

Respirit Snow Retreat

Vaujany / Alpe D'huez, France

03-10 March 2018



Pause from the crazy pace of life

Join us to invigorate your mind, body and soul with an unforgettable week of skiing, snowboarding, Pilates, and stretching, together with old or new friends, log fires and hot tubs, delicious meals, hot chocolate, home-made cakes, lots of sun and snow, snow and snow

Enjoy a relaxingly active winter break

... 6 days of reinvigorating programme...

Start each with an **energising morning class**, if weather permits out on the chalet's balcony, which will warm your body in preparation for a **day out on the mountains**. Then spend the day **skiing, snowboarding or snow-walking**, strolling in the beautiful alpine village or just relaxing in the luxurious chalet before you stretch it all out with a restorative **stretching class** in the afternoon.

... in breathtaking scenery...

Alpe d'Huez grand domain is the 5th largest **ski area** in France with its almost **250km of marked pistes**. It includes the longest black run in Europe, the world-famous 16-km Sarenne, which descends from the 3330m Pic Blanc, the highest peak in the area. On top, packing sun-tan cream is simply a must as the place has **300**

The package includes:

- 7x nights accommodation
- 2x classes per day
- 7x sumptuous breakfasts
- 7x afternoon tea with cake
- 6x finger foods with drinks
- 6x 3-course dinner
- use of sauna and hot bath
- on-call shuttle service to/from cable car
- wireless internet, satellite TV
- daily maid service
- ... and many small touches that make all the difference



sunny days per year, indulging the skiers in wonderful bright weather almost all the time.

... and a charming luxury chalet in the French Alps...

Our **catered chalet** is all about honest Oisans-style authenticity and will offer us a space to breathe and recover. It has lately been completely refurbished to make us feel even more home.

We will have enough room to lodge you well in double or twin rooms. The large living room with **log fire**, a dining room, a bar, **sauna** and a sun-blessed **terrace with hot tub** will be reserved only for us. All in one place for a comfortable and relaxing week.

Vaujany, this tiny Alpine village is about 2 km away, where you can find a large swimming pool with wellness facilities and a gym, indoor ice-skating ring as well as bowling and lots of bars and restaurants to complement the already impressive ski and hotel amenities.

Pricing

Early-bird discount until
17 December 2017:

1.050 €

Standard price:

1.150 €

Only 12 places available

Contact:

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To benefit from the early-bird discount, a non-reimbursable 50% of the total price is to be paid until 17 December 2017.

Cancellation policy applies, please get in touch for more details.

Additional costs: travel, tourist tax

Optional costs: extra meals, ski passes (discounted price for the group available), rental of ski equipment, ski lessons, village facility entry fees