# Woodwind Lakes

It's all right here

November 2021 Volume 10, Issue 11





We are so happy to announce that our Woodwind Lakes Christmas celebration, Christmas on the Lake, is a go for this year! Our fantastic neighborhood family event will take place on **SATURDAY**, **DECEMBER 4TH** from 4:00 to 8:00 pm on the grounds around the family pool. Rain date will be Sunday, December 5th.

**SANTA** will be available for pictures with kids from 4:30 to 7:00 pm and yes Santa assures us he has been fully vaccinated! Hamburgers, hotdogs, chips and desserts are free and will be served from 4 until 8pm. All of our servers are fully vaccinated. If you are not, PLEASE WEAR A MASK.

Lots of activities are planned for this year including, for the first time, a Smores fire pit with all the fixins.

• Smores Pit: This is intended to be a family activity and an adult must accompany children under 12. There will be adult supervision present at all times.

- Hayride: Will take place every 15 minutes from 5:45 to 7:45 pm and will travel around sections 1, 2 and 3 to view the Christmas lights. Tickets for specific times are required. They can be obtained at the dessert stand. This is a very popular event so decide what time you want to go and pick up your tickets early. Tickets are free and go fast!
- <u>Various games and crafts</u> for all ages. We will again feature a craft table to make a keepsake ornament.
- Ring toss for wine: A \$5.00 donation gets you 4 rings. Bring your money and "ring" in your holiday wine.
- <u>Silent Auction:</u> Bring your cash, check or credit card and bid on various treasures donated by residents and local vendors. If you have a treasure you would like to donate, please contact Jim Horn at <a href="mailto:swapilot01@gmail.com">swapilot01@gmail.com</a>.

Bring your family, come visit with neighbors and enjoy the festivities and decorations.



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# **IMPORTANT CONTACTS**

CONS	TABLE	'S O	FFI	CE
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Harris County Pct. 4 Constable's Office	281-376-3472
l	http://www.cd4.hctx.net

#### **BOARD OF DIRECTORS**

President	Mendi Strnadel
Vice-President	Jeffrey Krahn
Treasurer	Daniel Kallus
Secretary	Kate Weatherford
Director	

#### **NEWSLETTER AND WEBSITE**

News	etter	Fdit	٦ŧ
News	letter	Laiu	UΙ

Lynn Collins	lynn.col	llins@garygreene.com
Website		

#### "Ask the Board" ......www.woodwindlakeshoa.com

GROUNDS COMMITTEE
Ann Tatum.....anntatum9203@gmail.com

#### **PAVILION & ADULT POOL**

Roxanne Rocha ......Rrocha@grahammanagementhouston.com

#### **FAMILIES OF WWL**

Dana Patterson.....greg.dana.patterson@gmail.com

#### **CHRISTMAS COMMITTEE**

Terry Buckner ..... terry214@live.com

#### **WOMEN'S CLUB**

President: Ann Tatum	anntatum9203@gmail.com
Vice President: Gulshan Hira	gbkhira@gmail.com
Secretary: Cindy Horn	cindy.d.horn@gmail.com
Treasurer: Lynn Collins	.lynn.collins@garygreene.com

#### OTHER USEFUL NUMBERS

#### **Graham Management**

....... graham@grahammanagementhouston.com, 713-334-8000 Mailing Address: 2825 Wilcrest Dr., Suite 600, Houston, TX. 77042

#### **Association Manager**

 $Roxanne\ Rocha.....Rrocha@grahammanagementhouston.com$ 

#### **Improvement Application Submittal**

Call Before You Dig 1-800-DIG-TES	S or 1-800-344-8377
Pct. 4 Constable	281-376-3472
Street Light Outage	713-207-2222

.....arc@grahammanagementhouston.com

......www.centerpointenergy.com - Have light number.

#### Texas Department of Public Safety Crime Service

DEAD ANIMALS - To collect dead animals from the streets or off to the side of roads, please Dial 311. There is an option for them to pick up dead animals.

## **UTILITIES**

#### **SECTIONS 1, 2, 3**

WASTE MGT CUSTOMER SERVICE.....713-686-6666

Trash Pick-up are Mondays (trash) and Thursdays (trash and recycle). Heavy trash is 2nd Thursday of each month.

#### Water/Sewer Issues, all Sections: 281-807-9500

#### M.U.D. #261 BOARD SECTIONS 1, 2 & 3

Micibi #201 Bornes GE	
S. Brady Whittaker (05.12.18)	President
	713-333-6411
Jason Vanloo (05.14.20)	
	281-236-6419
John Oyen (05.14.20)	Secretary
	713-446-3959
Larry Goldberg (05.12.18)	Director
Milt Dooley (05.14.20)	
	713-858-7303
M.U.D. 261	

#### SECTION 4 VILLAGE OF WOODWIND LAKES

Texas Pride Disposal - 281-342-8178

TOPS Water - 281-807-9500

Pick-up are Wednesdays (trash, heavy trash) and Saturdays (trash, heavy trash and recycle).

#### **USEFUL LINKS**

WL Websitewww.woodwindlakeshoa.com
Sec 1, 2 and 3 Utility
http://hcmud261.com/HCMUD261/Index.htm
Section 4 Utility
Social Media https://woodwindlakes.nextdoor.com/news_feed/
Newsletter
Sec 4 Gate Roxanne Rocha Rrocha@grahammanagementhouston.com

## **ADVERTISING INFO**

Please support the advertisers that make the *Woodwind Lakes Newsletter* possible. If you are interested in advertising, please contact our sales office at 1-888-687-6444 or *advertising@peelinc.com*. The advertising deadline is the 8th of the month prior to the issue.

# **ARTICLE INFO**

The Woodwind Lakes Newsletter is mailed monthly to all Woodwind Lakes residents. Residents, community groups, churches, etc. are welcome to submit information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for consideration please email it to *Lynn.Collins@garygreene.com*. The deadline is the 7th of the month prior to the issue.

# October Yard of the Month



Section 1 | 9206 Symphonic Lane



Section 2 | 9115 Rhapsody Lane



Section 3 | 8711 Serenade Lane



Section 4 | 9315 Sinfonia Drive



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# **Woodwind Lakes**



# Did You Know.....?



- Comfrey cream is excellent for muscle and joint pains. In a head-to-head study against the popular arthritis drug Celebrex, the cream proved equally effective in soothing pain.....Health Radar
- Music gave relief for people suffering with

fibromyalgia. The pain signals traveling to the brain were disrupted by the melodies.

- White button mushrooms may slow prostate cancer according to the Journal of Nutritional Biochemistry.
- Singing in a choir or playing a musical instrument improves brain function in seniors.
- If you want a better memory, write on paper rather than a tablet or smartphone, says a study published in Frontiers in Behavioral Neuroscience
- Metformin may be a Fountain of Youth in a Pill. "Metformin is the Clark Kent of the drug world," says cellular health expert Sandra Kaufman, M.D.
- An injection, similar to the COVID 19 vaccine, may be the first step in developing a vaccine against CANCER (Wonderful news!!!). It could treat and stop the spread of tumors. It is an immunotherapy using a specialized hydrogel that releases RNA nano-vaccines over a period of 30 days. The unique hydrogel protects the vaccine, allowing it to be released slowly to activate T cells and stimulate the production of antibodies.....National Center for Nanoscience and Technology.
- Lemon is an amazing cleanser with over 200 enzymes. It is one of the most restorative foods for the liver.
- Hemp seeds are a beauty secret with 33% easily digestible plant protein, which is loaded with the perfect ratio of omega-3 fats and the beauty minerals magnesium, zinc, iron, and phosphorous. These little seeds are perfect little gifts of nutrition from nature. I sprinkle them in our daily salads.

Thankfully, there is a huge array of health information available to us. I really enjoy sharing some of the information with others in hopes something will be helpful and make one's life a little healthier. As I frequently say, Our Health is Our Wealth and Every Bite We Take Feeds or Fights Disease.

Take Good Care and Keep a Smile in Your Heart.

Sincerely, Donna Konopka

# What's Good wing Red Near The The Here Here Hood They

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with Kate Weatherford, Woodwind Lakes
Resident & Realtor®

White Oak bayou is expanding the hike and bike trail thru our subdivision.

Here's what I know:

White Oak Bayou is widening their hike and bike trail between Hollister and Jersey village.

They are projecting completion early next year. As of now, you can pick up the trail by going to our neighboring subdivision, Woodland Trails, and hop the bridge at Battle Oak.

It will take you downtown if you want to venture that far!



If you're out on a Saturday, I recommend stopping at the Farmers Market on Ella in the heights.

Then you can continue to Yale and 6th street to check out Postino. \$5 off any wine on their extensive wine menu till 5pm - "5 till 5" and pair with the bruschetta board.

(Just have one if you want to make it back home by bike! Lol)



Read next month's newsletter for another hot spot near the hood!

# **Ready To Sell Your Home?**

Give me a call! I'm a Woodwind Lakes resident and an accomplished Real Estate & Marketing Professional, with over 20 years experience in the Real Estate field. My listing package is top notch, which will get you top dollar!

KateSellsHouston@gmail.com | (713) 582-7021



# **Woodwind Lakes**

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- Sheet Rock Insulation
- Interior & Exterior Door Replacements
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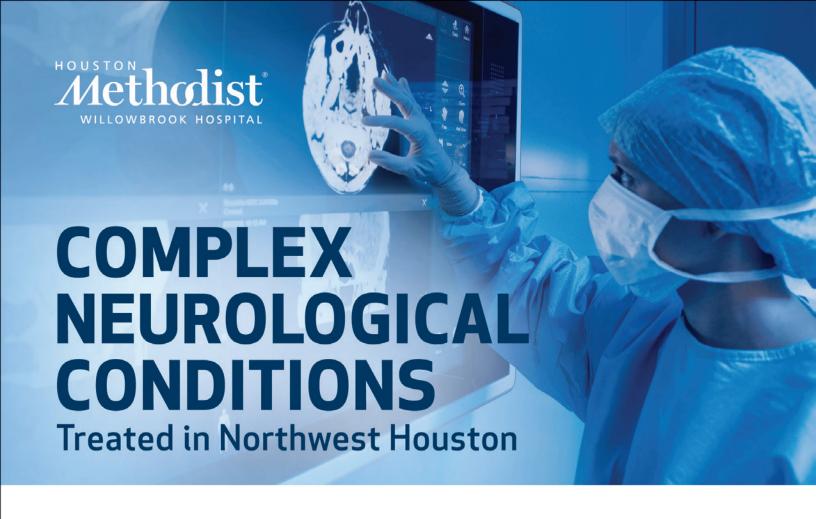
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Our team of physicians treats a variety of conditions, including:

- Alzheimer's disease and memory disorders
- Brain and spinal tumors
- Epilepsy and seizures
- Headaches and chronic pain

- Neuromuscular disorders
- Parkinson's disease and movement disorders
- Sleep disorders
- Stroke and cerebrovascular diseases

Your health is our priority. You can be confident we are taking every necessary precaution to keep you safe, including requiring COVID-19 vaccinations for all of our physicians, staff and employees.



# SCAN HERE TO SCHEDULE AN APPOINTMENT

To schedule an appointment, scan the **QR code**, visit **houstonmethodist.org/neuro-wb** or call **281.737.1167**.





WOD



### Come Enjoy Live Music

We are so pleased to announce that Gary House, singer/guitar player, will be entertaining at our Christmas on the Lake celebration, Saturday, December 4th at the family pool. He sings a variety of popular music and will be adding Christmas tunes as well. One of the things we

love about Gary is that he plays for tips, then he matches those tips and contributes the total to St. Jude Children's Hospital. He has contributed thousands over the years! We encourage you to bring a few bucks to throw in his tip jar to show your appreciation and help a fantastic hospital at the same time! Free food, great neighbors and live music under the stars. You can't beat it!



# Hayride is Back



It's back! The **HAYRIDE** is returning to the Christmas on the Lake celebration, Saturday, December 4th. Grab your loved ones and take a tour of the neighborhood all dressed up for the holidays. Rides will start at 5:45 pm and continue until 8:00 pm. Tickets will be distributed at the dessert table beginning at 4:00 pm the day of the party - first come, first served. Tickets will be stamped with a specific time. Please arrive at the departure point at least 5 minutes before your ride time. Look forward to seeing you there - jingle all the way!!