

Double Dip Sprint 2016

Age Group Results

June 05, 2016

Results By Endurance Sports Management

Age Group

Female Open Winners

Overall			-----	Swim	-----	Trans 1	-----	Bike	-----	Trans 2	-----	Run	-----	Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	
1	17	Tracy Longhurst	465	****	7:33.76	4:39	0:49.41	****	52:21.68	18.9	0:50.54	****	20:31.25	6:37	1:22:06.64
2	18	Marsha Morton	476	****	6:24.48	2:38	0:34.57	****	52:17.33	18.9	0:47.70	****	23:05.89	7:27	1:23:09.97
3	25	Cathy Shuck	496	****	6:10.58	2:54	1:01.99	****	55:43.27	17.8	1:12.17	****	27:03.54	8:44	1:31:11.55

Male Open Winners

Overall			-----	Swim	-----	Trans 1	-----	Bike	-----	Trans 2	-----	Run	-----	Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	
1	1	C. David Carrell	72	****	5:38.21	3:54	0:42.61	****	45:40.00	21.7	0:40.42	****	20:28.01	6:36	1:13:09.25
2	2	Chris Poarch	482	****	4:58.04	1:45	0:35.34	****	44:27.15	22.3	0:39.30	****	23:04.02	7:26	1:13:43.85
3	3	Jarrad Read	490	****	5:55.65	3:25	0:45.48	****	47:02.38	21.0	0:37.52	****	19:24.61	6:15	1:13:45.64

Female Masters Winners

Overall			-----	Swim	-----	Trans 1	-----	Bike	-----	Trans 2	-----	Run	-----	Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	
1	28	Raylene Morrow	475	****	9:15.31	5:45	1:00.24	****	54:26.26	18.2	0:57.62	****	27:06.42	8:45	1:32:45.85

Male Masters Winners

Overall			-----	Swim	-----	Trans 1	-----	Bike	-----	Trans 2	-----	Run	-----	Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	
1	4	Tim Sparer	93	****	6:15.97	3:14	0:36.21	****	45:21.71	21.8	1:12.46	****	21:07.44	6:49	1:14:33.79

Female 15 to 19

Overall			-----	Swim	-----	Trans 1	-----	Bike	-----	Trans 2	-----	Run	-----	Total
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<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	
1	37	Alivia Nytko	477	2	6:59.55	4:02	1:56.35	1	1:01:30.02	16.1	0:40.19	1	28:01.40	9:02	1:39:07.51
DNF	DNF	Meagan Gay	443	1	5:00.60	2:07	1:38.35								

Female 20 to 24

Overall			----- Swim -----	Trans 1	----- Bike -----	Trans 2	----- Run -----	Total							
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	
1	54	Nikki Rooks	494	2	7:20.73	3:30	1:48.01	1	1:08:37.34	14.4	0:48.01	1	37:34.24	12:07	1:56:08.33
2	60	Catherine Hatfield	452	1	6:41.88	4:06	3:02.90	2	1:17:46.11	12.7	0:40.94	2	38:37.81	12:27	2:06:49.64

Male 20 to 24

Overall			----- Swim -----	Trans 1	----- Bike -----	Trans 2	----- Run -----	Total							
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	
1	42	Logan Harbin	449	1	15:15.50	5:05	1:32.51	1	57:52.84	17.1	1:04.61	1	27:27.87	8:51	1:43:13.33

Female 25 to 29

Overall			----- Swim -----	Trans 1	----- Bike -----	Trans 2	----- Run -----	Total							
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	
1	36	Carissa Chambers	418	1	6:53.00	7:13	2:08.76	1	1:04:06.94	15.4	0:48.71	1	23:47.19	7:40	1:37:44.60
2	57	Jacquelyne Breske	413	2	8:24.82	7:14	1:37.40	2	1:10:09.88	14.1	1:35.78	2	41:48.72	13:29	2:03:36.60

Male 25 to 29

Overall			----- Swim -----	Trans 1	----- Bike -----	Trans 2	----- Run -----	Total							
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	
1	5	Christopher Gerard	445	2	6:46.20	2:25	0:41.08	1	46:33.81	21.3	0:59.45	1	21:04.30	6:48	1:16:04.84
2	23	Phillip Rhodes	491	1	6:27.42	3:40	0:59.42	2	52:24.15	18.9	1:01.16	3	25:59.41	8:23	1:26:51.56
3	29	Christopher Hubbard	454	4	8:46.19	7:55	2:16.84	3	56:35.88	17.5	1:22.15	2	24:23.17	7:52	1:33:24.23
4	43	Zachary Martin	467	3	7:37.07	7:46	2:22.37	4	1:04:11.74	15.4	0:40.91	4	28:23.17	9:09	1:43:15.26
5	48	Adam Furr	438	5	8:53.64	6:10	2:43.37	5	1:06:24.03	14.9	0:52.38	5	30:39.00	9:53	1:49:32.42

Female 30 to 34

Overall			----- Swim -----	Trans 1	----- Bike -----	Trans 2	----- Run -----	Total							
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	
1	27	Jennifer Gerard	446	1	6:52.25	2:36	0:40.38	1	56:37.01	17.5	1:17.81	2	27:12.49	8:46	1:32:39.94
2	31	Julie Fox-Williams	437	3	7:13.05	4:37	1:18.33	2	56:58.84	17.4	1:22.49	1	26:51.04	8:40	1:33:43.75
3	38	Casey Jacobs	455	2	7:10.90	4:55	0:54.27	3	1:00:25.26	16.4	0:57.23	3	31:18.98	10:06	1:40:46.64

Female 35 to 39

Overall			----- Swim -----	Trans 1	----- Bike -----	Trans 2	----- Run -----	Total							
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	
1	32	Kate Barido	403	1	7:32.72	4:58	1:13.68	1	54:51.27	18.0	1:47.56	1	29:18.32	9:27	1:34:43.55
2	66	Tiffany Casto	417	2	10:02.48	7:22	2:59.80	2	1:19:32.71	12.4	2:27.81	2	40:50.93	13:10	2:15:53.73

Male 35 to 39

Overall				Swim		Trans 1		Bike		Trans 2		Run		Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	
1	8	Mitchell Danao	428	4	6:38.62	5:35	0:49.74	2	48:17.35	20.5	0:43.44	1	21:53.10	7:04	1:18:22.25
2	11	Michael Laraia	464	2	5:46.95	2:10	0:46.70	3	48:38.60	20.4	0:53.29	4	24:06.37	7:46	1:20:11.91
3	12	Aaron Clark	421	3	6:13.79	2:50	1:22.02	1	46:59.77	21.1	1:24.89	5	24:57.43	8:03	1:20:57.90
4	13	Tony Williams	63	1	5:39.11	2:15	0:51.61	4	51:10.33	19.3	0:46.63	2	22:49.12	7:22	1:21:16.80
5	22	Sam Whisman	44	5	7:04.01	4:18	0:38.09	5	53:18.42	18.6	1:24.91	3	23:58.77	7:44	1:26:24.20
6	30	Elton Evans	435	7	7:25.73	6:10	1:20.44	6	56:02.30	17.7	1:16.97	6	27:23.66	8:50	1:33:29.10
7	49	Joshua Rains	488	6	7:23.41	5:35	4:24.35	7	1:01:52.77	16.0	5:26.75	7	30:35.77	9:52	1:49:43.05
8	59	Jeremy Ball	78	8	8:15.37	5:38	3:21.57	8	1:15:19.33	13.1	2:43.36	8	35:33.16	11:28	2:05:12.79

Female 40 to 44

Overall				Swim		Trans 1		Bike		Trans 2		Run		Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	
1	34	Jennifer Boling	409	1	7:41.84	5:36	1:42.40	2	1:02:41.51	15.8	0:47.80	1	24:24.88	7:52	1:37:18.43
2	39	Shelley Minton	474	5	9:47.58	5:33	1:46.34	1	1:02:06.95	15.9	0:45.84	2	26:57.74	8:42	1:41:24.45
3	53	Wanda Westmoreland	42	4	9:25.12	7:04	2:43.24	3	1:10:25.89	14.1	2:21.28	3	29:58.51	9:40	1:54:54.04
4	61	Shantel Chesteen	420	2	9:08.58	7:24	2:24.69	4	1:13:40.99	13.4	1:05.44	5	40:45.66	13:09	2:07:05.36
5	68	Danielle Miller	470	3	9:13.60	8:14	2:15.28	5	1:25:29.79	11.6	0:55.83	4	39:33.74	12:45	2:17:28.24

Male 40 to 44

Overall				Swim		Trans 1		Bike		Trans 2		Run		Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	
1	9	Lloyd Jones	459	1	5:56.07	2:35	0:22.65	1	47:40.02	20.8	0:43.87	2	23:56.92	7:43	1:18:39.53
2	21	Chad Green	79	6	9:25.64	7:39	1:39.74	2	48:29.40	20.4	1:53.84	4	24:52.91	8:01	1:26:21.53
3	24	Gabe Peer	481	3	6:38.83	3:51	1:15.71	4	56:41.08	17.5	0:56.97	3	24:36.51	7:56	1:30:09.10
4	26	Alex Goldberg	447	2	6:28.38	4:55	1:49.81	5	1:03:01.33	15.7	0:24.76	1	20:52.61	6:44	1:32:36.89
5	33	Kevin Minton	473	5	8:52.09	5:20	1:39.82	3	56:01.42	17.7	0:50.19	6	29:14.71	9:26	1:36:38.23
6	55	Dax Gay	442	4	8:21.08	7:51	1:55.34	6	1:17:51.05	12.7	2:02.06	5	28:22.45	9:09	1:58:31.98

Female 45 to 49

Overall				Swim		Trans 1		Bike		Trans 2		Run		Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	
1	45	Sue Anne McDonald	468	2	9:45.79	7:26	1:31.49	1	59:28.12	16.6	2:06.27	1	33:44.42	10:53	1:46:36.09
2	63	Roxanne Koviack	462	1	8:15.29	4:32	2:28.66	2	1:10:38.49	14.0	1:44.16	3	44:47.91	14:27	2:07:54.51
3	67	Carina Denney	430	3	11:16.01	8:29	4:28.02	3	1:19:50.06	12.4	1:11.68	2	39:23.74	12:42	2:16:09.51

Male 45 to 49

Overall				Swim		Trans 1		Bike		Trans 2		Run		Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	
1	6	Paul Horton	453	5	6:18.48	4:11	1:01.20	2	48:56.42	20.2	0:49.77	1	20:15.73	6:32	1:17:21.60
2	14	Mark Panczer	480	2	5:59.65	3:13	1:10.01	1	48:01.18	20.6	1:12.65	4	25:03.77	8:05	1:21:27.26
3	15	David Belitz	406	4	6:18.02	4:55	1:12.75	5	50:43.68	19.5	1:00.56	2	22:26.53	7:14	1:21:41.54
4	16	Chris Kralich	97	1	5:53.05	3:32	0:53.87	4	50:08.23	19.7	0:55.82	3	24:12.77	7:48	1:22:03.74

5	19	David Belknap	407	3	6:05.13	3:24	0:48.07	3	49:17.86	20.1	0:58.41	5	26:01.39	8:24	1:23:10.86
6	35	Blake Shelton	495	6	7:52.31	7:13	2:25.13	6	57:25.00	17.2	1:09.51	8	28:52.42	9:19	1:37:44.37
7	40	Steve Koviack	463	7	11:49.36	9:30	2:35.35	8	58:41.25	16.9	1:10.25	6	27:36.18	8:54	1:41:52.39
8	41	Brian Randles	489	8	12:34.41	7:29	1:59.27	7	58:39.60	16.9	1:08.53	7	28:01.20	9:02	1:42:23.01

Female 50 to 54

Overall				----- Swim -----		Trans 1		----- Bike -----		Trans 2		----- Run -----		Total	
Place	Place	Name	Bib No	Rnk	Time	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	
1	44	Shelley Cloutier	422	3	9:47.30	7:06	2:06.27	1	59:24.96	16.7	1:50.91	1	30:20.59	9:47	1:43:30.03
2	52	Dorothy Galloway	439	2	8:06.34	6:57	2:28.10	2	1:07:52.56	14.6	0:50.95	2	34:09.92	11:01	1:53:27.87
3	58	Lisa Atkinson	402	1	7:37.52	3:51	1:32.12	3	1:10:39.45	14.0	1:55.66	4	42:17.48	13:38	2:04:02.23
4	64	Cheri Conley	424	4	9:53.24	8:36	1:23.81	4	1:23:06.02	11.9	0:38.70	3	36:10.89	11:40	2:11:12.66

Male 50 to 54

Overall				----- Swim -----		Trans 1		----- Bike -----		Trans 2		----- Run -----		Total	
Place	Place	Name	Bib No	Rnk	Time	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	
1	7	Robert Nytko	478	2	6:20.25	3:06	0:19.63	1	47:20.38	20.9	1:03.54	1	22:59.14	7:25	1:18:02.94
2	20	Steve Dittner	432	1	5:52.01	2:30	1:10.30	2	50:44.42	19.5	1:08.51	2	25:59.26	8:23	1:24:54.50
3	46	John Conley	425	4	8:24.15	8:12	0:47.53	3	1:05:16.83	15.2	0:53.82	4	31:39.97	10:13	1:47:02.30
4	51	Brian Haskett	451	3	7:09.45	7:53	2:31.43	4	1:09:25.82	14.3	1:03.52	5	33:08.77	10:41	1:53:18.99
5	56	Hale Charlie	419	5	11:04.85	8:31	2:00.73	5	1:12:52.67	13.6	1:23.22	3	31:11.66	10:04	1:58:33.13

Female 55 to 59

Overall				----- Swim -----		Trans 1		----- Bike -----		Trans 2		----- Run -----		Total	
Place	Place	Name	Bib No	Rnk	Time	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	
1	62	Jean Miller	472	1	9:22.69	6:53	2:33.91	1	1:15:37.40	13.1	0:48.73	1	39:13.96	12:39	2:07:36.69

Male 60 to 64

Overall				----- Swim -----		Trans 1		----- Bike -----		Trans 2		----- Run -----		Total	
Place	Place	Name	Bib No	Rnk	Time	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	
1	10	Norman Cole	423	1	6:19.14	2:47	1:04.60	1	47:41.03	20.8	0:50.86	1	24:12.48	7:48	1:20:08.11
2	50	Gary Edgmon	89	2	10:03.05	9:05	7:33.47	2	58:44.31	16.9	5:00.16	2	31:01.92	10:00	1:52:22.91

Male 70 to 74

Overall				----- Swim -----		Trans 1		----- Bike -----		Trans 2		----- Run -----		Total	
Place	Place	Name	Bib No	Rnk	Time	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	
1	47	John Bates	405	1	8:28.17	5:47	3:03.27	1	1:00:40.19	16.3	2:28.59	1	32:22.34	10:26	1:47:02.56
2	69	William Kelch	460	2	11:36.57	7:18	3:04.82	2	1:10:41.79	14.0	1:41.65	2	51:43.49	16:41	2:18:48.32

Male 80 and Over

Overall				----- Swim -----		Trans 1		----- Bike -----		Trans 2		----- Run -----		Total	
Place	Place	Name	Bib No	Rnk	Time	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	
1	65	Paul Barrette	404	1	11:14.78	7:16	4:14.53	1	1:11:08.14	13.9	2:40.97	1	42:47.04	13:48	2:12:05.46

Clydesdale

Male 99 and under

Overall			Swim		Trans 1		Bike		Trans 2		Run		Total		
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	
1	1	Scott Harness	450	1	5:24.36	1:50	1:00.41	1	55:56.52	17.7	1:20.98	2	32:27.16	10:28	1:36:09.43
2	2	Steve Tompkins	112	3	8:38.51	8:32	1:16.89	2	56:13.47	17.6	1:33.85	1	29:25.16	9:29	1:37:07.88
3	3	Joseph Stibler	110	2	6:46.64	5:53	2:21.13	3	1:03:38.00	15.6	2:14.29	3	36:41.00	11:50	1:51:41.06
4	4	Jim Galloway	440	4	15:11.60	10:54	3:04.63	4	1:22:12.83	12.0	2:37.95	4	46:50.48	15:06	2:29:57.49

Mixed Relay

Mixed 0-99

Overall			Swim		Trans 1		Bike		Trans 2		Run		Total		
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	
1	1	John Snelling	479	1	6:37.75	3:07	0:26.08	1	52:32.61	18.8	1:16.05	1	28:40.92	9:15	1:29:33.41
2	2	Wayne Erickson	113	2	8:17.02	6:52	0:40.48	2	1:02:29.94	15.8	0:59.12	2	35:34.86	11:28	1:48:01.42
