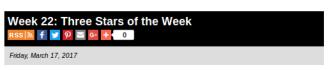
March 19

Ashley Fisher was named second star for week 22, stopping 52 of 54 shots for a .963 saves percentage. This is her fourth time this season for being selected for a 'three star'. Rochelle Smith has also received four stars this year with singles from Emily Edmundson, Cat Young and Alana Parker. The Vibe are off to Provincials with a game Friday against the TNT and Saturday against the Jets. The Vibe have head to head records of 1-1-2 and -1 against the TNT and 3-0-1 and +13 with the Jets this season.



First Star: Alannah Kedra (Fraser Valley Jets)

Alannah Kedra of the Fraser Valley Jets had a hat trick and added three assists in a 6-1 win over the Surrey Mavericks, a win that clinched a playoff spot for the Jets. The six points lifted Kedra into the lead in the league scoring race. She now has 21 goals and 35 points in 15 games played.

Second Star: Ashley Fisher (Kamloops Vibe)

Goaltender Ashley Fisher of the Kamloops Vibe held the South Fraser TNT to two goals in two games last weekend, allowing the Vibe to earn three of a possible four points. Fisher stopped 52 of the 54 shots she faced in the two games, for a save percentage of .963.

Third Star: Simran Sidhu (Surrey Mavericks)

Simran Sidhu scored three times in two games for the Surrey Mavericks. She scored the tying and winning goals in a 3-1 victory over the Richmond Devils Saturday night in Richmond, then had the lone goal for Surrey in a 6-1 loss to the Fraser Valley Jets Sunday afternoon.

HEAD-TO-HEAD RECORDS							
EXHIBITION • REGULAR SEASON • PLAYOFFS • OVERALL TOTALS							
TEAM	GP	W	L	Т	GF	GA	DIFF
Fraser Valley Jets	4	3	0	1	17	4	13
Island Surge	2	1	0	1	4	1	3
Meadow Ridge Moose	4	2	2	0	7	5	2
Richmond Devils	4	1	1	2	3	4	-1
South Fraser TNT	4	1	1	2	6	7	-1
Surrey Mavericks	4	3	0	1	15	2	13
TWU Titans	4	3	1	0	9	2	7

March 12

The Kamloops Vibe played their final league games this weekend in front of home town fans taking three of a possible four points from the first place South Fraser TNT.

The weekend started Saturday morning at McArthur Island. The TNT got on the board first with 6:03 left in the opening period on a power play goal. Alyssa Reid tied the game for the Vibe with 3:32 remaining in the second, Kathleen McDonald with the assist. Shots for the game were 38-29 for the Vibe

The teams returned to the Sandman Center for the rematch Sunday morning. Kacey Seymour opened scoring on a power-play just four minutes into the game to put Kamloops up by a goal. Assist to Reid. After the teams skated through a scoreless second the TNT tied the game on another power-play at the start of the third. Midway through the period McDonald netted the game winner, assisted by Courtney Morice. Kamloops out-shot the TNT by a 41 to 25 margin.

Kamloops will finish in third place this year, with a 14-5-7 record, behind the TNT and the Richmond Devils. The Provincial Championships will start on March 23 in Richmond, with the Vibe's first games on Friday March 24, 8:30pm and Saturday March 25, 12:00pm at the Richmond Ice Centre.

March 5

After a lengthy four weeks off the ice the Kamloops Vibe returned to the rink abit rusty for a pair of home games this past weekend.

After a scoreless first period, Saturday morning, the Meadow Ridge Moose scored a single in the second and a pair in the third for the 3-0 win.

Sunday morning Kamloops regrouped for the rematch. After two end to end scoreless periods Bianca Olsen scored the eventual winner 30 seconds into the third on an assist from Rochelle Smith. With three minutes left Smith got the insurance goal, assists to Alyssa Reid and Melissa Brunn. Cat Young rounded out the scoring, unassisted, with five seconds on the clock. Ashley Fisher stopped 27 shots for her 11th shutout of the season.

The Vibe remain in second place with 32 points, behind the Richmond Devils and South Fraser TNT with 37 points each.

The TNT are up next for the Vibe's final games of the regular season, this coming weekend, March 11, at 11:00am, at the Olympic Arena and March 12, 11:00am at Sandman Centre.

February 5

The Kamloops Vibe took on winter with a shorthanded trek to the coast this weekend for their final regular season road trip.

The Vibe started the weekend Friday night with a 1-1 draw against the Island Surge. After a scoreless first period the Surge took the lead late in the second, ending Ashley Fisher's 10 game shutout streak. The Island team held the lead until five minutes into the third when Alana Parker tied the game with an assist to Melissa Brunn. Kamloops out-shot the Surge by a 41-15 margin.

Saturday afternoon Kamloops was back on the ice, taking on the Fraser Valley Jets. The Jets got on the board first less than two minutes in but Brunn tied the game with 15 seconds remaining in the period, Brunn was assisted by Bianca Olson. The game remained tied until Cat Young scored the game winner mid way through the third, assist to Parker. Courtney Morice added an unassisted insurance goal for a 3-1 final. Once again the Vibe out-shot the opponent by a 36-18 margin.

The third game of the weekend was against the TWU Titans Sunday afternoon.

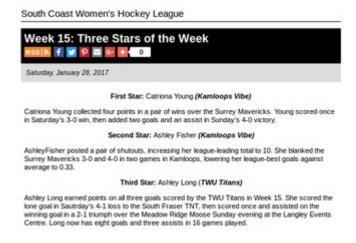
After a scoreless first period the Titans took the lead 32 seconds into the second and added another early in the third for a two goal lead. Emily Edmundson put the Vibe within one midway through the last period, assisted by Melissa Brunn and Sylvia Traversa. While out-shooting the TWU team by a wide margin the three games with a short bench took it's toll and the Vibe ran out of gas and was unable to tie the game.

The Vibe are currently tied for first place with the South Fraser TNT at 30 points.

Next up for Kamloops, the meadow Ridge Moose come to Kamloops for a pair of games March 4 and 5.

January 28

Cat Young and Ashley Fisher were named first and second stars for week 15 in the SCWHL



January 23

Six members from the Kamloops Vibe have been selected to play in the SCWHL All-Star game, February 4, 8:15pm at the Centre Ice Arena in Abbotsford.



January 22

The Kamloops Vibe played a pair of home games this weekend against the Surrey Mavericks.

Scores of 3-0 and 4-0

Ashley Fisher earned her 9th and 10th straight shut-outs

Top Scoring:
Cat Young 3G 1A
Alyssa Reid 1G 2A
Rochelle Smith 1G 2A

The Kamloops Vibe where at home this weekend hosting the Surrey Mavericks in a pair of SCWHL games at the Sandman Centre.

Saturday morning the game remained scoreless throughout the first period when Gaylene Scott scored the eventual game winner with four minutes left in the second. Scott was assisted by Rochelle Smith and Emily Edmondson. Kathryn Haegedorn got an insurance goal six minutes into the third with Cat Young rounding off the scoring mid-way through with a power play goal. Assists by Smith, Desiree Blair and Haegedorn. Ashley Fisher was back in net for the Vibe recording the shut-out.

The teams returned to the ice Sunday morning for a penalty filled game. Rochelle Smith scored with less than three minutes left in the first for her league leading 5th game winning goal. Assists to Gaylene Scott and Courtney Morice. After a scoreless second period Cat Young was assisted by Alyssa Reid early in the third for a 2-0 lead. With 3:11 remaining in the game Reid found the back of the net with assists by Morice and Bianca Mirabelli. Just ten seconds later Morice added another scoring her third of the weekend, assist to Reid. Ashley Fisher earned her 10th straight shut out win.

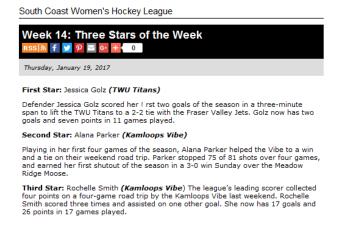
Scoring for the Vibe:

Cat Young 3G 1A Alyssa Reid 1G 2A Rochelle Smith 1G 2A Gaylene Smith 1G 1A Kathryn Haegedorn 1G 1A Bianca Olson 1A Courtney Morice 1A Desiree Blair 1A Emily Edmundson 1A

The Vibe are sitting in second place with 27 points, one point up from the Richmond Devils and one behind the South Fraser TNT. Next games for the Vibe will be the February 3-5 weekend, on the coast. The SCWHL all-star game will be held February 4, 8:15pm at Abbotsford. Rochelle Smith, Alyssa Reid and Jackie Sollis will suit up for team white and Emily Edmundson, Bianca Olson and Ashley Fisher will play for team black

January 19

Alana Parker and Rochelle Smith second and third stars of the week.



January 15

The Kamloops Vibe packed up a short bench and headed off to the coast for four SCWHL games this past weekend. The Vibe played the top three teams and returned with three out of the possible eight points for their efforts. Friday evening Kamloops took on the Meadow Ridge Moose in Langley with Rochelle Smith putting the Vibe ahead with 18 seconds left in the first. Smith was assisted by Kathryn Haegedorn and Amber Gudmundson. The Moose tied the game with just under four minutes left in the second and took the lead with 11 seconds left in the period. Kamloops pulled goalie Alana Parker in the dying minutes of the third and while getting numerous opportunities were unable to get the tying goal.

Early Saturday afternoon the team traveled to Delta to take on the first place South Fraser TNT. The TNT took the lead midway through the first, adding two more in the third until Cat Young scored unassisted with just 10 seconds left to spoil the shut-out.

After a short break the Vibe traveled to Richmond to take on the Devils. Less than two minutes into the game Rochelle Smith scored an unassisted goal to put the Vibe up by one. The teams played even, end to end hockey until mid way through the third when the Devils managed to tie the game.

Kamloops returned to Langley to play a rematch against the Moose Sunday morning. Once again Smith scored first for the Vibe, early in the opening frame. The Vibe played a trap style game to keep the Moose off the board, with Cat Young and Emily Edmundson each adding goals in the third, with an assist by Smith. Alana Parker stopped 22 shots for the shut-out.

Scoring this weekend for the Vibe:

Rochelle Smith 3G 1A

Cat Young 2G

Emily Edmundson 1G

Amber Gudmundson 1A

Kathryn Haegedorn 1A

The Vibe are sitting in third place with 23 points, behind the Richmond Devils with 24 and the South Fraser TNT at 26 points.

The next games for the Vibe are this weekend when the Surrey Mavericks come to Kamloops. Saturday 8:15 AM and Sunday 10 AM, both games are at the Sandman Center.

January 8

After a lengthy six week Christmas break the Kamloops Vibe returned to play this weekend, at home, against the first place Richmond Devils. The Sandman Center was the back drop for this week's action with the Vibe coming out on top of the Devils Saturday by a 1-0 score. The teams remained scoreless until 3 minutes left in the second when Kathleen McDonald rushed down the ice unassisted for the game winner. Ashley Fisher stopped all 16 shots she faced for her 8th consecutive shutout.

The teams returned to the ice for the rematch Sunday and played a fast paced, scoreless game until the Devils got one past AP goalie Ashlynn Neurauter six minutes left in the second. Cat Young tied the game three minutes into the third, assisted by Bianca Mirabelli. Shots were 27-15 in favor of the Devils.

Kamloops remains in third place in the league, with 20 points, three points behind Richmond, with a game in hand. The Vibe and Devils will meet again this coming weekend when Kamloops travels to the lower mainland for four league games.

December 3

Rochelle Smith was named the leagues first star for week nine after scoring four goals and adding five assists in a pair of weekend games against the Fraser Valley Jets. She now is on top of the scoring race with 14 goals, for 22 points in 11 games.

Ashley Fisher is the second star adding to her league leading shutout total blanking the jets twice. She now has seven consecutive shutouts in a total of nine games played

November 27

The Kamloops Vibe played their final weekend of games before the Christmas break hosting the Fraser Valley Jets at the Sandman Center.

Rochelle Smith gave the Vibe an early lead, less than three minutes in, with Gaylene Scott adding two more in the period to put the Vibe up by three after one. Jenna Ormondy added another in the second with Smith rounding out the scoring in the third for the 5-0 win.

The teams were back on the ice Sunday morning for the rematch. Kacey Seymour scored the game winner with less than 5 minutes left in the first. Smith scored a pair in the second with singles from Scott and Amber Gudmundson. Elaine Topolnisky added one more late in the third for the 6-0 final score. Ashley Fisher made some key saves late in the game to preserve her 7th straight shutout. Kamloops out shot the Jets 70-24

Scoring for the Vibe: Rochelle Smith 4G 5a Gaylene Scott 3G 5A Elaine Topolnisky 1G 2A Kacey Seymour 1G 1A Jenna Ormondy 1G Amber Gudmundson 1G Melissa Brunn 3A Alyssa Reid 3A Cat Young 1A Desiree Blair 1A

The Vibe are currently sitting in second place with a 7-1-3 record with 17 points behind the Richmond Devils who have 10 wins for 20 points. Rochelle Smith is leading the league with 14 goals and 22 points while Ashley Fisher is the leagues top goaltender with only 4 goals against and a .973 save %.

The Vibe's next games will be at home January 7-8 against the first place Richmond Devils

October 30

The Kamloops Vibe played a triple header this weekend at home against the Trinity Western University Titans. Saturday morning the teams got the weekend underway at the Olympic Arena, with a scoreless first period. Rochelle Smith put the Vibe on the board midway through the second with Courtney Morice adding an insurance goal seven minutes into the third for the 2-0 win.

The Vibe were back on the ice Saturday evening for the second game. Smith once again scored the game winner, unassisted, with just eleven seconds into the game. Smith added her second of the game with ten seconds left in the first. Courtney Morice added a third in the middle of the second period with Melissa Brunn rounding out the scoring in the last period for a 4-0 win.

Memorial arena was the venue for the third game of the weekend on Sunday morning. After playing scoreless through the first two periods Alyssa Reid put the home team up by a goal four minutes into the third. Desiree Blair scored her first of the season with a minute and a half left in the game for a 2-0 final, the fifth straight shut-out for the Vibe. Ashley Fisher played all three games in the Vibe net, stopping 55 shots, earning her third, fourth and fifth shut-outs in seven games this season. The Vibe fired 95 shots at the TWU net this weekend.

Scoring this weekend:
Rochelle Smith 3G
Courtney Morice 2G 1A
Alyssa Reid 1G 3A
Desiree Blair 1G 2A
Melissa Brunn 1G 1A
Bianca Olson 2A

Kamloops is sitting in second place, with 13 points, behind the undefeated Richmond Devils. The Vibe have four players in the top 10 in league scoring, Rochelle Smith (1), Alyssa Reid(2), Emily Edmundson (4), and Courtney Morice (9). Smith and Edmundson were named the league's second and third stars for last week, for their play on the last road trip.

October 23

The Kamloops Vibe continued league play this weekend with a road trip to the coast for a pair of games. 6-0 win over the Surrey Mavericks 3-0 win over the Island Surge

Rochelle Smith and Emily Edmundson each had a hat trick with Ashley Fisher stopping 38 shots for the two shut outs.

Friday evening had the Vibe at the North Surrey Rec center to take on the Surrey Mavericks. Emily Edmundson scored a pair and Rochelle Smith a single to give the Vibe a 3 goal lead in the first. The teams played through the second scoreless with Smith scoring a pair and Edmundson a single in the third for the 6-0 win. Ashley Fisher stopped 31 shots for her first shut out of the year.

Due to arena conflicts the TWU game slated for Saturday, at Langley, has been re-scheduled for this coming Saturday, October 29, when the Trinity Western team comes to Kamloops for three games.

Ashley Fisher, Alyssa Reid, Rochelle Smith, Courtney Morice, Jackie Sollis, and Emily Edmundson were chosen from the Vibe to play on the SCWHL Select team in an exhibition game against the Chinese National team. Alyssa Reid got the Selects on the board in the first with what would prove to be the only goal in a 3-1 loss to the Chinese squad.

The Vibe were back on the ice Sunday afternoon, in Delta, to take on the Island Surge. Kamloops got goals from Rochelle Smith, Jenna Ormondy and Courtney Morice in the 3-0 win. While out shooting the Island team 65-7, Ashley Fisher was able to stay focused and in the game for her second shut out.

Scoring this weekend:
Rochelle Smith 4G 1A
Emily Edmundson 3G 2A
Jenna Ormondy 1G 1A
Courtney Morice 1G
Kathryn Haegedorn 1A
Bianca Olson 1A
Lindsey Rose 1A
Alyssa Reid 1A (plus a goal in exhibition)
Amber Gudmundson 1A
Jackie Sollis 1A

The Vibe's next games are at home this weekend when the Trinity Western University come to town for three games. Saturday October 29, 11:00am and 6:00pm at McArthur Olympic Arena and Sunday October 30, 9:15am at Memorial Arena.

October 17

The Kamloops Vibe continue with league play this weekend with three games at the lower mainland starting with the Surrey Mavericks Friday night. Kamloops will also play Trinity Western Saturday morning and the Island Surge Sunday afternoon. Eight players from the 2016 Western Canadian Championship team will play on a SCWHL Select team against the Chinese national team on Saturday at 6:30 at the Minoru Arena in Richmond. Players selected from the Vibe are Ashley Fisher, Jackie Sollis, Rochelle Smith, Alyssa Reid, Courtney Morice, and Emily Edmundson, as well as Dayna Briggs and Emily Jude, who played for the Vibe at Westerns.

Team China will face-off against three teams from the South Coast Women's Hockey League next week, including a SCWHL Select team on Saturday, Oct. 22 at the Minoru Arena in Richmond.

The Chinese national women's hockey team of the host country for the 2022 Winter Olympic Games will be in Metro Vancouver for a total of five games Oct. 17-23. Ranked 15th in the world by the International Ice Hockey Federation, China will start their week with a game against the University of British Columbia Thunderbirds Monday, Oct. 17, then take on SCWHL opposition three times over the next five days.

China will visit the Richmond Devils Tuesday, Oct. 18 at 8:15 p.m. at the Richmond Ice Centre, play the South Fraser TNT on Thursday, Oct. 20, then take on the SCWHL Selects Oct. 22 at the Minoru Arena in Richmond. Their schedule concludes when they play the Pacific Steelers Sunday, Oct. 23.

The SCWHL Selects consist of players from seven SCWHL teams that have been selected to represent the league, including six from the 2016 Western Canadian champion Kamloops Vibe and three from the defending B.C. champion TNT.

August 29

Practice times have been changed to Mondays 6:00am in the NHL rink at McArthur Island. Practices will not be held following trips to the lower mainland. The two try out dates will remain the same.

August 22

The full schedule for the 2016-2017 season, including tryouts, is now posted. The new season starts in Surrey on September 30 for a four game weekend. If you are interested in trying out for the team tryouts are September 14 and 21

August 5

The Chinese National Team is coming to Richmond in October and are training for the 2022 Winter Olympics. They are looking to play four exhibition games against three SCFAHL teams. One of these teams will be the Kamloops Vibe. They will also play a SCFAHL select team. Keep checking back for dates.

June 30

With several key players from the 2016 championship team taking a break from from playing, the Kamloops Vibe are currently looking for players to fill the roster for the 2016-17 season. Those interested should <u>contact</u> the team at the earliest opportunity.