

Home of Hope Cancer Wellness Center

There to help you navigate your cancer journey.

December 2018

Upcoming Programs & Events:

Giving Tuesday

Home of Hope Cancer Wellness Center would like to thank the community for the generosity shown on November 27, "One Day of Giving = 365 Days of Hope." A special thanks to Smoked on Third, CEO class of 2019, Coleman Foundation, Sterling High, RF Middle school, Newman & Oregon schools who held #Giving Tuesday campaigns at their schools. Also Etnyre for their work campaign. We are stronger when we work together.

Client Services

Home of Hope has one on one client services appointments available for anyone in need. Both Matt and Kelsey are available throughout the week to sit down and talk or listen. Appointments can be made from 10-3 on Tuesdays, Wednesdays and Thursdays. Call the center to set a time

Patient Legal Rights

During a cancer diagnosis it can be hard to focus on some of the practical issues everyone deals with. Join us as Matt Skaggs from Client Services will be talking about legal resources to help understand your legal rights as a patient. This program will be from 1-2 on December 12 @CGH Classroom 1

Blood Drive

Home of Hope is teaming up with the American Red Cross for a blood drive December 26. It will go from 1-6. For more information on signing up to donate or to volunteer to help please call the center or email dbennett@hohrrv.com.

Wellness Services available

Feeling anxious? Stressed out? Need some "me" time? Call to schedule a massage, Reiki or Healing Touch. Appointments available Wed, Thurs & Friday 815.288.4673

Lunch & Learn

Informational meetings held monthly on current cancer topics. December 18 @ Home of Hope Cancer Wellness Center
Topic: Grief During the Holidays
Presented by: Ken Lawson, Unity Hospice Grief Chaplain

Yoga with Jennifer

A cancer diagnosis often brings a variety of physical and emotional challenges. Yoga can help manage fear, reduce anxiety, promote positive moods and help manage pain. Join us the 2nd Tuesday at 4 and the 4th Tuesday @ 5 pm.

Facing the Challenge Networking

This group offers time for patients, family, and loved ones to connect, receive information and support during the challenges of a cancer diagnosis. Join us on the first Thursday @ 2 pm [Home of Hope] & the fourth Thursday @ 3 [Rock River Center- Oregon]

Care for the Caregiver

This group caters to caregivers and loved ones to connect, receive information and support. Home of Hope understands the new role that has been placed on the family member or friend. Join us on the 2nd Thursday at 3 pm @ the center or the 4th Thursday at 10 am in the CGH Oncology conference room.

Ladies of Love Life Laughter Program

We offer the Ladies of Love Life Laughter to those who are just beginning treatment or going through or completed treatments. Held on the 2nd & 4th Tuesday @ 6 pm.

In Lieu of...

Losing a loved one is difficult. Consider a memorial bequest as an appropriate way to express your support, sympathy, and compassion. By making a gift to Home of Hope you will ensure our mission continues, helping those touched by cancer. Please contact Joan Padilla for more information on how to leave your legacy gift through your will or trust. jpadilla@hohrrv.com 815.288.4673

Thank you to our community:

Home of Hope is grateful for the financial investment made by so many. Without community support, we could not fulfill our mission.

Home of Hope Cancer Wellness Center is a local non-profit that is not associated with, nor does it receive funding from, the American Cancer Society(ACS) or any other national cancer organization. Home of Hope Cancer Wellness Center operates exclusively on private foundations, grants, and the generous donations of our local communities.



December 2018

Home of Hope
Cancer Wellness Center



Sun

Mon

Tue

Wed

Thu

Fri

Sat

Wish List:
Coffee, paper
towels, toilet
paper, stamps,
note cards

1

2

3

4

5

6

2:00 Facing
the Challenge
Group

7

8

9

10

11

4:00 Yoga
6:00 Ladies of
Love, Life &
Laughter

12

1:00-2:00
Patient Legal
Rights @ CGH
Classroom 1

13

3:00
Care for the
Caregiver
Group

14

15

Reminder
Lunch &
Learn next
Tuesday

16

17

18

12:00
Lunch &
Learn

19

20

21

22

23

24

Office closed

25

Office closed.
Merry
Christmas!

26

1-6 Blood
Drive @ Home
of Hope

27

10:00 Care
for Caregiver
CGH- Oncology
3:00 Facing the
Challenge- Oregon
Rock River Center

28

29

30



COMMUNITY FOUNDATION
OF NORTHERN ILLINOIS

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Thank you
to our board
members

Steve Nunez-P
Janet Lynch-VP
Amy Young- T
Linda Clemen-S

Steve Meiners
Steve Brewer
Ed Miles
Diana Meridian



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