

#### **Coaching Staff**

Head Coach: Len Cusumano

Assistant Coaches: Craig Nielsen, Adam Preciado, Justin Balsano, JJ Moran, Billy Lynn, Don "Doc" Lehman, Mark Vetterlein, Chris Guinta, Craig Buckley, Danny Williams, TJ Schneider, Bob Maggiulli

For more Information, contact:

Len Cusumano, Head Football Coach

Email: <u>lcusumano@pascack.org</u>

Phone: (201) 358-7060 Ext: 24074

www.PascackValleyFootball.com Twitter: @PValleyFootball

#### PASCACK VALLEY FOOTBALL

ESTABLISHED 1955

NJSIAA PLAYOFFS: 1989, 1990, 1999, 2004, 2005, 2006, 2007, 2008, 2009, 2010, 2011, 2012, 2013, 2014, 2015, 2017

**LEAGUE CHAMPIONS**: 1958, 1959, 1960, 1965, 1966, 1969, 1970, 1986, 1990, 2004, 2005, 2006, 2007, 2008, 2009, 2011, 2012, 2013

NJSIAA SEMIFINALS: 1990, 2004, 2005, 2006, 2007, 2008, 2011, 2015

NJSIAA FINALS: 2006, 2007, 2012, 2013, 2014

NJSIAA STATE CHAMPIONS: 1965, 1966, 1969, 1990, 2013, 2014

# **REMINDERS**

-Registration Desk will be under home bleacher area next to Football Field.

-Please meet up on field for check-in everyday for camp.

-<u>Drop-Off</u> and <u>Pick-Up</u> will be at the football field location

-Do not go to Locker Room area.

-In the event of inclement weather, please go to website/Twitter for more details.

Thank you

#### 17<sup>th</sup> Annual

Valley Youth Football Camp 2018



**June 25, 26, 27** 

9:00 AM - 12:00 NOON

Pascack Valley High School Athletic Complex

For all players entering Grades 3 - 8

\*\*Pre-Registration by June 22\*\*







# PASCACK VALLEY FOOTBALL

# **CAMP INFORMATION**

-Individualized instruction at the position of choice on Offense, Defense, and Special Teams.

-Speed and Strength Training Techniques

-Individual/Team Competitions, Games, Prizes

-Guest Speakers (former PV Football Alumni/College Alumni)

-Free T-shirt

-This is a non-contact camp

-All campers will be insured

-A Certified Trainer will be on site

#### WHAT TO BRING TO CAMP

Cleats, Sneakers, Towel, Extra T-Shirt, Water Bottle

\*There will be water available for all campers, bring your own water bottle to refill.

# **Camp Mission**

The Valley Youth Football Camp is focused on improving football skills necessary to play at a high level. Campers will learn the importance of sacrifice, commitment, and teamwork. Learn to build good habits, develop confidence, sportsmanship, and promote safe, skilled play. The Valley Youth Football camp will give you an opportunity to work with your future PV coaches and Teammates from Hillsdale and River Vale. We look forward to seeing everyone at camp!



# How to Register

<u>Step One</u>: Go to our website (www.pascackvalleyfootball.com)

<u>Step Two</u>: Click on "Youth Football Camp" and Download/Print Forms A and B

\*\*Form A: Camper Information/Waiver

\*\*Form B: Health Waiver

### Price per Camper

-Pre-Registration Fee by June 22: \$125

-Walk-up Registration Fee: <u>\$135</u>

Cash or Checks Payable to:

Valley Youth Football Camp

Mail or Drop off Form A, Form B, and Payment to:

Pascack Valley High School

Attn: Valley Youth Football Camp

200 Piermont Ave.

Hillsdale, NJ 07642