



Summer Soccer Camp

June 10,11,12,13

@Villa Duchesne/Oak Hill Fields

Boys / Girls ages 6-14

Full-Day 9-3 p.m. \$275 per player

Half-Day 9-noon \$195 per player

Early drop off (after 8:15) Late pick up can be arranged

(Ball and T-shirt included)

SAVE \$\$

**Bring a family member, a Friend,
a Teammate**

Full day plus one \$255 per

Half Day plus one \$175 per

BackYard Soccer

The Full and Half Day training will consist of small-sided games throughout the day.

What does "Small- Sided Games" mean?

These are soccer games with fewer players competing on a smaller sized field. We want our young soccer players to have more touches on the ball and individual teaching time with the coach.

Sample of Daily Schedule:

9:00-9:45 Group Warm-Up With Ball.

9:45-11:15 Skills Circuit: Dribbling, Shooting, Passing, Receiving.

11:15-Noon Group Soccer Games.

Noon Half-Day Campers Are Dismissed.

Noon-2:00 Lunch Movies Non Soccer Activities *(BEE You)*

2:00-2:15 Small Group Training Warm Up

2:15-3:00 Small-Sided Soccer Games.

"Twellman Soccer believes this type of Backyard Soccer training creates an environment for learning which builds confidence."

Tim Twellman

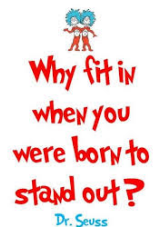


Introducing *Bee You* (see pdf)

The Benefits of Youth Empowerment through simple activities

Empowering Girls to BEE themselves

Empowering Boys to BEE themselves



Register Today

www.TwellmanSoccer.com

Camp instructors: College Student athletes

Please Note: We will be showing a soccer video during each lunch hour.

Full day campers need to bring lunch. We will provide a cold drink each day. Outdoor shoes, Tennis shoes, Sunscreen, shin guards, snack and water are needed.

Bad Weather: Camp is never cancelled. We will adjust and provide instructions through email.



Bee You

The Benefits of Youth Empowerment

Empowering Girls to *BEE themselves*
Empowering Boys to *BEE themselves*

Soccer Training that concentrates on technical training and functional drills.

PLUS MUCH MORE

We are introducing, as part of our summer camp and all of your programs our “off the field” personal development through simple but effective activities.



**Why fit in
when you
were born to
stand out?**
Dr. Seuss

Some of the issues young people face will be addressed:

- Increasing self-awareness
- Learning new skills, including communication, visualization and goal setting.
- Developing self-respect and self-esteem
- Building strengths and talents
- Improving health and creating good habits
- Enriching social abilities
- Most importantly by giving them the hope that their dreams are achievable

Stay in touch with our latest *Bee You* developments
www.twellmansoccer.com/contact-us.html

Directed by Alexandra Twellman

