

# WMBF Channel 32 – NBC

## Tree pollen hits the Grand Strand

*Posted: Feb 16, 2009 11:40 AM EST Monday, February 16, 2009 11:40 AM EST Updated: Mar 13, 2009 2:29 PM EDT Friday, March 13, 2009 2:29 PM EST*

By Jennifer Grove

MYRTLE BEACH, SC (WMBF) - It is that time of year again: Allergy season is back in the Grand Strand.

NBC's [www.weather.com](http://www.weather.com) has the area on high tree pollen alert Monday, noting oaks, maples, and walnuts are all known to cause big problems for seasonal allergy sufferers.

One local allergy doctor says it may still be cold outside, but now is the time to start thinking about allergy season.

"The best way to handle allergies is thinking about it ahead of time, start taking precautions so that you're going to have the least amount of allergies during the season," Mark Schecker told WMBF News. "Allergies always respond [better] to earlier treatment rather than waiting until you start to have problems."

Schecker says he expects to see the amount of tree pollen to boom within the next few weeks. He says trees are the first to pollinate, then come the grasses later in the spring.

*©2009 WMBF News. All rights reserved.*