

May, 2017

Monday	Tuesday	Wednesday	Thursday	Friday
1 BBQ Pulled Pork BBQ Sauce Green Beans Whole Kernel Corn Hamburger Bun Nutty Bar	2 Chicken Breast Fillet Poultry Gravy Mashed Potatoes Steamed Spinach White Dinner Roll Strawberry Delight Cookie	3 Hamburger Baked Beans Lettuce/Tomato/Onion Hamburger Bun Peach Cobbler	4 Sliced Ham Pineapple Sauce Seasoned Collard Greens White Beans Cornbread Fresh Banana	5 Chicken Salad Green Pea Salad Green Garden Salad (1 cup) Whole Wheat Bread (2sl) Mandarin Oranges Fat-Free Italian Dressing
8 Beef Patty Pepper & Onion Gravy Mashed Potatoes Mixed Vegetables Whole Wheat Bread Sugar Cookie	9 Chicken Teriyaki Cauliflower Carrots Whole Wheat Roll Fruit & Grain Bar	10 Egg Salad Green Garden Salad (1 cup) Pasta Vegetable Salad (1 cup) Whole Wheat Bread (2sl) Variety Moon Pie Fat Free Ranch Dressing	11 Smothered Chicken Chantilly Potatoes Green Peas Whole Wheat Bread Fresh Fruit	12 Sliced Ham & Apple Berry Sauce Chuckwagon Corn Seasoned Turnip Greens Whole Wheat Bread Strawberry Short Cake
15 Chicken Breast Fillet Country Gravy Steamed Spinach Parsley Potatoes White Bread Fresh Orange	16 Beef Macaroni w/Tomato Corn O'Brien Italian Blend Vegetables Whole Wheat Roll LD Fudge Round	17 Roast Pork Pork Gravy Seasoned Turnip Greens Pinto Beans Cornbread Dt. Orange Gelatin	18 Hamburger American Cheese Baked Beans Lettuce/Tomato/Onion Hamburger Bun Diet Pear Cobbler	19 Tuna Salad Tossed Salad Carrot Slaw Whole Wheat Bread (2sl) Apple Granola Bar Salad Dressing
22 Meatballs Brown Gravy Whipped Sweet Potatoes Green Peas Whole Wheat Bread Variety Moon Pie	23 Hot Dog w/ Chili Chuckwagon Corn Apple Confetti Cole Slaw Hot Dog Bun Apple Cobbler	24 Turkey Chef Salad Four Bean Salad Saltine Crackers Chocolate Pudding Fat Free Ranch Dressing	25 BBQ Chicken Mustard Greens Carrots Cornbread Fresh Fruit	26 Roast Beef Mushroom Gravy Mashed Potatoes Green Beans w/ Red Peppers Whole Wheat Bread Birthday Cake
29 CLOSED	30 Chicken Breast Fillet Poultry Gravy Mashed Potatoes Steamed Spinach White Dinner Roll Strawberry Delight Cookie	31 Hamburger Baked Beans Lettuce/Tomato/Onion Hamburger Bun Peach Cobbler		EACH MEAL IS SUPPLIED WITH A 1/2 PINT OF 2% MILK

****ALL MENUS ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE ****

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Monday	Tuesday	Wednesday	Thursday	Friday
1 CAL = 721.56 FAT = 22.17 G SODIUM = 736.93 MG FIBER = 8.02 G CARBS = 95.48 G CALCIUM = 408.62 MG	2 CAL = 742.24 FAT = 18.67 G SODIUM = 958.71 MG FIBER = 7.21 G CARBS = 92.94 G CALCIUM = 627.46 MG	3 CAL = 794.07 FAT = 21.71 G SODIUM = 843.53 MG FIBER = 13.97 G CARBS = 104.95 G CALCIUM = 513.68 MG	4 CAL = 700.25 FAT = 18.75 G SODIUM = 1148.54 MG FIBER = 17.6 G CARBS = 104.85 G CALCIUM = 683.54 MG	5 CAL = 779.04 FAT = 28.7 G SODIUM = 939.9 MG FIBER = 11.04 G CARBS = 90.69 G CALCIUM = 444.14 MG
8 CAL = 862.47 FAT = 30.83 G SODIUM = 761.69 MG FIBER = 9.06 G CARBS = 96.67 G CALCIUM = 500.08 MG	9 CAL = 627.85 FAT = 18.42 G SODIUM = 709.41 MG FIBER = 9.52 G CARBS = 76.08 G CALCIUM = 592.77 MG	10 CAL = 884.09 FAT = 31.56 G SODIUM = 863.23 MG FIBER = 10.1 G CARBS = 119.15 G CALCIUM = 443.32 MG	11 CAL = 691.62 FAT = 18.22 G SODIUM = 764.27 MG FIBER = 10.73 G CARBS = 81.07 G CALCIUM = 420.31 MG	12 CAL = 655.37 FAT = 15.6 G SODIUM = 608.96 MG FIBER = 7.57 G CARBS = 88.52 G CALCIUM = 407.6 MG
15 CAL = 659 FAT = 18.38 G SODIUM = 653.88 MG FIBER = 9.96 G CARBS = 77.69 G CALCIUM = 674.86 MG	16 CAL = 807.53 FAT = 28.97 G SODIUM = 751.2 MG FIBER = 9.46 G CARBS = 96.93 G CALCIUM = 425.14 MG	17 CAL = 604.8 FAT = 17.65 G SODIUM = 759.61 MG FIBER = 10.12 G CARBS = 65.7 G CALCIUM = 604.11 MG	18 CAL = 833.23 FAT = 30.27 G SODIUM = 1037.24 MG FIBER = 14.24 G CARBS = 96.15 G CALCIUM = 554.5 MG	19 CAL = 830.96 FAT = 27.39 G SODIUM = 1111.59 MG FIBER = 10.26 G CARBS = 103.65 G CALCIUM = 431.07 MG
22 CAL = 769.69 FAT = 23.7 G SODIUM = 711.61 MG FIBER = 11.98 G CARBS = 105.42 G CALCIUM = 381.11 MG	23 CAL = 801.23 FAT = 24.3 G SODIUM = 909.78 MG FIBER = 7.54 G CARBS = 115.16 G CALCIUM = 391.42 MG	24 CAL = 619.28 FAT = 22.93 G SODIUM = 1160.43 MG FIBER = 11.03 G CARBS = 69.44 G CALCIUM = 630.52 MG	25 CAL = 694.16 FAT = 21.17 G SODIUM = 834.75 MG FIBER = 9.71 G CARBS = 88.05 G CALCIUM = 576.28 MG	26 CAL = 893.53 FAT = 28.49 G SODIUM = 849.93 MG FIBER = 8.33 G CARBS = 110.34 G CALCIUM = 508.63 MG
29 CLOSED	30 CAL = 742.24 FAT = 18.67 G SODIUM = 958.71 MG FIBER = 7.21 G CARBS = 92.94 G CALCIUM = 627.46 MG	31 CAL = 794.07 FAT = 21.71 G SODIUM = 843.53 MG FIBER = 13.97 G CARBS = 104.95 G CALCIUM = 513.68 MG		THE NUTRITIONAL INFORMATION CONTAINS THE MILK OFFERED WITH EACH MEAL

GM = GRAMS CAL = CALORIES MG = MILIGRAMS CARBS = CARBOHYDRATES