes, I will start the lawn mower in the winter, for the smell as well. Just pull it out of the garage on the sidewalk and run it for five minutes, standing there taking in the smell and the reminder that winter can't last forever. Yes, all my neighbors think I might be crazy but my wife is the only one that really knows for sure

But the best "Sam Aroma-Therapy" the greatest of the great, the big daddy of them all is a small bag in my fishing vest of garlic infused plastic night crawlers. Just taking the bag out of the pocket of my vest seems to make the clouds part in the sky overhead. Opening the bag itself is like standing on the bank of a bass pond on a summer evening. I open that bag and in my mind mosquitos are suddenly buzzing around in my garage. I'm not kidding, try it, and before you know it, we will be out there fishing! Keep your lines tight and send pictures and stories to samdhall@comcast.net .



Some great smelling, summer reminding, walnuts!

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# Local Libraries Offer Engaging Programs for Adults, Teens, Kids

All of the libraries across the area offer unique programming for all ages. Most activities are free but some special events require a small fee. Each library listed below includes a summaryof their scheduled events for the month. Be sure to check with the library directly or go to their website to view their events calendar for a complete listing and details regarding age requirements, registration and fees.

### GREEN TREE PUBLIC LIBRARY

10 Manilla Ave., Pittsburgh, 15220 greentreelibrary.org, 412-922-9292

**Storytimes** for toddlers, preschoolers, and school age children.

Valentine's Books and Bites Bags. Feb. 1 - 14. Buy a bag for \$5 to give to someone special. You can customize! **Book Donation Day, first Sat. of month** Wed. Book Club, Feb. 5, 7 p.m. Art Discussion Group, Feb. 10, 2 p.m. Adult Board Games, Feb. 8, 12-4:30 Tail Waggin' Reads, Feb. 15, 4 p.m. **Cookie Party,** Feb. 12, 7 p.m., age 7-12 Cookbook Club, Feb. 21, 2 p.m. The Rise if Fake News, Feb. 13, 7 p.m. Home Staging Secrets, Feb. 22, 10 a.m. Learn About the Pittsburgh Real Estate Market, Feb. 25, 7 p.m. Hoppy Leap Day Crafts, Feb. 29, all day!

SCOTT TOWNSHIP PUBLIC LIBRARY 301 Lindsay Rd., Scott Twp., 15106 scottlibrary.org, 412-429-5380

Painting Party, Feb. 29, 2 p.m., ages 12-18

**Storytimes** and activities for toddlers, preschoolers, and school age children.

Chipotle Fundraiser, Feb. 11, 4-8 p.m. Take the flier for the library to get the proceeds. Call for details. **Kid's Club!**, Feb. 3 &, 6 p.m., for K-2. **Cooking Club,** Feb. 17, 5:30 p.m. Conversation Salon, Feb. 10, 1 p.m. Seasonal Arts & Crafts, Feb. 5, 3:30 p.m. for adults.

Adult Scrabble and Games, Tuesdays Make a Valentine, Feb. 11, 3 p.m. all ages. Valentine Origami, Feb. 11, 4 p.m. Make & Take Clay Beads, Feb. 11, adults and teens only!

Senior Chair Exercises, Tuesdays **Puzzle Time**, Fridays, 1-4 p.m. **LEGO Club**, Feb. 19, 6:30 p.m. Book Club, Feb. 20, 2:30 p.m., adults. Code, Create, Play, Feb. 27, 6:30 p.m. grades K-5 for hands-on tech.

Drop-In eBook Assist.ance, Thurs., 3 p.m. Adult Color Time, Feb. 14 & 28, 2 p.m. Jurassic Park Escape4 Room, Feb. 22, 10-4 p.m. 12:15, 2:45p.m. time slots. Cult Movie Classic Series: 1- 3 p.m. Marnie - Feb. 4, Being There - Feb. 18.

> ask a librarian

### CARNEGIE LIBRARY OF PITTSBURGH West End

47 Wabash St., Pittsburgh, 15220 carnegielibrary.org, 412-921-1717

Storytimes for toddlers, preschoolers, and school age children.

**Little Learners**, Fridays, 10:30 a.m. **Kids' Club,** Jan. 8, 15 & 22, 3:30-5 p.m. **Teen Time**, Tuesdays, 4:30 p.m. Tween Scene: BHM Screenprinting, Dec. 11, 3:30 p.m.

West End Writing Club, Weds., 10 a.m. Book Ends Book Club, Feb 13, 11 a.m. Adult Craft:: Wood Burning, Feb. 19, 6 p.m. West Pittsburgh History Club, Feb. 20,

Cook Book Club, Feb. 22, 1 p.m. STEM: Black History Month, Feb. 26, 3:30 p.m.

#### CRAFTON PUBLIC LIBRARY

140 Bradford Ave., Pittsburgh, 15205 craftonpubliclibrary.com, 412-922-6877

Storytimes for babies through preschool.

Family Storytime, Mondays, 11 a.m. Yoga, Mondays at 7 p.m. **Technology Help**, Weds. at 1 p.m. Scrabble, Thursdays, 1-4 p.m. **STEAM Night**, Thursdays at 6 p.m. **Evening Storytime**, Tues., 6:15 p.m. Book Club, Feb. 25, 6:30 p.m. **Teen Anime Club**, Feb. 3 & 17,, 3:30 p.m. Conversation Salon, Jan. 14, 6 p.m. Tails and Tales, Jan. 10, 3:30 p.m. **Afternoon Movie**, Saturdays, 1-3 p.m. Fibromyalgia Support Group, Feb. 1,1 p.m. Writers' Support Group, Feb. 1,10 a.m.

# Reading is Fun!

#### CARNEGIE LIBRARY OF PITTSBURGH SHERADEN

720 Sherwood Ave., Pittsburgh, 15204 carnegielibrary.org., 412-331-1135

**Storytimes** plus a variety of programs for toddlers and preschoolers.

One-on-One Computer Assistance and Resume Assistance, Mondays and Wednesdays, all day, by appointment. **Russian for Beginners**, Mondays, 6:30 p.m. Russian Story Hour, Tuesdays, 11 a.m. Celebrate: Black History & Politics, Feb.5, 3:30 p.m.

**Green Grocers - Mobile Farmers Mar**ket, Every Tues. 4:30 p.m.

Teen Time, Mondays & Fridays, 3:30 p.m. - call to verify dates.

The Labs: Open Labs, Thursdays, 3 p.m. Kids Club, Tuesdays, 3:30-5 p.m. Reading Buddies, Every Mon., Tues.. & Wed., 4-6 p.m.

Adult Open Craft, Thursdays, 12:30 p.m. Make It Take It: Jewelry, Jan. 7, 5 p.m. A Novel Bunch Book Club, Feb. 10, 1 p.m.

### THE ANDREW CARNEGIE FREE LIBRARY AND MUSIC HALL

300 Beechwood Ave., Carnegie, carnegiecarnegie.org, 412-276-3456

Storytimes for babies, toddlers and preschoolers offered.

2nd Saturday Lecture Series, Feb. 8, 1 p.m. Speaker: The Tatooed Historian. PALS Book Club, Feb. 26, 1- 2 p.m. Family Evening Storytime, Mondays, 7

Instant Pot 101, Feb. 15, 11 a.m. Stage 62, Goodnight Moon, call for details.

Carnegie Carnegie Carnival, Call fro the fun details!

### CARNEGIE LIBRARY OF PITTSBURGH Mt. Washington

315 Grandview Ave., Pittsburgh, 15211 carnegielibrary.org., 412-381-3380

**CLOSED FOR RENOVATIONS** 

### February is...

## **National Library Lover's** Month

The entire month is dedicated to the people who love whole buildings devoted to the reading, housing, organizing, categorizing, finding, studying and otherwise loving books.

### Get Creative!

### Pittsburgh Junior Times Mini-Camps for Kids

Each camp will complete different projects.



### Pick the ones you like best!

Write & Illustrate a book Paint with acrylics Hand build clay figurines Make a Zine and more!

Ages 7-9, Max. 6 kids per class **Spring Camps Available** 

### March 14 & 15, 18 & 19

Register at 412-956-9265

Being held at Carnegie Coffee Company

# JOYFUL JOURNEY PRESCHOOL

Joyful Journey, a Christian preschool in Green Tree, helps 3- and 4-year-olds develop strong academic skills while encouraging the growth of the fruit of the spirit: Love, Joy, Peace, Patience, Kindness, Goodness, Faithfulness, Gentleness, and Self Control.



Accepting registrations for classes beginning September 2020 at

Mount Pisgah Presbyterian Church, 31 Warriors Rd., Green Tree Classes Mon-Wed-Fri from 9-12 Noon.

> Class size is limited. Call to schedule a tour. 412-921-8444

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# Community Bulletin Board

#### **GREEN TREE ROTARY**

The club meets every Thursday at noon at the Doubletree Hotel, Green

February speakers are Matthew Moen, Feb. 6-Gettyburg Foundation; DeNese Olson, Feb. 13-Surgicorps International; Mary Withrow, Feb. 20 -PAART; No speaker, Feb. 27.

More info call Rick Porach 412-655-4174.

### **HEALING HEARTS** FOR PET LOVERS

Grieving the loss of a pet is a different journey for each person. On Feb. 16, attendees will hear a comprehensive presentation on grief and how to work through its impact. The session is at LaBella Bean Café, 609 Washington Avenue, Bridgeville. Please RSVP if you are planning to attend by calling 412-220-7800.

#### **GOODNIGHT MOON**

Stage 62 presents a musical adaptation of Margaret Wise Brown and Clement Hurd's Goodnight Moon. Come along with Bunny on a bedtime adventure full of music, fun, and magic. This timeless tale is tons of fun for the whole family and plays for two weekends from Feb. 7 through Feb. 16.

#### NIGHT AT THE RACES

Saturday, February 22, at Knights of Columbus Hall, Crafton, PA.

Doors Open 5:30...Post Time 6:30 p.m. \$15 per person/\$25 per couple/\$10 Senior Citizen.

Includes Buffet Dinner, Beer/ Mixers(BYOB), Horse races, Chinese Auctions and much more.

Proceeds benefit St. Philip School. Tickets & information at Jessica 412.498.2496 or email at jessb1320@gmail.com.

### **GREEN TREE ADULT** VALENTINE DANCE

Have fun at a classic Valentine's dance on Feb. 15, 7-10 p.m. at the Sycamore Room, GT Municipal Building. All-Pro DJ, Photo Booth

and refreshments. BYOB -beer or wine!

Cost is free for Green Tree residents and \$10/non residents. Registration required at the GT administration Office or call 412-921-1110.

### TREASURE ISLAND **AUDITIONS**

The Carnegie Performing Arts Center is holding auditions for the Treasure Island on Feb. 15. Performances will be at the newly renovated Andrew Carnegie Music Hall in April.

Ages 5 - 12 are invited to audition at 10 a.m., Ages 13-Adult at 11 a.m. p.m., at the studios of the Carnegie Performing Arts Center, 150 East Main Street in Carnegie. For more infocall 412-279-8887 or carnegieperformingartscenter.com.

### WHITE OAK **AMERICAN LEGION**

The White Oak American Legion post #701, 2813 Capital St. in White Oak. will sponsor oldies dances on Sat., Feb. 15 and 29, from 7 PM to 11PM. Admission is still only \$5 per person. All proceeds benefit veterans programs. Music from the 50s and early 60s by Candy and Mike. For more information call 724-984-6611.

### **MASONS MEETING**

Charleroi-Monongahela Lodge #337 Free and Accepted Masons will hold their regular stated meeting on Tuesday February 11, 2020 at 7:30 p.m. in the Masonic Hall located at 100 2nd St. in Monongahela. For more information call 724-809-9742.

### **GREENTREE MEDICAL CENTER**

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# WINTER SPECIAL III

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## WINTER SPECIAL WINTER SPECIAL

WINTER SPECIAL

Pizza & Wings or

Pizza & Hoagie Special

Large Cheese Pizza

& Whole Regular Hoagie

\$19.<sup>99</sup>

2 Medium Pizzas 2 Toppings Each

\$15.<sup>99</sup>

Limited Time Offer







# Pizza & Wings or

Large Cheese Pizza

\$19.<sup>99</sup>

TWO & TWO DEAL Two Large **Two Topping Pizzas** 

\$21.<sup>99</sup>

Limited Time Offer

# Pittsburgh Junior Times

SOUTH/WEST EDITION • VOL. 6. NO. 67 • FEBRUARY 2020

# Around Town

Welcome back to Around Town! This time, I wrote about some special activities that I would like to share with you.

Have you ever started building a snowman, only to stop and wonder where you are going to get coal? What about when you don't have fresh carrots? Learn to build a good, biodegradable, snowman.



I wish this perfect snowman was

The first thing you need is the right type of snow. You can't build a snowman out of dry, powdery flakes. You can't build one out of soaking wet slush, either. Use this simple test to find out if you can pack together enough snow to make a good-looking snowman.

First, feel the snow. Does it feel thick and moderately damp? Good to go! Next, try to make a snowball. If it works, move on to the next step.

To make each body part, you start with a large, firm snowball. Start rolling it evenly in an area with deep snow. As you are rolling the body parts, keep in mind the number of objects in the area. If you run into a leafy patch, your snowman will be covered with... you guessed it, leaves. Likewise with dirt, dead grass, and small twigs.

Before you stack the snowman, make sure the parts are the right size. For instance, the head can't be bigger than the torso.

Now to stack the snowman. (If it is too heavy, ask an adult to help. Do not try to lift it if you need to strain or use your knees.) Center each piece slowly and voila! You have your snowman!

Just kidding. Here comes the fun part. Find two good sticks for arms.

Stick them about 1/3 of the way into the snowman. Now for the face. Instead of a carrot, simply use a small, thick twig. It looks twice as cool. Instead of coal, simply use rocks! To give your snowman a more finished look, pat him (or her) down. You can add other features, such as gloves or a hat. You now have your very own cool-looking snowman. Now all we need is snow to put this technique to the test.

Do you like being calm and feeling grounded? And, no, I don't mean like the punishment. If so, you should go to Abundant Strength Yoga for Adults and Kids. The program is run by a very nice and talented woman named Darcy Lyle. In my opinion, her teaching style is incredible. She makes you feel comfortable and relaxed



I am doing the Wheel pose also called Chakrasana.

there. I have never met a better yoga instructor. They have a neat program where the parents and kids 10+ get regular yoga classes, while the younger kids do their yoga class in a separate room. The younger kids' room is a cute little padded room in the back with battery-powered candles and a built-in bench/shelf. They have interesting and fun games in that section, such as their yoga board game, called Yoga Garden. There is even a stimulating part of that game where you get to do your yoga move and everyone else has to guess what the pose is called.

You can do poses such as The Crow, or Cat/Cow. The teacher for this class is one of the kindest people I have ever met. If you are up for a more challenging activity, then try the adult class. For the adult class, the room is a lot bigger. It has paintings and inspirational quotes everywhere.

There is also a "stage," or an area a little higher up than the rest of the



I'm doing the Crow pose.

floor that she keeps her stuff and yoga mat on, but, from my experience, Darcy prefers teaching on the ground with the people learning the poses. The adult class did more difficult moves, such as the "Warrior" pose. Do you have a personal favorite yoga pose? Mine is the Crow because it is grounding, and it requires quite a bit of balance. I love this place and all the people who take part in the classes and teach. I would strongly recommend giving yoga a try.

Recently, I had a really fun time cooking with my grandmother. We made homemade pasta. I'd like to share this recipe with you also.

My Grandmother is the best at making homemade pasta. She never uses pre-made pasta, which I think is pretty cool.



I'm running the pasta through the machine to form the spaghetti noodle.

by Sophia Paulick, 6th grader

So, this recipe is not from a book. It's just an old family recipe, which means that the instructions won't be perfectly measured.

First off you'll need to set out your materials. We used KitchenAid supplies because they have really useful mixer attachments. The attachments we used were the Pasta Roller & Cutters Attachments Set for KitchenAid Stand Mixers, including a Pasta Sheet Roller and Spaghetti & Fettuccine Cutter Maker Accessories. You also need a large bowl. For your Ingredients, you'll need 4 eggs, salt, olive oil, flour and sauce or preference. I like marinara, but my brother loves pesto.

So, the first thing you need to do is beat 4 eggs, a dash of salt, a spoon of water, and a teaspoon of olive oil.



Some delicious homemade pasta.

After that, you add 3 ½ cups of flour as a start. You can add more if needed. Knead the dough until it is firm and smooth. Flatten the pieces with a pasta roller. Once the pieces are flat and long, use a pasta maker to roll the desired pasta type and thickness. Boil the pasta for 5 minutes. Then, drain and add preferred topping(s).

This recipe is great! It makes about 1 ½ pound of pasta. Yum!

Thanks, and see you next time!

### Take a Look...

Zoo Challenge
Games and Puzzles
Around Town
Art Fun with Lydia
Scavenger Hunt Challenge

pittsburghjuniortimes.com

### Take the Challenge!

The 8<sup>th</sup> Annual Pittsburgh Zoo and PPG Aquarium challenge is back! Each issue there will be a "What am I?" animal quiz with the answer on the back page. Try the February quiz to the right.

Cut out the quizzes and print the articles and create a book. It can just be the pages stapled together or get as fancy as you would like. At the end of the school year, bring your completed book to the Zoo for a free admission between June 15 and August 15, 2020 and save \$\$\$!

Good luck!

### Answers for puzzle on back page. (Don't Peek!)



pepperoni on slice shadow on nose stripe sleeve fingers on soda eyelashes necklace shadow under pizza wrinkle on sleeve

The Eight Differences:

### It's a Scavanger Hunt Challenge for Grades K-8



FIRST, get parent approval, then complete the following tasks and record them by posting pictures to your Instagram tagging @pittsburghjuniortimes or emailing pics to pittsburghjuniortimes@comcast.net after you complete each task. Then send a final pic holding the checklist showing you are done, no later than Feb. 29 at 11:59 a.m., to be entered

into the contest. Drawing will take place March 1 and the winner will receive a \$50 gift card to their place of choice! **Good Luck!** 

NOTE: For every post you make, you are entered into the drawing. Maximum of 10 posts.

I approve of my child,
, to participate in
the Pittsburgh Junior Times Challenge and will supervise them in all tasks needing my guidance or help.
(Father/Mother or Legal Guardian)

### What am I?

- 1. I am the largest land animal on earth and can weigh up to 19,000 pounds.
- 2. I don't have a natural predator because of my size. Humans hunt us illegally.
- 3. I have a body part that serves as a nose, fingers, and I can even talk or trumpet to my friends.
- 4. I am an herbivore and eat grasses, fruit, bark, roots and leaves. I spend most of my time eating.
- 5. Females live in herds with their young but the males roam.

I am a(n)

Look for the answer on the back page.





# Pittsburgh Junior Times

Available Monthly

March Deadline: February 15, 2020

Editor/Publisher
Shelly Davis

Contributors
Lydia Deimel
Sophia Paulek

Marketing
Shelly Davis, 412-956-9265

### Pittsburgh Junior Times

Pittsburgh, PA 15205 e-mail: pittsburghjuniortimes@comcast.net

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	Get parent's signature, snap a pic and email to pittsburghjuniortimes@comcast.net or text to 412-956-9265.
Г	Go to the grocery store and buy a food (fruit, veggie, food of any kind) that you have never tried, take it home
	and give it a taste. Snap a pic and describe!
Γ	Make a Valentine card for an unknown senior citizen, snap a picture and then drop it at the Green Tree Library
	no later than Monday, Feb. 13, at 4 p.m. I'll make sure that the cards get delivered to the seniors with their Meals
	on Wheels for Valentine's Day.
Γ	Snap a pic of a pet. If you don't have one, take a picture of a friend's, family member's or neighbor's pet and tell
	as about it. (Just one).
Γ	Start an "I'm thankful for" or gratitute journal or notebook and write 3 things everyday that you are grateful

pic with just the front of the notebook. Feel free to keep the journal going for months and months more if you like it.

Do a random chore to help out at home without being asked and see if anyone notices. Let us know when you send your pic.

Do you have a favorite book that you've read? Take a pic with the cover, showing and give ONLY three

for, starting right away and continue through Feb. 28. An example could be, I'm grateful for my best friend, or

I'm grateful for the delicious PB&J that I had for lunch. ANYTHING!! It's yours and it can be private. Snap a

Do you have a favorite book that you've read? Take a pic with the cover showing and give ONLY three adjectives describing the book.

Take a picture of you holding a snowball. You have 28 days to hope for some snow, otherwise, you'll have to get creative.

Pick any Monday and post your favorite quote, #Motivation Monday, to Instagram. Be sure to tag @pittsburghjuniortimes.

Hold up this checklist and take a pic. Be sure to upload to Instagram and tag @pittsburghjuniortimes or email to pittsburghjuniortimes@comcast.net.



by Lydia Deimel, 6th grader

Paper mache is a very easy way to make art. Paper mache comes from the french word papier-mâché. It is a technique that includes reinforcing pieces of paper with a glue-like substance.

There are thousands of things you can make using this technique. Today we are making a paper mache bowl, using a balloon, flour, water, and paper. I've seen this multiple times online, and was curious if it worked.

There are a few different ways to make paper mache paste, this is just how we did it.

You can use newspaper, packing paper from holiday deliveries, scraps left over from other art projects, or any thinner type of paper. Do not use tissue paper. It is too thin and will tear as soon as it gets wet!

First, blow up a balloon as big as you would like your bowl.

Next, make your paper mache paste. Mix one part flour with one part warm water, until it forms a thick paste [Image 1]. I used 1 cup of water with 1 cup of flour.

Shred your paper into pieces [Image 2]. Don't twist and tear the pieces or your bowl will be crinkly and gross.

Place your balloon on top of a sturdy bowl to keep it from moving around while you work.

Now it's time to get messy!!

Completely soak your first piece of paper in the paper mache paste [Image 3]. Then, swipe the excess paste off gently with your fingers and place it on your balloon. (This is the messiest part!!). Layer the saturated pieces around the bottom of the balloon. Smooth the pieces so that your bowl will not be lumpy. You can use gloves if you'd like, because your hands will get very messy. (But it's nothing a little soap won't clean up)!

Make sure there are no holes in your bowl. You will need to turn your bowl to cover all sides of the balloon. [Image 4] When you have finished, it needs to dry at least 1 day. [Image 5] It should be completely dry on all sides.

You can layer as many times as you want for a thicker or thinner bowl; one layer will crack easily, five may be too thick. Make sure to let it dry 1 day in between doing layers.

Next, take your balloon out of the bowl and carefully pop it with a needle. Peel the balloon remains out of the inside of your bowl.

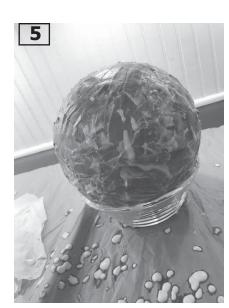
You now have a finished handmade bowl! [Image 6]You can paint it, put stickers on it, or decorate it with markers or glitter glue. Use it for storing jewelry, legos, or anything you'd like![Image 7]















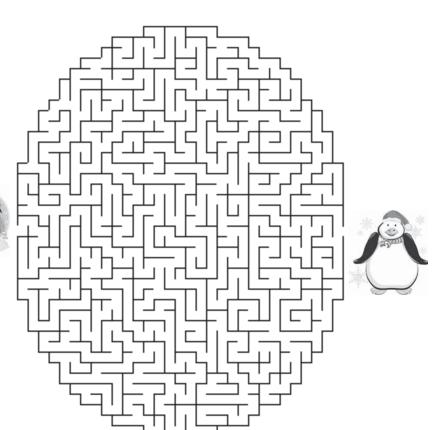


# Fun and Games



Answers on page Jr. 2.

### Help the penguins find each other.



### Find eight differences in the pictures below.





www.olsh.org/openhouse/ or by calling (412) 262-3300

OLSH is a Ministry of the Felician Sisters 1504 Woodcrest Avenue | Craopolis, PA 15108





We are looking for kids ages 6 - 13 as writers, artists, or anyone interested in contributing to this kids' newspaper.

If interested, please call 412-956-9265

# Community Bulletin Board

### ROSTRAVER SPORTSMENS ASSOCIATION

The Rostraver Sportsmen Association, 539 Cedar Creek Rd., Belle Vernon, will hold their monthly meeting on Mon., Feb. 17, at 7:30 p.m. All members are encouraged to attend. Applications are now being accepted for membership from both men and women. For more info call 724-984-6611.

# SOUTH HILLS COIN CLUB MEETING

The monthly meeting will be held Tues., Feb. 11 at 8 p.m. at the Bethel Presbyterian Church, 2999 Bethel Church Rd. All members and the general public are invited. This month's program will be on silver coins. A 50/50 will be offered and children's prizes to be awarded. Applications are now being accepted for membership. For more information call 724-984-6611.

# RETIRED MEN'S LUNCHEON

The Retired Men's Luncheon Group invites retirees and their spouse to our Thurs., Feb. 20 luncheon with event speaker Jack Puglisi. Jack is well versed as a history speaker and teacher at Allegheny County Community College. He will speak about the Presidential Election of 1800 between John Adams and Thomas Jefferson. Lunch is at noon.

The cost for lunch is \$8.00 payable at the door and the lunch is held at the Pleasant Hills Presbyterian Church, 199 Old Clairton Road, Pleasant Hills. The Retired

Men's Group is non-denominational. Please reserve lunch by calling 412-362-0788 and leave a voice mail. Come socialize with us and enjoy the educational subject topic of Jack Puglisi.

#### **OPEN MIC**

Wanted: musician's, songwriters. and poets, as well as audience members to attend the "Artists At Atonement Open Mic" at the Church of the Atonement, 618 Washington Ave., Carnegie, on Sun., Feb. 2, 6:30-9 p.m. This is a BYOB event Performers should come about 20 minutes early to sign up.

#### A HEALTHIER HEART

A presentation on 7 Steps to a Healthier Heart will be Wed., Feb. 19, at 12p.m. at Chabad at of the South HIlls.

Delicious lunch and good company! \$5 Suggested donation. Wheelchair Accessible. RSVP to barb@chabadsh.com or call 412-278-2658

### SOUTH HILLS WOMEN'S CLUB

The South Hills Women's Club meeting will be held on Mon., Feb. 10, 8 p.m. at Vanadium Woods Village, 50 Vanadium Road, Bridgeville.

Kelly Stebler, a practitioner of Reiki, will explain and demonstrate the benefits of Reiki for physical, mental and emotional health.

Interested in joining? Contact Sue at 412-257-1057

### **CONNECTCARD ASSISTANCE**

State Representative, Dan Deasy. continues partnering with the Port

Authority of Allegheny County assisting older riders in securing the new Senior ConnectCard. If you are 65 or older, you ride free.

In addition to offering assistance from their office in the West End, the staff from Dan Deasy's office will be at the Crafton Borough Building, Tues., Feb. 10, 2-4 p.m. and Sat., Mar. 21, 3:30 - 5 p.m. to help anyone who wants to get the new Senior ConnectCard. Info at 412-928-9514

# EVENING WITH HOLOCAUST SURVIVOR

An Evening with Holocaust Survivor Sammi Steigman on Wed., Feb. 12, at 7 p.m. at Chabad of the South Hills. Sammi will share his story about life in a Nazi labor camp, being subjected to the horrific medical experiments, how he survived and the many lessons he's learned throughout his life. \$10 in advance/\$15 at the door. Register at www.chabadsh.com or mussie@chabadsh.com or call 412-344-2424.

# LISTEN LOCALLY DOWNSTAIRS

The Red Beans & Rice Combo Carnegie Carnegie Carnival will be in the studio to celebrate the last weekend of Carnival Season in style on Feb. 22, 8 p.m. at the Andrew Carnegie Free Library and Music Hall.

Dust off your finest purple, green and gold and have some fun listening to a mix of New Orleans R&B, rock & roll and barroom ballads, complimentary snacks and a prize for best dressed. Tickets are \$15 in advance/\$20 at the door. Info at carnegiecarnegie,org.

# GREEN TREE GARDEN CLUB

On Thurs., Feb. 13, the monthly meeting will be "Experience the Exotic Flora of Hawaii." The presenters, Karen and Kevin Maurer and Diane and Gary Baranowski, are club members who spent time in Hawaii last summer. The meeting will be held in the Carlisle Social Hall of the Green Tree Firehall. Lunch is served at 11 a.m., followed by a meeting at noon and the presentation at 12:30 p.m. Guests are welcome to attend the entire event or the presentation only. As usual, there is no charge and a reservation is not needed.

More info. about the club and the complete list of 2020 speakers and field trips are posted at greentreeboro.com/gardenclub.php.





Aracri's Greentree Inn

1006 Greentree Road Green Tree, PA 15220 412-921-4601

Family owned and operated. Serving the South Hills for more than 50 years.

Authentic Italian cuisine, seafood, steaks, salads and sandwiches

### **HAPPY HOUR**

Mon. - Fri., 5 to 7 p.m.

- \$5 Select Wines
- \$2.50 Domestic Drafts
- Half Off Select Appetizer

CATERING AVAILABLE www.aracrisgreentreeinn.com



Northern Italian Cuisine... to delight the palate

FRIDAY FEATURE:

• VEAL STRIP STEAK

COME HAVE SOME FUN AT OUR

HAPPY HOUR

Tuesday-Friday: 5-7 p.m.

661 Anderson Dr. • Foster Plaza 412-921-1062

Hours: Mon: 11:30am-2pm; Tues-Thurs: 11:30am-9pm Friday, 11:30am-10pm • Saturday, 5pm-10pm

# SQUARE DANCING LESSONS

Thursdays at 7:30 p.m., February - May

Kids from 9 to 90 Welcome! **ATTENTION TEENAGERS:** 

Bring your friends and have a lot of fun!

No Experience, Costumes or Partner Required. Cost \$4 per night. Refreshments will be served.

Call Ann at 412- 563-0559, Call or Text Paul at 412-735-2423.

Located at Southminster Presbyterian Church, 799 Washington Rd., Mt. Lebanon, 15228.

Sponsored by The Peanut Squares Square Dance Club.

# Church Directory

### Mt. Pisgah Presbyterian Church

31 Warriors Rd., Green Tree 412-921-8444 Sunday Worship: 9:45 a.m. Sunday School: 11:30 a.m. Last Pisgah Pasta, Feb. 14, 4-8 p.m. Joyful Journey Preschool Rev. Tom Ribar, Pastor

### St. Margaret of Scotland Catholic Church

310 Mansfield Avenue, Green Tree 412-921-0745 Fax: 412-921-0707

### www.stmargparish.org

Mass Schedule:
Tuesday and Friday: 9 a.m.
Sunday: 7:30, 9:00 and 10:30 a.m.
Reconciliation:
Saturday: 12-1 p.m.
and any time by appointment
Administrator: Fr. Robert Grecco
Parochial Vicar: Fr. Aleksandr Schrenk
Deacons: Kevin Lander & Jim Mackin

### All Saints Polish National Catholic Church

500 Fifth Street, Carnegie 412-276-2462 Fax: 412-276-9677

www.allsaintspnccpa.org
all.saints.pnc.church@verizon.net
Weekday Mass: See Bulletin

Weekend Masses: Sat.., 4:35 p.m. and Sun., 8:30 a.m. Very Rev. Richard Seiler, Jr. Pastor Independent - Catholic - Sacramental

### Crafton United Presbyterian Church

80 Bradford Avenue 412-921-2293 Fax: 412-921-0348

www.CraftonUP.com
All Are Welcome
Sunday Worship: 11 a.m.
Pastor Diane Flynn
Office: 8:30 a.m.-1:30 p.m., M-Th

# Church of the Nativity (Episcopal)

33 Alice Street, Crafton 412-921-4103

### www.nativitychurch.org

Sunday: 8 a.m. & 10 a.m. Child care provided at 10 a.m. The Rev. Shawn Malarkey

# First Christian Church at Carnegie

Teaching From God's Word

Anthony and Lydia Streets Carnegie, PA 15106 Minister Robert W. Hale, 412-279-5030

carnegiechristianchurch@gmail.com Sunday Services: Bible Study: 9:45 a.m. Worship & Communion: 10:45 a.m. Wednesday Bible Study:10 a.m.

### St. Matthew's Evangelical Lutheran Church

Steuben St. & Lincoln Ave. 412-921-1125 Pastoral Office Hrs. by Appointment 10:15 a.m. Sunday Worship with Holy Communion Rev. Douglas Kinsey, Pastor Rev. Shawn Markarkey, Pastor

### Hawthorne Avenue Presbyterian Church

90 Hawthorne Ave., Crafton, PA 15205 412-921-2504 Handicapped Accessible 11 a.m. Sunday Worship 10 a.m. Adult Bible Study Pastor Paul Nigra www.hawthornechurch.org

### 1<sup>st</sup> United Presbyterian Church of Crafton Heights

50 Stratmore Avenue 412-921-6153 9:30 a.m. Faithbuilders 11 a.m. Worship Service Child Care Available All are welcome! Pastor: Dave Carver

### Unity Presbyterian Church

"Serving God, Loving All."
Greentree Road at Potomac Ave.
Phone: 412-561-2431 Fax: 412-561-0696

www.unitypresbyterianchurch.org facebook.com/unitypresbyterianchurch

9 a.m. Adult Sunday School 10:30 a.m. Worship Service 10:45 a.m. Kids' Disciple Zone Class (4 yrs-adult; childcare under 4 yrs.) Rev. Dennis W. Molnar, Pastor

### Saint Philip Parish

St. Philip Church, 50 W.Crafton Ave. Pittsburgh, PA 15205 Ascension Church, 114 Berry St. Pittsburgh, PA 15205 412-922-6300

### **Saturday Vigil Masses**

4:00 p.m. - St. Philip 5:30 p.m. - Ascension Sunday Masses:

7 & 11 a.m. - St. Philip 9:30 a.m. - Ascension

Weekday Masses are 8 a.m. Mon., Wed., & Fri. - St. Philip Tues. & Thurs. & Sat. - Ascension

**Sacrament of Reconciliation** *Saturdays -*

12:15 p.m. - 1:15 p.m. at Ascension **Eucharistic Adoration** 

First Saturdays -8:30 a.m. - 9:30 a.m. at Ascension Rev. John B. Gizler III, Pastor

### Saint Stephen Lutheran Church

55 Forsythe Road, Pittsburgh15220 Off Greentree Road in Scott Twp. 412-279-5868 Pastor Maurice C. Frontz III, STS Sunday Worship: 10:30 a.m. Saturday Worship: 6:30 p.m.

## Ambassador Baptist Church

"Representing Jesus"

1926 Babcock Blvd., Pittsburgh

412-477-3210 www.HisService.com
ambassador.montgomery@gmail.com
Sunday Services: 9:45, 11, 1:15

Thurs.Bible Study and Kids Club: 7 p.m.
Western PA Theological Institute
Independent, Fundamental
"Preaching and Practicing the
Word of God"

# Mount Washington Baptist Church

112 W. Sycamore, Mt. Washington 412-431-8396

mtwashingtonbaptistchurch.org
Sunday Worship Services:

11 a.m. & 6 p.m.
Wed. Prayer & Bible Study: 7 p.m.
Nursery Available
Independent-FundamentalPremillenial-Soulwinning
Rev. Ray G. Cunningham, Pastor

### United Presbyterian Church in Ingram

30 West Prospect Avenue 412-921-2323

### Website: ingramupchurch.org

Worship Service: 11 a.m.
Office Hours:
Tues.-Thurs. 9 a.m.- 2 p.m.
Rev. Wayne D. Meyer

### Bible Baptist Church

412 Old Washington Pike Carnegie, PA 15106 412-276-7717

### bbcpittsburgh.com

Sunday Services:
9:45 a.m. Sunday School
10:15 a.m. Breakfast
11 a.m. Worship
6 p.m. Evening Worship
Wednesday:
6:30 p.m. Prayer Meeting
& Children's Program
Rev. Phil Golden Jr., Pastor

### Carnegie Primitive Methodist Church

640 Dow Ave., Carnegie, 15106 (Corner of Fountain St. & Dow Ave.) 412-563-4484

### Welcome

Adult Sunday School: 10 a.m. Worship Service: 11 a.m. Thursday Bible Study & Prayer: 7 p.m Daniel Pastorius, Pastor

# Church of the Atonement (Episcopal)

618 Washington Avenue, Carnegie,
PA 15106
412-279-1944
Holy Eucharist Rite II:
Sunday, 9 a.m.
The Rev. Ben Wright
Bible Study: Wed., 6:30 p.m.
www.atonementcarnegie.org

www.facebook.com/ atonementcarnegie

### Carnegie Presbyterian Church

219 Ewing Road, Carnegie 412-279-3223 Sunday School: 9:30 a.m. Worship Service: 10:30 a.m. Rev. Dr. Colleen F. Molinaro www.carnegiepresby.org

NOTE: Call churches directly for any special services.

# **Church Corner News**

Mt. Pisgah Church, 31 Warriors Rd., Green Tree, invites all to attend The Farewell Pisgah Pasta, an "All You Can Eat Pasta Buffet" on Friday, Feb. 14, from 4-8 p.m. After 12 years, it's time to come to an end and go out with a BANG! This buffet offers six homemade sauce choices, all made from scratch, which include Marinara, Traditional Meat, Garlic/Butter, Fettuccine Alfredo, and more.

Also included is BreadWorks breads, AYCE pasta, salad and beverages. Cost: \$9 for adults, \$5 kids 3-12, and free for little ones 2 and under. Everything is available to go.

They would like to thank their loyal patrons!

Merry Stitchers meet on Feb. 15, 10 a.m.

Daytimers will meet Feb. 25 at 11 a.m.

\*\*\*\*\*\*

Info at 412-921-8444.

Unity Presbyterian, (formerly Wallace Memorial Presbyterian) Church, Greentree Rd. at Potomac Ave., will be offering Sunday School classes at 9:30 a.m. for all ages. Joyful Noise (4 yrs old - grade 1), Disciple Zone (grades 2-6) and adult classes.

Information at 412-561-2431.

\*\*\*\*\*\*

1st United Presbyterian Crafton Heights Preschool, 50 Stratmore Ave., is starting the Lenten Dinner & Worship series on Wed., Feb. 26 and will go through April 1. The potluck begins at 6:15 p.m. with worship at 7 p.m. Bring a dish, pizza or dessert to share. They need helpers to set up and clean up so if you can do that, give them a call.

The Food Pantry is in need of cereal, apple juice, canned chicken and tuna, rice, pasta and snack bars.

A Blood Drive is being held on Feb. 23, 8 a.m. - 1 p.m..

Exercise indoors M -W-F at 9 a.m. at the church. All levels welcome.

Info at 412-921-6153.

Chabad of the South Hills,

\*\*\*\*\*

1701 McFarland Rd, is offering a six session course called Judaimsm's

Gifts to the World. This lesson is on the history, meaning and power of Jewish Values. These classes will be offered on Tuesday evenings starting Jan. 28, 7:30-9 p.m. at the South Hills JCC, 345 Kane Blvd or Sunday mornings starting Feb. 2, at 10:15 -11:30 a.m. at Chabad of the South Hills. Info at 412-344-2424.

Carnegie Presbyterian Church,

219 Ewing Road, Carnegie, has both Jr. and Sr. Youth Groups that meet monthly. Anyone is welcome to join. Contact Heather at 412-860-1142.

\*\*\*\*\*\*

Info at carnegiepresby.org.

Saint John Evangelical Lutheran Church, 601 Washington Ave.,

\*\*\*\*\*

Carnegie, will have a Cup and Portion Ministry on Sat., Feb. 15 and will serve a free meal to all who come between 4-6 p.m.

Information at 412-279-2952.

\*\*\*\*\*\*

Crafton United Presbyterian

Church, 80 Bradford Ave., is still holding the weekly food bank on Tuesdays and Wednesdays from 9:30-12:30 p.m. as part of the Greater Pittsburgh Food Bank. Those who wish to receive food must reserve their space by calling 412-921-2293, opt. 3, ahead to schedule their day and time for pickup.

Info at 412-921-2293.

Church of the Atonement, 618 Washington Ave., Carnegie is having

\*\*\*\*\*

Advertising your church in our Church Directory is effective and affordable at about \$17 per month.

Churches are the foundation of our communities. People seeking new churches frequently read the Church Directory in the GTT.

For more information, please call Shelly Davis at 412-956-9265



a Used Book and Jewekry sale on Fri., Feb. 14 and Sat., Feb. 15. The sale is from 9 a.m.-l 2 p.m. each day, but on Sat. we will be closed from Noon-1p.m. for lunch. The bag sale is Sat. from 1-2 p.m. Snow date will be Sun., Feb. 16 from 1-3 p.m. There will be books, puzzles, all kinds of jewelry, picture frames, wall hangings, 78 record albums, etc. for sale. Get your

Valentine gifts here! We accept donations by calling Joyce at 412-276-0366.

Saint Mary of the Mount Parish, 403 Grandview Ave, Pittsburgh, will be having Music on the Mount: My Funny Valentine. This public concert event will be Sun., Feb. 9, 3 p.m.

### Bishop Canevin High School Celebrates 60 Years



Bishop Canevin High School recently celebrated its 60th anniversary with an all-school birthday party, complete with cake, games and a review of its rich history of providing Catholic education in the City of Pittsburgh. Founded in 1959, the school continues to educate local and international students to be critical thinkers, problem-solvers, lifelong learners, champions of social justice, and moral and ethical servant leaders, prepared to contribute to a global society (see above picture).

To this end, a new monthly award —entitled the AMDG Award — has been created to recognize students who exemplify the school's mission to "Do All Things for the Greater Glory of God." The November winner was senior Maddie Maziarz and the December winner was senior Jenny Umalin.

Bishop Canevin High School is currently accepting transfer students and applications for 2020-21. Call 412-922-7400 for details or visit its website, www.bishopcanevin.org for more information.

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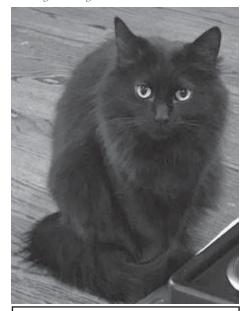
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# FALL IN LOVE, MEET MAUVE AND SONIA

By Marilyn Sorvas



Mauve will beguile you if you meet her in person.

As beautiful as a dark night full of stars, is Maeve. With her silky black fur and mesmerizing eyes, she'll beguile you. She needs someone to love and appreciate her. She had a rough start in life but it is looking up! Maeve had two litters of kittens before she was a year old, but despite

her young age she was an absolutely wonderful mom.

She and her second litter of five kittens were turned in to Animal Advocates last September. The kittens go quickly, the older cats... and black ones especially ... not so fast.

Maeve is a little shy still but enjoys being held. Once cats, such as she, are adopted and in a home environment, they often seem to adjust quickly and feel secure. The shyness fades with attention and trust. Maeve is up-to-date with shots, has been spayed and is litter trained. She does fine with other cats. She is a beautiful black, domestic long hair mix.

Sonia has been an AdvoCat the longest. Sometimes there are those animals who through looks or personality just seem to get adopted quickly. Others linger through nothing more than perhaps an average coat color or markings and an ability to fade back when some step forward. Sonia is black and white, sort of a tuxedo

but with more white in the chest. She has a very similar background to Maeve. She was outdoors struggling to feed her five kittens when a kind benefactor arranged to have her and the kittens trapped and rescued. The kittens, of course, were all adopted quickly. Poor Sonia has lingered without a forever home. She has a reduced adoption rate to help her along the path to a new home. Please call Animal Advocates at 412-928-9777 and arrange to see Sonia and/or Maeve along with other available felines waiting. Leave a message that you'd like to arrange a visit.

In the meantime, check out the newly refreshed Animal Advocates Thrift Shoppe and facility at 35 Wabash Street, in the Historic West End of Pittsburgh. If you're looking for a terrific resale boutique with great prices and quality merchandise, please stop by to shop. 100% of sales benefit the rescue and care of needy animals. Hours are Mon., 11am-2pm,

Tues. & Wed., 12-3pm, Thurs., 10:30am-4pm, Fri., 12-3pm, Sat., 11am-3pm, Closed Sunday. If you have gently used donations, please call 412-928-9837 for guidelines. Thank you!

Keep up to date with Animal Advocates at animaladvocates.net and also on Facebook at animal advocatesph.



Sonia has waited very long to be adopted.

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