

Our café makes our soups fresh from scratch daily, available by the cup or bowl.

 $12 \text{ oz} \sim \$4.25$

16 oz ~ \$5.75

 $32 \text{ oz} \sim \$9.50$

Please check our Facebook page for today's soup of the day.

Sides

Cookies - \$1.50

Made in house from scratch Chocolate Chip, Oatmeal Raisin, and Cranberry Shortbread Cookies.

Chips - \$1.50

Variety of Chips and Pretzels

Protein Bars

High energy and delicious

<u>Beverages</u>

Soft Drinks

Variety of premium Regular and Diet soft drinks

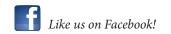
Bottled Water

Both Sparkling and Flat water

Fresh Brewed Ice Tea

Made fresh daily with Harney teas

Smoothies - \$3.75





665 North Colony Road Wallingford, CT 06492

203-265-1400 fax 203-949-1158 www.bmusecafe.com

Nours 8am - 4pm

8am - 4pm Monday and Tuesday

8am - 6pm Wednesday through Friday

> 10am - 2pm Saturday

> > Closed Sunday



Owned by Bourassa Catering & Events www.bourassacatering.com

For more information about our catering services, please call us at 203-269-9266.

Tossed to Order Salads

\$6.95 each

All salads are made fresh to order Please note that dressings can be "tossed" or "on the side"

Romaine Hearts **Baby Spinach**

Baby Field Greens

Avocado

Black Bean Corn Salsa

Broccoli

Carrots Celery

Chick Peas

Cucumbers

Roasted Beets

Red Onions

Peppers

Sugar Snap Peas

Grape Tomatoes

Corn

Mushrooms

Stuffed Grape Leaves*

Sun Dried Tomatoes

Kalamata Olives

Grilled Vegetables

Dried Cranberries

Mandarin Oranges

Hein (add \$2.50 each)

Grilled Chicken Buffalo Chicken[⋆]

Chinese Five Spice Chicken*

Roasted Turkey

Grilled Salmon (\$3.50)

Tuna Fish

Tofu

Hard Boiled Eggs

Crunchy

Croutons

Sunflower Seeds

Tortilla Strips[⋆]

Almonds

Walnuts[⋆]

Bacon

50¢ each ADDITIONAL serving of:

Avocado Stuffed Grape Leaves* Hard Boiled Eggs Extra Dressings

Bleu

Cheddar Crumbled Feta

Crumbled Goat

Shaved Parm

ressinas

Perfect Caesar Dressing* *(contains some anchovies)*

LaFlora Italian

Fat Free Raspberry Vinaigrette

Farm Kitchen Ranch

Asian Sesame Ginger*

Roasted Garlic Red Wine Vinaigrette

Classic Bleu Cheese

Balsamic Basil Vinaigrette

Extra Virgin Olive Oil

Aged Balsamic Vinegar

Lime Chipotle Vinaigrette

Low Fat Caesar*



*May contain Gluten products



BMuse Buffalo Salad \$9.45

Spicy Buffalo Chicken, Romaine Hearts, Grape Tomatoes, Crumbled Bleu Cheese, Croutons, Blue Cheese Dressing

Classic Chicken Caesar \$9.45

Sliced Grilled Chicken, Romaine Hearts, Grape Tomatoes, Croutons, Shaved Parmesan, Perfect Caesar Dressing

Roasted Beet Salad \$6.95

Baby Arugula, Roasted Beets, Tomatoes, Crumbled Goat Cheese and La Flora Italian Dressing

Classic Greek Salad \$6.95

Baby Field Greens, Red Onions, Cucumbers, Kalamata Olives, Feta Cheese, Stuffed Grape Leaves with LaFlora Italian Dressing

Mozzarella Burrata Salad \$9.45

Burrata (mozzarella stuffed with ricotta), Arugula, Roasted Beets, EVOO and Fig Balsamic Vinegar

Hummus Plate \$9.45

Hummus, Cucumbers, Feta, Capers, Tomatoes, Red Onion, Sun Dried Tomato, Lemon, Roasted Red Peppers, Fig Balsamic Vinegar

Tuna Salad Platter \$9.45

Scoop of Tuna Salad, Baby Field Greens, Avocado, Cucumbers, Tomatoes, Balsamic Vinaigrette Dressings

Arugula Salad \$9.45

Grilled Chicken, Arugula, Shaved Parmesan, EVOO, Fig Balsamic Vinegar

Asian Chicken Salad \$9.45

Chinese Five Spice Chicken, Romaine Hearts, Snap Peas, Carrots, Mandarin Orange Slices, Asian Sesame Ginger Dressing

Southwestern Salad \$9.45

Grilled Chicken, Baby Field Greens, Roasted Corn and Black Bean Salsa, Tomatoes, Avocado, Tortilla Strips and Lime Chipotle Vinaigrette

\$6.75 each

Boursin Roast Beef Sandwich

Fresh Roasted Eye Round Beef with Arugula, Peppadew Peppers, and Boursin Cheese

Tuscan Style Grilled Chicken

Herb Marinated Chicken Breast with Sun Dried Tomatoes, Artichokes, Baby Field Greens with Pesto Mayonnaise

Roast Turkey

Fresh Roasted Turkey with Bleu Cheese, Red Onions, Baby Field Greens with Mayonnaise

Balsamic Glazed Vegetables Wrap

Farm Fresh Grilled Vegetables, Goat Cheese, Baby Field Greens with Balsamic Glaze

Santa Fé Chicken

Sliced Grilled Chicken, with Fresh Roasted Corn and Black Bean Salsa, Baby Field Greens with Chipotle Mayonnaise

Ham and Brie

Lean Ham with Baby Field Greens, Triple Cream Brie, and our own Honey Mustard Sauce

Roasted Eye Round of Beef

Fresh Roasted Eye Round of Beef with Gorgonzola, Red Onion, Roasted Red Peppers and Baby Field Greens with Rosemary Aioli

Tuna Salad Sandwich

White Albacore Tuna Mixed with Mayonnaise, Celery, Salt and Pepper Topped with Mixed Field Greens

Chicken Salad Sandwich

Poached Chicken Breast Mixed with Mayonnaise, Celery, Salt and Pepper

Buffalo Chicken Wrap

Fresh Breaded Chicken Tenderloin Tossed with a Spicy Hot Sauce with Blue Cheese Dressing and Celery