



[MasterHaydar.com](http://MasterHaydar.com)

# MHBBA Schedule

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*\*\*Full Sparring Gear required*

2/1/19	MON	TUES	WED	THURS	FRI	SAT
9-10am						Tiger Cub Taekwondo Forms*
10-11am						Beginner Taekwondo Forms*
11am-12						Inter/Adv Taekwondo Forms*
4 - 5pm	Adv TKD/ Black Belt Club	4:15-5pm Tiger Cub Taekwondo	Adv TKD/ Black Belt Club <b>**Sparring**</b>	4:15-5pm Tiger Cub Taekwondo <b>**Sparring**</b>	Adv TKD/ Black Belt Club	<i>*Saturday classes are held the first 3 weekends of the month</i>
5 - 6pm	Beginner Taekwondo	Kid's Brazilian Jiu-Jitsu	Beginner Taekwondo <b>**Sparring**</b>	Kid's Brazilian Jiu-Jitsu	Beginner Taekwondo	
6 - 7pm	Black Belt Club	Intermediate Taekwondo	Black Belt Club	Intermediate Taekwondo <b>**Sparring**</b>	Black Belt Club <b>**Sparring**</b>	
7-8pm		Teen/ Adult Taekwondo		Teen/ Adult Taekwondo <b>**Sparring**</b>	6-7:30	

Tiger Cub Taekwondo Ages 4-6	Beginner Taekwondo Ages 7-12	Kid's Brazilian Jiu-Jitsu (BJJ)	Intermediate Taekwondo	Advanced Taekwondo	Teen/ Adult Taekwondo	Black Belt Club
Ages 4-6 (45 minutes)	White-Green Ages 7-12	Ages 5-15	Purple+ Ages 6+	Blue Belt and Higher Only All Ages *	Ages 13+	Brown Belt and Higher Only *