Morrow County Services for Older Citizen's, Inc. 41 W. Center Street Mt. Gilead, OH 43338 419-946-4191 or 419-946-6702

Services for the 60+ population:

Congregate Meal: a hot meal at the Center, Monday, Tuesday, Wednesday and Friday serving from 11:45 am until 12:30 pm. RSVP the day before, with a donation expected. Meals for anyone under 60 would be a \$5.00 charge.

Home Delivered Meals: A hot well balanced lunch is available daily to shut-ins living in Morrow County. Weekend and Holiday frozen meals are also available on request. Donations are expected.

Transportation: Handicapped accessible transportation and escort service to work, doctor, appointments, beauty shop, grocery shopping social activities, etc. is available. Out of county medical appointments can be arranged with a 48 hour notice. Please call in advance to schedule your transportation needs. Donations are expected.

Information and referral: Trained staff to refer those that need assistance to the proper agencies.

These services are funded by the Ohio District 5 Area Agency on Aging. Other services offered by them include: ADRN, Personal Care Homemaker, Caregiver Assistance, Adult Day Services, Energy Assistance, Minor Home Modification, Long-Term Care Planning, Housing Options, Safety Monitoring, Chore, Prescription Drug Assistance, Long-Term Care Ombudsman and HEMEN – for

Prescription Drug Assistance, Long-Term Care Ombudsman and HEMEN. – for more information on these services, please call (800) 860-5799.

Seniors on Center also provides:

Homemaker: We provide light housekeeping chores on a weekly basis. The charge for this service is \$5.00 per hour.

Ohio Benefit Bank – Counselors on staff to assist clients with eligibility for HEAP, Food Assistance Program, Medicaid and other various services.

Hearing Exams

Health Education Golden Buckeye Applications

Commodities – monthly

Exercise – indoor walking

Lending library & movie delivery to shut-ins

Bible Study

Monday Night Music

Travel Club

Speakers Bureau

Birthday Parties

Monthly senior club meetings

Card playing

Wii Games

Board Games

Volunteer Opportunities (Office, Social, H.D. Meal delivery)

Matter of Balance