

**Private Lessons/Choreography  
Available on the Weekend**

Special arrangements for choreographing floor and beam routines may be made. Private Lessons available on all events.

**Need a Place to Stay?**

There are a limited number of spaces to stay with Carter's team members.

Per Diem Applies \$150.00 cash per week to the host family upon immediate arrival.

Includes travel to and from airport, food and lodge.



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## X - CEL CAMP

Experience Carters camp designed for the X-Cel athlete. Athletes will have the opportunity to work with Carter's Master Training Staff.

Training will be on all four events, trampoline and dance. Come and work with some of top coaches in the country in a fun and challenging atmosphere. Emphasis is on skill acquisition and level advancement!

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## CHEER CAMP

Train in a state of the art facility to acquire new skills for cheer. Athlete will train on our 40 ft. tumble track, in-ground trampoline, rod floor, 40 ft. chunk foam pit and resi pits to gain skill. Athletes will also train dance and have the opportunity to learn strength, flexibility and drills to take home to their club or team!

CARTER'S GYMNASTICS  
7931 E. PECOS RD. SUITE 139 MESA, AZ 85212  
(480) 461-8464

[WWW.cartersgymnastics.org](http://WWW.cartersgymnastics.org)  
[ecarter453@aol.com](mailto:ecarter453@aol.com) for information

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## CARTER'S GYMNASTICS TRAINING CAMP

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Join us in sunny Arizona for our  
Team Training Camp!  
Women's Team Training Camp  
X-Cel Team Training Camp  
Cheer Training Camp





Enjoy Summer Camp in Sunny Arizona!!

- \* Pay online with Paypal
- \* Camp does not include accommodations
- \* Private Lessons and Optional Routines  
Available (inquire for pricing and availability)
- \* Camp Registration, Medical Form and  
Physical Required. All attending athletes must  
carry their own insurance.

#### FAMILY AND MULTIPLE WEEK DISCOUNTS

2 Athletes from the same family:

1 week: \$800.00

2 weeks: \$1175.00

1 Athlete:

2 Weeks of Camp: \$800.00

## CAMP DATES AND TRAINING SCHEDULE



*All Payments Due May 1st, 2019*

*Please visit our website at [www.cartersgymnastics.org](http://www.cartersgymnastics.org) for all*

*Camp Policies, Registration and Medical Forms*

### Team Training Camp Schedule

#### WEEK 1

**JUNE 24th - JUNE 28th**

**Competitive Team**

Monday	Tuesday	Wednesday	Thursday	Friday
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Training 9:00-3:00	Training 9:00-3:00	Training 9:00-3:00	Training 9:00-3:00	Training 9:00-12:00
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Open Gym 6:00-8:00 PM	Open Gym 6:00-8:00 PM	Camp Party 4:00-6:30 PM	Open Gym 6:00-7:00 Camp Show 7:30-9:00	Squirt Gun Fight 12:00-1:00
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#### WEEK 2

**JULY 8th - July 12th**

**Competitive Team**

**X-Cel Training Camp**

### X-Cel / Cheer Camp Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
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Training 9:00-1:00	Training 9:00-1:00	Training 9:00-1:00	Training 9:00-1:00	Training 9:00-12:00
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Open Gym 6:00-8:00 PM	Open Gym 6:00-8:00 PM	Camp Party 4:00-6:30 PM	Open Gym 6:00-7:00 Camp Show 7:30-9:00	Squirt Gun Fight 12:00-1:00
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**\$425.00 per week**

**\$800.00 (2 weeks)**