



Denver, CO – Wednesday, December 18, 2013

## **NRCA Update on Technical Issues**

presented by

**Mark S. Graham**

Associate Executive Director, Technical Services  
National Roofing Contractors Association



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### **Topics**

- Asphalt update
- Moisture in concrete roof decks
- New LTTR values
- Asphalt shingle issues
- ANSI/SPRI ES-1
- Etc.
- Questions



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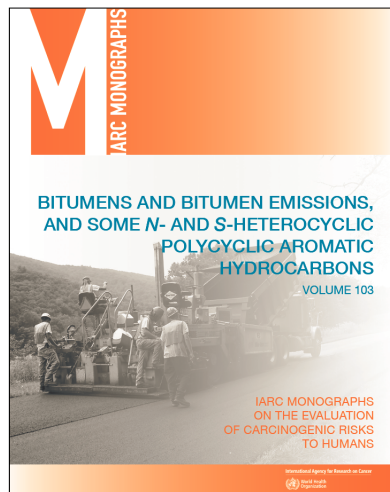
## Asphalt update



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## Asphalt



### ***IARC Monograph – 103:***

- Group 2A –Probably carcinogenic to humans
- Pgs. 160 – 165 specific to “Roofing workers exposed to bitumens”

No new regulation (yet)



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### Some terminology...

**Flash point (FP):** the lowest temperature at which asphalt vapors above a volatile combustible substance can ignite in air when exposed to an ignition source; tested using ASTM D92.

**Equiviscous temperature (EVT):** the temperature at which asphalt attains proper viscosity (flow rate) for built-up membrane application; tested using ASTM D4402 – 125 cP (mop application) and 75 cP (mechanical spreader application).



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### Some more terminology...

**EVT application range:** the recommended bitumen application range. The range is approximately 25 F above or below the EVT, thus giving a range of approximately 50 F. The EVT is measured in the mop cart or mechanical spreader just prior to application of bitumen to the substrate.



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## NRCA recommends...

“...NRCA recommends designers specify asphalt with a sufficiently high enough FP temperature to provide a minimum 125-degree differential between an asphalt’s EVT and FP temperature to allow for proper application of built-up membranes.”



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## NRCA asphalt testing -- 1989

- 26 asphalt samples
- EVTs:
  - Type III (mop)                    375 – 450 F
  - Type III (spreader)            400 – 500 F
  - Type IV (mop)                    395 – 475 F
  - Type IV (spreader)            425 – 505 F
- FPs:
  - Not reported



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### NRCA asphalt testing -- 2000

- 19 asphalt lots sampled
- EVT:
  - Type III (mop) 390 – 440 F
  - Type III (spreader) 415 – 470 F
- FPs: 585 – 640 F
- ASTM D312 compliance:
  - 10 of 19 did not comply



### NRCA asphalt testing – 2013 (to date)

- 11 asphalt lots sampled
- EVT:
  - Type III (mop) 424 – 462 F
  - Type III (spreader) 452 – 486 F
  - Type IV (mop) 455 – 482 F
  - Type IV (spreader) 480 – 506 F
- FPs: 615 – 660 F
- ASTM D312 compliance:
  - 8 of 11 do not comply



## **Are asphalts currently installable?**

- Comply with MSDS
- Comply with manufacturers' installation instructions
- Comply with NRCA's guidelines



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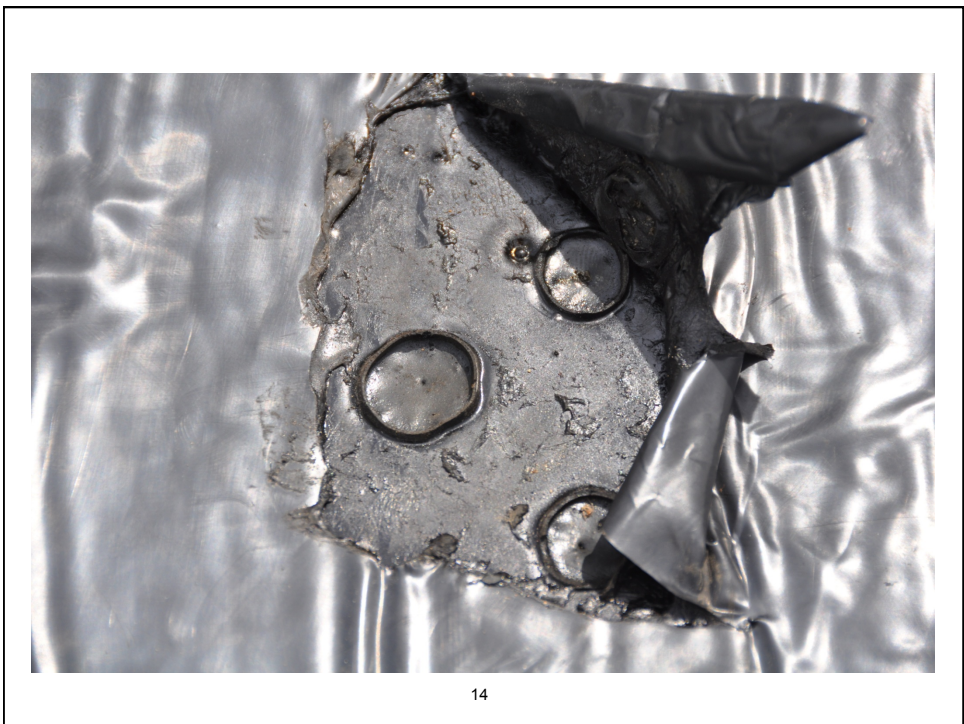
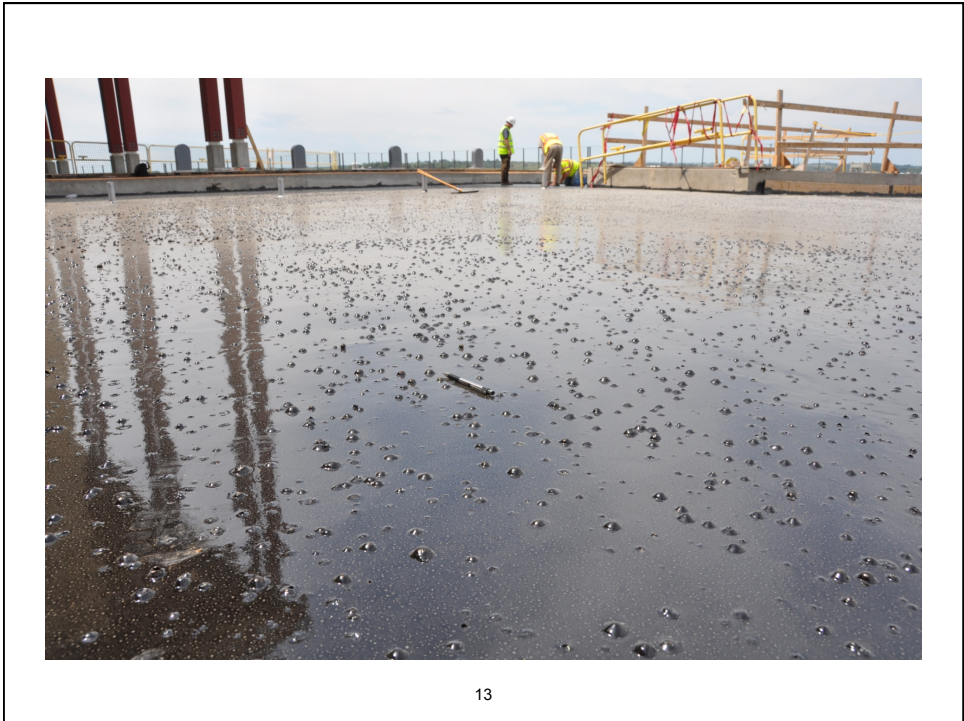


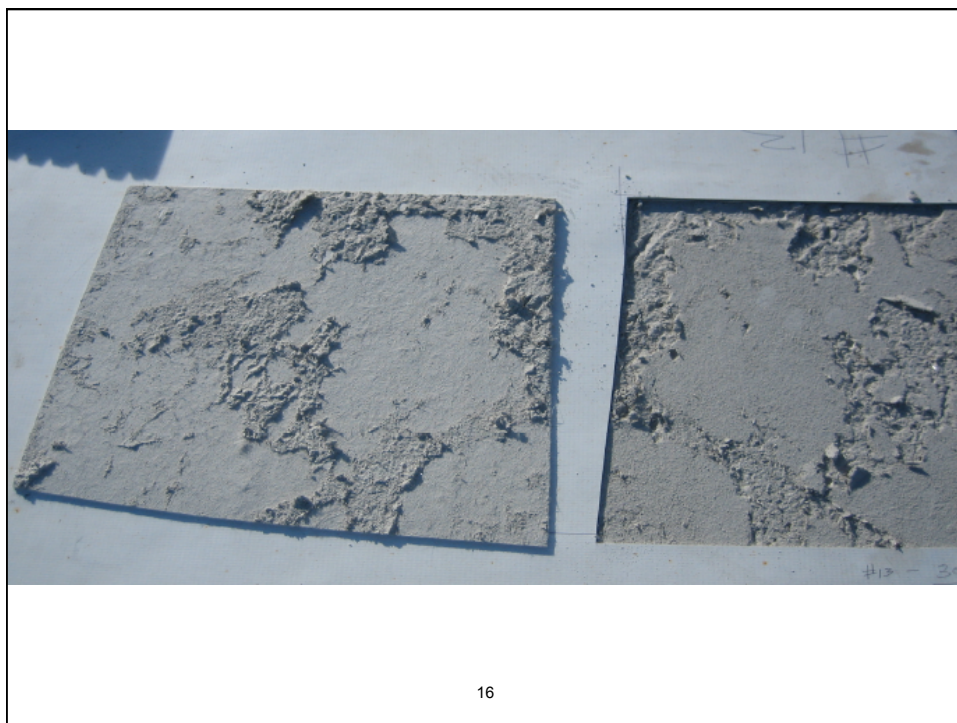
## **Moisture in concrete roof decks**



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### Some terminology

- **Structural concrete (normal weight)**
  - 150 lbs/ft<sup>3</sup>
- **Lightweight structural concrete**
  - 85–120 lbs/ft<sup>3</sup>
- **Lightweight insulating concrete**
  - 20-40 lbs/ft<sup>3</sup>



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### Some terminology

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## Concrete mix design

- Aggregate:
  - Large aggregate
  - Fine (small) aggregate
- Portland cement
- Water
- Admixtures:
  - Fly ash
  - Air entrainment
  - Curing compounds
  - Etc.



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## Concrete Aggregates

60-80% of Concrete Mix Design

- Normal-weight aggregates (stone):
  - Dense
  - Absorb about 2% by weight
- Light-weight aggregates (expanded shale):
  - Porous
  - Absorbs from 5 - 25% by weight

**Lightweight structural concrete  
inherently contains more moisture**

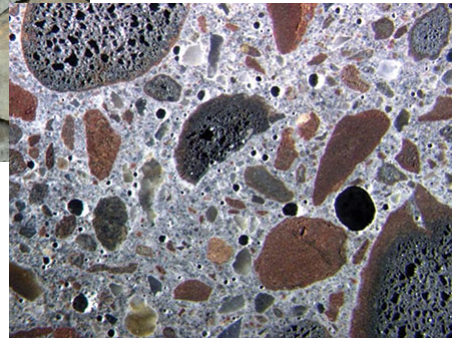


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### An up-close look



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### Uses for lightweight structural concrete

- Cast-in-place roof decks (removable forms)
- Composite roof decks (metal form deck stays in-place)
- Deck topping (e.g., topping over precast concrete)



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## What is the appeal?



Water Tower Place (1975)  
Chicago, IL  
859 feet tall

- Reduced weight:
  - Transportation
  - Pumping
  - Placement
  - In-place (Dead load)
- Similar strength
- Similar workability:
  - Begin finishing earlier
- Sustainability credit:
  - LEED

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## Reported roofing-related problems

- Moisture within the roof system
- Loss of adhesion
- Insulation facer delamination
- Adhesive curing issues
- Mold growth
- Fastener/metal corrosion
- R-value loss



## When is it OK to roof?

Historical guidelines

- After 28 days
- Application of hot bitumen
- Plastic film test
  - ASTM D4263, “Standard Test Method for Indicating Moisture in Concrete by the Plastic Sheet Method”

**These are not appropriate for current generations of concrete mixes**



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## Flooring industry

ASTM Committee F06—Resilient Floor Coverings

- ASTM F1869, “Standard Test Method for Measuring Vapor Emission Rate of Concrete Subfloor Using Anhydrous Calcium Chloride”
- ASTM F2170, “Standard Test Method for Determining Humidity in Concrete Floor Slabs Using In-situ Probes”



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### ASTM F2170 apparatus

Measure relative humidity (RH %) and temperature

Connector for the HM41 indicator

Protective cover (19268HM)

Plastic sleeve is sealed with a rubber plug (19267HM).

Plastic sleeve (19266HM)

The humidity can be measured at the desired depth (min. 30 mm, max. 90 mm).

The tip of the probe is in contact with the air that is in equilibrium with the concrete.

Probe diameter 12 mm  
Bore hole diameter 16 mm

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### Trial ASTM F2170 tests

Existing lightweight structural concrete roof decks

	Roof 1	Roof 2	Roof 3
Roof age (yrs)	4	7	7
Area (ft <sup>2</sup> )	13,200	23,840	14,760
Thickness (in.)	6.5	7.5	7.3
No. of readings	13	10	8
High reading	99% RH	99% RH	99% RH
Low reading	63% RH	96% RH	84% RH
Median reading	97% RH	99% RH	99% RH
Mean reading	89% RH	99% RH	95% RH

Values of 65-85% RH are considered acceptable in the flooring industry depending upon the specific floor covering type.

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## **Concrete Floors and Moisture, 2<sup>nd</sup> Edition**

Howard M. Kanare, CTL Group

75% internal RH can be achieved:

- Normal weight structural concrete
  - Less than 90 days
- Lightweight structural concrete
  - Almost 6 months



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## **Conclusions**

- Concrete roof decks – normal weight and light-weight structural – present challenging moisture-related considerations.
- Further complicated by the use of admixtures and method of finishing.
- NRCA does not support the 28-day drying period or the plastic sheet test



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## Conclusions - continued

- Roofing contractors can only visually assess the dryness of the concrete's top surface
- Roofing contractors cannot readily assess any remaining free moisture within concrete or its likely release

**Roofing contractors are not privy to and may not be knowledgeable about the information necessary to make "...when to roof..." decisions**



## Additional information

Professional Roofing, Feb. 2010

Professional Roofing, Jan. 2012

**Moisture in concrete roof decks**  
Concrete's curing and drying rates can affect roof systems  
by Mark S. Graham

**Let's** NRCA has reported an increase in reports of moisture-related problems with low-slope residential roof systems applied to newly poured, non-air-entraged lightweight structural concrete roof decks.

In the reported instances, significant amounts of water have been found within roof systems within several months to up to three years after construction. In most of the instances reported, it was determined that the distribution was irregular and not the result of moisture infiltration. Nevertheless, NRCA has some recommendations for avoiding such problems.

**Concrete decks**

When cast, poured and finished, normal-weight and lightweight structural concrete requires significant amounts of water. As concrete cures and hardens, a substantial large amount of the water through evaporation and absorption. For example, a 4-inch-thick concrete slab will release about 1 quart of water for each square foot of surface area.

Historically, the roofing industry has used a minimum 28-day period as a guideline for applying roofing materials on newly poured concrete roof decks. The 28-day period coincides with the curing time of concrete before it is ready for design compressive strength. There is little correlation between the 28-day period and concrete's "dryness."

In some instances, a plastic sheet test has been used to determine concrete dryness. While this is a plastic sheet test (which polyethylene) is taped to the concrete surface and the plastic sheet is held in place to prevent condensation.

Up to the publication of *The NRCA Roofing and Waterproofing Manual*, Fourth Edition in 1976, NRCA recommended this plastic sheet test as a method for determining a concrete surface's dryness.

However, with the publication of *The NRCA Roofing and Waterproofing Manual*, Fifth Edition in 2001 and continuing with the publication of *The NRCA Roofing Manual* this year, NRCA no longer considers the plastic sheet test a valid assessment of concrete's dryness.

Similar to the roofing industry, the concrete industry has seen significant advances in technology regarding concrete design, placement and curing.

For example, the use of concrete admixtures in concrete design and curing compounds during concrete placement greatly can influence or retard concrete curing and release of free moisture. Similarly, weather conditions, curing tank placement, curing, timing of concrete form removal, and temporary heating or misting of a building's interior after concrete placement can affect the rate of concrete's cure and its subsequent release of free moisture.

For these reasons, NRCA no longer reports the 28-day drying period for plastic sheet test.

**NRCA's recommendations**

NRCA considers the decision of when it is appropriate to cure a newly poured concrete slab prior to the finished roofing contractor's control. The use of the maximum available amount of water, concrete mix design, placement, curing and drying, curing conditions can be key to the information necessary to make such a decision.

Also, though a roofing contractor can assess the dryness of a concrete's top surface, he or she cannot readily assess any remaining free moisture within the concrete and its likely direction of release.

NRCA recommends the decision of when a newly poured concrete substrate is ready to be covered with a new roof system be made with the project or roof system designer and roofing contractor.

It also would be useful for designers to consult structural engineers, general contractors, concrete suppliers and concrete placement contractors who likely have more knowledge of concrete's curing and moisture-release rates.

Additional information regarding concrete roof decks is contained in *The NRCA Roofing Manual*, *Waterproofing Roof Systems*—2012. ■ ■ ■

Mark S. Graham is NRCA's executive director and is based in St. Louis.

*Professional Roofing* February 2010 23

**Concrete deck dryness**  
Alternative approaches are needed to determine when concrete decks are dry  
by Mark S. Graham

In September 2011, at the International Roofing Symposium 2011 in Georgia, "Technology and Roof System Performance" held in Washington, D.C., Steve Dupont, president of Unimark Research Inc., Middleburg, Wis., and I presented a paper about research we have been conducting regarding the dryness of newly poured structural concrete roof decks and alternative approaches for evaluating concrete decks' readiness for roofing materials.

Our research may help you if you are involved in new construction roofing projects with concrete roof decks or an existing roofing project with a concrete roof deck where moisture accumulation within the roof system is problematic.

**Historical methods**

Most roofing professionals have relied on historical, non-specific methods to determine the dryness level of concrete roof decks.

For example, one method is to either spray or pour hot bitumen on a concrete deck surface. If the bitumen does not splatter or flash on the deck, the deck can be considered "dry." Other historical methods include using a moisture meter or a plastic sheet test. This procedure is defined by ASTM D3053, "Standard Test Method for Indicating Moisture in Concrete by the Plastic Sheet Method." Another method involves no pressure or vacuum of bitumen, lightweight aggregate, curing compounds and surface treatments. Dupont and I no longer

consider this historical method of determining the relative dryness of concrete roof decks to be adequate.

**An alternative approach**

During our research, Dupont and I looked for the following reasons and found some alternative methods of evaluation.

**Concrete floor and slabs.** Several factors, written by Howard Kaman, senior principal scientist at C.T. Corp., Skokie, Ill., discuss several ways to evaluate the necessary dryness of concrete floor slabs before floor covering application. Dupont and I found one method to be of particular interest and practical for use in evaluating concrete roof deck dryness.

ASTM F2170, "Standard Test Method for Determining Relative Humidity in Concrete Floor Slabs Using a Non-Fdestructive, Semi-empirical, Non-destructive Method," provides a relatively non-specific method for determining relative humidity and temperature within concrete slabs, and these values can be compared with required building code requirements to determine concrete slab relative dryness.

The method involves drilling small holes in a concrete slab and placing and sealing small humidity and temperature sensors in the drilled openings. After a defined period when the probe and monitoring equipment are in place, the concrete's relative humidity and temperature can be measured. In our research, Dupont and I conducted limited ASTM F2170 testing and found more relative humidity values from 80 percent to existing concrete roof decks could reach humidity values from the range from 4 to 7 years old.

Concrete's acceptable and non-specific relative humidity values for concrete roof decks do not exist. However, Kaman reports relative humidity values from 65 to 80 percent typically are considered acceptable in the building industry. Reporting on the floor-curing being used.

Also, though non-destructive structural concrete used for floor slabs may reach acceptable levels in less than 30 days, lightweight structural concrete may take about six months to reach equivalent levels.

**Additional information**

A possible alternative approach for determining when a newly placed concrete deck is suitable to be covered has been identified. However, before the roofing industry can implement the alternative approach, roof system-specific, acceptable values for concrete roof decks' relative humidity need to be determined.

If you are involved in projects where ASTM F2170 testing has been overlooked, Dupont and I encourage you to share the test results with us. Also, if you are involved in a project with a concrete roof deck where moisture accumulation in the roof system is a concern, ASTM F2170 testing of the concrete roof deck should be considered.

For more information, please contact us at 28 other research papers from the symposium, an available from NRCA by visiting [www.nrca.net](http://www.nrca.net) or by contacting [dupont@nrca.net](mailto:dupont@nrca.net). ■ ■ ■

MARK S. GRAHAM is NRCA's executive director and is based in St. Louis.

*Professional Roofing* January 2012 12

## **Recommendations**

Normal weight structural concrete

In new construction:

- Designer should specify “...when to roof...” criteria
  - Consult with CM/GC, concrete supplier and placement contractor, and roof system manufacturer

In reroofing:

- If evidence of moisture-related problems associated with the deck, treat the deck as lightweight structural concrete



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## **Recommendations – cont.**

Lightweight structural concrete

In new construction:

- NRCA recommends lightweight structural concrete not be used for roof deck construction.
- If lightweight structural concrete is used, the Designer should specifically identify concrete drying parameters/when to apply roofing



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## Recommendations – cont.

Existing concrete roof decks (known to be lightweight structural concrete or where moisture-related problems are evident):

- Above-deck venting design (e.g., venting base sheet)
- Adhered vapor retarder (e.g., two-part epoxy 12-15 mils)

Adhered or loosely-laid, ballasted roof systems



## NRCA Industry Issue Update, August 2013

INDUSTRY ISSUE UPDATE

NRCA Member Benefit

Moisture in Lightweight Structural Concrete Roof Decks

Concrete Moisture Presents Challenges for Roofing Contractors

**N** NRCA's Technical Service Section is receiving an increasing number of inquiries relating to the application of roof systems over concrete roof decks. These inquiries can be separated into two general questions: *When is a concrete roof deck dry enough to apply a roof covering? And why is a roof system applied over a concrete roof deck showing signs of moisture utilization when the roof covering isn't leaking?*

**CONCRETE BASICS**

There are three general types of concrete: normal-weight structural concrete, lightweight structural concrete and lightweight insulating concrete.

Normal-weight structural concrete is what most people think of as concrete; it has a density of about 150 pounds per cubic foot (pcf). Lightweight structural concrete has structural load-carrying capabilities similar to normal-weight structural concrete; it has a density in the range of 85 to 120 pcf. Lightweight insulating concrete, which many roofing professionals are familiar with as an insulating, slope-to-drain deck topping, typically has a density in the range from 20 to 40 pcf.

Structural concrete—normal-weight structural concrete and lightweight structural concrete—is produced by mixing large and small aggregates, Portland cement, water and, in some instances, admixtures such as fly ash or various chemical additives. Admixtures can add entrained air to the concrete, accelerate concrete's curing, retain concrete's excess moisture and/or lengthen concrete's finishing time. Use of admixtures typically is not visually identifiable in the field; microscopic analysis usually is needed for post-application identification of admixtures.

The primary difference in the composition of normal-weight structural concrete and lightweight structural concrete is the large aggregate's type. Normal-weight structural concrete contains normal-weight aggregates such as stone or crushed gravel, which are dense and typically will absorb no more moisture than about 2 percent by weight. Lightweight structural concrete uses lightweight,

porous aggregates such as expanded shale, which will absorb about 5 to 25 percent moisture by weight. Lightweight aggregate needs to be saturated with moisture—its often stored in ponds—before mixing. As a result, lightweight structural concrete inherently contains much more water than normal-weight structural concrete.

Lightweight structural concrete is used in roofing-related applications for cast-in-place concrete roof decks using removable forms; composite roof decks where a metal form deck remains in place and as a deck topping material, such as a concrete topping surface over precast concrete planks or slabs.

Once poured, lightweight structural concrete typically cannot be easily distinguished from normal-weight structural concrete.

Visual identification is possible using magnification, typically a microscope used by a trained technician.

**REPORTED PROBLEMS**

The problems reported to NRCA associated with lightweight structural concrete roof decks include the following:

- **Excessive atrium moisture.** Excessive moisture from a concrete deck can be pressure-differential driven into and condensed within a roof system.
- **Adhesive del.** The presence of moisture can result in deterioration of moisture-sensitive roofing materials and adhesive bond loss between adhered material layers.
- **Adhesive issues with water-based and low-solids epoxies.** Excessive moisture can affect adhesive curing and drying rates. Also, moisture can result in adhesive "beading," resulting in bond strength loss.
- **Metal and fastener corrosion.** Excessive moisture can contribute to and accelerate metal component corrosion, including fastener corrosion.
- **Insulation R-value del.** The accumulation and presence of moisture in most insulation products will result in reduced thermal performance (lower effective R-value).
- **Microbial growth.** The presence of prolonged high-moisture

Colorado Roofing Association

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### **NRLRC's Contract Provisions, Vol. III**

“Roofing Contractor’s commencement of the roof installation indicates only that the Roofing Contractor has visually inspected the surface of the roof deck for visible defects and has accepted the surface of the roof deck. Roofing Contractor is not responsible for the construction, structural sufficiency, durability, fastening, moisture content, suitability, or physical properties of the roof deck or other trades’ work or design. Roofing Contractor is not responsible to test or assess moisture content of the deck or substrate.”



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### **New LTTR values**



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## Some terminology

**R-value:** See “thermal resistance (R)”

**thermal resistance:** The quantity determined by the temperature difference at steady state between two defined surfaces or a material or construction that induces a unit heat flow rate through a unit area. In English (inch·pound) units, it is expressed as  $F \cdot ft^2 \cdot hr / Btu$ .



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## About thermal resistance (R)

- A thermal resistance (R) value applies to a specific thickness of material or construction.
- The thermal resistance (R) of a material is the reciprocal of the thermal conductance (C) of the same material (i.e.,  $R = 1/C$ ).
- Thermal resistance (R) values can be added, subtracted, multiplied and divided by mathematically appropriate methods.



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## **Thermal resistance (R)**

ASTM C518, “ Standard Test Method for Steady-state Thermal Transmission Properties by Means of the Heat Flow Meter Apparatus”

-- Originally published in 1963  
Current edition is 2010



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## **Theory of foam aging**

ASTM C1303, Appendix X3-Theory of Foam Aging

- R-value of most foam insulations is affected by the gas mixture in the foam
  - R-value of most blowing agents is greater than that of air.
  - R-value of foam insulation is greater when there is more blowing agent and less air



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## Theory of foam aging -- continued

ASTM C1303, Appendix X3-Theory of Foam Aging

- For rigid, closed-cell foams, diffusion plays a role:
  - Air diffuses into cells
  - Blowing agent diffuses out of cells or partially dissolves into the polymer matrix
- Diffusion rate depends upon:
  - Type of polymer
  - Type of gas
  - Foam structure
  - Temperature
  - Pressure



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## Long-term thermal resistance (LTTR)

**R-value:** same

**thermal resistance:** same

**long-term:** for the purpose of the Prescriptive Method, long term refers to five years



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## **Long-term thermal resistance (LTTR)**

- ASTM C1303, “Standard Test Method for Predicting Long-Term Thermal Resistance of Closed-Cell Foam Insulation”
- CAN/ULC-S770, “Standard Test Method for Determination of Long-Term Thermal Resistance of Closed-Cell Thermal Insulating Foams



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## **PIMA Quality Mark<sup>cm</sup> program**

- Established in 2003
- Implemented on January 1, 2004
- Report LTTR values based upon CAN/ULC-S770-03
- Third-party administration by FM Global



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Insulation thickness	LTR
1.0 inch (25 mm)	6.0
1.5 inches (38 mm)	9.0
1.7 inches (43 mm)	10.3
1.8 inches (46 mm)	10.9
2.0 inches (51 mm)	12.1
2.5 inches (64 mm)	15.3
2.7 inches (69 mm)	16.6
3.0 inches (76 mm)	18.5
3.3 inches (84 mm)	20.4
3.5 inches (89 mm)	21.7
4.0 inches (102 mm)	25.0

“Tech today,” *Professional Roofing*, November 2002



### Revision of PIMA Quality Mark<sup>cm</sup> program

- Report LTR values based upon:
  - ASTM C1303-11
  - CAN/ULC-S770-09
- Effective date of January 1, 2014



## New minimum LTRR values

PIMA Quality Mark<sup>cm</sup> program (minimum values)

<b>Revised LTRR values</b>		
<b>Thickness (inches)</b>	<b>New LTRR values per inch thickness</b>	<b>New LTRR values per thickness</b>
1	5.6	5.6
2	5.7	11.4
3	5.8	17.4
4	5.9	23.6

*"Tech today," Professional Roofing, August 2013*



## Comparing existing vs. new LTRR values

<b>Thickness</b>	<b>LTRR (2004 – 2013)</b>	<b>New LTRR (2014 –)</b>
1 inch	6.0	5.6
1.5 inches	9.0	8.6
2 inches	12.1	11.4
3 inches	18.5	17.4
4 inches	25.0	23.6



## Some concerns

Design/bid/construction scenarios:

- Projects designed in 2013, but will be constructed in 2014
- Projects bid in 2013, but will be constructed in 2014
- Projects designed and bid in 2014 using outdated LTTR values



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NRCA recommends designers specify polyisocyanurate insulation by thickness  
– not R-value or LTTR.



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### **Some words of caution...**

Do not use the terms “R-value” and “LTTR” interchangeably.



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### **Some additional cautions...**

- Is the “long-term” in LTTR really long term in the context of a roof system service life?
- LTTR may not appropriate for use for vapor retarder design.
- LTTR may not be appropriate for use for building energy calculations.



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## **NRCA has not endorsed the LTTR concept**

“Although the LTTR method of R-value determination and reporting may be appropriate for laboratory analysis, research comparison and procurement purposes, NRCA does not consider LTTR to be appropriate for design and in-service purposes...”

*--The NRCA Roofing Manual: Membrane Roof Systems-2011*



## **NRCA’s recommended design R-values**

*The NRCA Roofing Manual: Membrane Roof System-2011*

Polyisocyanurate			
Thickness, in.	LTTR	NRCA Recommended Design R-values	
		Heating Conditions	Cooling Conditions
1.0	6.0	5.0	5.6
1.25	7.5	6.3	7.0
1.5	9.0	7.5	8.4
1.75	10.5	8.8	9.8
2.0	12.1	10.0	11.2
2.3	14.0	11.5	12.9
2.5	15.3	12.5	14.0
2.8	17.2	14.0	15.7
3.0	18.5	15.0	16.8
3.25	20.1	16.3	18.2
3.5	21.7	17.5	19.6
3.75	23.4	18.8	21.0
4.0	25.0	20.0	22.4





**Tech Today**

### R-value concerns

R-values are found to be below LTTR  
by Mark S. Graham

**NRCA HAS CONDUCTED** limited R-value testing of high R-value rigid board insulation. The test results show R-values lower than the product's published long-term thermal resistance (LTTR) values. If you design roof systems using high R-value rigid board insulation, you should be aware of this data.

**NRCA testing**  
NRCA obtained 15 samples of new (manufactured) 2-inch-thick, life-based polyisocyanurate insulation from NRCA's contractor members throughout the U.S. The samples were provided to R. D. Service Inc., Coltonville, Tenn., for R-value testing conducted according to ASTM C518, "Standard Test Method for Steady-State Thermal Transmission Properties by Means of the Heat Flow Meter Apparatus." The samples' R-values were tested at normal, meaning without any additional aging. The samples ranged in age from four to 13 months.

R-values were tested at a 75 F mean reference temperature, as well as at 25 F, 40 F and 110 F. NRCA views these additional test temperatures as being more representative of actual in-service conditions than the 75 F reference temperature typically used for product comparison and labeling.

A graph of mean tested R-values is provided in the figure.

**Comparing R-values**  
LTTR is intended to represent the R-value of specimens tested after five years of aging when tested in a controlled laboratory environment. This five-year figure corresponds closely to a predicted 15-year, unweighted average of R-values.

ASTM C518—the same test method used in NRCA's testing—is the preferred test method for determining specimen R-values in the LTTR methodology. However, in the LTTR methodology, the manufacturer's thickness is reduced (based and added) to accelerate aging before testing. (For additional information, see "Testing LTTR," January 2006 issue, page 36.)

Review of NRCA's test results reveals tested R-values lower than the predicted five-year-old value in laboratory conditions (LTTR). Also, NRCA's tested values are somewhat lower than those of ASTM C518, "Standard Specification for Faced Rigid Cellular Polyisocyanurate Thermal Insulation Board," at 40 F.

**What to do?**  
NRCA maintains its longstanding recommendation that designers determine polyisocyanurate board insulation's total in-service thermal resistance on the basis of an evaluation of 5-year use.

However, based on NRCA's testing, it may be prudent for designers to use an even lower R-value when designing for cold conditions, such as in northern climates or cold-storage applications.

Mark S. Graham is NRCA's associate director of technical services.

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May 2010 [www.professionroofing.net](http://www.professionroofing.net)

## NRCA 2009 R-value testing:

- 15 samples of new 2-inch polyiso. were testing according to ASTM C518
- Tested R-values at 75 F were lower than LTTR
- R-value of polyiso. is temperature sensitive
- R-values at 25 F, 40 F and 110 F are lower than R-value at laboratory conditions

"Tech today," Professional Roofing, May 2010

COLOrado ROOFING ASSOCIATION

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### BSC Information Sheet 502

#### Understanding the Temperature Dependence of R-values for Polyisocyanurate Roof Insulation

Polyisocyanurate insulation is a common commercial and residential roof and wall insulation. It has one of the highest R-values per inch of thickness among common insulations.

However, labeled R-value differs from in-service R-value for many insulations. Building Science Corporation (BSC) and others have been examining this difference. BSC has found significant thermal performance differences between different manufacturers of insulation products and significant differences based on in-service temperature. The following discussion refers to BSC's work to date with polyisocyanurate roof insulation.

**How are Label R-values Determined?**  
Most label R-values are based on testing that does not account for real-life temperature conditions and real-life installations.

**The R-value Rule**  
The Federal Trade Commission "R-value Rule" requires that "manufacturers and sellers also will have sensitive determine and disclose each product's R-value and related information (e.g., thickness, average area per package) on package labels and manufacturers' data sheets."<sup>1</sup>

The R-value Rule requires that all types of insulation (except aluminum foil) be tested in accordance with one of four mandated test methods defined by ASTM, the American Society of Testing and Materials.<sup>2</sup>

the cold side at 50°F (10°C) and the warm side at 100°F (37.8°C).<sup>3</sup>

The R-value Rule only applies to insulation products that are marketed and sold to residential consumers, however it has a strong influence over labeling practices for a wide range of insulation products in the commercial, institutional and residential building industry.

**Aged R-values**  
The R-value Rule recognizes that the thermal performance of some insulation materials changes as they age (e.g. many, but not all, foam insulations) or settle (e.g. some loose-fill insulations). The R-value of polyisocyanurate decreases as some of the gases in the pores from the manufacturing process diffuse out and are replaced with air. The "gas replacement" process is very slow and takes years to complete (depending on material, assembly and exposure conditions), so samples must be artificially aged before R-value testing if one wishes to predict long-term thermal performance. Several aging methods have been debated over the past decade but most polyisocyanurate manufacturers are currently using one method: Long Term Thermal Resistance (LTTR).<sup>4</sup>

**Published Polyisocyanurate R-values**  
Table 1 shows the published (see label) R-values for various common thicknesses of polyisocyanurate insulation. The table is based on literature for polyisocyanurate insulation products.

IP	Thickness (in.)	1	1.5	2	2.5	3	4
	LTTR	(in. <sup>2</sup> ·h <sup>24</sup> ·°F/Btu)	6	9	12.1	15.3	18.5

SI	Thickness (mm)	25	38	51	64	76	102
	LTTR	(m <sup>2</sup> ·K/W)	1.06	1.59	2.13	2.69	3.26

<sup>1</sup> Federal Trade Commission's CFR Part 465, "Labeling and Advertising of Home Insulation: Trade Regulation Rule 'True Rule,'" May 21, 2005.

<sup>2</sup> See ASTM C 1289, ASTM E 1944, ASTM C 1289-1, ASTM C 1289-2, ASTM C 1289-3, ASTM C 1289-4.

<sup>3</sup> Understanding the Temperature Dependence of R-values for Polyisocyanurate Roof Insulation. © BuildingScience.com

<sup>4</sup> The actual language of the Rule permits test temperature differential of 50°F to 100°F, but also allows differential of 40°F to 60°F and test temperature of 60-100°F. ASTM C 1289-1 and C 1289-2-07.

## BCS Info. Sheet 502:

- Replicated NRCA's 2009 R-value testing
- Similar results
- Suggests a "climate-based" R-value approach
- Suggests use of a hybrid insulation approach

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COLOrado ROOFING ASSOCIATION

### **In review...**

- New LTTR values as of January 1, 2014
- Implementation concerns
- LTTR may not be appropriate for design purposes
- NRCA is maintaining it's longstanding design R-value recommendation



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### **Asphalt shingles**

- ASTM D225 (organic shingles)



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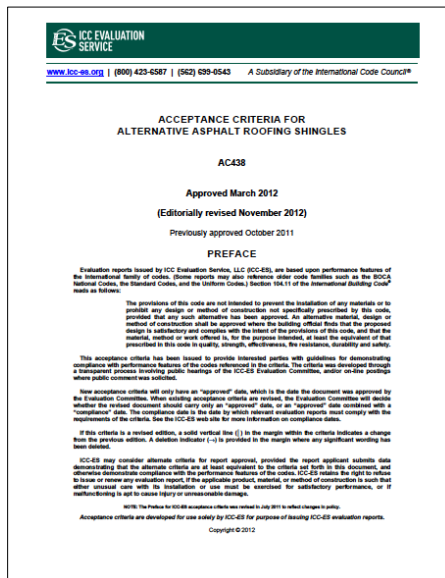


## Asphalt shingles

- ~~ASTM D225 (organic shingles)~~
- ~~ASTM D3462 (fiberglass shingles)~~
- ICC-ES AC 438 (alternative asphalt shingles)



## ICC-ES AC438

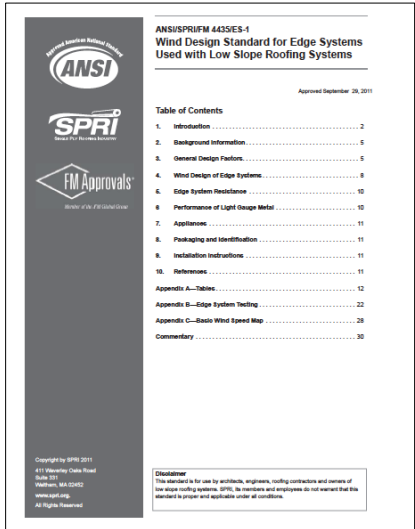


- Alternative acceptance
- No weight/mass testing
- No tear strength testing
- ASTM E108 Class C
- ASTM D7158 Class D
- Weather resistance
  - Break strength
- Temperature cycling
- Wind-driven rain

# ANSI/SPRI ES-1


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## ANSI/SPRI/FM 4435/ES-1, 2011 Edition



**ANSI/SPRI/FM 4435/ES-1**  
Wind Design Standard for Edge Systems  
Used with Low Slope Roofing Systems

Approved September 28, 2011



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Disclaimer  
This standard is for use by architects, engineers, roofing contractors and owners of low slope roofing systems. SPRI, its members and employees do not warrant that this standard is proper and applicable under all conditions.

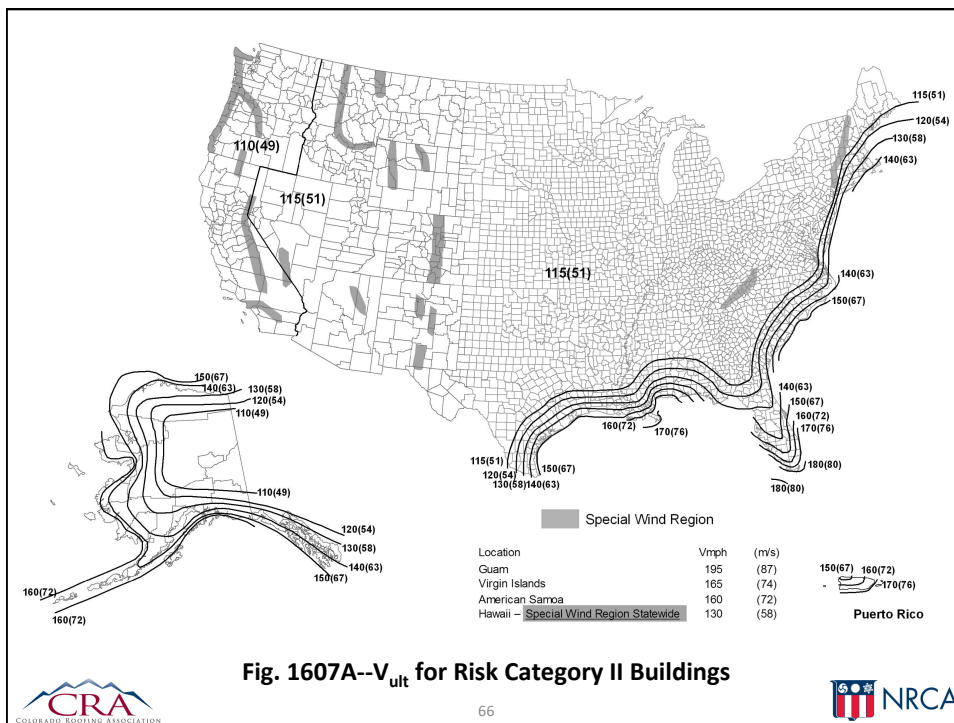
- Design wind loads
- Tested resistance:
  - RE-1
  - RE-2
  - RE-3
- Prescriptive requirements
- Appendixes
- Commentary

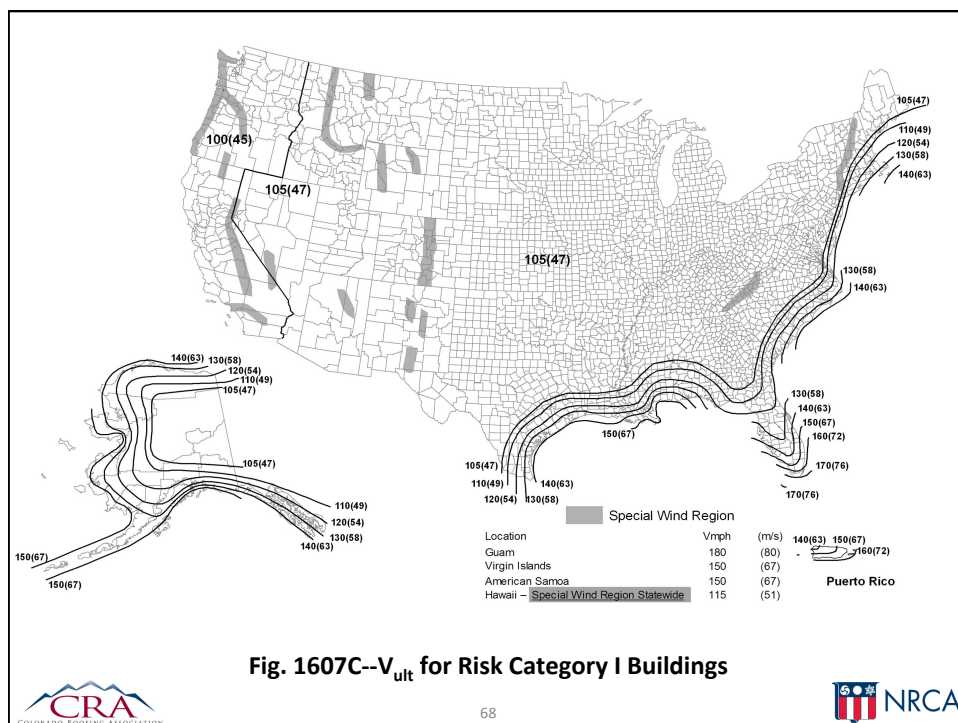
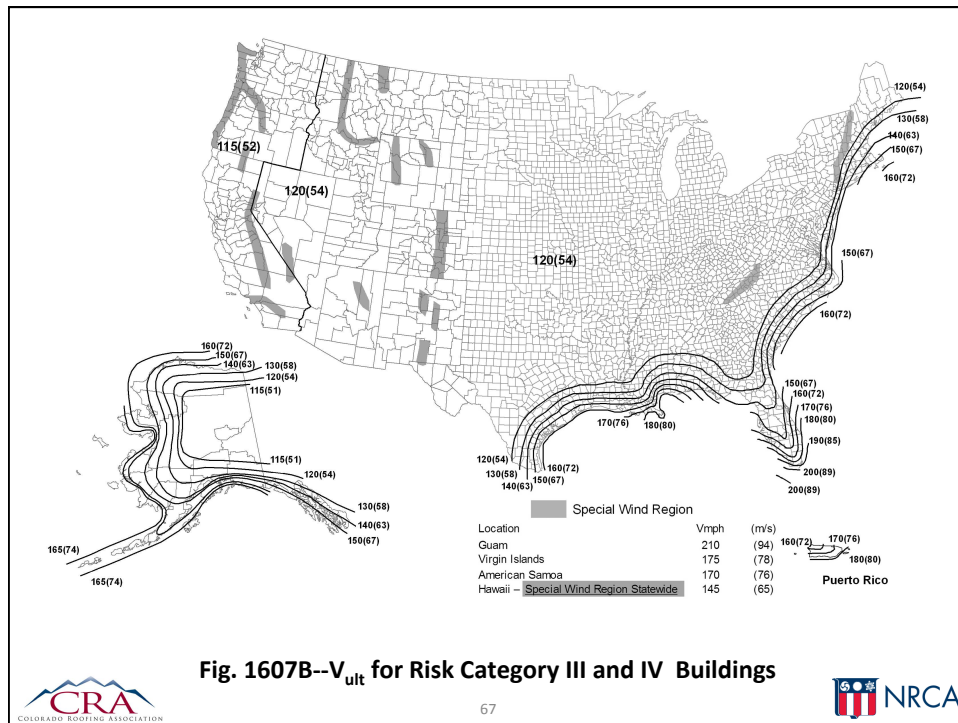

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## Sec. 1504-Performance Requirements

*International Building Code, 2012 Edition*

**1504.5 Edge securement for low-slope roofs.** Low-slope built-up, modified bitumen and single-ply roof system metal edge securement, except gutters, shall be designed and installed for wind loads in accordance with Chapter 16 and tested for resistance in accordance with Test Methods RE-1, RE-2 and RE-3 of ANSI/SPRI ES-1, except  $V_{ult}$  wind speed shall be determined from Figure 1609A, 1609B, or 1609C as applicable.





## Design wind loads

ANSI/SPRI FM 4435/ES-1, 2011 Edition

### 4.2 Wind Load Determination

The following factors apply when determining the wind load of a roof edge system: wind speed, building height, exposure factor, topography, importance factor, corner and perimeter regions, and edge condition. See Commentary and Section 3 for further information.

This document includes an edge system design factor (safety factor) of 2.0.

#### 4.2.1 General Wind Load Design Equation

The roof edge design pressure, P, shall be calculated using the equation shown below:

$$P = 2.0 \times q_{fz} \times GC_p \times I \quad \text{Equation (1)}$$

where:

**P** = Roof Edge Design Pressure, psf (kPa)

**2.0** = Design Factor

**q<sub>fz</sub>** = Field of roof pressure at height z in feet

**GC<sub>p</sub>** = External Pressure Coefficient from Table 2

**I** = Importance Factor from Table A1



## Design wind loads

ANSI/SPRI FM 4435/ES-1, 2011 Edition

**Table 1**

**Exposure Categories**

Wind Exposure Categories	
<b>B</b>	Surface Roughness B: Urban and Suburban areas, wooded areas, or other terrain with numerous closely spaced obstructions having the size of single-family dwellings or larger. This applies where the ground surface roughness condition prevails in the upwind direction for a distance of at least 2600 ft. (792 m) or 20 times the height of the building, whichever is greater. <b>Exception:</b> For buildings whose mean roof height is less than or equal to 30 ft. (9.1 m), the upwind distance may be reduced to 1500 ft. (457 m)
<b>C</b>	Surface Roughness C: Open terrain with scattered obstructions having heights generally less than 30 ft. (9.1 m). This category includes flat open country, grasslands, and all water surfaces in hurricane prone regions. Exposure C shall apply for all cases where exposures B or D do not apply.
<b>D</b>	Surface Roughness D: Flat, unobstructed areas and water surfaces outside hurricane prone regions. This category includes smooth mud flats, salt flats, and unbroken ice. This shall apply where the ground surface roughness, as defined by surface roughness D, prevails in the upwind direction for a distance at least 5000 ft. (1524 m) or 20 times the building height, whichever is greater. Exposure D shall extend into downwind areas of Surface Roughness B or C for a distance of 600ft (200 m) or 20 times the height of the building, whichever is greater.



## Design wind loads

ANSI/SPRI FM 4435/ES-1, 2011 Edition

**Table A3**  
Field of Roof Pressure  $q_{fz}$  psf (kPa)—Exposure C  
Enclosed Building<sup>1</sup>

Building Height ft. (m)	Exposure C, Occupancy Category II ( $I=1.0$ ) Wind Speed, 3 Second Gust, mph (m/sec)									
	85	90	100	110	120	130	140	150	160	170
	(38.1)	(40.3)	(44.8)	(49.3)	(53.8)	(58.2)	(62.7)	(67.2)	(71.7)	(76.2)
0 ≤ 15 (0–4.6)	-18.6 (-0.89)	-20.8 (-1.00)	-25.7 (-1.23)	-31.1 (-1.49)	-37.0 (-1.77)	-43.4 (-2.08)	-50.3 (-2.41)	-57.8 (-2.77)	-65.7 (-3.15)	-74.2 (-3.55)
> 15 ≤ 20 (4.6–6.1)	-19.6 (-0.94)	-22.0 (-1.05)	-27.2 (-1.30)	-32.9 (-1.58)	-39.1 (-1.87)	-45.9 (-2.20)	-53.3 (-2.55)	-61.2 (-2.93)	-69.6 (-3.33)	-78.6 (-3.76)
> 20 ≤ 25 (6.1–7.6)	-20.5 (-0.98)	-23.0 (-1.10)	-28.4 (-1.36)	-34.4 (-1.65)	-40.9 (-1.96)	-48.0 (-2.30)	-55.7 (-2.66)	-63.9 (-3.06)	-72.7 (-3.48)	-82.1 (-3.93)
> 25 ≤ 30 (7.6–9.1)	-21.4 (-1.02)	-24.0 (-1.15)	-29.6 (-1.42)	-35.8 (-1.72)	-42.6 (-2.04)	-50.0 (-2.40)	-58.0 (-2.78)	-66.6 (-3.19)	-75.8 (-3.63)	-85.6 (-4.10)
> 30 ≤ 40 (9.1–12.2)	-22.7 (-1.09)	-25.4 (-1.22)	-31.4 (-1.50)	-38.0 (-1.82)	-45.2 (-2.17)	-53.1 (-2.54)	-61.6 (-2.95)	-70.7 (-3.38)	-80.4 (-3.85)	-90.8 (-4.35)



## Design wind loads

ANSI/SPRI FM 4435/ES-1, 2011 Edition

**Table 2**  
External Pressure Coefficient<sup>1</sup> ( $GC_p$ )  
Enclosed Building<sup>2</sup>

Type of Loading	Edge Location	Roof Height 60 ft. (18.3 m) or less $z \leq 60$ ft. (18.3 m)	Roof Height over 60 ft. (18.3 m) $z > 60$ ft. (18.3 m)
Horizontal (acting outward from the building edge)	Perimeter	-0.97 <sup>3</sup>	-0.68
	Corner	-1.21 <sup>3</sup>	-1.25
Vertical (acting upward at the building edge)	Perimeter	-1.68	-1.57
	Corner	-2.53	-2.14





## Design wind loads

ANSI/SPRI FM 4435/ES-1, 2011 Edition

$$P = 2.0 \times q_{fz} \times GC_p \times l$$

$$= 2.0 \times (-42.6 \text{ psf}) \times GC_p \times 1.0$$

For horizontal loads:

Perimeter ( $GC_p = -0.97$ ): 82.6 psf

Corner ( $GC_p = -1.21$ ): 103.1 psf

For vertical loads:

Perimeter ( $GC_p = -1.68$ ): 143.1 psf

Corner ( $GC_p = -2.53$ ): 215.6 psf



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## Design wind load pressures

*International Building Code, 2012 Edition*

### SECTION 1603

#### CONSTRUCTION DOCUMENTS

**1603.1 General.** *Construction documents shall show the size, section and relative locations of structural members with floor levels, column centers and offsets dimensioned. The design loads and other information pertinent to the structural design required by Sections 1603.1.1 through 1603.1.9 shall be indicated on the construction documents.*

[continued...]



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**1603.1.4 Wind design data.** The following information related to wind loads shall be shown, regardless of whether wind loads govern the design of the lateral force resisting system of the structure:

1. Ultimate design wind speed,  $V_{ult}$  (*3-second gust*), miles per hour (km/hr) and nominal design wind speed,  $V_{asd}$  as determined in accordance with Section 1609.3.1.
2. *Risk category.*
3. Wind exposure. Where more than one wind exposure is utilized, the wind exposure and applicable wind direction shall be indicated.
4. The applicable internal pressure coefficient.
5. Components and cladding. The design wind pressures in terms of psf (kN/m<sup>2</sup>) to be used for the design of exterior component and cladding materials not specifically designed by the *registered design professional.*



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**1603.1.4 Wind design data.** The following information related to wind loads shall be shown, regardless of whether wind loads govern the design of the lateral force resisting system of the structure:

1. Ultimate design wind speed,  $V_{ult}$  (*3-second gust*), miles per hour (km/hr) and nominal design wind speed,  $V_{asd}$  as determined in accordance with Section 1609.3.1.
2. *Risk category.*
3. Wind exposure. Where more than one wind exposure is utilized, the wind exposure and applicable wind direction shall be indicated.
4. The applicable internal pressure coefficient.
5. Components and cladding. The design wind pressures in terms of psf (kN/m<sup>2</sup>) to be used for the design of exterior component and cladding materials not specifically designed by the *registered design professional.*



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## Design wind loads

ANSI/SPRI FM 4435/ES-1, 2011 Edition

The Designer is required by the Code to include the design wind loads in the Construction Documents.



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## Tested resistance

ANSI/SPRI FM 4435/ES-1, 2011 Edition

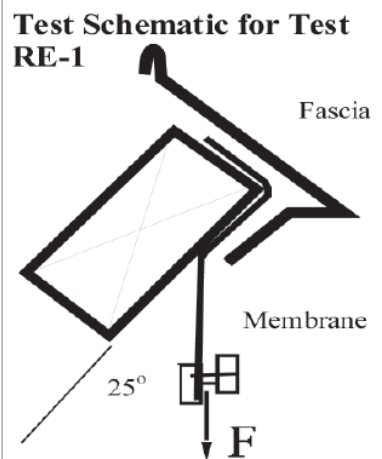


Figure RE1.1



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## Tested resistance

ANSI/SPRI FM 4435/ES-1, 2011 Edition

### Fascia Blow-Off Test Set Schematic

(Force at Failure x Face Area = Blowoff Resistnace)

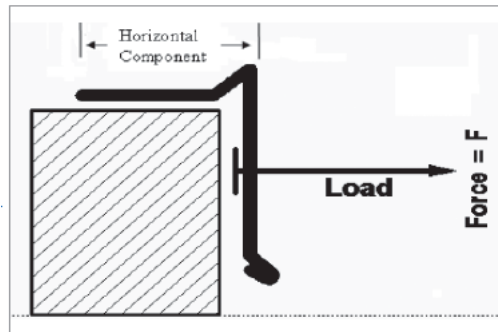


Figure RE2.1



## Tested resistance

ANSI/SPRI FM 4435/ES-1, 2011 Edition

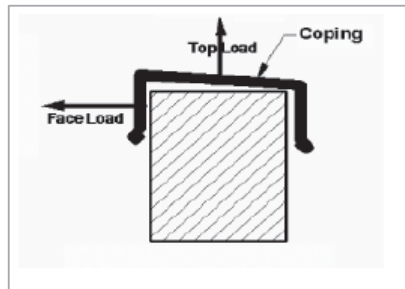


Figure RE3.1  
RE3 Test—Face Leg Pull

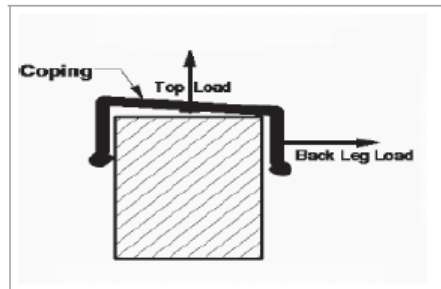


Figure RE3.2  
RE3 Test—Back Leg Pull

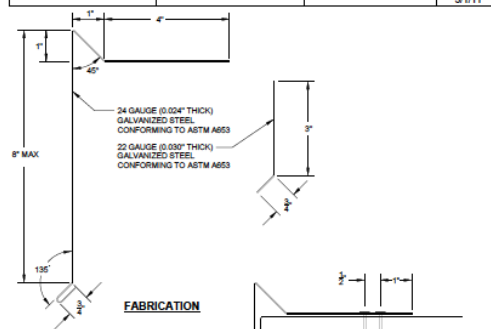


# NRCA's shop-fabricated edge metal testing

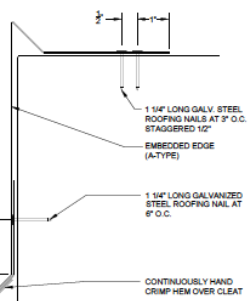
www.nrca.net



THE NRCA ROOFING MANUAL CONSTRUCTION DETAILS SM14, SM15	EMBEDDED EDGE (A-TYPE) • 24 GA. GALVANIZED STEEL • 22 GA. GALVANIZED STEEL CLEAT • CONTINUOUS FRONT FACE CLEAT	ANSI/SPRI ES-1 TESTED RESISTANCE 210 LBS./SQ. FT.	<b>UL-25</b> 3/1/11
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**FABRICATION**



**INSTALLATION**



<p><b>THE NRCA ROOFING MANUAL</b> CONSTRUCTION DETAILS SM-11, SM-12, SM-13</p>	<p><b>RAISED PERIMETER EDGE (FASCIA CAP)</b> • 24 GA. GALVANIZED STEEL • 22 GA. GALVANIZED STEEL CLEAT • CONTINUOUS FRONT FACE CLEAT AND GASKETED BACK FACE FASTENER</p>	<p><b>ANSI/SPRI ES-1 TESTED RESISTANCE</b> 170 LBS./SQ. FT.</p>	<p><b>UL-20</b> 3/1/11</p>
--	--	---	--------------------------------

**FABRICATION**

- 24 GAUGE (0.024" THICK) GALVANIZED STEEL CONFORMING TO ASTM A653
- 22 GAUGE (0.030" THICK) GALVANIZED STEEL CONFORMING TO ASTM A653

**INSTALLATION**

- 1 1/2" LONG GALVANIZED STEEL HEX HEAD SCREW WITH WASHER AT 18" O.C.
- RAISED PERIMETER EDGE (FASCIA CAP)
- CONTINUOUS CLEAT
- 1 1/4" LONG GALVANIZED STEEL ROOFING NAIL AT 6" O.C.
- CONTINUOUSLY HAND CRIMP HEM OVER CLEAT

<p><b>THE NRCA ROOFING MANUAL</b> CONSTRUCTION DETAIL SM-3</p>	<p><b>COPING</b> • 24 GA. GALVANIZED STEEL • 22 GA. GALVANIZED STEEL CLEAT • CONTINUOUS FRONT FACE CLEAT AND GASKETED BACK FACE FASTENER</p>	<p><b>ANSI/SPRI ES-1 TESTED RESISTANCE</b> OUTWARD: 285 LBS./SQ. FT. UPWARD: 440 LBS./SQ. FT.</p>	<p><b>UL-4</b> 3/1/11</p>
--	--	---	-------------------------------

**FABRICATION**

- 24 GAUGE (0.024" THICK) GALVANIZED STEEL CONFORMING TO ASTM A653
- 22 GAUGE (0.030" THICK) GALVANIZED STEEL CONFORMING TO ASTM A653

**INSTALLATION**

- COPING
- CONTINUOUS CLEAT
- 1 1/4" LONG GALVANIZED STEEL ROOFING NAIL AT 6" O.C.
- 1 1/2" LONG GALVANIZED STEEL HEX HEAD SCREW WITH WASHER AT 18" O.C.
- CONTINUOUSLY HAND CRIMP HEM OVER CLEAT

## **NRCA's shop-fabricated edge metal testing**

- NRCA has third-party certifications:
  - UL
  - Intertek Testing Services, N.A.
  - FM Approvals
- Contractors included in NRCA's third-party certification program are listed on NRCA's website: [www.nrca.net](http://www.nrca.net)
- If interested, contact me for more information.



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## **Colorado contractors**

Included in NRCA's UL ANSI/SPRI ES-1 certification

**Central States Roofing Co., Inc.**

Colorado Springs, CO

**Douglas Colony Group**

Commerce City, CO



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## **In review...**

ANSI/SPRI/FM 4435 ES-1

- Code requirement
- Design wind loads
- Loads should be in Contract Documents
- RE-1, RE-2 & RE-3 testing
- NRCA's UL, ITS and FM third-party certification programs provide a means of compliance for contractor-fabricated edge metal



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## **Consultants' roles**




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# ASTM D7186-12

 Designation: D7186 - 12

**Standard Practice for Quality Assurance Observation of Roof Construction and Repair<sup>1</sup>**

This standard is issued under the fixed designation D7186; the number immediately following the designation indicates the year of original approval, a revision of the standard, the year of withdrawal, or the year of last approval. A superseding edition or edition is indicated by the year of last approval or approval.

**1. Scope**

1.1 This practice covers procedures for performing visual monitoring of roofing construction to:

1.1.1 Establish guidelines for quality assurance observation practice; and

1.1.2 Define the role and responsibilities of the quality assurance observer.

1.2 This practice pertains to quality assurance observation of roofing projects, and the report of information obtained from these observations. This practice is applicable to new construction or remodeling projects involving the installation of a new roof system, the removal of existing roofing and installation of a new roof system, or recovering an existing roof. It is also applicable to roofing projects involving repairs or scheduled maintenance to an existing roof.

1.3 This practice contains the following information:

1.3.1 The objectives of the quality assurance process;

1.3.2 The responsibilities and qualifications of the individuals involved in the observation of the roof construction or repair;

1.3.3 Identification and use of the basic tools or equipment required for the visual roof observation process; and

1.3.4 Monitoring, recording, and reporting procedures.

1.4 This practice addresses new construction or repair. This practice does not address the investigation, condition, or analysis of existing roofs.

1.5 This practice does not address practices of roof investigation, condition reporting, or analysis of preexisting roofs.

1.6 This practice does not pertain to quality control processes or techniques performed by persons or entities representing or under contract to the roofing contractor. The quality control process is separate and distinct from the quality assurance observation process.

<sup>1</sup>The procedure for the preparation of ASTM Standards for Roofing and Waterproofing and the joint responsibility of International Trade Secretariats.

ConsensusDOCS approved Oct. 11, 2012. Published November 2012. Copyright approved in 2012. All practice codes approved in 2012 as follows: 02-1002.

This referenced ASTM standard, visit the ASTM website, www.astm.org, or contact ASTM Customer Service at service@astm.org for the latest issue of ASTM Standards. Complete details are on the website's Document Summary page or in ASTM.

<sup>2</sup>Available from American Building Manufacturers Association (ABMA), Public Information Department, 1200 N. 19th, Suite 300, Washington, DC 20002.

<sup>3</sup>Available from National Roofing Contractors Association (NRCA), 2020 W. Highway 66, Suite 300, Overland Park, KS 66207.

<sup>4</sup>Available from International Brotherhood of Roofers (IBR), 1710 Eastwood Ave., Suite 704, Waltham, MA 02457.

<sup>5</sup>Available from Roofing Professionals From Atlanta (RPA), 4401 Fair Lakes Ct., Suite 100, Fairfax, VA 22031.

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## “Standard Practice for Quality Assurance Observation of Roof Construction and Repair”

- Observe and report
- Reporting procedures
- QAO shall have insurance
- QAO shall provide and maintain PPE and fall protection equipment, if required by regulating authorities



## RCI

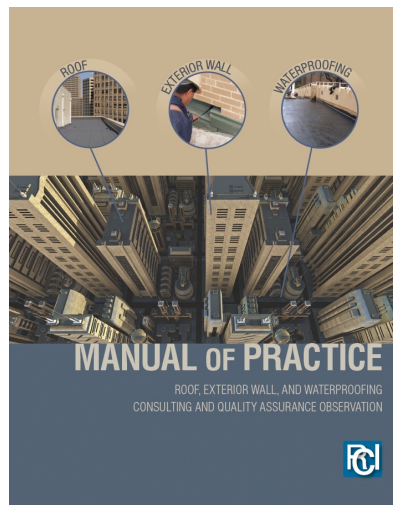
- Member
- Registered Roof Observer (RRO)
- Registered Roof Consultant (RRC)
- Registered Waterproofing Consultant (RWC)
- Registered Exterior Wall Consultants (REWC)
- Registered Building Envelope Consultant (RBEC)



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## RCI



### ***Manual of Practice:***

- Sec. 1: Introduction
- Sec. 2: Recommended practices for consulting
- Sec. 3: Recommended practices for QAO
- Sec. 4: Specialized areas of practice
- Appendixes



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## Questions?



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