



CALIFORNIA SCHOOLS
VEBA

ADVANCED HEALTH CARE DIRECTIVE FOR SDEA MEMBERS

Find the time to talk about it...

Class: It is difficult to talk about end-of-life issues, but, at the same time, it is absolutely necessary. Knowing that your family will honor your requests about health care and quality of life issues minimizes the stress for you and them.

Join us at the VEBA Resource Center and start talking now about your medical directive. Please note that spouses are welcome to attend and an attorney will be present to answer any legal questions you may have.

Details: Location: VEBA building, 1843 Hotel Circle South, San Diego, CA 92108

Spots available: 50

Dates: Saturday, February 2, 2019, 9:00 a.m. – 10:00 a.m.

Monday, March 4, 2019, 5:00 p.m. – 6:00 p.m.

Saturday, April 6, 2019, 9:00 a.m. – 10:00 a.m.

Tuesday, May 14, 2019, 5:00 p.m. – 6:00 p.m.

Contact: Please contact the VEBA Resource Center with interest.

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HEALTHY LIFESTYLE

