

CLASS SCHEDULE Fall 2016



Triple T Sports Center

619 E. Constance Rd

Suffolk, VA 23434


(757)923-5150 f (757)923-5185

tttgym.com email : tttgym@msn.com

\$35 annual registration due at
sign up for all students.

Monthly tuition due on the first
\$10 late fee after the 10th

20% sibling discount on tuition

| Girls Gymnastics | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|---------------------------------------|-------------------------------------------------------------------------------------------------------------------|---------------------------------------|------------------------|------------------------------------------------------------------------------------------------------|
| Cubs - Parent & Tot (girls& boys) | | 6:00-7:00 | | | | 9:30-10:30 |
| Tumble Tots (3yr) | 5:30-6:30 | | 10:00-11:00am | 6:00-7:00 | | 10:30-11:30 |
| Bouncing Bears (4-5 yr) | 5:30-6:30 | 5:00-6:00 | 11:00am-12:00pm 5:00-6:00 | 5:30-6:30 | 5:00-6:00 | 10:30-11:30 |
| Leaping Lions (6-10yr) Homeschool classes will resume Sept 6th | 10:-11:00am 6:00-7:00pm 7:00-8:00pm | 6:00-7:00 7:00-8:00 | 10:00-11:00am 6:00-7:00pm 7:00-8:00pm | 5:30-6:30 | 4:00-5:00 6:00-7:00 | 10:30-11:30 |
| Cougars (11-17) | | 7:30-8:30pm | | | | |
| Fitness (coed) | | | 5:00-6:00 | | 7:30-8:30 | |
| Boys Gymnastics | | | | | | |
| Beginner Boys (3-5 yr) | | | 5:00-6:00 | | | 9:00-10:00 |
| Beginner Boys (6-10yr) | | | | | | 10:00-11:00 |
| Fitness (coed) | | | 5:00-6:00 | | 7:30-8:30 | |
| Cheer | | | | | | |
| Private Team Tumble | 8:00-9:00 | | | | | |
| Tumble (8-17) | | | 7:30-9:00 | | | |
| Taekwondo (both days) | | | | | | |
| Ages 4 1/2 - Adult | | 6:00-7:30 | | 6:00-7:30 | | |
| Open Gym (no preregistration required) | | | | | | |
| | | | | | 7:00-9:00 | |
| Dance | | | | | | |
| Types of Dance Classes Offered: Mommy & Me (18m - 2.5yr) Creative Movement (2.5-3.5) Pre-Ballet (4-5yr) Jr Ballet (6-8yr) Hip Hop (6-9 yr) Adv Hip Hop (10+) Jr. Tap (5-7yr) | Pre-Ballet (4-5yr) 4:15-5:00pm Jr. Ballet (6-8yr) 5:00-6:00pm Ballet 1 (9-11) 6:00-7:00 | Jr. Tap (5-7yr) 5:00-6:00pm | Ballet (Ages 5-17) 10:00-11:00 Hip Hop 11:00-12:00 Inter/Adv Hip Hop 6:00-7:00pm | Hip Hop (6-9yr) 5:00-6:00pm | | Creative Movement (2.5-3.5 yr) 10:00-11:00am Pre-Ballet (4-5yr) 11:00-11:45am |
|  | 5:30-6:30 (3-5 yr) 6:30-7:30 (6-8yr) 7:30-8:30 (9-11yr) | | | | 4:30-5:30 (3-5 yr) | |

NOW REGISTERING FOR BEFORE & AFTER SCHOOL PROGRAM

Class fees:

| | Monthly |
|------------|---------|
| 45 minute | \$40 |
| 1 hour | \$45 |
| 1 1/2 hour | \$70 |
| Taekwondo | \$60 |
| Ninja Zone | \$50 |

Open Gym

\$5 members
\$10 Non members
\$7 siblings

2 week written notice
required for withdrawal
for all programs/classes