

Monday

Goshen – 12:30 PM (O, JT, BK)
Monday Meditation
1st Presbyterian Church, 33 Park Pl.

Liberty – 5:30 PM (O, RF)
Get Clean Stay Clean
United Methodist Church, 170 North Main St.

Newburgh – 6:00 PM (O, B)
Keys to Success
The Center for Recovery, 3 Commercial Pl. *(Enter through the side door)*

Middletown – 7:00 PM (O, RF, WC)
A Woman's Time for Change
RECAP, 40 Smith St. *(Women's topic [open to all])*

Middletown – 7:00 PM (O, D, M)
MAN UP
Avent House, 208 North St. *(Ground floor, back of building, between Prospect St. & Linden Pl.)*

Woodridge – 7:00 PM (O, RF)
Keeping it Green on Green
Woodridge United Methodist Church, 56 Broadway

Beacon – 7:30 PM (O, B, S, D, To)
Pay it Forward
Beacon Reformed Church, 1113 Wolcott Ave *(Rt. 9D)*

New Windsor – 7:30 PM (C, M, St, To, WC)
Men on Point
St. Thomas Episcopal Church, Parish Hall, 47 Old 9W *(Union Pl. & River Rd., Men's topic [open to all], 1st wk. Step)*

Washingtonville – 7:30 PM (C, B, St, WC)
Back from the Grave
Grace Community Baptist Church, 2839 Route 94 *(Rear entrance [@Route 208])*

Tuesday

Goshen – 12:30 PM (O, To)
Twice on Tuesday
1st Presbyterian Church, 33 Park Pl.

Monticello – 1:30 PM (O, RF)
Midday Break
Ambulance Corp. Bldg., 10 Jefferson St. *(Basement)*

Newburgh – 6:00 PM (O, RF)
Some Are Sicker Than Others
Grace Methodist Church, 265 Van Ness St.

Goshen – 7:00 PM (O, B, RF, Step 1 2 3)
Reach Out
First Presbyterian Church, 33 Park Pl.

Middletown – 7:30 PM (O, RF, WC)
Relationships
First Congregational Church, 35 East Main St.

Newburgh – 7:00 PM (O, W, D)
Breath of New Lives
Breath of New Life Ministries, 292 Ann St.

Rock Hill – 7:00 PM (O, RF, WC)
Dopeless Hope Fiends
Rock Hill Ambulance Bldg., 96 Lake Louise Marie Rd.

Tuesday (cont'd)

Beacon – 7:30 PM (O, RF, WC)
Turn it Over
St. Andrew's Church, 17 South Ave. *(Rt. 9D, basement)*

Port Jervis – 7:30 PM (O, S, D, To)
Just for Today
Drew Methodist Church, 49 Sussex St.

Wednesday

Goshen – 12:30 PM (O, BK)
Relapse and Recovery
1st Presbyterian Church, 33 Park Pl.

Monticello – 4:30 PM (O, RF, WC)
All Are Welcome
ATI Bldg., 309 East Broadway

Chester – 7:00 PM (C, RF)
Walking the Walk
First Presbyterian Church, 96 Main St. *(Parking in rear)*

Highland Falls – 6:30 PM (O, B, JT)
Keep it Simple
Church of the Holy Innocents, 401 Main St.

Newburgh – 7:00 PM (1hr) (C, BT, IP, JT, RF, S, D, To, BK)
Change or Die II
Grace Methodist Church, 265 Van Ness St.

Warwick – 7:00 PM (O, D, RF)
Never Alone
Warwick Valley Community Center, 11 Hamilton Avenue *(Meets in the lounge)*

Port Jervis – 7:00 PM(1hr) (C, RF)
Staying Clean on Wednesday
Annex Bldg., 6 North Broome St *(Around corner from 1st Presbyterian)*

Middletown – 7:30 PM (O, S, D, To WC)
Steps in the Right Direction
RECAP, 40 Smith St.

Thursday

Goshen – 12:30 PM (O, St)
It's in the Steps
1st Presbyterian Church, 33 Park Pl.

Monticello – 6:00 PM (O, RF, WC)
Back on Track
Ambulance Corp. Bldg., 10 Jefferson St. *(Meets upstairs)*

Middletown – 7:00 PM (O, RF, WC)
Back to Basics
RECAP, 40 Smith St.

Newburgh – 7:00 PM (O, S, D, WC)
Recovery by the River
Ebenezer Baptist Church, 76 1st St. *(Meets in dining room)*

Walden – 7:00 PM (O, S)
New Beginnings
Walden Baptist Church, 38 Bank St.

Beacon – 7:30 PM (C, BK)
By the Book
Beacon Reformed Church, 1113 Wolcott Avenue *(Rt. 9D, Book study using the Living Clean)*

Thursday (cont'd)

Chester – 7:30 PM (C, To)
Hope on Thursday
First Presbyterian Church
96 Main St. *(Parking in rear)*

Port Jervis – 8:00 PM (1hr) (O, D)
Stay N Alive
First Presbyterian Church, 60 Sussex St. *(Corner of Broome & Sussex)*

Friday

Goshen – 12:30 PM (O, S, D)
T. G. I. F.
1st Presbyterian Church, 33 Park Pl.

Middletown – 7:00 PM (O, RF, WC)
A New Way of Life
RECAP, 40 Smith St.

Newburgh – 7:00 PM (O, D)
Bridge Back to Life
Breath of New Life Ministries, 292 Ann St.

Port Jervis – 7:00 PM (O, B)
Just for Today
First Presbyterian Church, 60 Sussex St. *(Corner of Broome & Sussex)*

Kauneonga Lake – 7:00 PM (O)
Recovery on the Hill
Community United Methodist Church, 58 Horseshoe Lake Rd.

Beacon – 7:30 PM (O, IW, St, Tr, BK, WC)
Change or Die
St. Andrew's Church, 17 South Ave. *(Rt. 9D, basement)*

Highland Mills – 7:30 PM (O, S, D, RF, WC)
Innervisions
Woodbury Senior Citizens Center Library, 16 County Rt. 105 *(@Rt. 32)*

Goshen – 10:00 PM (C, D)
Freestyle Friday
Goshen Methodist Church, 115 Main St.

Saturday

Chester – 9:00 AM (O, BT)
The Proof is in the Pudding
St. Paul's Episcopal Church, 101 Main St.

Newburgh – 10:00 AM (O, BK, JT)
Saturday Morning Awakenings
Grace Episcopal Church, 265 Van Ness St.

Middletown – 12:00 PM (O, JT, BK)
Reflections
Grace Community Church, 443 East Main St.

Middletown – 7:00 PM (O, CNDL, CS, IW, Ti, BK, WC)
It Works: How & Why
RECAP, 40 Smith St.

Monticello -7:00 PM (O, RF)
Alive & Free on Saturday Night
First Church of Monticello, 11 Jones St. *(Ring buzzer to enter)*

Beacon -7:30 PM (O, St, BT, WC)
Saturday Night Beginners
St Andrew's Church, 17 South Ave. *(Rt. 9D, basement)*

Saturday (cont'd)

Washingtonville – 7:30 PM (O, St, Tr, CNDL, WC)

Steps to Life

St Ann's Church, 175 E Main St. (Rt. 94, 3rd wk. Tradition, 4th wk. is a Closed meeting [for addicts only] with topic *Illness in Recovery*)

Goshen – 10:00 PM (1 hour) (O, RF, S, D)

Saturday Night Fever

Goshen United Methodist Church, 115 Main St.

Sunday

Middletown – 12:00PM (O, RF, WC)

Kicking It Live (Gut Level)

RECAP, 40 Smith St.

Newburgh – 1:00 PM (C, St, WC)

Steps On Sunday

Restorative Management, 172 Liberty St. (*Don't park in church parking lot*)

Rock Hill – 5:00 PM (O, RF, WC)

Dopeless Hope Fiends

Rock Hill Ambulance Bldg., 96 Lake Louise Marie Rd.

Beacon – 5:30 PM (C, JFT, WC)

Up Front

St. Andrew's Church, 17 South Ave. (Rt. 9D, basement)

Middletown – 5:30 PM (C, RF, WC)

The Joy is in the Journey

First Congregational Church, 35 East Main St. (*Rotating Format, 3rd Sunday Living Clean Book*)

Goshen – 6:30 PM (C, St, Tr)

SURGERY OF THE SPIRIT

Goshen Christian Reformed Church, 43 State Rt. 17A (*Steps 4, 5, 6, 7, 5th wk. Tradition; Gray building downstairs*)

Montgomery – 6:30 PM (O, St, Tr)

3-7-11 in Montgomery

Brick Reformed Church, 1582 Rt. 17K (*Steps 3, 7, 11, 1st wk. Tradition*)

Monroe – 7:00 PM (C, RF)

Clean & Crazy

First Presbyterian Church, 142 Stage Rd.

Committee Meetings

These are NOT regular meetings. They are Service Committee Meetings. Any addict interested in Service is welcome to attend.

ASC: Area Service Committee

1st Thursday of every month @ 7:30PM

First Presbyterian Church, 33 Park Pl., Goshen, NY 10924

H&I: Hospitals & Institutions Committee

1st Wednesday of every month @ 7:30PM

First Presbyterian Church, 33 Park Pl., Goshen, NY 10924

E&A: Events & Activities Committee

2nd & 4th Thursday of every month @ 6:00PM

First Presbyterian Church, 33 Park Pl. Goshen, NY 10924

Helpline Committee

1st Thursday of every month @ 7:00PM

First Presbyterian Church, 33 Park Pl., Goshen, NY 10924

Policy & Procedures Committee

1st Thursday of every month @ 6:30PM

First Presbyterian Church, 33 Park Pl., Goshen, NY 10924

Speaker Exchange Committee

1st Thursday of every month @ 7:00PM

First Presbyterian Church, 33 Park Pl., Goshen, NY 10924

Outreach/Homebound Committee

Last Sunday of every month 3:00PM

Recap, 40 Smith St., Middletown, NY 10940

PR: Public Relations Committee

2nd Wednesday of every month @ 7:00PM

First Presbyterian Church, 142 Stage Rd., Monroe, NY 10950

Convention Committee

2nd Monday of every month @ 7:00PM

First Presbyterian Church, 33 Park Pl., Goshen, NY 10924 (Downstairs)

Meeting List Format Key

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|---|--|
| O Open to addicts and non-addicts alike. | M Men (open to all) |
| C Closed to non-addicts. | NC No children |
| B Beginner | RF Rotating format |
| BK Book – uses NA Fellowship Approved books | Rr Round robin – fixed sharing order (usually a circle) |
| BT Basic Text | S Speaker |
| CNDL Candlelight | SG Step Working Guide |
| CS Children supervised and well-behaved, are welcome | St Step |
| D Discussion | Ti Timer – sharing time limited by a timer |
| LGBT Lesbian, gay, bi-sexual and transgender (open to all) | To Topic |
| IP Informational Pamphlet | Tr Tradition |
| IW It Works: How and Why | W Women (open to all) |
| JT Just for Today | WC Wheelchair accessible |
| | Y Youth (open to all) |



Narcotics Anonymous Meetings

Open Arms Area

Revised January 3, 2019

Helplines:

Hudson Valley: (800) 498-5224

Regional: (212) 929-NANA (6262)

Web Site: openarmsarea.net

Mailing address:

Open Arms Area

PO Box 787

Washingtonville, NY 10992

Name

Phone #

For updates to this list, please contact Ken F. @ ken.f.anonymous@gmail.com or 845-476-7187