

PHOENIX T'AI CHI CENTRE

519-659-4372

www.phoenixtaichi.ca

Is pleased to present:



T'AI CHI FAN

4-CLASS SESSION *with* SIFU JANICE CHAKI

from **TUESDAY, MARCH 26, 2019**

to **TUESDAY, APRIL 16, 2019**

5:15 to 6:15 pm

Fee: \$40.00

Place: Epiphany Memorial Hall

19A Holborn Ave at Briscoe St W, London ON

(1 block west of Wharncliffe, 2 blocks north of Emery)

Recent renovations allow us to provide full access to all facilities.

We endeavour to provide a scent-free environment.

Sifu Janice Chaki is a student of Sifu Helen Wu and will share her knowledge of T'ai Chi Fan.

While T'ai Chi Fan is graceful and beautiful to behold, it incorporates thrusting, parrying, blocking and striking. As with all T'ai Chi forms, this form is suitable for men and women. Perhaps you have seen past demonstrations of T'ai Chi Fan- here's an opportunity to explore Fan.

Some T'ai Chi experience is recommended but students at all levels will benefit from T'ai Chi Fan. Janice welcomes previous students as well as those who are new to T'ai Chi Fan.

Bring your own fan or purchase a fan for \$25.00.

There will be a few fans for loan at the first class.



Visit our website at: www.phoenixtaichi.ca

or call: 519-659-4372