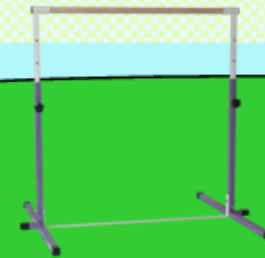


Gymmies "Roll Call" After School Program 2018-2019



Who For: students JK-gr 6 of River Heights or Notre Dame Schools with working parents looking to fulfill the recommended **60 minutes of daily physical activity** (with high energy) at a facility offering flexible Monday-Friday options for after school care daily or occasional basis.

Pick Up (from River Heights and Notre Dame): 3:00
Walk to Gymmies Gym Club: 3:10-3:30
Snack or Seat Activities: 3:30-4:00
Gym Activity 4:00-5:00 (Gymneatics, Trampoline, Sports, Games and More!)
Seat Activities, Homework 5:00-5:30
Pick up 5:30 (Extended hours available until 6:00pm)



Registration Begins
Tuesday May 15th,
2018.

Membership Fee: \$30
Deposit: \$50 (applied
to future fees)
\$10/day per attendee

(All pricing based on
2017-2018 and may be
subject to change)

Questions? Check out
our website
www.gymmies.com or
call our main office
905-765-1623.