

YOUTH MENTAL HEALTH SEMINAR

Positive Family, Successful Children Application of Positive Psychology in Rearing Teens

- Why do many teens play more video games before and after major tests?
- How to help them strengthen their self-motivation and self-discipline?
- How to communicate with teens so they'll be more willing to listen?
- How to listen so our teens will communicate with us?
- What are the strengths that enable individuals and communities to thrive?

Join us to find out the critical factors behind self-control, resilience, optimism, perseverance, etc. so we could better support our teens' transition to adulthood.

Date and Time:

Saturday, April 13, 2019 3-5 p.m.

Address:

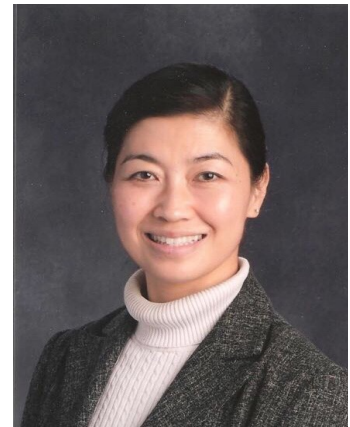
Tri-Valley Chinese Bible Church
1035 Serpentine Lane, Pleasanton, CA 94566

Speaker: G. Julie Xie, Ph.D.

Licensed educational psychologist and school psychologist of Fremont Unified School District; Adjunct faculty of Sofia University; Author of "Being a School Psychologist in America" (2016); Frequent speaker on family education and positive psychology.



Free Admission



Special Thanks to Tri-Valley Chinese Bible Church and Dr. Xie!

Looking for volunteer opportunities in Tri-valley? Want to earn the President's Volunteer Service Award? Join us: **Global Leadership Initiatives for Youth**

Contact:

globalleadershipinfo@gmail.com
<http://www.hsleadershipinitiative.org/>