



# **Phoenix Netball Club**

**Player & Parent**

**Handbook**

**2018**



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## WELCOME TO THE SEASON

Welcome to all our new and returning players as well as parents/guardians and thank you for joining Phoenix for the 2018 season!

In 2017 we saw 6 of our 9 Saturday competition teams making it to finals (3 to grand finals), resulting in 1 runners-up and 2 winning teams! A FANTASTIC result! Now in our tenth year, we are very proud of the club's growth and believe 2018 will be another successful year. We look forward to the continued support of our players, parents/guardians, coaches, managers, umpires and volunteers.

We as a committee are here to ensure our players have the best possible experience and enjoyment playing netball. All the Phoenix committee members have many years of experience in the exciting game of netball and we look forward to helping you/your child have a wonderful and fulfilling experience in 2018.

We are always looking for new members, ideas and support so if you are interested in helping out in some way (big or small) for the 2018 season, then please contact us:

- via email - [phoenixnetballclubgc@gmail.com](mailto:phoenixnetballclubgc@gmail.com) or
- find us on Facebook - [Phoenix Netball Club - Gold Coast Inc](#)

### Please save the date!

Our "**Welcome to the Season BBQ**" will be held after training on the 28<sup>th</sup> of February (approx. 6pm). Come and help us celebrate the start of what we hope will be a fantastic season for Phoenix. It's a great opportunity for our players and their families to get to know each other, as well as practice the PHOENIX WAR CRY in preparation for the start of season march past. We look forward to seeing you there.

Kind Regards,

The Phoenix Committee.



## CLUB CONTACT DETAILS

<b>Address</b>	PHOENIX Netball Club Gold Coast Inc PO BOX 1663, Oxenford Qld 4210
<b>Email</b>	<a href="mailto:phoenixnetballclubgc@gmail.com">phoenixnetballclubgc@gmail.com</a>
<b>Website</b>	<a href="http://phoenixnetballclubgc.com.au/">http://phoenixnetballclubgc.com.au/</a>
<b>Facebook</b>	 Like us on Facebook - <i>Phoenix Netball Club-Gold Coast Inc</i> <a href="https://facebook.com/phoenixnetballclubgc/">https://facebook.com/phoenixnetballclubgc/</a> <i>Please note: Facebook is our main method of communication.</i>

## COMMITTEE MEMBERS

<b>President</b>	Dee Pirlo
<b>Vice President</b>	
<b>Secretary</b>	Andrea Giokas
<b>Treasurer</b>	Kelly Young
<b>Registrar</b>	Melissa Surman
<b>Coaching Coordinator</b>	Bec Lombardo
<b>Uniform / Equipment Coordinator</b>	Michelle Carroll
<b>General Members</b>	Amanda Cunington Carey Batchelor Alisa Schofield Nic Latcham Kylie Sessa Amy Novak Michael McLean

## PORTFOLIO REPRESENTATIVES

<b>Grants / Sponsorship</b>	Michael McLean
<b>Umpiring</b>	Vicki Hardin



## REGISTRATION & FEES

**Online Registration** Our Club's registrations are now managed online using the MyNetball system. For more information or links to register, please visit our website, Facebook page or email us at phoenixnetballclubgc@gmail.com.

**Online Registration Open Date** Wednesday 17<sup>th</sup> January, 2018

**Proof of Age** Please provide a copy of your Birth Certificate or Passport **if you are a new player** to the Phoenix Club for 2018. We must have a copy of your Birth Certificate or Passport on file before you can take the court.

**Age Groups & Fees** The **2018 Season fees** are as follows and include a team and individual photo.

5-6s (NetSetGo)	<b>\$220</b>
7-8s (NetSetGo)	<b>\$240</b>
9-10s (NetSetGo)	<b>\$255</b>
11s & Up (Junior & Senior Competition)	<b>\$265</b>

All fees to be paid prior to the 2<sup>nd</sup> of March.

**NOTE: No player will be permitted to take the courts without payment in full by this date.**



## PAYMENTS

<b>Credit Card</b>	Via Online Registration / Ordering only – For more information, please visit our website, Facebook page or email us at phoenixnetballclubgc@gmail.com.
<b>Direct Deposit</b>	BSB: 034 292 (Westpac) ACCOUNT #: 480274 <u>NOTE:</u> Please use reference – Initial, Surname and Birth Year of Player
<b>Cheque or Money Order</b>	Please post to: PO BOX 1663, Oxenford QLD 4210
<b>Cash</b>	Cash payments can be made to the Club's Treasurer (Kelly Young), our uniform convenor (Michelle Carroll), Secretary (Andrea Giokas) or President (Dee Pirlo).  <u>PLEASE NOTE:</u> To help ensure cash payments are tracked and receipted properly for auditing purposes, cash payments <b>will not be accepted</b> by coaches, managers or committee members (other than those stipulated above). We apologise for any inconvenience and thank you in advance for your understanding.



## GRADING

Phoenix Netball Club will be grading all players in the junior competition (U11–U18) into teams according to skill level, ability, positional dynamic, sportsmanship, attitude and commitment.

Selections will be made over 3 days (2 training sessions & a grading day). The only exception to this will be if the number registered in any age group does not permit more than one team.

<b>Grading Training – Skills &amp; Drills</b>	
Age Groups:	All U11 – U18
Date:	Wednesday 31 <sup>st</sup> January 2018 & Wednesday 7 <sup>th</sup> February 2018
Venue:	NGCNA Courts, Sports Drive Runaway Bay
Time:	4:30pm – 5:30pm

<b>Grading - Trials</b>	
Age Groups:	Age groups required and time slots will be notified on Facebook.
Date:	Saturday 10 <sup>th</sup> February 2018
Place:	NGCNA Courts, Sports Drive Runaway Bay
Time:	2:30pm onwards



## TRAINING

Phoenix books the courts for training @ NGCNA Sports Drive, Runaway Bay, every Wednesday between 4.00pm and 6.00pm.

Team training session start and end times will be determined by your coach.

Training is held every school week. Generally, there is no training held during school holidays, however, please confirm this with your Coach as some teams may choose to train during the holidays.

Your team will train even if you have a bye or no game that weekend.

<b>Venue</b>	NGCNA Courts, Sports Drive Runaway Bay
<b>Training Times</b>	Team training sessions are held between 4.30pm to 6.00pm <b>every Wednesday</b> . The start time will be determined by your coach.
<b>Pre-grading / Trials Training (U11 &amp; Up)</b>	Group training sessions will be held from 4.00pm to 5.30pm for all Phoenix registered players U11 and up on Wednesday the <b>31<sup>st</sup> January</b> and Wednesday the <b>2<sup>nd</sup> February</b> . Please arrive at 4.15pm for a 4.30pm start.
<b>1st Training Day (NetSetGo)</b>	NetSetGo (5-10 years) team training will commence on Wednesday the <b>28<sup>th</sup> February</b> .



## GAMES

Grading rounds will start on **Saturday 3<sup>rd</sup> of March** (U11 and up), with the first official round (all ages) to commence on **Saturday 28<sup>th</sup> April** (due to restricted access during Commonwealth Games 25/3/18 to 15/4/18).

A march past will be held on Saturday 28<sup>th</sup> April to celebrate the start of the season. Phoenix encourages teams to make banners and streamers and to paint their faces in our club colours. Please take time to learn the Phoenix War Cry (next section). All players must be in full uniform on this day.

<b>Competition Times</b>	Games on Saturdays start at 8am, with each game commencing on the hour. Times will be confirmed on issue of the draw by NGCNA.
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<b>Grading</b>	NGCNA will be conducting 3 weeks of grading for under 11 and up. This is to ensure that teams are placed in the correct grade.
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Please note: All players must be in club uniform, not be wearing any jewellery and have short nails to take the court.

## PHOENIX WAR CRY

**PHOENIX - PHOENIX - RA - RA - RA**

**We Are Here to Win by Far**

**We'll Do Our Best**

**To Beat the Rest**

**PHOENIX - PHOENIX - RA - RA - RA**

**P - H - O - E - N - I - X**

**GOOOOOO PHOENIX**



## WET WEATHER

### Training

If training is cancelled, a notice will be posted on Facebook and your Coach / Manager will be notified by the committee so they can notify the team. The courts can become slippery in wet weather and pose a safety hazard. Ring your Coach if you are unsure.

### Games

If games are cancelled, then the following will occur:

1. A notice will be posted on the NGCNA Facebook page
2. A notice will be posted on the Phoenix Facebook page
3. Phoenix's President will notify the Coaching Convenor
4. Phoenix's Coaching Convenor will contact all Coaches
5. Coaches will contact players

You will be notified within minutes of the cancellation decision being made. If you have not been contacted, then please assume games are on and proceed to the courts.

## TEAM PHOTOS

Team and individual photos have been scheduled to be taken on Saturday the **30<sup>th</sup> of June**. All teams will be given a timeslot for their team and individual photo closer to the date.

## PRESENTATION DAY / EVENING

Phoenix Netball Club holds a presentation day at the end of each season to reward the achievements of the players and recognise the effort of the committee members, coaches, managers, umpires and supporters. This will be held on Saturday the **8<sup>th</sup> of September**.



## UNIFORMS & ACCESSORIES

Our club uniform is compulsory and includes a Phoenix A-line dress, black bummers, white socks and sports shoes.

Please note: Black shorts can be worn however NGCNA requires them to be shorter than the dress. Also, white socks must be above the ankle.

Items can be purchased separately for the prices listed or in packs as detailed below. The uniform and accessory packs are a great way to purchase items at a discounted price.

		Pack A	Pack B	Pack C
Phoenix A-line Dress <sup>1</sup>	\$65.00	1		
Phoenix Training Singlet <sup>2</sup>	\$35.00	1	1	
Phoenix Neoprene Visor	\$10.00	1	1	1
Phoenix Socks	\$10.00	1	1	1
Phoenix Water Bottle	\$7.50	1	1	1
Phoenix Drawstring Bag	\$10.00	1	1	1
Phoenix Hoodie <sup>3</sup>	TBA			
<i>Total Pack Value</i>		\$137.50	\$72.50	\$37.50
<b>Pack Saving</b>		<b>-\$22.50</b>	<b>-\$17.50</b>	<b>-\$9.50</b>
<b>Discounted Pack Price</b>		<b>\$115.00</b>	<b>\$55.00</b>	<b>\$28.00</b>

### Ordering

Uniform ordering is now available online. For more information or links to order, please visit our website, Facebook page or email us at phoenixnetballclubgc@gmail.com.

<sup>1</sup> Compulsory

<sup>2</sup> Training Singlets and packs containing singlets are only available while stocks last

<sup>3</sup> Orders will be taken early in the season



## SUPPORTING PHOENIX

### Umpiring

Interested in umpiring? Please email the club at [phoenixnetballclubgc@gmail.com](mailto:phoenixnetballclubgc@gmail.com).

Level 1 course available online at [www.netball.com.au](http://www.netball.com.au). Level 1 course needs to be completed before umpiring can begin.

### Coaching / Managing

Your children need YOU! If you are a parent you can do this, after all you have an abundance of multi-tasking skillsets under your belt already. This can be a fun activity and you get to be a great role model for your kids. Seriously, your children need you as a mum or dad to volunteer and have a go.

**Participation not Perfection** is being asked from you.

Please talk to either Bec, Andrea or Dee on your committee, about these rewarding and critical roles. The committee can provide training to get you started and ongoing support throughout the year.

### Club Duty Day

Every club has a duty day during the season. Phoenix's club duty day has been scheduled for the **Saturday the 28<sup>th</sup> July** (Round 13) (to be confirmed).

Duty day responsibilities generally include; setting up the courts with post pads, bringing in post pads after the last games are played, putting out and emptying bins, keeping the grounds clean and helping in the canteen.

Club duty day is also a great opportunity to fundraise for our club, this is when we will host our Bake Sale. Your help on this day is appreciated! A roster, per team, will be provided to your team manager closer to the day.

## REPRESENTATIVE NETBALL

NGCNA representative trials are held towards the end of the year. The NGCNA typically holds player development programs prior to trials.

Please contact the NGCNA for more information on representative netball trials and player development programs.



## **CODES OF CONDUCT**

It is important for all players, parents and supporters of Phoenix to understand our Codes of Conduct. Our Codes of Conduct are in place to protect and support our players, coaches, managers, umpires and all members of our club. We appreciate you taking the time to read and understand the below.

### **Players Code of Conduct**

**PLAY BY THE RULES AT ALL TIMES.**

**NEVER ARGUE WITH GAME OFFICIALS.** If you disagree with or are unclear on a decision, have your captain, coach or team manager approach the office during a break or after the game to seek clarification. Make sure you know what the rules are because often not knowing the correct or current rules can cause frustration and unrest.

**SHOW RESPECT FOR YOUR COACH.** All coaches freely volunteer their time to assist players to develop their netball skills. Without them there would be no team.

**BE A GOOD SPORT AT ALL TIMES.** Applaud all good play whether it is a by your team or the opposition. Work equally hard for yourself and your team. Your team's performance will benefit and so will you.

**SOCIAL MEDIA - BE MINDFUL OF OTHERS AND POSSIBLE LEGAL RAMIFICATIONS;** be positive and treat all with dignity and respect, under NO circumstances use social media to create, incite, or sustain conflict, or to bring your Netball Club or the game of Netball into disrepute.

**DO NOT INTERFERE WITH, INTIMIDATE, BULLY OR TAKE UNFAIR ADVANTAGE OF ANY OTHER PLAYER.** Treat all players with respect.

I have read the Players Code of Conduct and understand that any breach of the code may result in but is not limited to:

- a) A written warning, or
- b) Dismissal from the club



## **Parents and Spectators Code of Conduct**

**SHOW RESPECT FOR ALL COACHES AND CLUB OFFICIALS.** Remember that all positions are unpaid and the club would not exist without our volunteers. Abuse or intimidation will not be tolerated from players, parents or spectators. Parents are expected to model the behaviour we want of our players.

**NEVER ARGUE WITH A GAME OFFICIAL.** This is not acceptable behaviour at a game and not the example we want to set for our players. If you have any concerns or questions, please raise these with the coach or team manager after the game.

**ENCOURAGE PLAYERS** to always participate according to the rules.

**NEVER RIDICULE OR ABUSE ANY PLAYER,** particularly for making a mistake or losing a game.

**SOCIAL MEDIA - BE MINDFUL OF OTHERS AND POSSIBLE LEGAL RAMIFICATIONS;** be positive and treat all with dignity and respect, under NO circumstances use social media to create, incite, or sustain conflict, or to bring your Netball Club or the game of Netball into disrepute.

**MODEL APPROPRIATE BEHAVIOUR TO ALL.** Applaud good plays by all players and encourage all players. Children learn best from examples and remember that children are involved in the sport for their enjoyment, not yours.

**FOCUS ON EFFORTS AND PARTICIPATION** rather than the outcome and teach children that an honest effort is as important as a victory. This will assist in setting goals related to ability, by reducing undue disappointment and the emphasis on winning.

If children are interested, encourage them to participate. If they're not willing or not interested, don't force them or they may never learn to enjoy the game.

I have read the Parent's Code of Conduct and understand that any breach of the code may result in but is not limited to:

- a) A written warning, or
- b) A ban on my attendance at training sessions and/or games, or
- c) My child being dismissed from the Club

Any such actions will be at the discretion of the Executive Committee of the Phoenix Netball Club, and in the event of dismissal there will not be any reimbursement of membership fees.



## 2018 SEASON CALENDAR

Date	Event
Jan, Wed 17	Online registrations open
Jan, Wed 31	1 <sup>st</sup> Training Session – 4.30pm to 5.30pm (U11 & Up)
Wed, Feb 07	2 <sup>nd</sup> Training Session – 4.30pm to 5.30pm (U11 & Up)
Sat, Feb 10	Phoenix Grading / Team Selection 2.30pm warmup – Grading 3pm to 5pm
Sat, Feb 17	Backup Phoenix Grading (wet weather backup)
Wed, Feb 21	Training & Coaches & Managers Welcome Meeting (U11 & Up)
Wed, Feb 28	1 <sup>st</sup> Training Session (NetSetGo) / Welcome BBQ
Fri, Mar 02	Comp Grading Week 1 – Senior Inters (Time TBA)
Mar, Sat 03	Comp Grading - Week 1 – U11/12 Morning, Under 13/Junior Inters 4-8pm
Fri, Mar 09	Comp Grading Week 2 – Senior Inters (Time TBA)
Mar, Sat 10	Comp Grading - Week 2 – U11/12 Morning, Under 13/Junior Inters 4-8pm Coaches Clinic 12pm to 3pm run by NGCNA
Fri, Mar 16	Comp Grading Week 3 – Senior Inters (Time TBA)
Mar, Sat 17	Comp Grading - Week 3 – U11/12 Morning, Under 13/Junior Inters 4-8pm
Mar, Fri 30 – Apr, Mon 16	SCHOOL HOLIDAY/COMMONWEALTH GAMES – No Games
Apr, Wed 18	Training resumes
Apr, Wed 25	Coaches & Managers Meeting (NetSetGo)
Apr, Sat 28	Round 1 / March Past (all ages)
May, Sat 05	Round 2
May, Mon 07	Public Holiday
	SCHOOL HOLIDAYS - No Games
May, Sat 12	Round 3
May, Sat 19	Round 4
May, Sat 26	Round 5
Jun, Sat 02	Round 6
Jun, Sat 09	Round 7
Jun, Sat 16	Round 8
Jun, Sat 23	Round 9
Jun, Sat 30	Round 10/Team Photos
Jul, Sat 07	State Age Championships (7 <sup>th</sup> – 10 <sup>th</sup> )/SCHOOL HOLIDAYS – No Games
Jul, Sat 14	Round 11
Jul, Sat 21	Round 12
Jul, Sat 28	Round 13/Club Duty Day
Aug, Sat 04	Round 14/Proposed Club Carnival (Ages 11+)
Aug, Sat 11	Round 15
Aug, Sat 18	Semi Finals
Aug, Sun 19	Proposed NOVA Carnival
Aug, Sat 25	Prelim Finals
Aug, Fri 31	Gold Coast Show Public Holiday
Sep, Sat 01	Grand Finals
Sep, Sat 08	Phoenix Presentation Day / Evening (Date To Be Confirmed)
Oct, Tue 23	AGM
Nov, Thur 01	2019 Season Pre-Registration Opens (2018 Players Only)
Dec, Sat 01	2019 Season Registration Opens (New & 2018 Players)

NOTE: Calendar subject to change