

# Gestalt Certification Program Schedule & Reading

2019-2020, rev. 09-06-19

<b>LEVEL I</b>				
<b>MODULE A</b>				
<b>FRI, SEPT 20</b>	5:00-6:00	New Student Orientation	Faculty	
	6:15 – 7:45	Community Opening	Faculty	
	8:00 – 9:30 Group Demos		Naaz	Yontef CH 5
<b>FRI, OCT 04</b>	6:15 – 9:30 Experiential Lecture #1 & Group Demos	Basic Gestalt Concepts: Contact & Contact-Boundary	Naaz	<b>Meyer:</b> On Contact-Boundary (website) <b>Harding:</b> On Having No Head (website)
<b>SAT, OCT 05</b>	11 AM – 5 PM	FOUNDATIONS OF GESTALT THEORY	Ken	<b>Joyce &amp; Sills:</b> Ch. 2, Phenomenology (book) <b>Mueller:</b> Monet Poem (website) <b>Spencer-Brown:</b> Laws of Form (website)
<b>FRI, OCT 18</b>	6:15 – 7:45 Experiential Lecture #2	Theory of Self	Naaz	<b>PHG:</b> Ch. X, Sections 2, 3, 4, 5 <b>Meyer:</b> Self: Pragmatism to GT (website)
	8:00 – 9:30 Group Demos			
<b>FRI, OCT 25</b>	6:15 – 7:45 Experiential Lecture #3	Sequence of Contacting	Naaz	<b>PHG:</b> Ch. XII, sec. 1, 3,7,8,9 (book) <b>PHG:</b> Ch. XIII, sec 1,2,3,4 (book)
	8:00 – 9:30 Group Demos			
<b>FRI, NOV 01</b>	6:15 – 7:45 Demonstration		Naaz/Dan /Michael	
	8:00 – 9:30 Group Demos			
<b>MODULE B</b>				
<b>FRI, NOV 15</b>	6:15 – 7:45 Experiential Lecture #1 8:00 – 9:30 Group Demos	Interruption to contacting: Introjection & Projection	Rosary	<b>Perls:</b> Interruptions, p.32-38 (website) <b>PHG:</b> Ch. XV, Sec 5 & 6 (book) <b>Meyer:</b> Interrupting the Interruptions, Parts II & III (website)
<b>FRI, NOV 22</b>	6:15 – 7:45 Experiential Lecture #2 8:00 – 9:30 Group Demos	Retrospection	Rosary	<b>Perls:</b> Interruptions, p.40-43 (website) <b>PHG:</b> Ch. XV, Sec 7 (book) <b>Meyer:</b> Interrupting the Interruptions, Part I (website)
<b>FRI, DEC 06</b>	6:15 – 7:45 Experiential Lecture #3 8:00 – 9:30 Group Demos	Confluence	Rosary	<b>Perls:</b> Interruptions, pp.38-40 (website) <b>PHG:</b> Ch. XV, Sec 4 (book)
<b>FRI, DEC 13</b>	6:15 PM: Graduation (students & guests, faculty)			
	7:30 PM: Holiday Party (students, faculty, community)			
<b>FRI, JAN 10</b>	6:15 – 7:45 Demonstration 8:00 – 9:30 Group Demos		Rosary/Shel/Marla	<b>Fagan:</b> Ch 6, Paradox. Theory of Change (book) <b>Hostrup:</b> pp.183-196 (book) <b>Naranjo:</b> Ch2, Present-Centered., Part I,II (book)
<b>JAN 24-26, 2020</b>	<b>FRI 6 PM –SUN 2 PM</b>	<b>WINTER INTENSIVE</b>		
<b>MODULE C</b>				
<b>FRI, JAN 31</b>	5:00–6:00	New Student Orientation	Faculty	
	6:15 – 7:45 Experiential Lecture #1 8:00 – 9:30 Practicum	Working with Interruptions: Retrospection	Hiro	<b>TBA</b>
<b>SAT, FEB 1</b>	11 AM – 5 PM	MAKE-UP: (MOD A)	NAAZ	For students starting in Feb. Do Mod A readings.
<b>SUN, FEB 2</b>	11 AM – 5 PM	MAKE-UP: (MOD B)	ROSARY	For students starting in Feb. Do Mod B readings.
<b>FRI, FEB 07</b>	6:15 – 7:45 Experiential Lecture #2	Projection & Introjection	Hiro	<b>TBA</b>
	8:00 – 9:30 Practicum			
<b>FRI, FEB 21</b>	6:15 – 7:45 Experiential Lecture #3	Confluence, Egotism	Hiro	<b>TBA</b>
	8:00 – 9:30 Practicum			
<b>FRI, FEB 28</b>	6:15 – 7:45 Demonstration		Hiro/Michael/Lenore	
	8:00 – 9:30 Practicum			
<b>SAT, FEB 29</b>	TBD	Group Demo Make-Up	TBD	This is for students starting in Feb.
<b>SUN, MAR 1</b>	11 AM – 5 PM	DEATH LAYER	Naaz	<b>TBA</b>
<b>MODULE D</b>				
<b>SAT, MAR 07</b>	11 AM – 5 PM	TECHNIQUES I: EMBODIMENT	M'LOU	<b>TBA</b>
<b>FRI, MAR 13</b>	6:15 – 7:45 Experiential Lecture #1	Techniques II: Concept of Experiment	Ina	<b>TBA</b>
	8:00 – 9:30 Practicum			
<b>FRI, MAR 20</b>	6:15 – 7:45 Experiential Lecture #2	Verbal Experiments	Ina	<b>TBA</b>
	8:00 – 9:30 Practicum			
<b>FRI, APR 03</b>	6:15 – 7:45 Experiential Lecture #3	Suppressive & Expressive Experiments	Ina	<b>TBA</b>
	8:00 – 9:30 Practicum			
<b>SUN, APR 05</b>	9 AM – 5 PM	Psychopharmacology & Suicide Assessment	Joe/Naaz	<b>TBA</b>
<b>FRI, APR 17</b>	6:15 – 7:45 Demonstration		Ina/Matt/M'Lou	
	8:00 – 9:30 Practicum			
<b>FRI, MAY 01</b>	6:15 – 7:45 Community Meeting 8:00 – 9:30 Practicum	Closing Community Meeting	Ina/Matt/M'Lou	
<b>FRI, MAY 08</b>	<b>11 AM – 5 PM</b>	<b>FACULTY MEETING (faculty only)</b>		
<b>SAT, JUN 06</b>	10 AM – 6 PM	SUMMER INTENSIVE PREP	TBD	Re-read Meyer from Mod B
<b>JUL 17-20, 2020</b>	<b>FRI 6PM – MON 5PM</b>	<b>SUMMER INTENSIVE</b>		

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<b>LEVEL II</b>				
<b>MODULE A</b>				
<b>FRI, SEP 13</b>	6:15-9:15	Intake Orientation & Intro to Clinical Case Record	Marilyn & Shelley	
<b>FRI, SEPT 20</b>	6:15 – 7:45	Community Opening	Faculty	
	8:00 – 9:30 Practicum		Daniel	<b>YONTEF:</b> Ch 5
<b>SUN, SEP 22</b>	09:00 – 6:00 Intro to Clinical Skills (LP students only)		Shelley & Janice	
<b>FRI, OCT 04</b>	6:15 – 7:45 Experiential Lecture #1	Techniques I: Focusing	Daniel	<b>Gendlin:</b> Focusing, Ch. IV & V (book) <b>Gendlin:</b> Focusing-Oriented Therapy, Ch. 6 (website) <b>Weiser:</b> Something New, Here & Now (handout)
	8:00 – 9:30 Practicum			
<b>SAT, OCT 05</b>	11:00-5:00 (off-site at Elinor's office)	Intro to Personality Adaptations	Elinor	<b>Greenberg:</b> Ch. 1-4
<b>FRI, OCT 18</b>	6:15 – 7:45 Experiential Lecture #2	Support & Frustration	Daniel	<b>Joyce &amp; Sills:</b> Ch. 7, Strengthening Support (book) <b>Smith:</b> Ch. 7, Chicken Soup is Poison (book) <b>Philippson:</b> Ch. 27, Why Shouldn't We Interrupt? (book)
	8:00 – 9:30 Practicum			
<b>FRI, OCT 25</b>	6:15 – 7:45 Experiential Lecture #3	Support & Self-Support	Daniel	<b>Smith:</b> Ch.4, Self-Support (book) <b>Joyce &amp; Sills:</b> Ch. 8, Shame (book)
	8:00 – 9:30 Practicum			
<b>FRI, NOV 01</b>	6:15 – 7:45 Demonstration		Naaz /Dan /Michael	
	8:00 – 9:30 Practicum			
<b>MODULE B</b>				
<b>FRI, NOV 15</b>	6:15 – 7:45 Experiential Lecture #1	Layer Theory: Overview of Layers	Shelley	<b>Friedman, N.:</b> Layers, A Reconsideration (website) <b>Perls:</b> Talk IV (book) <b>Yontef:</b> Ch. 15, Shame (book)
	8:00 – 9:30 Practicum			
<b>SUN, Nov 17</b>	11am-5pm	Techniques V: Chairwork	Rosary	<b>Immordino:</b> Chairwork (website)
<b>FRI, NOV 22</b>	6:15 – 7:45 Experiential Lecture #2	Games Layer	Shelley	<b>Perls:</b> Talk II (book)
	8:00 – 9:30 Practicum			
<b>SUN, NOV 24</b>	11 AM -5PM	TRANSFERENCE	Lenore	<b>TBA</b>
<b>FRI, DEC 06</b>	6:15 – 7:45 Experiential Lecture #3	Hurt Child	Shelley	<b>Philippson:</b> Ch. 11, Gestalt & Regression (book)
	8:00 – 9:30 Practicum			
<b>FRI, DEC 13</b>	6:15 PM: Graduation (students & guests, faculty) 7:30 PM: Holiday Party (students, faculty, community)			
<b>FRI, JAN 10</b>	6:15 – 7:45 Demonstration 8:00 – 9:30 Practicum		Rosary/Shelley/ Marla	
<b>JAN 24-26, 2020</b>	<b>FRI 6 PM –SUN 2 PM</b>	<b>WINTER INTENSIVE</b>	<b>TBA</b>	
<b>MODULE C</b>				
<b>FRI, JAN 31</b>	6:15 – 7:45 Experiential Lecture #1	Layer-Personal Transformation Impasse	Lenore	<b>TBA</b>
	8:00 – 9:30 Practicum			
<b>FRI, FEB 07</b>	6:15 – 7:45 Experiential Lecture #2	Death Layer	Lenore	<b>TBA</b>
	8:00 – 9:30 Practicum			
<b>FRI, FEB 21</b>	6:15 – 7:45 Experiential Lecture #3	Life Layer	Lenore	<b>TBA</b>
	8:00 – 9:30 Practicum			
<b>FRI, FEB 28</b>	6:15 – 7:45 Demonstration		Hiro/Michael/Lenore	
	8:00 – 9:30 Practicum			
<b>SUN, MAR 1</b>	11 AM – 5 PM	DEATH LAYER	Naaz	<b>TBA</b>
<b>SUN, MAR 08</b>	11 AM – 5 PM	Techniques VI: Reparenting	Shelley	
<b>MODULE D</b>				
<b>FRI, MAR 13</b>	6:15 – 7:45 Experiential Lecture #1	Specialized Skills: Where Contact Cycles meet Physiology	Matthew	<b>TBA</b>
	8:00 – 9:30 Practicum			
<b>FRI, MAR 20</b>	6:15 – 7:45 Experiential Lecture #2	Tracking Contact in the Body	Matthew	<b>TBA</b>
	8:00 – 9:30 Practicum			
<b>FRI, APR 03</b>	6:15 – 7:45 Experiential Lecture #3	Experiencing Self through the Body	Matthew	<b>TBA</b>
	8:00 – 9:30 Practicum			
<b>FRI, APR 17</b>	6:15 – 7:45 Demonstration		Ina/Matthew/M' Lou	
	8:00 – 9:30 Practicum			
<b>FRI, MAY 01</b>	6:15 – 7:45 Community Meeting	Closing Community Meeting	TBD	
	8:00 – 9:30 Practicum			
<b>FRI, MAY 08</b>	11AM – 5PM	<b>FACULTY MEETING (faculty only)</b>		
<b>JUL 17-20, 2020</b>	<b>FRI 6PM – MON 5PM</b>	<b>SUMMER INTENSIVE</b>		

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<b>LEVEL III</b>				
<b>MODULE A</b>				
<b>FRI, SEPT 20</b>	6:15 – 7:45	Community Opening	Faculty	
	8:00 – 9:30 Practicum		Michael	<b>Yontef:</b> Ch. 5 (book)
<b>FRI, OCT 4</b>	6:15 – 7:45 Experiential Lecture #1 8:00 – 9:30 Practicum	Personality Development: Overview & Infancy Overview of Development	Michael	<b>Johnson:</b> Ch 1 (book)
<b>SUN, OCT 06</b>	11 AM – 5 PM	Relational Gestalt Therapy I	Ken	<b>Laing:</b> Knots (excerpts) (website), <b>Meyer:</b> The Techniques of Relational Therapy (website), <b>Jacobs:</b> Ch. 3: Dialogue
<b>FRI, OCT 18</b>	6:15 – 7:45 Experiential Lecture #2 8:00 – 9:30 Practicum	Personality Formation	Michael	<b>Johnson:</b> Ch 2 (book)
<b>FRI, OCT 25</b>	6:15 – 7:45 Experiential Lecture #3 8:00 – 9:30 Practicum	Schizoid	Michael	<b>Johnson:</b> Ch 5 (book)
<b>FRI, NOV 01</b>	5:00 – 6:15 <i>Final Paper Seminar 1</i>		Daniel	
	6:15 – 7:45 Demonstration 8:00 – 9:30 Practicum		Naaz Dan/Michael	
<b>MODULE B</b>				
<b>FRI, NOV 15</b>	6:15 – 7:45 Experiential Lecture #1 8:00 – 9:30 Practicum	Personality Development: Early Childhood Symbiotic	Marla	<b>Johnson:</b> Ch 2 & 3, pages 27-41(book)
<b>FRI, NOV 22</b>	6:15 – 7:45 Experiential Lecture #2 8:00 – 9:30 Practicum	Oral Dependent	Marla	<b>Johnson:</b> Ch 6, p. 100-129 (book)
<b>FRI, DEC 6</b>	6:15 – 7:45 Experiential Lecture #3 8:00 – 9:30 Practicum	Oral Compensated	Marla	<b>Johnson:</b> Ch 7, p. 129-155 (book)
<b>FRI, DEC 13</b>	6:15 PM: Graduation Ceremony (students & guests, faculty) 7:30 PM: Holiday Party (students, faculty, community)			
<b>FRI, JAN 10</b>	6:15 – 7:45 Demonstration 8:00 – 9:30 Practicum		Rosary/Shell ey/Marla	
<b>JAN 24-26, 2020</b>	<b>FRI 6 PM –SUN 2 PM</b>	<b>WINTER INTENSIVE</b>		
<b>MODULE C</b>				
<b>FRI, JAN 31</b>	6:15 – 7:45 Experiential Lecture #1 8:00 – 9:30 Practicum	Personality Development: Formation of Self	Michael	<b>TBA</b>
<b>FRI, FEB 07</b>	6:15 – 7:45 Experiential Lecture #2 8:00 – 9:30 Practicum	Narcissistic	Michael	<b>TBA</b>
<b>FRI, FEB 21</b>	6:15 – 7:45 Experiential Lecture #3 8:00 – 9:30 Practicum	Masochistic	Michael	<b>TBA</b>
<b>FRI, FEB 28</b>	5:00 – 6:15 <i>Final Paper Seminar 2</i>		Daniel	
	6:15 – 7:45 Demonstration 8:00 – 9:30 Practicum		Hiro/Michael /Lenore	
<b>MODULE D</b>				
<b>FRI, MAR 13</b>	6:15 – 7:45 Experiential Lecture #1 8:00 – 9:30 Practicum	Personality Development: Self-In-System Patriarchy, gender, shame	M’Lou	<b>TBA</b>
<b>FRI, MAR 20</b>	6:15 – 7:45 Experiential Lecture #2 8:00 – 9:30 Practicum	Guided Fantasies of Histrionic and Obsessive Compulsive	M’Lou	<b>TBA</b>
<b>SAT, MAR 14</b>	11AM – 5PM	Relational Gestalt Therapy II: The Intersubjective Perspective	Ken	<b>Jacobs :</b> Ch. 6 , 7, 8 (book)
<b>FRI, APR 03</b>	6:15 – 7:45 Experiential Lecture #3 8:00 – 9:30 Practicum	Working with Histrionic and Obsessive Compulsive: Role Play/tag team	M’Lou	<b>TBA</b>
<b>FRI, APR 17</b>	5:00 – 6:15 <i>Final Paper Seminar 3</i>		Daniel	
	6:15 – 7:45 Demonstration 8:00 – 9:30 Practicum		Ina/Matthew/ M’Lou	
<b>FRI, MAY 01</b>	6:15 – 7:45 Community Meeting 8:00 – 9:30 Practicum	Closing Community Meeting	TBD	
<b>FRI, MAY 08</b>	<b>11 AM – 5 PM</b>	<b>FACULTY MEETING (faculty only)</b>		
<b>JUL 17-20, 2020</b>	<b>FRI 6PM – MON 5PM</b>	<b>SUMMER INTENSIVE</b>		