

Do you diagnose?

NO! Never!

Massage therapists do not and should not diagnose any medical condition. Unless the therapist is also trained as a medical doctor, we are not qualified or trained to diagnose.

During the course of your treatment, I might look at how you sit, stand, and move but this is to help me decide the most suitable treatment for you that day. I may also suggest some specific movements or exercises which I think would benefit you in returning to full health and fitness.

If for any reason I feel that there is anything affecting your health that requires diagnosing by a medical professional I will check with you to see if you have already consulted a suitably qualified medical professional and if not, recommend you do so at your earliest convenience.

If you are seeking a diagnosis for a specific injury or condition you'll need to visit your GP or another medically trained healthcare professional, not me.

I'm a Massage Therapist, I will not give you a diagnosis, I will not click your bones (intentionally) and I will not stick needles in you! I leave all that wonderful stuff to the Sports Therapists, Physiotherapists, Chiropractors, Osteopaths, Acupuncturists, Doctors, and Consultants out there.