

## **Sessions:**

**All sessions run for one week from 9am until 4pm and are taught by two US Sailing Level 1 Instructors. The first 8 sessions are designed for sailors of all experience levels. The last session, Regatta Week, is reserved for returning sailors. Any student that has taken the LWSS course before, or any student with qualifying experience (at the discretion of the Lead Instructor or Program Director) are welcomed. This course focuses on racing. Students will learn and practice more advanced sailing skills throughout the Regatta Week in preparation to participate in the Dog Days Regatta with other racing sailboats from the area.**

## **Location:**

**Each day students will come directly to the classroom at 141 South Market Street, Washington, NC. Sailing shall take place off the docks in the Pamlico River right across the street from the classroom. Students will be checked in and given orientation the first day of each session.**

## **Lunch:**

**Class time will be reserved between approximately 12 -1pm for student to eat lunch. Students may choose to either bring their own lunch or purchase it at an additional cost of \$ 6.00 per day. Inquiries into the purchase of lunch menu can be made the first day of class.**

## **Weather:**

**Parents should plan to bring their children to class every day regardless of the weather as instructors will still be teaching skills inside the classroom and providing other boating related activities. In the event of a major storm, the Lead Instructor and/or the Program Director may cancel class. If bad weather arises during the day the Lead Instructor will discontinue outdoor activities by will hold class indoors.**

## **Spectators:**

**The instructors encourage family and friends to watch their young sailors develop on the water. However, they do ask that you not remain in the classroom after dropping off your sailor or that you walk onto the docks ant any point. These are busy areas and it can get crowded! Please feel**

**free to sit on a bench along the boardwalk or eat at a local restaurant as you watch the boats.**

## **Last Day:**

**On the final day of class, a brief graduation ceremony will be held at 3:55pm. Parents are invited to attend to take pictures and watch their students receive a certificate.**

## **List of Gear:**

- Water, Water, Water and Bring Lots!**
- Clothes that can get wet should be worn daily**
- Boat or tennis shoes, no sandals or flip flops**
- A dry change of clothes**

- **A towel**
- **Sunscreen**
- **Lunch or \$ 6.00 per day to purchase lunch**
- **Hat or Visor (optional)**
- **Sunglasses (optional)**
- **If a student has a personal life jacket either Type II or III PFS (we do provide life jackets for the students)**
- **Certification Record Book (returning students only)**