

Understanding the Lord's Prayer

Session 5: "Give Us this Day Our Daily Bread."

Matthew 4:4

Man does not live on bread alone, but on every word that comes from the mouth of God"

Exodus 16: 1-36

¹The whole Israelite community set out from Elim and came to the Desert of Sin, which is between Elim and Sinai, on the fifteenth day of the second month after they had come out of Egypt. ²In the desert the whole community grumbled against Moses and Aaron. ³The Israelites said to them, "If only we had died by the LORD'S hand in Egypt! There we sat around pots of meat and ate all the food we wanted, but you have brought us out into this desert to starve this entire assembly to death."

⁴Then the LORD said to Moses, "I will rain down bread from heaven for you. The people are to go out each day and gather enough for that day. In this way I will test them and see whether they will follow my instructions. ⁵On the sixth day they are to prepare what they bring in, and that is to be twice as much as they gather on the other days."

⁶So Moses and Aaron said to all the Israelites, "In the evening you will know that it was the LORD who brought you out of Egypt, ⁷and in the morning you will see the glory of the LORD, because he has heard your grumbling against him. Who are we, that you should grumble against us?" ⁸Moses also said, "You will know that it was the LORD when he gives you meat to eat in the evening and all the bread you want in the morning, because he has heard your grumbling against him. Who are we? You are not grumbling against us, but against the LORD."

⁹Then Moses told Aaron, "Say to the entire Israelite community, 'Come before the LORD, for he has heard your grumbling.'"

¹⁰While Aaron was speaking to the whole Israelite community, they looked toward the desert, and there was the glory of the LORD appearing in the cloud.

¹¹The LORD said to Moses, ¹²"I have heard the grumbling of the Israelites. Tell them, 'At twilight you will eat meat, and in the morning you will be filled with bread. Then you will know that I am the LORD your God.'"

¹³That evening quail came and covered the camp, and in the morning there was a layer of dew around the camp. ¹⁴When the dew was gone, thin flakes like frost on the ground appeared on the desert floor. ¹⁵When the Israelites saw it, they said to each other, "What is it?" For they did not know what it was.

Moses said to them, "It is the bread the LORD has given you to eat. ¹⁶This is what the LORD has commanded: 'Each one is to gather as much as he needs. Take an omer for each person you have in your tent.'"

¹⁷The Israelites did as they were told; some gathered much, some little. ¹⁸And when they measured it by the omer, he who gathered much did not have too much, and he who gathered little did not have too little. Each one gathered as much as he needed.

¹⁹Then Moses said to them, "No one is to keep any of it until morning."

²⁰However, some of them paid no attention to Moses; they kept part of it until morning, but it was full of maggots and began to smell. So Moses was angry with them.

²¹Each morning everyone gathered as much as he needed, and when the sun grew hot, it melted away. ²²On the sixth day, they gathered twice as much—two omers for each person—and the leaders of the community came and reported this to Moses. ²³He said to them,

“This is what the LORD commanded: ‘Tomorrow is to be a day of rest, a holy Sabbath to the LORD. So bake what you want to bake and boil what you want to boil. Save whatever is left and keep it until morning.’”

²⁴So they saved it until morning, as Moses commanded, and it did not stink or get maggots in it. ²⁵“Eat it today,” Moses said, “because today is a Sabbath to the LORD. You will not find any of it on the ground today. ²⁶Six days you are to gather it, but on the seventh day, the Sabbath, there will not be any.”

²⁷Nevertheless, some of the people went out on the seventh day to gather it, but they found none. ²⁸Then the LORD said to Moses, “How long will you refuse to keep my commands and my instructions? ²⁹Bear in mind that the LORD has given you the Sabbath; that is why on the sixth day he gives you bread for two days. Everyone is to stay where he is on the seventh day; no one is to go out.” ³⁰So the people rested on the seventh day.

³¹The people of Israel called the bread manna. It was white like coriander seed and tasted like wafers made with honey. ³²Moses said, “This is what the LORD has commanded: ‘Take an omer of manna and keep it for the generations to come, so they can see the bread I gave you to eat in the desert when I brought you out of Egypt.’”

³³So Moses said to Aaron, “Take a jar and put an omer of manna in it. Then place it before the LORD to be kept for the generations to come.”

³⁴As the LORD commanded Moses, Aaron put the manna in front of the Testimony, that it might be kept. ³⁵The Israelites ate manna forty years, until they came to a land that was settled; they ate manna until they reached the border of Canaan. ³⁶(An omer is one tenth of an ephah.)

Luke 22:19

And he took bread, gave thanks and broke it, and gave it to them, saying, “This is my body given for you; do this in remembrance of me.”

Isaiah 25:6

On this mountain the LORD Almighty will prepare a feast of rich food for all peoples, a banquet of aged wine--the best of meats and the finest of wines.

Matthew 22: 2-10

"The kingdom of heaven is like a king who prepared a wedding banquet for his son. [3] He sent his servants to those who had been invited to the banquet to tell them to come, but they refused to come. [4]"Then he sent some more servants and said, 'Tell those who have been invited that I have prepared my dinner: My oxen and fattened cattle have been butchered, and everything is ready. Come to the wedding banquet.' [5] "But they paid no attention and went off--one to his field, another to his business. [6] The rest seized his servants, mistreated them and killed them. [7] The king was enraged. He sent his army and destroyed those murderers and burned their city.

[8] "Then he said to his servants, 'The wedding banquet is ready, but those I invited did not deserve to come. [9] Go to the street corners and invite to the banquet anyone you find.' [10] So the servants went out into the streets and gathered all the people they could find, both good and bad, and the wedding hall was filled with guests.

Revelation 7:16

Never again will they hunger; never again will they thirst.