Annual Women's 12-Step Recovery Camp Out W.I.T.S. 2025 March 21st – 23rd

Please note that we have moved....join us in our new location!

Prado Regional Park 16700 Euclid Ave, Chino, CA 91708



In the continuing effort to keep Covid outbreaks under control within such a large group, we are requiring proof of a negative Covid test with 72-hours of checking in [regardless of your vaccination status] or you can self-test at the campsite. BRING YOUR OWN SELF-TEST

Registration #1	Participating in Meals	Reg
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Registration is capped at 175 women – first come first served!

Pre-Registration \$65.00 Per Person Includes 4 meals: Saturday Breakfast, lunch, and dinner Sunday breakfast only

Day Registration is \$25 and is capped at 35 women

Please Pre - Order your T-Shirts

Total Registrants: Total T-Shirts:	\$	
	\$20.00=	\$
Total Tank Tops:	\$20.00 =	\$
Campership fund dona	tion:	\$
Grand Total:		\$
Check or M.O. #		

All deposits are non-refundable

<u>Please do not send cash through the mail</u>

Make Check payable to: WITS Mail to: Barbara Hennessy

WITS 24021 Prospect Valley Drive Diamond Bar, CA 91765

For More Information Call: Barbara Hennessy (626) 688-6420

www.womeninthespirit.org Or on Facebook acebook.com/groups/2299244023579050 or call Sara (702) 496-9957

We have moved: Prado Regional Park 16700 Euclid Ave Chino, CA When you arrive at the guard shack let them know you are part of the WITS camping event and they will not charge you to park. Please call Rosalie at (626) 549-8914 should you need assistance.

Please Note: NO pets and NO children

Friday March 21st

4:00-6:00 PM Registration/T-Shirts 6:00-6:30 PM Committee Meeting 6:45-8:00 PM Welcome to WITS 8:00-9:15 PM Speaker Meeting 9:15-10:00 PM Last Call Meeting

Saturday March 22nd

SATURDAY 6:00-7:00 AM Morning Meditation 7:00-8:15 Smudging Meditation 7:00-8:00 Open Meeting 8:00-9:00 AM Registration/T-Shirts 8:15-9:00 AM BREAKFAST 9:30-11:00 AM Weave & Mend 11:00-12:30 PM Sound Bath & Breath Work (donations accepted) 12:30-1:15 PM LUNCH 1:15-3:00 PM Intention Workshop 3:00-5:00 PM Free Time 5:15-6:00 PM DINNER 6:15-7:30 PM Speaker Meeting 8:00-10:00 PM Sober Rave Surrender Dance 10:15-11:00 PM Candlelight Meeting

Sunday March 23rd

SUNDAY 6:00-7:00 AM Morning Meditation 7:00-7:50 AM Yoga 7:00-8:00 AM Open Meeting 8:15-9:00 AM BREAKFAST 9:15-10:30 AM Speaker Meeting 10:30-10:45 AM Higher Power Prayer Requests 10:45-12:00 PM Countdown/Raffle/50-50

12:00 pm End of retreat breakdown & Cleanup

Donations are appreciated. We are asking you to donate sodas, coffee, chips, cookies, cooking utensils, etc. for the hospitality tent.

Thank you!!!!

SUGGESTED "STUFF" TO BRING AND "STUFF" TO KNOW

CAMPING

Tent Sleeping Bag Air Mattress Lantern / Flashlight Cooler Folding Chair i.e. Beach Chair Food / Drinks Blankets Fishing Gear Trash Bags Insect Repellant SUNSCREEN

FIRES ARE ALLOWED (bring firewood)

Showers Take Quarters

PERSONAL

Warm Jackets Hat / Gloves **Hiking Shoes** Jeans / Shorts Sweatshirts Rain Gear / Extra tarps Umbrella (just in case) Warm Socks Sweats / Thermals Toiletries / Toilet Paper Towel & washcloth / Soap Shower shoes are suggested! Cards or board games to share Canteen / water for the hike Backpack or Fanny pack Camera / Video Recorder 12 Step Recovery Books Spiritual Readings / Meditations Notebook / Pen and Pencil

AND most of all... A warm and loving heart!

By entering this event you consent to the use of photography and video recording and its release, publication, exhibition and reproduction to be used for WITS purposes and on social media. Dear Spiritual Sisters,

WOMEN IN THE SPIRIT Welcomes you to the 27th Annual Women's Recovery Camp Out. This year's W.I.T.S. theme for 2025 is "Surrender". With grateful and expectant hearts, we look forward to spending time with our sisters in recovery in the beautiful Prado Regional Park. If this is your first WITS campout, we welcome you and look forward to getting to know you. If you have joined us in the past we look forward to reuniting friendships. Here are some suggestions to help make this a comfortable weekend for all, in no particular order:

Location: The campground is Prado Regional Park in Chino. We are camping all the way in the back. Please do not contact the camp with any questions. Please call Rosalie A. at (626) 549-8914.

Check In: There will be a registration tent on site entering the campground. Your rubber wristband will be your access to meetings and meals.

Clothes: Weather is unpredictable it can be very warm during the day and cool at night.

Food: If you are pre-registered, 4 meals are included: breakfast, lunch, and dinner on Saturday and breakfast on Sunday. There are no meals provided for day visitors.

Hospitality Tent: Your donations of snacks, fruits, drinks and munchies are greatly appreciated. Please drop off at the designated hospitality tent. Thanks!

Outside Activities: Extra activities are available. There is fishing but you MUST have a fishing license.

Hiking: There is hiking available. It is suggested that you bring a backpack, water, snacks, and insect repellent. Be sure to wear long pants, there is POISON OAK on the trail. Hike with a buddy!

Please Note: No pets: if you are bringing a service dog, please call Registration to let them know. No children - this is for adults only. We are anxious and excited to get to the campout!

YOUR WITS CAMPOUT COMMITTEE 2025.

