



## salad & sandwich café

NAME \_\_\_\_\_

### Lettuces

- Romaine Hearts
- Baby Spinach
- Baby Field Greens

### Veggies

- Avocado
- Black Bean Corn Salsa
- Broccoli
- Carrots
- Celery
- Chick Peas
- Cucumbers
- Roasted Beets
- Red Onions
- Peppers
- Sugar Snap Peas
- Grape Tomatoes
- Corn
- Mushrooms
- Sun Dried Tomatoes
- Kalamata Olives
- Grilled Vegetables
- Stuffed Grape Leaves

### Fruit

- Dried Cranberries
- Mandarin Oranges

### Crunchy

- Croutons\*
- Sunflower Seeds
- Tortilla Strips\*
- Almonds
- Candied Walnuts\*
- Bacon

75¢ each ADDITIONAL serving of:

- Avocado
- Stuffed Grape Leaves\*
- Hard Boiled Eggs
- Extra Dressings
- Bacon

### Protein

- Grilled Chicken (\$2.50)
- Buffalo Chicken\* (\$2.50)
- Panko Breaded Chicken\* (\$2.50)
- Chicken Salad (\$2.50)
- Roasted Turkey (\$2.50)
- Grilled Salmon (\$3.50)
- Tuna Salad (\$2.50)
- Tofu (\$2.50)
- Hard Boiled Eggs  
(first egg free)

### Cheese

One selection included, 75¢ each  
ADDITIONAL serving

- Blue
- Cheddar
- Crumbled Feta
- Crumbled Goat
- Shaved Parm

### Dressing

- Tossed     On Side
- Ranch
- Lime Chipotle Vinaigrette
- Balsamic Basil Vinaigrette
- Perfect Caesar Dressing\*  
(contains some anchovies)
- LaFlora Italian
- Raspberry Vinaigrette
- Fat Free Raspberry Vinaigrette
- Asian Sesame Ginger\*
- Roasted Garlic Red Wine Vinaigrette
- Classic Bleu Cheese
- Extra Virgin Olive Oil
- Aged Balsamic Vinegar
- Low Fat Caesar\*

\*May contain Gluten products