360 Degrees of Tilt: Unlimited Pressure Relief

Length: 1 Hour

Description:

The use of power tilt is an accepted method of independent weight shift to get pressure relief while seated in a fixed position. But what if you also give the patient the ability to shift from left to right, commonly called lateral tilt? The combination of the two yields 360 degrees of pressure reducing, weight shifting freedom! For clients that are dependent upon their chair for all of their position and support, the ability to make subtle shifts in all directions can give them relief from sitting pressures, the ability to aid and correct their head position and give them the big "aaaaah" that comes from those gentle body shifts, without having to ask someone else to make positional nudges by hand. This course will incorporate an introduction to the mechanics of a lateral tilt system and the benefits of this type of positioning system, followed by case studies and discussion.

Objectives:

- 1) To learn the benefits of lateral tilt on a power wheelchair.
- 2) To understand the mechanical movement of lateral tilt in combination with posterior tilt.
- 3) To gain insight into the benefits to the patient to have the ability to weight shift in any direction.

Instructional Level: Intermediate

Credits: 1.0 CCU / 0.1 CEU TPTA approval pending TOTA approval pending

Presenter:

Nancy Rice ATP/SMS

Nancy Rice has been working in the Rehab Equipment Industry for 26 years. She earned her Certification as an Assistive Technology Professional (ATP) in 1998 and the designation of Seating and Mobility Specialist (SMS) in 2013. Her work includes the evaluation of clients for specialized equipment and supporting the ATP team for Travis Medical in Houston. She is currently the Manager of Professional Development for Travis Medical at the corporate level. She was appointed to the Medicaid Managed Are Advisory Committee at is inception in 2013 and continues to stay involved with matters regarding CRT funding. She has a Masters Degree in Business Administration and enjoys wood working and weaving in her spare time.