

# Our Lady of the Visitation Catholic Church

305 N. Prince St. Shippensburg, PA 17257-1321  
Pastor and Campus Minister—Rev. Ben Dunkelberger—frbdunkelberger@hbgdiocese.org

Weekend Masses: Saturday 5 pm, Sunday 8 :00 am and 11:00 am  
Daily Mass: Tuesday, Thursday & Friday 8:30 am, Wednesday 6:30 pm  
First Saturday of the Month..9:00 am  
(Only During the College Fall and Spring semesters: Weekday Mass: Mon. 9PM & every Sat. 9AM)

November 3, 2024

31st Sunday in Ordinary Time



“Which is the first of all the commandments?”

Jesus replied, “The first is this: ‘Hear, O Israel! The Lord our God is Lord alone! The second is this: ‘You shall love your neighbor as yourself.’ There is no other commandment greater than these.”

Mark 12:28-29, 31

## Rosary:

Tuesday—Friday 8:00am

## Morning Prayer:

Wednesday..... 8:30am

## Adoration of the Most Blessed Sacrament:

1st Fri. of the Month...

7:30am—8:20 am

Fridays.....9:00am—7:00 pm

Wednesdays...5:30pm-6:20pm

## Reconciliation

Saturdays.....3:30– 4:30 pm

Wednesdays.... 5:30- 6:20 pm

1st Fri. of the Month....

7:30–8:20 am

1st Sat. of the Month....

8:00–8:45 am

(Only During the College Fall and Spring semesters: **Sacrament of Penance:** Mon. 8:30PM- 8:50PM & every Sat. 8-8:50AM)

**‘Hear, O Israel!  
The Lord our God is Lord alone!’**

## Parish Staff Contact Info.

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Office Hours Monday-Thursday 9:00 am—4:00 pm Closed Holy Days & Holidays





*Prayer after  
Holy Communion*

**The Prayer After Communion – United, Filled Up, and Sent Out!**

After the distribution of Holy Communion is over, the priest leads the all the people by praying what has been called, the **Prayer After Communion**. Similar to the Collect Prayer towards the beginning of mass, as well as the Prayer over the Offerings during the middle of mass, the Prayer After Communion is unique and specific to each Sunday Mass that is celebrated (*or each daily Mass if you are attending daily mass as well...this prayer is unique as opposed to the proper or common prayers of the Mass that stay the same each mass, for example*). This prayer almost always references what has just occurred in participating and/or receiving the Eucharist in Holy Communion or entering more deeply into his paschal sacrifice for us. We can say that there are three themes that are common to this prayer to pay attention to at times to help us open our hearts to what Christ may be saying to us when we pray silently alongside the priest during this moment. These three themes are: (1) our new **union** with Christ and the Church, (2) our role in **properly disposing our hearts** to His grace that **fills us** up, and (3) how we are **sent out** to the world!

First of all, we always need to reflect and try to greater understand the profound truth and mystery of recognizing our new, deepened, and reanimated **UNION or UNITY** with Christ and the Church. We know that it is easy at times to take this for granted in our lives, and this Prayer After Communion can be a powerful moment to simply remember and reflect on the truth and power of what we have just participated in at each Mass.

Secondly, it is very important for us to realize that the graces Christ wants to give us throughout the Mass and within Holy Communion do not become active in us automatically or magically without our true cooperation with those graces. The Prayer After Communion often encourages us to properly dispose our hearts to these unique graces, which could be inspiration for us to be transformed, to be purified or heal from son sin or wound, and/or for us to be sanctified and elevated to a knew perspective or understanding about the mysteries of our faith. These different types of graces are meant to fill us up throughout the Mass, and especially within holy communion, and our own simple, peaceful, yet also determined effort to open our minds and hearts to what Christ is doing in our souls, can make a profound difference in our experience at mass.

Thirdly and finally, God wants to end the entire Mass by sending us out on a mission to the entire world. When we receive the infinite and personal Divine Love of Jesus Christ in Holy Communion, it should help us first, be thankful and reflect on this reality, second, encourage us to open our hearts and dispose ourselves to Christ's unique activity within us, and finally, send us out to the world. The nature of receiving God's love and being filled up is to be creative and overflowing outwards towards others. May we ask God today to help us understand how this little prayer at the end of Mass, the Prayer After Communion, can be a uniquely helpful and powerful moment to remember our union with Christ, to try to dispose our hearts to His graces, and to send us out into the world for God and for the good of all people in our world.

**Oct. 26-27 2024 (in pew)**

Weekend Collection:	\$3,051.90
Building Improvements:	\$230.00
Parish Youth Education:	\$245.00
Social Outreach:	\$105.00
Christmas Flowers:	\$35.00
All Saints:	\$45.00
All Souls:	\$75.00
Propagation of Faith:	\$55.00
Matthew 25:	\$40.00
Hurricane Relief:	\$250.00
Votives/Donut Hour	\$52.25
<b>TOTAL INCOME:</b>	<b>\$4,184.15</b>



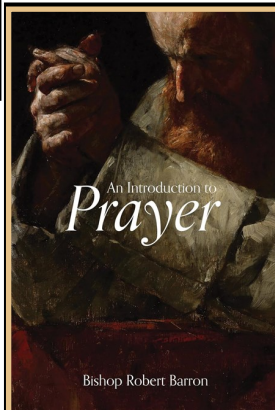
If you would like to give to the Sunday collection online either with an individual gift or with a recurring donation of your choice, please visit [olvship-pensburg.weshareonline.org](http://olvship-pensburg.weshareonline.org)

*The Annual Financial Report for July 1, 2023 to June 30, 2024 is available in the church lobby. Thank you for your continued financial support.*

**Parish Ministry Contact Info.**

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**Book of the Month  
September & October 2024**



**We will get together to discuss this book on Wednesday, November 6<sup>th</sup> from 7:30 – 8:30 pm.** Even if you didn't read this book, please consider **coming to meeting in the social hall on Nov. 6<sup>th</sup>**, and I will do my best to summarize my favorite parts and bring some good discussion into the room as well. Thank you again, and God Bless you.

**The Word of God Alive:  
Discussing the Readings with your children**



**What is the Greatest Commandment?**

The Greatest Commandment has two parts. The first part is, You shall love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength.

When we love God with our **heart**, we are grateful for the love God has for us. We remember all that he has done for us, and we live our lives as a response to God's love.

When we love God with our **mind**, we want to know more about God. We read the Bible and learn more about God in religion classes.

When we love God with our **soul**, we desire to worship him and give him praise. We make time to pray every day.

When we love God with our **strength**, we use not only our physical strength to love God, but we use everything we have to love God and show our love for him.

**What other ways can we love God with all our mind, our soul, and our strength?**

The second part of the Greatest Commandment is, you shall love your neighbor as yourself.

When we love our neighbor, we want what is best for them. We treat them fairly and with respect and kindness. Sometimes that means we reach out to those in need and help them.

**Living our Faith:** Pay attention to anyone who might need encouragement or kindness this week. Be the person who reaches out to help them.



**THANK YOU VETERANS**  
*Lunch is on us!*

The 8th grade CCD class would like to invite everyone to a luncheon to honor Veterans of our parish on **Sunday, November 10, 2024 after the 11am mass.** If you are a Veteran we encourage you to submit a picture of yourself preferably in uniform, (unless you previously submitted one) for the presentation. Pictures, military branch, and rank can be sent to

[jgarman1213@gmail.com](mailto:jgarman1213@gmail.com) by Thursday, November 7th. We hope to see you there so we can personally thank you! Anyone planning on attending is asked to fill out the sign-up sheet in the back of the church.



Please submit a couple of your family favorite recipes for the 75th anniversary cookbook please put the category, your name and phone number. You can put the recipe in the box in the back of the church or submit to [tiprecipe@yahoo.com](mailto:tiprecipe@yahoo.com). Please contact Tammy Polifka at [polifka.t@yahoo.com](mailto:polifka.t@yahoo.com) if you have any questions. Thank you!

*Mass of Remembrance*

Gather with us in remembrance and prayer for our departed loved ones during the Diocesan Mass for the Dead. Bishop Timothy Senior will celebrate the Mass on Wednesday, November 6 at 7 p.m. at Saint Patrick Cathedral, Harrisburg. The music for the Mass will be Mozart's hauntingly beautiful Requiem. All are welcome to submit the names of their deceased loved ones, who will be prayed for during the Mass. Please submit all names by

Tuesday, November 5 at <https://www.hbgdiocese.org/event/diocesan-mass-for-the-dead/>. Those unable to attend the Mass in person are encouraged to participate via our live stream at [www.YouTube.com/hbgdiocese](http://www.YouTube.com/hbgdiocese).



Called  
for  
More



## New Parish Survey: For Each & Every Person!!

Disciple Maker Index (FOR BOTH ADULTS AND YOUTH)

### **NOW IS THE TIME TO TELL US HOW YOU ARE BEING CALLED**

The Disciple Maker Index survey is now live and will be open until Nov. 24th. It is open and we need to hear from you! Complete the 10-to-15-minute survey as soon as possible in one of the following ways:

1. **Online** - go to <https://portal.catholicleaders.org/dmi/survey/b7p6t5> Select our parish name from the list.
2. **Paper** - Obtain a paper copy by contacting the parish office at 717-532-2912. Please return the paper copy to the parish office by November 24, 2024.

3. Or scan the QR Code



The information gathered will be used to plan for the future so we can become a more faith-filled, vibrant community. The greater the participation, the more reliable the information will be for effective decision-making. All responses will be confidential. Thanks for your help with this important request!



### **Sunday Nov. 3rd**

The event will be in the OLV parking lot starting at sunset. With the change in daylight savings time the same weekend the start time will be

around **5 pm until 7 pm.** There will be contests for best pumpkin carving, best costume and best trunk decoration, voted on by the participants. There is no sign up for this event necessary, but plan to have treats for approximately 100 treaters.

### **Advent Wreath Making**



Please join us in making either a fresh Christmas or Advent wreath on **November 23rd at 10:00am in the social hall.** Please sign up in the church lobby by Nov. 15th.

### **Christmas Wreath Making**



You may sign up for a weekend to have flowers placed at the tabernacle in honor or in memory of someone. The flowers cost 40.00. The flowers will be ordered and delivered from Fishers Florist. The sign up sheet is in the lobby of the

church. Envelopes are provided near the sign up sheet for payment that you may put in the collection bin. Please contact Sue German at 717-816-0552 with questions.



It is time again for Box of Joy. The goal this year is 100 boxes. \$9.00 is still the shipping cost per box. A reminder that things don't have to be brand new but not heavily used. This year I discovered that old Magnificat's, prayer cards, etc. can be used. Thanks for supporting the children. The boxes will be available soon. If you have any questions please contact Heather Kauffman at 223-220-6913



### **Ladies, mark your calendars**

Advent By Candlelight  
**Sunday, Dec. 8, 2024 5 to 7 pm.**  
For more information and/or to volunteer as a hostess contact Mary Poffenbarger 301-639-3297 or [missmary@lockfarm.net](mailto:missmary@lockfarm.net)

### **Thanksgiving Food Basket Collection!!**

The 4<sup>th</sup> grade Religious Education class is collecting Thanksgiving food donations for distribution to local families in need. The following items are being collected: canned vegetables, stuffing mix, instant mashed potatoes, gravy, cranberry sauce, cake



mixes and icing. However, any non-perishable food items will be gladly accepted. Donations can be placed in the boxes at the back of the church. **All donations should be in by Sun., Nov. 17th,** if possible, but will continue to be collected throughout the month of November. Thank you in advance for your generous support during this time of thanks.



I'm very excited to invite any of our students, 3rd grade - 12th grade, to become a new altar servers for our Church! We are having altar server training on **Saturday, Nov. 9th starting at 11:00am in the church for all new and current altar servers.** There will be plenty of pizza to eat right after the training concludes at 12:00pm. We have been getting more altar servers little by little, but we still definitely need your help to serve Christ well at every Mass! Please consider joining, and also let me know if you have any questions. - Fr. Ben



**Knights of Columbus &  
The Ladies Auxiliary**



"The next KofC meeting is Thursday, Nov. 7 at 7 pm in the parish hall. This will be a joint meeting with the Ladies Auxiliary. Please bring a snack and beverage to share."

Please see Pat Shay at 732--319-6132 for more information on the KOC.  
For more info. on the Ladies Aux. please contact Donna Bonitz at 717-860-4909 or ddbonitz@gmail.com.

**CHURCH**

*Potluck*

**The next potluck will be Sun. Nov. 17th**

Immediately following the 11am Mass.  
Please bring a dish to share.  
Water, juice & coffee will be provided!

**YOUTH  
GROUP  
News**

All students in grades 6-12 are invited to our next **Youth Group Meeting on Saturday, Nov. 9th from 6-8pm** in the social hall.  
**Feel free to invite your friends!!**



**Run with a Priest! (...or walk or bike!)**  
Every 1<sup>st</sup> & 3<sup>rd</sup> Saturday we will meet outside the social hall around 9:45am. Take a short run (walk or bike) on the Rails to Trails.  
**The next run will be Saturday Nov. 16th**



**Knitting Group**  
All are welcome to join us in Mary's Kitchen after the **6:30pm Mass on Wednesday evenings** and in the social hall after the **8:30am Mass on Thursday mornings**.



**Interested in Becoming Catholic ?**  
Please join us for the next RCIA meeting on **Tuesday, November 5th** from 7pm-8:15pm in the social hall.  
All are welcome to attend!



The next choir practice will be **Wednesday, November 6th** from 7:15pm-8:30pm.

**Host  
Coffee  
Hour**

**Please join us for Coffee Hour on Nov. 3rd!** following the 8am Mass in Mary's Kitchen.  
**All are welcome!** If you would like to host coffee hour please sign up in the church lobby.



**For All Men 18 Years or Older SCHEDULE:**  
7:00am Breakfast  
7:30am Presentation (Video)  
8:00am Small Group  
8:30am Closing Prayer and Dismissal

Next meeting will be Saturday, Nov. 9th in the social hall.

*Mass Intentions*

<b>Saturday,</b> 9:00am Noon 5:00pm	<b>November 2</b> Intentions of Ron Miller For All Deceased Parishioners In Memory of the Marasigan Family
<b>Sunday,</b> 8:00am 11:00am	<b>November 3</b> People of the Parish In Memory of James Doyle
<b>Monday,</b> 9:00pm	<b>November 4</b> Private Intentions
<b>Tuesday,</b> 8:30am	<b>November 5</b> Intentions of Mary Watson
<b>Wednesday,</b> 6:30pm	<b>November 6</b> In Memory of Ed Huffner
<b>Thursday,</b> 8:30am	<b>November 7</b> In Memory of Ed Huffner
<b>Friday,</b> 8:30am	<b>November 8</b> In Memory of Herbert & Mary Ellen Johnson
<b>Saturday,</b> 9:00am 5:00pm	<b>November 9</b> In Memory of Jim & Trudy Johnson Intentions of Bishop Ronald Gainer
<b>Sunday,</b> 8:00am 11:00am	<b>November 10</b> In Memory of the Stewart-Gelas Family People of the Parish



*The flowers at the  
tabernacle are placed  
in Memory of  
Bud & Marie Miller*



The gift sharing Angel Tree will be in the church lobby the weekend of Nov. 23-24 for anyone who would like to purchase gifts for needy children in our area. We have a large number of families with children that

need help with Christmas. Information regarding age, gender, sizes, and gift ideas are on the angels. Please bring your WRAPPED GIFTS WITH ANGELS ATTACHED SECURELY to church and put them near the tree. Gifts may be placed in the church lobby anytime, but must be received by 12 noon on Sunday, December 22, so they can be delivered that day. HELP WILL ALSO BE NEEDED ON December 22 at 12 noon to sort and deliver gifts. If you have any questions or would like to help sort and deliver gifts, contact Bob or Sue Kiley at 717-423-6297.



If you would like to be part of a prayer group to help the Poor Souls in Purgatory through prayer, please call Michelle at 717-552-7252.