This Newsletter is published by: Morrow County Services for Older Citizens, Inc. dba *Seniors On Center* **41 West Center Street** Mt. Gilead, OH 43338

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# **MORROW COUNTY SENIOR MOMENTS**



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## MORROW COUNTY SERVICES FOR OLDER CITIZENS, INC. **419-946-4191 \* 419-946-1037** facsimile Website: www.SeniorsOnCenter.org

Sponsored by Title III Grant under the Older Americans Act administered through the Ohio Department of Aging and Ohio District 5 Area Agency on Aging, with local funding through levy dollars, United Way and private donations. The Morrow County Multi-Purpose Senior Center and its programs are open to all Morrow County residents 60+ years of age regardless of race, color, ancestry, religion, sex, national origin, or disability.

# **JANUARY 2017**

**ISSUE** 





What a great group of caring individuals. These ladies are filling goodie bags that are being delivered to our home delivered meal clients that don't get out much in the winter months. We want to thank our donors: Chesterville Arbor Gleaners, Kingston of Marion, Hospice of Morrow Co., Morrow Co. Red Cross, Bennington Glen, Morrow Co. Sentinel and Jessica Scott.









Some of the seniors having a great time with their friends at Cracker Barrel before The Living Christmas Tree Performance. What a great way to enjoy the season!



On December 19th we had our Holiday Fun Night. Some new local talent can as well as our regular musicians. We all shared the Christmas Spirit by singing and dancing. A special thank you to all of our musicians who entertained at the center this year. We are looking forward to more new talent in this upcoming year.

MONDAY NIGHT MUSIC						
\$1 FOR MEMBERS * \$2 NON-N	MEMBERS					
Monday, January 2nd						
CLOSED						
Monday, January 9th						
Meal	5-6PM					
Music by Dick Starcher & Friends	6-8PM					
Monday, January 16th						
CLOSED						
Monday, January 23rd						
Meal	5-6PM					
Music by Country Travelers	6-8PM					
Monday, January 30th						
NO MUSIC						
You must make reservations for the	e meals!					

### **EUCHRE**

Join us for an enjoyable afternoon of Euchre at the Center every Wednesday and Thursday at 12 Noon. We would love to see new faces.

The first, second & fourth Tuesday of each month we are having Bingo from 1-3 PM

**Beltone at the Senior Center** January 17th 10am -Noon

No appointment necessary

Angela Schneider, Hearing Care Practitioner

# SENIOR EVENTS

Monday, January 4 - Meal 5:00 PM and Bingo 5:30-7:00 PM Sponsored by Kingston of Marion.

Wednesday, January 11 - 12:00PM Annual Board Meeting **RSVP** January 6

Monday, February 13 - Valentine Sweetheart Dance 5-6PM Dinner 6-8PM Music \$8.00 for Members \$10.00 for Non-members Meal and admission RSVP February 6 Please pay when you register First 50 people Open for nominations for King & Queen Drop off at Center before February 6 Will be voting for KING & QUEEN.



#### **MORROW CO. SENIOR CLUBS Cardington Seniors**

Friday, January 27th 12 Noon need reservation-\$3.00 suggested donation Seniors On Center 41 W. Center St., Mt. Gilead Shirley Robinson 419-864-4077

#### **Chesterville Seniors**

No meeting this month 419-768-3431 Susie Lyle

### Marengo/Fulton Seniors

No meeting this month for breakfast

No meeting this month Carry-In Lunch Joyce Taylor 419-253-0727

## **Sparta Good Time Seniors**

Tuesday, January 17th 12:30 PM Highland Pizza—your own cost 6530 State Route 229, Sparta Dick Sears 419-768-2050

#### **Mt. Gilead Seniors Club**

Tuesday, January 17th 12 Noon At Seniors on Center. Reservations needed. Bring dessert. Marilyn Sipes 419-468-3500



## MORROW CO. SENIOR CLUBS

#### **Morrow County Retired Teachers**

April, June, October & December April 3rd @ 11:30 AM Lunch provided by Trinity UMC for \$10.00 75 E. High St, Mt. Gilead Janet Johnson 419-362-6903



Join us on Tuesday, January 10th at noon to celebrate our January birthdays! Wishing the following a

# **Very Happy Birthday**:

Lowell Powell Beulah Beam Donna Osborn Pat Rinehart Sheree Klingel Louella Quinton Doyle Shoewalter Daniel Goodman Amanda Kunze



Claudette Campbell Sharon Bartley Clair Bardo Lillian Falzitto Vanessa Bing Dennis Leader Tom Norwood Barb Tobin Harold Furbay



# New Year's Word Search Puzzle

в	Ρ	Μ	Q	Ν	υ	Ι	Т	Ζ	Ι	Н	V	Ρ	Ν	Ν	BEGINNING REFLECTION
Е	Α	в	Q	0	Е	Ν	Ι	W	V	V	W	Ι	0	0	CALENDAR RESOLUTION
Y	Μ	Е	Т	I	Q	I	0	υ	Т	I	R	G	I	в	CARDS RIBBON
Е	в	G	н	Т	υ	Т	N	S	L	Ι	Α	Т	Т	в	CELEBRATION SNOW
D	D	Ι	G	Α	Μ	Ι	A	0	S	Μ	L	Ι	С	I	COLD TOAST
В	υ	Ν	Ι	R	Ν	0	Ι	Т	υ	L	0	S	Е	R	CONFETTI WINE
к	R	Ν	Ν	в	Т	х	Е	Ν	D	W	Μ	U	L	F	END
w	Α	Ι	D	Е	Е	Ν	Е	W	Т	С	κ	G	F	Μ	FIREWORKS
0	D	Ν	Ι	L	D	н	х	Μ	Μ	Ι	Ρ	L	Е	J	GLASSES
Ν	Ν	G	Μ	Е	S	Ν	х	υ	I	в	υ	Α	R	н	GREETINGS
S	Е	С	х	С	S	D	R	Α	С	х	Ν	S	Q	Μ	IN
J	L	Μ	R	Α	С	F	х	Ρ	υ	У	J	S	0	D	MIDNIGHT
v	A	S	к	R	0	W	Е	R	Ι	F	У	Е	Μ	L	NEW
в	С	Ρ	S	I	Т	Т	Е	F	Ν	0	С	S	S	0	OLD
С	W	D	L	0	S	G	Ν	I	Т	Е	Е	R	G	С	OUT

#### **Ohio Development Services Agency**

Do you need help this winter with your heating bills?

**HEAP** is an assistance program that provides a one-time benefit annually to your primary heating source account. For example, if you heat your home with a gas furnace, a credit will be provided to your gas bill.

Household eligibility is based in part on income. If eligible, the benefit amount will depend on federal funding levels, how many people live with you, total household income and the primary fuel used. In most cases, benefits are applied directly to the energy bill by the utility company.

#### 2016-2017 Income Guidelines

Size of Household	Total Annual Household	
	Income	
1	\$20,790.00	
2	28,035.00	
3	35,280.00	
4	42,525.00	
5	49,770.00	
6	57,015.00	



After the holiday season is over we begin right away preparing for the tax filing season learning new procedures and rules of tax law.

We will begin our tax preparation season at Seniors on Center, 41 W. Center Street, Mt. Gilead, Ohio 43338 on Tuesday, Feb. 7, 2017.

We will be preparing tax returns on Tuesdays this tax season. Returns are prepared by **appointment only!** Appointments can be made by calling Seniors on Center at 419-946-4191 beginning in January 2017.

Please bring with you to your tax preparation appointment, a copy of your last year's tax return, all W-2's, 1099's, 1098's, receipts for any expenses to be claimed on your return, and any and all income information which pertains to your return. You will need a photo ID for you and your spouse (if applicable), along with a Social Security Card for you, your spouse and any dependents to be claimed on your return. Even if we do know you, you must have the required documentation. This is to protect all from identity theft which is a very serious problem. We are doing our part to protect you, please be compliant!

"Certain taxpayers will get their refunds a bit later this year. By law, the IRS must hold refunds for ANY tax return claiming either the Earned Income Tax Credit (EITC) or Additional Child Tax Credit (ACTC) until Feb. 15. This means the WHOLE refund, not just the part related to the EITC or ACTC. The IRS advises that taxpayers should file their returns as they normally do. The IRS issues more than 9 out of 10 refunds in less than 21 days. However, some returns may need further review. Whether or not claiming EITC or ACTC, the IRS cautions taxpayers not to count on getting a refund by

a certain date." \*IRS Special Edition Tax Tip 2016-16. We look forward to seeing all of you again and hopefully together we'll have another successful tax season as we did last year with all our new volunteers, who at still "at it" with AARP Tax Aides keeping our Morrow County site alive and well and open!

# AARP Tax Time is on its way...



# **NUTRITION NEWS**

Seniors on Center is offering some new meal options starting Jan. 3, 2017. Breakfast will be offered at the Morrow County Hospital Café Monday—Friday from 7:30—9:00 a.m. Stop in at the Center and sign up and give a suggested donation of \$3.00 if you are 60 and over (under 60 will be a \$5.00 charge) and you will receive a meal voucher to use for breakfast. The vouchers can be used any day of the week for breakfast only and is good for 1 month from the issue date. A menu will be offered at the Hospital Café for you to use your voucher. If you would like any additional choices other than what is offered for the Voucher Breakfast there will be an additional charge that you will pay to the Hospital Café.

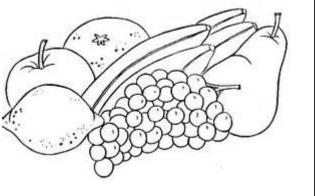
In addition to our Monday Evening Meals and Music we will be offering an evening meal and Bingo starting the 1st Wednesday of each month. January 4th will be our first Bingo and evening meal. Local businesses and individuals will be sponsoring the prizes for the Bingo. The meal will be at 5:00 pm with Bingo from 5:30 till 7:00 pm. The meal and Bingo will be a \$4.00 suggested donation if you are 60 and over (under 60 will be a \$6.00 charge for meal and Bingo). You must sign up in advance.

Lunch times at the Center will be extended from 11:30 till 12:30 Monday— Friday. A different deli style meal option will be offered each week if you do not want the hot meal for the day. There will be a sign-up sheet for you to pick what day you would like to join us for lunch and you will have the option of choosing a hot meal or deli style lunch. (60 and over \$3.00 suggested donation and under 60 is a \$5.00 charge.)

Home Delivered Clients will have the option of a Deli style meal instead of a Hot Meal. Each week the menu will list a Deli style meal for you to choose instead of the hot meal. You must notify the Center of your menu change. We suggest you

give us a 3 day notice so we can plan for your options. Home Delivered Clients will receive more information on this.

If you have any questions or concerns please give us a call and we will be glad to assist you in any way. 419.946.4191



# **INCLEMENT WEATHER**

Morrow County Seniors on Center may close due to weather related emergencies. If all schools in the county are closed due to inclement weather, Seniors on Center will cancel services. We will close under a level 3 snow emergency. Clients should listen to any of the following stations for closing announcements:

Radio: WMRN 94.3 WMVO 93.7 FM or 1300 AM Television: WBNS channel 10 NBC channel 4



# ATTENTION ALL MEMBERS

Membership for 2017 will continue to be the same as last year, \$18.00, which will be due by December 31, 2016. You may pay anytime during the month of December. Only new memberships will be pro-rated.



Winter is fast approaching (yuk!) and due to the unpredictable weather, our schedule for services changes often. We have a policy in place that if the schools are closed, then our services will not be available for that day. We realize that it often results in an inconvenience for many of you, as it does for us, but we cannot put our drivers and volunteers at risk by being on the roads. If you have necessary medical treatments that day, please have a back-up plan available for your need. Thank you for your understanding in this matter.

# MEDICARE

If you have any questions about Medicare Marc Follin will be here at Seniors on Center the first Thursday of every month at 1:00 until 3:00 PM.



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# JANUARY ACTIVITY SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 CLOSED FOR NEW YEAR'S HOLIDAY	3 9AM Roundtable 11:45AM Lunch	4 8:30-10AM Silver Sneakers 11:45AM Lunch 12 Noon Euchre 5—7PM Meal & Bingo	5 11:45AM Lunch 12 Noon Euchre	6 8:30-10AM Silver Sneakers 11:45AM Lunch 12:30PM Bible Study
9 8:30-10AM Silver Sneakers 11:45AM Lunch	10 9AM Roundtable 11:45AM Lunch	11 8:30-10AM Silver Sneakers 11:45AM Lunch 12 Noon Euchre	12 11:45AM Lunch 12 Noon Euchre	13 8:30-10AM Silver Sneakers 11:45AM Lunch 12:30PM Bible Study
<sup>16</sup> CLOSED FOR MARTIN LUTHER KING, JR DAY	17 9AM Roundtable 11:45AM Lunch 12 Noon Mt. Gilead Srs Dessert carry-in 12:30 Sparta Srs Lunch	18 8:30-10AM Silver Sneakers 11:45AM Lunch 12 Noon Euchre	19 11:45AM Lunch 12 Noon Euchre	20 8:30-10AM Silver Sneakers 11:45AM Lunch 12:30PM Bible Study
23 8:30-10AM Silver Sneakers 11:45AM Lunch	24 9AM Roundtable 11:45AM Lunch	25 8:30-10AM Silver Sneakers 11:45AM Lunch 12 Noon Euchre	26 11:45AM Lunch 12 Noon Euchre	27 8:30-10AM Silver Sneakers 11:45AM Lunch 12 Noon Cardington Srs Lunch 12:30PM Bible Study
30 8:30-10AM Silver Sneakers 11:45AM Lunch	31 9AM Roundtable 11:45AM Lunch			

Alternative For the week	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 thru 6 Ham Fresh Carrots Lettuce & Tomato Cranberry Juice Whole Wheat Bread Milk	2 CLOSED FOR NEW YEAR'S HOLIDAY	3 Chicken Patty Peas & Carrots Mixed Fruit Orange Juice Graham Cracker Whole Grain Bread Milk	4 Chili Tossed Salad Cornbread Peaches Apple Juice Oyster Crackers Milk	<b>5</b> Salisbury Steak Parsley Potatoes Broccoli Grape Juice Pudding Whole Grain Bread Graham Crackers Milk	6 Roasted Turkey Red Skin Potatoes Green Beans Tropical Fruit Whole Grain Roll Milk
9 thru 13 Tuna Salad Cheese cubes Grapes Pears Pineapple Juice Wheat Bun Wheat Crackers Milk	9 Beef & Noodles Peas & Carrots Mixed Fruit Pineapple Juice Whole Grain Bread Milk	10 Pulled Pork Sand- wich Carrot Raisin Salad Orange Juice Whole Grain Bun Whole Grain Crackers Milk Jello with Fruit	11 Spaghetti Green Beans Hot Apple Slices Cranberry Juice Bread Stick Milk	12 Hamburger with lettuce & tomato Baked Beans Apple Juice Whole Grain Bun Whole Grain Crackers Milk	13 Chicken Drumstick Oven Brown Potatoes Broccoli Fresh Grapes Whole Grain Bread Graham Crackers Milk
17 thru 20 Egg Salad Cottage Cheese Applesauce Fresh Fruit Grape Juice Wheat Crackers Whole Wheat Bun Milk	<b>16</b> CLOSED FOR MARTIN LUTHER KING, JR DAY	17 Chicken Breast Mashed Potatoes Carrots Mandarin Oranges Whole Grain Bread Milk Cookies	18 Honey Mustard Chicken Beets Rice Orange Juice Whole Grain Bread Milk	19 Salisbury Steak Mashed Potatoes Succotash Apple Juice Whole Grain Bread Graham Crackers Milk	20 Marzetti Green Beans Applesauce Cranberry Juice Bread Stick Milk
23 thru 27 Chicken Salad House Salad Fresh Broccoli Mandarin Oranges Whole Wheat Bread Milk	23 Meatloaf Mac & Cheese Corn Apple Juice Whole Grain Bread Milk	24 Roast Beef Mashed Potatoes Carrots Orange Juice Whole Grain Roll Milk	25 Chicken Noodle Casserole Peas Applesauce Cranberry Juice Whole Grain Bread Milk	26 Lasagna Broccoli Banana Whole Wheat Bread Milk	27 Chicken Strips Ranch Fries Tossed Salad Pears Whole Grain Bread Milk Fruit Jello
30 thru 31 Ham Fresh Carrots Lettuce & tomato Cranberry Juice Whole Wheat Bread Milk	30 Pork Chops Baked Potato Malibu Vegetables Applesauce Bread Stick Milk	31 Chicken Patty Peas & Carrots Mixed Fruit Orange Juice Graham Cracker Whole Grain Bread Milk		MENU IS SUBJECT TO CHANGE	Winter/

# JANUARY MENU

#### SUGGESTED \$3.00 DONATION ONE DAY ADVANCE RESERVATIONS REQUIRED