



Snapkick

Dojo student newsletter



West Valley Martial Arts

"We are what we repeatedly do. Excellence then, is not an act, but a habit." - Aristotle

June, 2015

A Glass of Milk, Paid in Full

One day, a poor boy who was selling goods from door to door to pay his way through school, found he had only one thin dime left, and he was hungry. He decided he would ask for a meal at the next house. However, he lost his nerve when a lovely young woman opened the door.

Instead of a meal he asked for a drink of water. She thought he looked hungry so she brought him a large glass of milk.

He drank it slowly, and then asked, "How much do I owe you?"

"You don't owe me anything," she replied. "Mother has taught us never to accept pay for a kindness."

He said, "Then I thank you from my heart."

As Howard Kelly left that house, he not only felt stronger physically, but his faith in humanity was strong as well. He had been ready to give up and quit.

Many years later that young woman became critically ill. The local doctors were baffled. They finally sent her to the big city, where they called in specialists to study her rare disease.

Dr. Howard Kelly was called in for the consultation. When he heard the name of the town she came from, a strange light filled his eyes. Immediately he rose and went down the hall of the hospital to her room.

Dressed in his doctor's gown he went in to see her. He recognized her at once. He went back to the consultation room determined to do his best to save her life. From that day he gave special attention to the case.

continued on back

Mat Chats

Good Attitude

- Week 1. Having a whatever it takes attitude
- Week 2. Attitude of gratitude
- Week 3. Being a good finder
- Week 4. Being loyal to those not present

Parents:

There is still some space available for our very popular summer camps! These camps are available for students of *all skill level* ages 7 and up.

2015 Summer Camp Schedule

All camps run from 9:00am - 2:00pm

June 22 - 26 *Special Black Belt Kata: Sochin (FULL)*

July 20 - 24 *Special Black Belt Kata: Jion*

August 10 - 14 *Special Black Belt Kata: Wanshu*

\$229.00 Sibling discount is \$30 off

*All camps will include: **special camp t-shirt, snacks, and lunch on Friday.**

*Camp sizes are limited to 22 students.

Sensei Dan Wakefield has been running youth summer karate camps for 20 years. These camps always prove to be a *fun, rewarding experience for kids.*

All month long in our classes we will be practicing Chanbara. What is Chanbara? This simple answer is padded weapons training. But that would sell it short. It is a fast paced martial art that helps a student develop lightning fast

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
June 2015						
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25 Belt Promotion Regular Class times Thurs & Fri	26	27
28	29	30	Notes:			
						www.wvmadojo.com