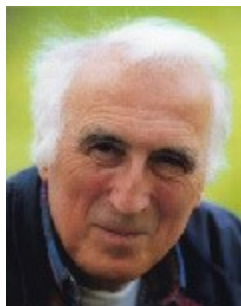


How is Faith and Light Related to L' Arche?

Faith and Light is a sister movement to L' Arche also founded by Jean Vanier. While L' Arche is a community where people live together in homes and work together, Faith and Light tries to create a network of friendships that are nurtured by monthly meetings.

The spirit of the two movements is the same. Both are ecumenical movements rooted in the Christian tradition. They are founded on the belief that every person, and in a special way the person with a disability, has unique gifts to offer. The two communities develop supportive, trusting relationships in order for these gifts to be realized and shared.

Jean Vanier



How Can I Become Involved ?

Please contact us for more information on the monthly meetings:
faithandlightniagara@gmail.com

or call

Rev. Rob Duncan or
Stephanie Wilton-Duncan

905-354-0587

or

Fay McKee 905-354-2334



For more information about Faith and Light please go to -
faithandlight.org

Faith and Light



Created by Meb, ~1971, France

In order to grow spiritually as human beings, we need to belong to a community, where we are banded together in love, and a common vision.

“Charter of Faith and Light”

Faith and Light

What is it?

Faith and Light is a Christian community of 15-30 people who gather once a month to share, celebrate and pray together in order to grow in friendship and love.

Who is it for?

- People who have a developmental disability
- Their family members
- Friends who wish to give and receive friendship and support



What are the Goals?

Faith and Light strives to build a bond among people based on common hopes, difficulties, the sharing of prayers and joyous times. It especially welcomes and supports those who have developmental disabilities, so that their gifts may be realized and shared with others.

How did it Begin?

Faith and Light was organized and inspired by Jean Vanier and Marie Helene Mathieu, who saw a need among families with a member that has a developmental disability, for acceptance within their community.

It began with a pilgrimage to Lourdes in 1971, aimed particularly at people who had a disability, their parents and friends. Twelve thousand people participated from around the world. After the pilgrimage, small groups gathered monthly to keep alive the spirit of friendship and joy.

What Happens at the Monthly Meetings?

- Singing
- Sharing News
- Reflecting on a theme
- Mimes, skits, dances, crafts
- Prayer
- Eating Together

Faith and Light Today

Today there are 1700 Faith and Light communities in over 70 countries. They are often established in the poorest countries, where for the first time, the lives of persons who have a developmental disability are celebrated.

