

# Caring Lesson

## Primary

### Read and discuss with students:

The dictionary says that *caring* has several meanings. One definition is showing concern for something. Being concerned for something or someone shows that they are important to you.

*Caring* can be described in two ways. It can be the way you feel or something you do. *Caring* about someone is an important feeling, but showing someone you care is even more important. How would you know if someone was a *caring* person? Would you know by how they feel, the things they say or by their actions?

When *caring* is used as a verb, it expresses action! That action can take many forms. Your actions speak louder than your words. Caring for someone is nice but sometimes we must roll up our sleeves and get busy. Can you think of some things you can do to SHOW that you are a *caring* person?

### Play the “Caring Song” for the students.

### **ACTIVITY 1**

Pass out blank paper and have the students draw a picture of someone doing something that is CARING (Taking care of a pet, helping around the house, helping a friend, etc.)

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### Discuss

Do you remember “The Golden Rule”? It says that we should treat others the way we want to be treated.

Have you ever heard the saying “What goes around comes around”? When we follow the Golden Rule and treat each other in a *caring* way, the chances of good things happening around us are much greater. When good things like love, friendship and respect go around, they will surely come around!

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Caring Lesson  
(Primary)  
Teacher's Page

Teacher leads the discussion of the following:

**This is a way to help students remember the meaning of CARING.**

**C** is for compassion. Compassion is having a desire in your heart to help others. **a** is for and. The word “and” connects two things together such as macaroni “and” cheese. Can you think of other things that connect? How about compassion and **r**espect? Respect is showing honor to something or someone. When someone has compassion and respect for others, that will **i**nspire them to do good things. They are inspired to do **n**oble things. Noble means that something is of very high quality or character. These noble things are **g**estures. A gesture is a way of showing what you think or believe. **C**ompassion **a**nd **r**espect **i**nspire **n**oble **g**estures.

**C** = **Compassion – The desire in your heart to help others**

**a** = **And – A word used to connect 2 things (cheese AND crackers)**

**r** = **Respect – Showing honor to others**

**i** = **Inspire – Causing someone to want to do something**

**n** = **Noble – Of the highest character or quality**

**g** = **Gestures – Ways to show how you think or feel**

# CARING

My name is \_\_\_\_\_.

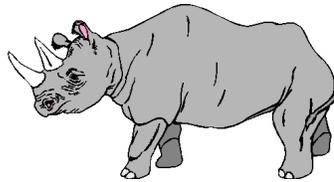
I **c a r e** for others.

Color the letters

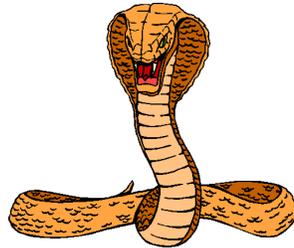
I am kind and caring. I care for people and animals.

Draw a line from the letter to the animal that starts with that letter. (Hint..... what KIND of snake is this?)

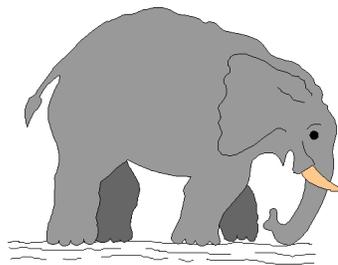
c



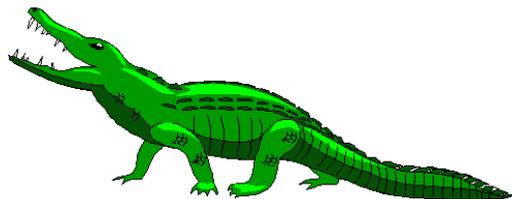
a



r



e



# Caring Primary Match-Up

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Color the letters of "caring".

Use clay to make the letters c a r i n g.

Draw a line to connect the letter to the picture with the same starting letter.

C =

noble

a =

respect

r =

inspire

i =

gestures

n =

compassion

g =

and

## The "I Don't Care" Primary

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Read and discuss the story "I Don't Care." Use the word from the word bank that best completes the sentence.

**WORD BANK:**

**book      care      bully      thanked**  
**love      caring**

1. Butch was a \_\_\_\_\_.
2. Butch didn't \_\_\_\_\_ about anyone.
3. Sammy said, "I shouldn't be \_\_\_\_\_  
for doing something that is the right thing to do."
4. Sammy had a special \_\_\_\_\_ of poems.
5. Sammy's \_\_\_\_\_ heart changed Butch.
6. When you \_\_\_\_\_ someone, you do  
things to show them you care.

## “Caring” Song Lyrics Fill-In

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Listen to the song “Caring”. Fill in the words missing from the lyric sheet.

### *Verse 1*

C - A- \_\_\_\_ - I - \_\_\_\_ - \_\_\_\_

Caring is a \_\_\_\_\_ way to be.

A \_\_\_\_\_ heart is a caring \_\_\_\_\_.

So let your compassion \_\_\_\_\_.

### *Chorus*

What goes \_\_\_\_\_ comes around.

What goes \_\_\_\_\_ comes around.

I'll \_\_\_\_\_ for you and you'll

Care for me too. Compassion's \_\_\_\_\_.

### *Verse 2*

C-A-R-I-N-G. Caring people make great \_\_\_\_\_.

A \_\_\_\_\_ heart is a \_\_\_\_\_ heart.

So let your \_\_\_\_\_

flow.

### *Verse 3*

Spell the word with me now, \_\_\_\_\_.

A \_\_\_\_\_ heart is a \_\_\_\_\_ heart.

So let your compassion \_\_\_\_\_.

## “Caring” Song Lyrics

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### *Verse 1*

C – A - R - I - N - G

Caring is a great way to be.

A kind heart is a caring heart.

So let your compassion flow.

### *Chorus*

What goes around comes around.

What goes around comes around.

I’ll care for you and you’ll

care for me too. Compassion’s cool.

### *Verse 2*

C-A-R-I-N-G. Caring people make great friends.

A kind heart is a caring heart.

So let your compassion flow.

### *Verse 3*

Spell the word with me now, C-A-R-I-N-G.

A kind heart is a caring heart.

So let your compassion flow.

## Caring (Intermediate)

The dictionary says that *caring* has several meanings. One definition is showing concern for something. Being concerned for something or someone shows that they are important to you.

*Caring* can be described in two ways. It can be the way you feel or something you do. *Caring* about someone is an important feeling, but showing someone you care is even more important. How would you know if someone was a *caring* person? Would you know by the things they say or by their actions?

When *caring* is used as a verb, it expresses action! That action can take many forms. Your actions speak louder than your words. Caring for someone is nice but sometimes we must roll up our sleeves and get busy. Can you think of some things you can do to **SHOW** that you are a *caring* person?

Listen to the “Caring Song.” Make a list of some things you can do to show you are a “CARING” person (at home, in school or in your neighborhood).

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**Read and discuss:**

Do you remember “The Golden Rule?” It says that we should treat others the way we want to be treated.

Have you ever heard the saying “What goes around comes around?”

When we follow the Golden Rule and treat each other in a *caring* way, the chances of good things happening around us are much greater. When good things like love, friendship and respect go around, they will surely come around!

## Caring (Intermediate)

Read and discuss:

**This is a way to remember the meaning of CARING.**

**C** is for compassion. Compassion is having a desire in your heart to help others. **a** is for and. The word “and” connects two things together such as macaroni “and” cheese. Can you think of other things that connect? How about compassion and **r**espect? Respect is showing honor to something or someone. When someone has compassion and respect for others, that will **i**nspire them to do good things. They are inspired to do **n**oble things. Noble means that something is of very high quality or character. These noble things are **g**estures. A gesture is a way of showing what you think or believe. **C**ompassion **a**nd **r**espect **i**nspire **n**oble **g**estures.

**C** = Compassion – The desire in your heart to help others

**a** = and – A word used to connect 2 things (cheese AND crackers)

**r** = respect – Showing honor to others

**i** = inspire – Causing someone to want to do something

**n** = noble – Of the highest character or quality

**g** = gestures – Ways to show how you think or feel

# Caring Intermediate Match-Up

Draw a line to connect the word to its definition. Color the letters of "caring."

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c = Compassion – Showing honor to others

a = and – Causing someone to want to do something

r = respect – Of the highest character

i = inspire – A way to show how you think or feel

n = noble – The desire in your heart to help others

g = gesture – A word used to connect 2 things

## The "I Don't Care" Worksheet (Intermediate)

Read and discuss the story "I Don't Care." Use the word from the word bank that best completes the sentence.

### **WORD BANK:**

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**book**      **care**      **bully**      **compassion**      **thanked**  
**love**      **heart**      **caring**      **sword**

1. Butch was a \_\_\_\_\_.
2. Butch didn't \_\_\_\_\_ about anyone.
3. Sammy was a \_\_\_\_\_ person .
4. Sammy said, "I shouldn't be \_\_\_\_\_  
for doing something that is the right thing to do."
5. Sammy had a special \_\_\_\_\_ of poems.
6. Sammy said, "Caring is the \_\_\_\_\_ of the servant."
7. Sammy's \_\_\_\_\_ heart changed Butch.
8. Sammy had a heart of caring and \_\_\_\_\_.
9. When you \_\_\_\_\_ someone, you do  
things to show them you care.

## “Caring” Song Lyrics Fill-In

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Listen to the song “Caring”. Fill in the words missing from the lyric sheet.

### *Verse 1*

C - A- \_\_\_\_ - I- \_\_\_\_ - \_\_\_\_

Caring is a \_\_\_\_\_ way to be.

A \_\_\_\_\_ heart is a caring \_\_\_\_\_.

So let your compassion \_\_\_\_\_.

### *Chorus*

What goes \_\_\_\_\_ comes around.

What goes \_\_\_\_\_ comes around.

I'll \_\_\_\_\_ for you and you'll

Care for me too. Compassion's \_\_\_\_\_.

### *Verse 2*

C-A-R-I-N-G. Caring people make great \_\_\_\_\_.

A \_\_\_\_\_ heart is a \_\_\_\_\_ heart.

So let your \_\_\_\_\_

flow.

### *Verse 3*

Spell the word with me now, \_\_\_\_\_.

A \_\_\_\_\_ heart is a \_\_\_\_\_ heart.

So let your compassion \_\_\_\_\_.